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KENYA MEDICAL TRAINING COLLEGE

Training for Better Health

NEWSLETTER

July - December, 2020 Issue #35



Theme:

*Exploring New Opportunities
for Training Competent Health
Professionals During Covid-19 Pandemic*

**Quality Training of Health
Professionals Towards Realization of**





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KENYA MEDICAL TRAINING COLLEGE

Our Vision | *“A model institution in the training and development of competent health professionals”*

Our Mission | *“To produce competent health professionals through training and research, and provide consultancy services”*

Our Core Values | *Accountability, Integrity, Responsiveness, Equity, Team work Professionalism, Creativity and innovation*

Motto | *Training for Better Health*

Publisher



**KENYA MEDICAL
TRAINING COLLEGE**

Training for Better Health

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Content



2

Health CS lauds College in the fight against COVID-19 pandemic



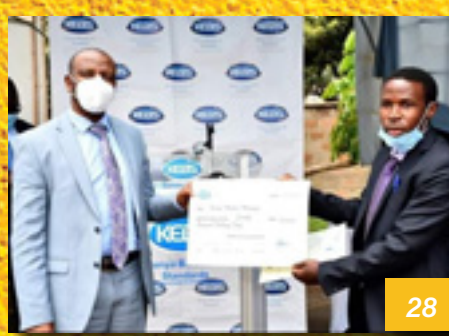
11

KMTC Lecturer Authors Five Books to Enhance learning



9

Academic updates



28

Kisumu Campus Student emerges second in the 7th National African Organization for Standardization essay writing competition



16

88th Annual Graduation Ceremony



21

KMTC Board Spearheads Efforts to Enhance Resource Mobilization Initiatives in the College



18

Research



32

KMTC Staff elect a member to represent them in the Pension Scheme

Chairperson's Remarks



Prof. Phillip Kaloki, EBS Chairperson, Board of Directors

It is a privilege to write the Foreword for this edition of KMTc Newsletter, which compiles the latest news and information regarding milestones achieved by this College over the past six months.

The chapters of this newsletter encompass all the different contributions we made in the fight against COVID-19, as well as our new learning solutions.

Innovation is one of the key drivers behind our success. Towards this end, extensive consideration of innovation, especially in the area of teaching, learning, and research on COVID-19 is a major focus.

When most institutions were physically closed down and learning paralyzed due to the COVID-19 outbreak, we remained operational, thanks to our robust e-learning platforms.

I thank fellow Board Directors for injecting resources to revamp College's Information Communication Technology (ICT) infrastructure, for continuity of service delivery.

By investing in technology, especially e-learning, our Students continued to acquire health-related

knowledge and hands on experience, ensuring they complete their studies without undue delay.

The Board continues to provide policy direction to guide our routine training, research, and consultancy services, which this newsletter outlines alongside some incredible stories about what we do for Kenyans.

The College continues to play a fundamental role in supporting the Government in the fight against the novel-coronavirus pandemic.

We partnered with the Ministry of Health, led by Cabinet Secretary Sen. Mutahi Kagwe EGH, to manage the COVID-19 pandemic in the country.

The College availed 44 of its campuses with a bed capacity of 3,397, which hosted 5,077 clients in quarantine and isolation, effectively slowing down the spread of the virus.

Further, the College continued to undertake Corporate Social Responsibility initiatives of various forms.

These include supporting the ongoing government vaccination drive that targets to vaccinate at least 10 million adults by the end of 2021.

The College is committed to complementing the Ministry of Health in its efforts to fight against COVID-19 pandemic.

On behalf of the KMTc Board of Directors, Management, Staff, Students, and other stakeholders, I thank the Government, led by H.E President Uhuru Kenyatta CGH, for the support towards the growth of the College, enabling us to realize our mandate.

I also want to thank the writers who have penned down these wonderful stories.

Please keep contributing those beautiful stories.

To our readers, this is your newsletter of choice, please keep reading and sharing feedback.

Chief Executive Officer Remarks



Prof. Michael Kiptoo Chief Executive Officer

I am delighted to bring this edition of the newsletter to you under the theme “*Exploring new opportunities for training competent health professionals during COVID-19 pandemic.*”

This theme demonstrates some of the notable strides we have made in the area of boosting teaching and learning in the wake of the novel coronavirus.

In March 2020, the Government declared the COVID-19 Pandemic a national emergency. It put in place a number of measures to mitigate its spread. Among them was physical closure of learning institutions. KMTC through e-learning instituted remote interventions to ensure Students continue

with their studies.

This newsletter edition demonstrates our commitment towards strengthening research and specifically around emerging health issues. Through research, we have continued to generate evidence critical in informing policy decisions and improving health.

Away from COVID-19, we have highlighted some of the remarkable achievements realized by the College over the course of six months.

First, we continue to promote Staff and Student development initiatives across the College. For this reason, one of our lecturers, Mr. Salim Omambia, published five books around epidemiology, ICT, health statistics, and research, which goes along way in strengthening our teaching and learning.

Similarly, Brian Makori, our Student at Kisumu Campus, emerged second in the 7th National African Organization for Standardization essay writing competition.

I want to sincerely thank them for their incredible achievement.

Second, the College continues to comply with the relevant provisions which operationalize the staff pension schemes. During the period covered by this newsletter, the College Staff elected Ms. Julia Wachuka to represent them in the Defined Contribution pension Scheme’s Board of Trustees.

I want to thank the Board of Directors for allocating resources towards supporting Staff and Students development initiatives in the College.

I also want to thank our stakeholders, specifically Students, their guardians as well as partners for believing in us.

We remain committed to giving you the best.

Thank you and enjoy reading this newsletter.

1.

College COVID - 19 Response





Health CS lauds College in the fight against COVID-19 pandemic

Health Cabinet Secretary (CS), Senator Mutahi Kagwe (3rd right), Health Chief Administrative Secretary (CAS), Dr. Mercy Mwangangi (2nd right) and Acting Director General for Health Dr. Patrick Amoth hand over Personal Protective Equipment (PPEs) to Makueni County Deputy Governor Adelina Mwau (2nd left) during Covid-19 briefing at Makueni County Referral Hospital

Health Cabinet Secretary (CS) Hon. Mutahi Kagwe has lauded the KMTTC Board for supporting the Government's efforts in the fight against the COVID-19 pandemic in the Country. The CS was speaking during a visit to Makueni County on July 8th, 2020, to assess the County's level of preparedness to deal with the COVID-19 pandemic.

The CS toured Makindu Campus and was received by the KMTTC Board Chairperson Prof. Philip Kaloki, EBS accompanied by CEO Prof. Michael Kiptoo.

He hailed the KMTTC Board for working hand-in-hand with the Government to fight coronavirus. "We thank KMTTC for providing 44 of their facilities to be utilized as quarantine and isolation centers. One such facility is at Makindu, which has since been transformed into a 300 bed capacity for COVID-19 isolation & treatment center," the CS said.

The College is a beneficiary of Kshs 518 million allocation from the Government to strengthen its capacity to fight COVID-19. The allocation will finance renovation of its quarantine and isolation facilities.

The CS noted that this would come with a host

518million

allocation from the Government to strengthen Colleges' capacity to fight COVID-19

40facilities

utilized as quarantine and isolation centers

of benefits for the KMTTC Campuses post COVID.

Board Chairperson Prof. Philip Kaloki, EBS, assured of KMTTC's continued support in the fight against the coronavirus. "We are working closely with the Ministry of Health and other partners, fully aware that this war will take a united front to win," Prof.



Health Cabinet Secretary, Senator Mutahi Kagwe (3rd left) accompanied by Health Nursing Director Dr. Mary Nandili (right), Makueni County Deputy Governor Adelina Mwau (2nd left), Board Chairperson, Prof. Philip Kaloki, EBS (2nd right), CEO Prof. Michael Kiptoo (left) on arrival at Makindu Campus.



Health CS, Senator Mutahi Kagwe (4th left), CAS Dr. Mercy Mwangangi (3th right), Makueni County Deputy Governor, Adelina Mwau (2nd left), KMTC Board Chairperson, Prof. Philip Kaloki, EBS (3rd right), CEO Prof. Michael Kiptoo (2nd left), Makueni County Chief of Health Services Dr. Patrick Kibwana (right), KMTC Makindu Campus Principal Ms. Luciana Kaloki (left), during a visit to the Isolation and Quarantine Centre at KMTC Makindu Campus



“As we have supported the Government’s efforts in the achievement of Universal Health Coverage in the recent past, through the provision of primary Healthcare professionals, we remain steadfast in our support during this difficult period”

**Chief Executive Officer
Prof. Michael Kiptoo**

Kaloki, EBS, said, adding that, “I am happy that the College has played such a key role. I thank the KMTC Board, Management, and Staff for their sacrifice and commitment during this period.”

The Chairperson reported that KMTC Lecturers, especially those in Nursing, Clinical Medicine, Public Health, and Counseling, have been at the forefront in supplementing the efforts of the Health workers on the front line.

CEO Prof. Michael Kiptoo reiterated that KMTC Management and Staff would continue supporting the Board in the fight against the COVID-19 pandemic.



IGAD Executive Director Dr. Workneh Gebeyehu (left) Wajir County Governor Mohamed Mahmud (center) and Board Chairperson Prof. Phillip Kaloki, EBS during the handungover of Personal Protective Equipment (PPEs)

KMTC to benefit from PPEs donated by IGAD in the fight against COVID-19

The Ministry of Health, on August 18, 2020 received a consignment of Personal Protective Equipment (PPEs) from the Inter-Governmental Authority on Development (IGAD) as part of support towards the war against COVID-19 in the country.

The donation will go to Dadaab Refugee Camp and used at KMTC, which is providing quarantine and isolation services.

The donation was presented by the IGAD Executive Secretary Dr. Workneh Gebeyehu to Health Chief Administrative Secretary (CAS) Dr. Rashid Aman at KMTC Karen. The CAS was accompanied by Governors Hon. Ali Korane (Garissa) and Hon. Mohammed Mohamud (Marsabit), KMTC Board Chairperson Prof. Philip Kaloki, EBS and CEO Prof. Michael Kiptoo.

Dr. Workneh said the donation was part of IGAD's regional short-term emergency response and will be focusing on longer-term interventions to contribute to strengthening national Health systems.

"The donation is part of the efforts by IGAD

to support its member states in responding to COVID-19," said Dr. Workneh, adding that: "The Centre of Excellence is also part of IGAD's overall regional vision on strengthening nutrition capacities and reducing the impact of COVID-19 amongst vulnerable communities."

In June 2020, IGAD donated Kshs 10 million to the Ministry of Health for COVID-19 response, in addition to PPE kits and IEC materials.

CAS Dr. Aman thanked Dr. Workneh for the continued support and collaboration by IGAD on various spheres. He said KMTC has been in the forefront in supporting the Government's efforts in managing the pandemic since confirmation of the first COVID-19 case in the country.

KMTC Board Chairperson Prof. Kaloki, EBS, observed that the partnership between the Ministry of Health, KMTC, and IGAD started

way back in 2018, in the area of nutrition training to improve the Health and wellbeing of people in the IGAD region.

He lauded the collaboration as timely, noting that it came at a time when the Government has prioritized attainment of UHC for all Kenyans, part of which is food security and nutrition.

“Plans are underway to have KMTc Karen serve as a collaborative entity for evidence-based nutritional interventional training, advocacy, coordination, and strategic planning,” the Chairperson further observed.

CEO Prof. Michael Kiptoo welcomed the collaboration, saying it will enable the College to improve its scientific and operational research capacity as well as innovations towards UHC.

He observed that the partnership will further help KMTc to improve graduate education for

East African Community (EAC) nutritionists designed to foster leadership in nutrition services.

Also in attendance were representatives from various Government and Private entities, Senior Managers from KMTc Headquarters as well as Karen Campus Staff led by Principal Dr.



KMTc has remained involved in supporting the Government's efforts in managing the pandemic since confirmation of the first COVID-19 case in the country.

***Health Chief Administrative Secretary
Dr. Rashid Aman***



Health Chief
Administrative Secretary,
Dr. Rashid Aman during
the donation of Personal
Protective Equipment
(PPEs) by IGAD at KMTc
Karen

Technical assistance to Counties on COVID-19 containment measures

Following a surge in COVID-19 cases, H.E President Uhuru Kenyatta, CGH convened the Third Extraordinary Session of the National and County Governments Coordinating Summit on June 10th 2020. The session attended by all the County Governors, sought to assess the Counties' preparedness and Kenya's overall national response and capacity to handle the pandemic.



Board Chairperson, Prof. Philip Kaloki EBS (5th left), leads a team of Covid -19 Technical Experts in handing over to Laikipia County the Covid-19 Preparedness report to the County Governor Hon. Nderitu Murithi (4th right)

Consequently, Health CS Sen. Mutahi Kagwe, EGH appointed team leaders and technical experts drawn from various institutions under the Ministry of Health. The teams, grouped into 11 regional clusters, were charged with the responsibility of providing technical assistance to the Counties on COVID-19 containment measures, in addition to strengthening the Health systems pillars for Universal Health Coverage.

In carrying out their mandate, the team leaders are assisted by a team of experts and inspectors to assess Health facilities within

the counties. The reports from these assessments are then sent daily to the National Advisory Committee for further action.

The teams have hit the ground running and have already assessed several Health facilities in the counties with the aim of finding mitigation measures for existing gaps. The exercise is expected to improve counties' response capability to handle the current COVID-19 surge and related Health conditions.

Additionally, it is meant to align the outcomes towards strengthening Health systems in support of the national agenda on Universal Health Coverage.

The team leaders of the 11 clusters are:

Moi Teaching and Referral Hospital CEO Dr. Wilson Aruasa
(cluster 1)

Chairperson National Hospital Insurance Fund (NHIF) Hannah Muriithi (cluster 2)

Head of Disease Prevention Control, Ministry of Health Dr. Willis Akhwale (cluster 3)

KEMSA Chairperson Sen. Kembi Gitura (cluster 4)

Kenyatta National Hospital CEO Dr. Evanson Kamuri (cluster 5)

NHIF CEO Dr. Peter Kamunyo
(cluster 6)

National Aids Control Council Chairperson Dr. Angeline Yamaton Siparo (cluster 7)

President of the Kenya Medical Association Dr. Jackline Kitulu
(cluster 8)

KNH Chairperson Mr. George Ooko
(cluster 9)

Vice - President Clinton Health Access Initiative Dr. Gerald Macharia (cluster 10)

Kenya Medical Training College Chairperson Prof. Philip Kaloki, EBS
(cluster 11)



Port Reitz Campus entrance

Campus Conducts Training to Re-integrate Staff back to Work

Port Reitz Campus conducted a training session for staff on precautionary measures against the spread of COVID-19 on July 3, 2020.

Led by Edith Akinyi, a Counseling Psychologist, the session was also aimed at integrating back to work Staff who were previously infected and recovered from Covid-19.

A total of 24 Staff, including those who contracted the virus, participated in the training. “The session will empower Staff to overcome fear and stigmatization. It is coming at a time a Staff member has tested positive for Covid-19 and gone into isolation,” said Akinyi.

The training covered the following topics:

adjusting to wearing face masks, frequent hand washing, and sanitizing. Others included adjusting to no greetings and hugs, dealing with the closure of schools, Colleges, and businesses; fear of family break-ups; fear of losing loved ones; fear of contracting the virus, and stigma associated with the virus. Participants were urged to remain optimistic and resist spreading rumors regarding the disease.

She also advised them to eat healthy and exercise regularly, join support groups, and avoid harmful habits such as alcoholism. “It is important to take time to understand oneself by identifying weakness and seek help where necessary,” she said.

2. Academic Updates



Nairobi Campus Students

More courses underway as Academic Council gives a greenlight awaiting Board Approval

The College may soon offer additional courses across its 22 Campuses in a bid to increase programmes to meet the growing demand for Health training opportunities.

This is after, the College's Academic Council, during a virtual meeting held from 23rd to 25th September, 2020 interrogated a list of the new courses, proposed by various Principals for mounting in their respective Campuses, ahead of ratification by the Board of Directors.

The idea is to produce an additional skilled Health workforce for the country, a key milestone in the attainment of Universal Health Coverage (UHC), Kenya's Vision 2030 and Sustainable Development Goal for Health.

Members of the Council, chaired by the Chief Executive Officer Prof. Michael Kiptoo, shared College accomplishments since rolling out of E-Learning.

The College has transitioned to digital platforms to deliver its training to Students.

The College recently conducted a virtual orientation for new Students, who have since joined 41,000 others attending online classes.

While delivering his address, Prof. Kiptoo noted that the College has heavily invested in ICT infrastructure and capacity

The COVID-19 outbreak has presented us with a new opportunity to scale up E-Learning. Going forward, the College will blend face-to-face with E-Learning to enhance training

**Chief Executive Officer
Prof. Michael Kiptoo**



E-Learning.

- College successfully rolled out E-Learning.
- Conducted a virtual orientation for new Students

41,000+
others attending online classes

KMTC By the numbers

71

Campuses

18

Programmes

83

Courses

41,000+

Students



Students during a group discussion

building to ensure the smooth running of virtual programmes.

“The COVID-19 outbreak has presented us with a new opportunity to scale up E-Learning. going forward, the College will blend face-to-face with E-Learning to enhance training,” he said.

The Government has issued COVID-19 guidelines for phased physical re-opening of learning institutions.

Prof. Kiptoo affirmed that the College is ready to receive Students back.

“Consultations on re-opening are at an advanced stage and communication will be made in due course. In the meantime, the College has put in place nec-



Physiotherapy Students during a practical lesson

essary measures to adhere to Government protocols and set guidelines to mitigate against the spread of COVID-19,” he said.

The CEO confirmed that the College would conduct its annual graduation on December 3, 2020, as scheduled.

Prof. Kiptoo commended the College’s active role in the fight against COVID-19, noting that the institution has conducted Health education on preven-

tion of the disease, donated handwashing facilities, and provided mental Health as well as psychosocial support to affected persons.

Health Cabinet Secretary Hon. Mutahi Kagwe in the recent past lauded the KMTC Board for supporting the Government’s efforts in the fight against the COVID-19 pandemic in the country.



Orthopaedic Technology Students during a practical lesson

The CEO called on the Council members to embrace financial prudence, adhere to quality management system procedures, and continue pursuing collaborations in support of teaching and learning.

He added that the College has equipped Campuses with vehicles to ease the movement of Students and Faculty to clinical placement sites.

Deputy Director Finance, Administration, and Planning Dr. Kelly Oluoch said the College has continued to roll out efficiency-driven systems to enhance service delivery.

Corporation Secretary Dr. Miriam Muthoka, called on the Faculty and Staff to continue on the path of the College's transformational expansion agenda guided by existing tools of governance to achieve academic excellence.

On the other hand, Academic Registrar Dr. Lucy Waweru, who represented the Deputy Director Academics said the College will continue to provide a conducive environment for teaching and learning.



Medical Imaging Sciences Students during a practical lesson

The Academic Council meeting, held on a quarterly basis, brings together the College's Executive Management, Senior Managers, Heads of Departments, and Campus Principals.

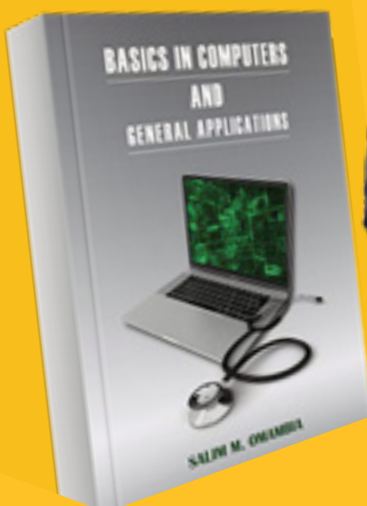
The Council discussed academic progress and proposed ways for continual improvement of the quality of training in support of the College's Vision of 'being a model institution in the training and development of competent Health professionals'.

This is the second virtual Council meeting since the COVID-19 outbreak, the first one having been held in May 2020.

**KMTC Manza
Campus Lecturer,
Mr. Salim
Omambia, has
authored five
books to aid
Students in their
training.**

The five books are

- 1. Basics in computers**
(an introduction to ICT in Healthcare);
- 2. Fundamentals in Demography**
(a synopsis of population studies concerning Health)
- 3. Didactic Epidemiology**
(Diseases and their determinants)
- 4. Health Statistics**
(Elementary biostatistics)
- 5. Methods in Research**
a book for all cadres in research.



KMTC Lecturer Authors Five Books to Enhance learning

While launching the books in October at the College Headquarters in Nairobi, the CEO, Prof. Michael Kiptoo, lauded the initiative, saying it will go a long way in promoting research as well as learning.

Prof. Kiptoo encouraged other Lecturers to follow suit, emphasizing that such initiatives give the College a competitive edge as a Health care training institution.

He singled out the book titled Methods in Research, noting that it is in tandem with KMTC's expanded mandate of training, consultancy and research.

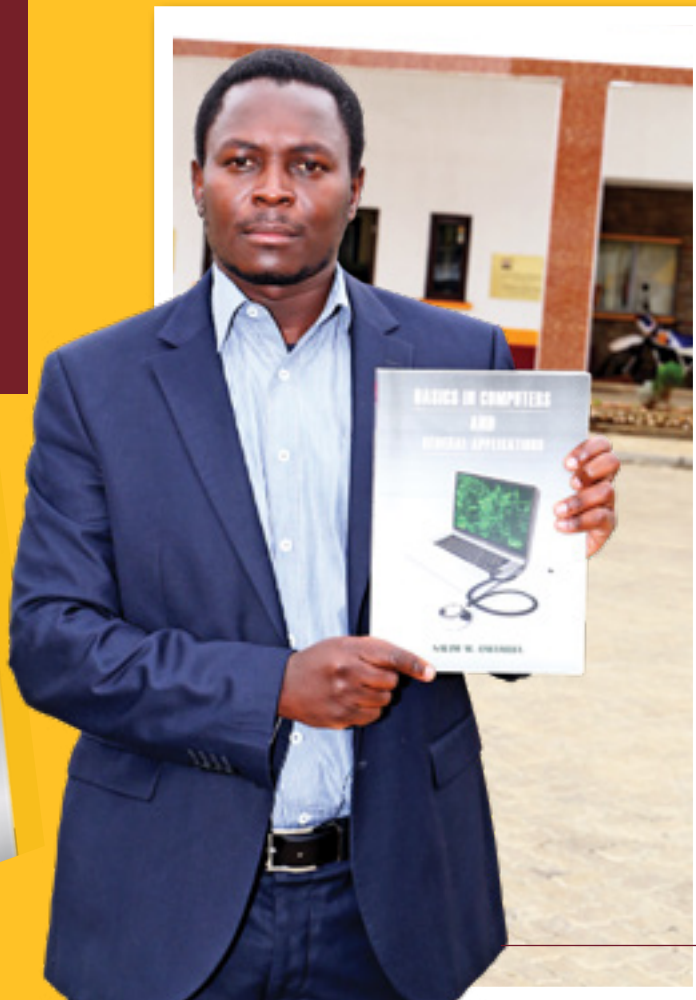
Academic Registrar, Dr. Lucy Waweru, noted that such publications would be of great help in the course of training, not only for KMTC but also for Students in other institutions of higher learning.

A researcher, epidemiologist, and Health information consultant, Mr. Omambia is a seasoned lecturer and a peer reviewer with the World Health Organization.

The medical lecturer observes that anyone who has written some dissertation/thesis already has the writing skills necessary to author a book. He encouraged KMTC Staff to take up the challenge of publishing books.

The books are currently available in the Kenya National Libraries, while eBooks can be accessed via amazon, kindle eBooks, lulu, and Apple iBooks.

Mr. Omambia assured that plans are underway to have the books on the shelves of the KMTC resource center.



Mr Salim Omambia



Health Chief Administrative Secretary Dr. Mercy Mwangangi (center), accompanied by Othaya MP Hon. Mugambi James Gichuki (2nd right), KMTC Board Chairperson, Prof. Philip Kaloki, EBS, (3rd left) and Othaya NG-CDF officials during the laying of a foundation stone for KMTC Othaya.

Construction of Othaya Campus Kicks Off as New Bus is Bought

Three years since KMTC Othaya in Nyeri County was elevated to Campus status, the College has kicked off construction of its own institution. The Campus is presently housed at the Decece Early Childhood Development and Education center.

Health Chief Administrative Secretary (CAS) Dr. Mercy Mwangangi on October 9th 2021, laid a foundation stone for the construction of a fully-fledged Othaya Campus.

“This project is a gift to the people of Othaya, and it enables them to access Health training. It will greatly impact the lives of many families and generations to come,” she said.

The CAS commended the Board Chairperson, Prof. Philip Kaloki, EBS, and CEO Prof. Michael Kiptoo for being at the forefront in ensuring the College delivers its mandate.

“I further wish to recognize the important role the College is playing to support the Ministry of

Health towards strengthening Health systems in the country,” said Dr. Mwangangi.

The area residents provided the land.

The area MP. Hon. Gichuki Mugambi revealed that his office allocated Kshs 20 million towards the project.

“Additionally, we have acquired a bus for the College to support learning,” he said.

Mugambi encouraged members of the community to take advantage of the College to educate their children.

Board Chairperson Prof. Philip Kaloki, EBS, said the College had mobilized resources to ensure the construction of a tuition block is finalized within the next seven months.

He affirmed that the College is committed to achieving its mission of producing competent Health professionals to support Health care service delivery in the country and beyond.

CEO Prof. Michael Kiptoo said the College is providing opportunities for the development of resilient frontline Health professionals who will contribute to Human resources for Health in the country, a key milestone in the attainment of Universal Health Coverage (UHC) and Sustainable Development Goal 3; Ensure Healthy lives and promote well-being for all at all ages.

Also in attendance were KMTc Board Directors Mr. Fredrick Wamwaki and Mr. Mithamo Muchiri, Kenyatta National Hospital Chairperson Mr. George Ooko, and CEO Dr. Evans Kamuri, Nyeri South Deputy County Commissioner Mr. Michael Taalam, KMTc Othaya Principal Ms. Zipporah Njeru, among others.

Constituency support

20 million

Contribution from the area MP
Hon. Gichuki Mugambi's office

“ This project is a gift to the people of Othaya, and it enables them to access Health training. It will greatly impact the lives of many families and generations to come ”

**Chief Administrative Secretary
Dr. Mercy Mwangangi.**

Universal Health Coverage (UHC)

Goal 3: Ensure Healthy lives and promote well-being for all at all ages.



Health Chief Administrative Secretary Dr. Mercy Mwangangi (3rd left), Othaya MP Hon. Mugambi Gichuki (2nd left), KMTc Board Chairperson, Prof. Philip Kaloki, EBS (2nd right), CEO Prof. Michael Kiptoo (3rd right) and Othaya Campus Principal Ms. Zipporah Njeru (right) during the commissioning of KMTc Othaya Bus.



Health Chief Administrative Secretary Dr. Rashid Aman, (centre), KMTTC Board Chairperson Prof. Philip Kaloki, EBS, (left), CEO Prof. Michael Kiptoo (right) and a section of Graduands during the 88th Graduation Ceremony.

88th Annual Graduation Ceremony

The Government has reiterated its commitment to redoubling its efforts in training Health care professionals to respond to global Health challenges.

Speaking during the graduation ceremony held on December 3, 2020, at the KMTTC Graduation Square in Nairobi, Health Chief Administrative Secretary Dr. Rashid Aman said the Government remains committed to increasing the number of Healthcare workers to meet the Health demands and improve the Health worker population ratio, especially in hard to reach areas.



Health Chief Administrative Secretary (CAS) gives his remarks during the 88th Graduation Ceremony.

“Being a strategic Government Health training institution, KMTTC plays an important role in propelling the country towards the attainment of specific Health-related targets, including Universal Health Coverage and Sustainable Development Goal 3”

**Health Chief Administrative Secretary
Dr. Rashid Aman.**

The aspirations of Sustainable Development Goal 3, and specifically Universal Health Coverage, are dependent on a Healthcare workforce that is strong, skilled, motivated, knowledgeable and responsive to the ever-evolving needs of the Health systems.

In this year's graduation, 4,114 graduates were awarded various Certificates, Diplomas, and Higher Diplomas. An additional 8,114 final year Students whose learning was abruptly disrupted by the COVID-19 pandemic, however, missed out on the graduation.

The Board Chairperson, Prof. Philip Kaloki, EBS, reported that the College continues to grow at an impressive rate. "By this, we have created additional opportunities to train competent Health professionals to bridge the human resource for Health gaps in the country," he said.

Besides the growth of Campuses across the country, the College has witnessed impressive growth in its programs. "Even as we grow, the College remains committed to excellence, ISO standards as well as regulatory frameworks," said CEO Prof. Michael Kiptoo.

The CEO said that the College introduced new course including Community Health Volunteers, Community Health Assistants, Community Health Extension Workers, Basic and Advanced Life Support, and Emergency Medical Technicians.

He further added "To reduce the burden of treatment emanating from late diagnosis, we continue to attach our Students to rural Health facilities, where we spend over 51,000 hours weekly on community diagnosis and treatment."

4,114

graduates awarded various Certificates, Diplomas, and Higher Diplomas.

KMTC contributes

85%

of local mid-level Health Workforce



Graduands during the 88th Graduation Ceremony.



Health CAS Dr. Rashid Aman (4th left), Board Chairperson, Prof. Philip Kaloki, EBS (3rd left), CEO Prof. Michel Kiptoo (2nd right) and a section of Graduands during the 88th Graduation Ceremony.



Kisumu
Campus

New Library Commissioned at Kisumu Campus

KMTC Kisumu Students are a happy lot after the official commissioning of a new library for the Campus.

The library, commissioned on August 13, 2021, by the KMTCC Deputy Director Finance, Planning, and Administration Dr. Kelly Oluoch, accompanied by the Chief Maintenance Officer, Mr. Godfrey Nyakado, has a sitting capacity of 150 students. In total, the library will now accommodate 180 students.

Dr. Kelly noted that the new library is a big boost for teaching and learning in the Campus. “Libraries encourage curiosity, problem-solving, and innovation, in addition to providing dynamic resources for learners to test their knowledge,” he said while encouraging the students to take advantage of the resource.

Kisumu Campus Principal Ms. Margaret Odidi thanked College Management, noting that the construction work is fully funded through internally generated revenue. Echoing Dr. Kelly’s sentiments, Ms. Odidi added: “Since the environment at the school library is peaceful, students can study at the library without any disturbances.”

Construction of Vihiga Lower Campus Begins

A foundation stone to pave way for construction of Vihiga lower Campus has been laid.

The event took place on August 8, 2020 when the Deputy Director (Finance, Planning and Administration) Dr. Kelly Oluoch visited the Campus. He was accompanied by the Chief Maintenance Officer, Mr. Godfrey Nyakado.

Dr. Kelly reiterated the College’s commitment to fast-tracking infrastructural development in the Campus. He noted that renovations of buildings at the Campus are ongoing.

Vihiga Campus was established in September 2013 and is located at the Mbale Rural Health Training Center and Vihiga County Referral Hospital, next to the Medical staff quarters. The lower Campus is set to be constructed on a three acre piece of land donated by Vihiga County Government.

Partners of the Campus include the County Government, the Vihiga County Referral Hospital and Mbale Rural Health Training Center, where students undertake their clinical training.



Vihiga
Campus



Board Chairperson, Prof. Philip Kaloki, EBS (6th right), accompanied by Board Director Mr. Mithamo Muchiri (7th right), and the Principal Kitui Campus Ms. Everline M. Nyamai (4th right) with Kitui South NG-CDF committee members during a tour of the proposed Mutomo Campus.

College partners with Kitui South Constituency to establish new Campus

Board Chairman Prof. Philip Kaloki, EBS toured the proposed Mutomo Campus in Kitui South Sub-County on July 2, 2020, to assess construction progress. With so far ten classrooms, one laboratory, an administration block, hostels, and a dining hall constructed, the Campus is readying for the next intake.

“We are ready to kick off admission in the following certificate programs: Public Health, Community Health Nursing, Community Health Development, and Community Health Assistant,” said Prof. Kaloki.

Adding that: “Other programmes for consideration include Nutrition, Health Education, and Clinical Medicine.”

Prof. Kaloki revealed that once learning kicks off, the Campus would be allocated a bus and a double cabin pick up to transport Students and Lecturers during visits to clinical sites. He further promised that water drilling and the construction of four additional classrooms to commence soon. Prof. Kaloki, accompanied by Deputy Registrar Examination, Mr. Gordon Agalo, thanked the County Government for their continued support.

Also present were: Kitui Campus Principal Mr. Daniel Onsate and Mutomo NG-CDF Chairman Nicodemus Kitonyo, fund Manager Mr. Dennis Matundura, among other officials.

Research Projects

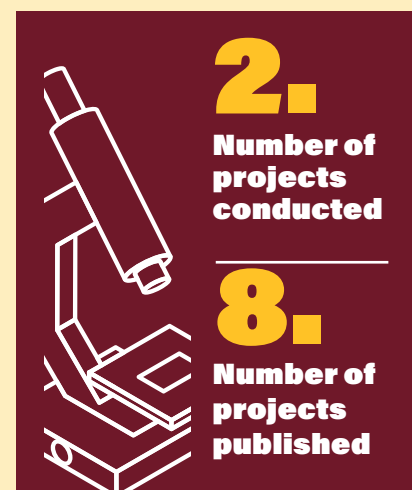
The Kenya Health Policy 2013-2030 places a lot of emphasis on research to generate evidence for use in policy decision making, programmatic planning and practice. In response, the KMTc Board of Directors has allocated enough funds to encourage members of staff to undertake research projects that can generate evidence for policy decisions.



Medical Laboratory Sciences Lecturer Mr. Errols Sigei examines an automatic tissue processor used for practical lessons.

In line with this, faculty members have embarked on research and as such the following two research studies were conducted: -

- i. College Conversion into Quarantine Centre: Students' Perception on Covid-19 Mitigation Measures at Kenya Medical Training College Mombasa by Barawa, W. et al. January 2021
- ii. Factors Determining Delayed Diagnosis of Tuberculosis among Patients attending Gatundu Level 5 District Hospitals by Mutua, K. and Maluki, M.



Publications

The following eight (8) research projects findings were published:

- i. E-learning and Pedagogy Performance at Public Tertiary Institutions: A Case of Kenya Medical Training College** by Riany, G. K. and Kamau, M. J. International Journal of Recent Innovations in Academic Research Vol 4, Issue 9, September, 2020 pp1-16.

- ii. College Conversion into Quarantine Centre: Students' Perception on Covid-19 Mitigation Measures at Kenya Medical Training College Mombasa** by Barawa, W. et al. International Journal of Health Medicine and Nursing Practice ISSN 2520 – 6852 (Online) Vol 2 Issue no 2 pp 1-10 September, 2020.

- iii. Strategy Implementation and Organizational Performance: A Case Study of Kenya Medical Training College** by Muendo, C. and Prof. Ogutu, M. European Journal of Business and Strategic Management ISSN 2518 – 265x (Online) Vol 5 Issue1 pp 16-36 July, 2020.

- iv. Uptake and Utilization of Focused Antenatal Care and Its Correlation with Maternal Complication Outcomes in Selected Public County Hospitals, Nairobi, Kenya** by Misiko, R. M. & Muthuka, J. K. Singapore Journal of Gynaecology & Pediatrics Vol 1 Issue 1 July 2020.

- v. Utilization of Adolescent Reproductive Health Services in Bondo Sub-county, Siaya County, Kenya** by Tshombe, D. A. International Journal of Advanced Scientific Research RJIF5.32 ISSN 2456 – 0421 Vol 5 Issue 5 pp25-29 Sept 2020.

- vi. Effect of Maternal HIV Immune Reconstitution Inflammatory Response Syndrome on the Risk of Adverse Pregnancy-Fetal Outcomes in HIV-1 Positive, ART Naive Pregnant Women of Reproductive Age in Selected Hospitals, Nairobi Kenya** by Muthuka, J. K., et al. European Journal of Public Health Studies ISSN 2668-1056 Vol 3 Issue 1 Sept 2020.

- vii. Challenges of Off-Campus Living for Non-Resident Students in Kenya Medical Training College** by Ogendo, M., et al. African Journal of Education and Practice ISSN 2519 – 0296 (Online) Vol 6 Issue 4 No 4 pp 65- 83 July 2020.

- viii. Dietary Practices and Nutrition Status of People Living with HIV-AIDS Aged 18 – 55 Years attending Kisii Teaching & Referral Hospital, Kisii County** by Omwanda, V.A. et al. International Journal of Health Sciences and Research, Vol 10 Issue 3 March 2020, ISSN 2249-9571

4.

COLLABORATIONS /PARTNERSHIPS



Board Chairperson, Prof. Philip Kaloki, EBS (right), Isiolo County Executive Committee member for Health Wario Galma (left), KMTC senior Managers and County Health Officers during an inspection visit to KMTC Isiolo



KMTC Board Spearheads Efforts to Enhance Resource Mobilization Initiatives in the College

BOD Chairperson EBS Prof. Philip Kaloki (left), CEO Prof. Michael Kiptoo (right) and Genesis Consulting Firm CEO Mr. Jacob Mutula after a consultative meeting at KMTC.

In The KMTC Board Chairperson Prof. Philip Kaloki, EBS, and CEO Prof. Michael Kiptoo held a consultative meeting with Genesis Consulting Firm representative Mr. Jacob Mutula on September 1, 2020 to discuss areas of collaboration in support of resource mobilization efforts in the College.

Genesis Consulting Firm supports organizations in Kenya and Africa at large to mobilize resources for development, having undertaken various resource mobilization projects in Chad, Sierra Leone, Mozambique, Liberia, Zambia, Malawi, South Africa among other countries.

Speaking during the meeting Prof. Kaloki reported that “KMTC is looking into adopting innovative strategies and solutions to building a network of partners as well as sustaining those partnerships for mutually beneficial outcomes,”.

Following the discussions, the College will seek to partner with like-minded institutions to forge Health

training related industry-academia collaborations in support of teaching and learning.

The Collaboration will include support through medical imaging equipment and technological system grants, provision of teaching and learning equipment in pharmacy, orthopedic as well as dental technology. In addition, KMTC will seek collaborations to support capacity building of Staff to equip them with skills on telemedicine as well as modernized record keeping.

The firm will provide linkages with renowned medical doctors to offer medical services during College organized medical camps.

The meeting was in line with the College’s transformative agenda, where the KMTC Board of Directors have spearheaded efforts to enhance resource mobilization initiatives and strengthen collaboration with development partners.

These efforts are supported by a policy framework already developed by the Board and put in place for coordinated and concerted efforts to achieve greater impact and sustainability in resource mobilization and collaboration.

The resource mobilization efforts are an addition to existing collaborations with County Governments, National Government, Constituencies Development Fund and other development partners, which have increased the College’s asset base.

“

We are looking into adopting innovative strategies and solutions to building a network of partners as well as sustaining those partnerships for mutually beneficial outcomes

Prof. Philip Kaloki, EBS

College to Partner with the UN-Habitat to Improve Livelihoods and Contribute to Urban Development

The College held a consultative meeting with a representative of the UN-Habitat Mr. Jeremiah Ougo on August 11th, 2020 at the College headquarters in Nairobi to explore areas of collaboration to improve livelihoods in informal settlements within Nairobi.

The meeting which was led by the Board Chairperson, Prof. Philip Kaloki, EBS, and attended by the CEO Prof. Michael Kiptoo also forged a partnership in the fight against COVID-19 pandemic.

Among areas of joint partnerships includes distribution of 26,000 masks in urban informal settlements in Nairobi County.

The two institutions resolved to work closely with local leaders through the established community Health strategy, to provide linkage to the communities and share key Health messages on COVID-19 preventative measures.

Fight against COVID-19 pandemic

26,000+

masks donated in urban informal settlements in Nairobi County.



EU-IGAD Deputy Ambassador Hon. Katrine Hegeman during the launching of Personal Protective Equipment (PPEs) for the Arid and Semi-Arid areas at KMTTC Karen Campus.

Clinical Officer's Council Comends College for maintaining quality training

The Clinical Officers Council of Kenya (COC) has comended the College for maintaining quality-training standards for Clinical Officers.

The Council's Registrar, Mr. Ibrahim Wako, said this during a meeting with College's Board Chairman Prof. Philip Kaloki, EBS and CEO Prof. Michael Kiptoo in Nairobi on November 24, 2020.

“The College has invested in the latest edition of books. Similarly, it has hired qualified Staff as well as purchased training equipment,” he said.

The COC is a regulatory arm of the Government mandated to oversee the training, registration, and licensing of clinical officers.

Prof. Kaloki thanked the Council for supporting the College in the expansion of training opportunities by approving more Campuses to mount Clinical Medicine and Surgery programs.

Prof. Kaloki, however, requested COC to consider increasing the numbers of enrolled Students for the program.

Prof. Kiptoo assured that the College would continue to put measures in place to enhance quality and standards of training.

He further proposed for a joint assessment involving the two institutions to ensure the training of competent Health professionals in this cadre.

The regulatory body has approved the mounting of several pre-service Diploma programs, Higher



Board Chairperson Prof. Philip Kaloki, EBS (4th left), CEO Prof. Michael Kiptoo (3rd right), Academic Registrar Dr. Lucy Waweru (2nd left), Head of Clinical Medicine Department Dr. Felix Mutua (right), with the Clinical Officers Council of Kenya CEO Mr. Ibrahim Wako (3rd left), Chairman Mr. Peterson Wachira (left), Secretary General Mr. George Gibore (5th right), former Clinical Officers Council CEO Mr. Mutinda Kisingu, and Clinical Officers Council In-Charge of Training Ms. Eunice Kuria during a courtesy visit to the College.

Diploma in Anaesthesia and Higher Diploma in Ear, Nose, and Throat.

“This has seen Students undertaking the Higher Diploma in Ophthalmology and Cataract Surgery increased,” said Prof. Kiptoo.

In addition to supporting the expansion of training opportunities, the Council has provided sponsorship for the Students pursuing Higher Diplomas in Family Health, Anaesthesia and Reproductive Health.

The Registrar, Dr. Lucy Waweru, requested the regulatory body to consider increasing the Students' intake for Diploma in Clinical Medicine and Surgery in Mosoriot, Loitoktok, and Makueni Campuses from 25 to 50 to provide opportunities for more qualified applicants. Also present were outgoing COC Registrar Mr. Mutinda Kisingu and Head of Clinical Medicine and Surgery Department Mr. Felix Mutua.

25-50 | 

Request from the regulatory body to consider increasing the Students' intake for Diploma in Clinical Medicine and Surgery in Mosoriot, Loitoktok, and Makueni Campuses



South Imenti MP. Hon Kathuri Murungi (6th Right), Board Chairperson, Prof. Philip Kaloki, EBS (7th right), Board Directors, Management, Campus Principals, South Imenti NG-CDF Officials and Students during a tour of the Campus

KMTC Imenti Partners with Government to Develop Campus

KMTC Imenti is reaping big from partnership with both the National and County Governments following immense infrastructural development in the Campus.

The South Imenti National Government Constituency Development Fund (NG-CDF) led by Member of Parliament (MP) Hon. Kathuri Murungi has since 2013 supported the Campus to the tune of Kshs 67.5 Million which includes land and other infrastructural development. On the other hand, the Meru County Government led by Hon. Kiraitu Murungi, has put in Kshs 23 million that also includes land and further infrastructural development.

Hon. Kathuri paid a visit to the Campus on October 31, 2020 to inspect projects funded by the Imenti NG-CDF. The Campus with funding from Hon. Murungi has put up an ablution block worth Kshs 1.3 million and a perimeter wall worth Kshs 1.7 million.

“An additional Kshs 3 million will be allocated towards

the renovation of the old buildings to create spaces for dining and cafeteria,” the MP said. The Campus Principal Mr. Samuel Njagi thanked Hon. Murungi for the good gesture.

KMTC Imenti currently has two sites where the upper and lower Campuses are currently located. The upper Campus has been financed by the Imenti South NG-CDF and comprises of a tuition block with eight offices, two classrooms, a library and a Computer laboratory.

It is situated on a three-acre piece of land and has a current student capacity of 150.

The lower Campus is situated on two acres of land leased by the County Government of Meru at a cost of Kshs 10 million. The County has also renovated four classrooms, two laboratory rooms, and four offices at a cost of Kshs 15 million. It currently has a capacity of 300 students.

KMTC Mathare Basket of Goodies as KMTC Board and Area Leaders Visit the Campus



A tuition block under construction in Mathare Campus

KMTC Board Chairperson Prof. Philip Kaloki on an inspection tour of Mathari Campus on June 22, 2020 hailed the Campus leadership, led by Principal Ms. Florence Maina, for embarking on a vigorous infrastructural development journey that has seen the Campus grow.

He noted that the expansion work will enable the Campus to initiate new programmes and increase the student population.

Accompanied by the Deputy Registrar Examinations Mr. Gordon Agalo, Prof. Kaloki also assessed the College's level of preparedness in supporting the Government to tackle the Covid-19 pandemic.

Ms. Maina thanked the Board for supporting the construction of two bio-digesters at the Campus, saying it has greatly improved sanitation on the Campus.

On September 22, 2020, the Campus hosted Mathare North Member of Parliament Hon. Antony Oluoch, accompanied by the area National Government

Constituency Development Fund (NG-CDF) committee, for discussions on a possible partnership leading to construction of additional classrooms for Students. Hon. Oluoch reiterated his commitment in supporting the development of the Campus, assuring that he was ready to work with the Campus leadership to see this happen.

Meanwhile, the area Member of County Assembly (MCA) Hon. Patrick Musili commissioned a road connecting the Campus with Mathari Hospital on October 21, 2020. The MCA also commissioned a floodlight system within the institution to improve security by illuminating the Campus compound. The two projects were funded by Ward kitty under Hon. Musili's leadership.

The Campus was established in 1961 to train health workers to provide Mental Health and Psychiatry services to Mathari Hospital and all other health facilities across the country.



Kangundo Campus entrance

Kangundo Campus Partners with NGO to empower the youth

Kangundo Campus hosted I Choose Life Africa (ICL) on June 22, 2020 for an open discussion on challenges facing young people.

The Campus partnered with ICL, a youth-focused organization that seeks to empower young people in Kenya and across Africa as a foundation for sustainable development, to train youth within the sub-county.

Campus Principal Mr. Joshua Mkoji used the forum to talk to the youth about the training opportunities available in the College and urged them to take advantage to empower themselves.

“This life is 100 percent your responsibility, use what you have and the opportunities availed to you to better not only your lives but of those around you,” Mr. Mkoji said adding that, “at KMTc we will give you the tools you need to make your dreams a reality.”

Some of the other issues addressed at the event were teenage pregnancy and E-learning for Students during the Covid-19 pandemic to keep them busy.

The facilitators singled out teenage pregnancy as a challenge facing young people in the area, blaming it on rising poverty levels.

Other issues affecting the youth are parental negligence, drug abuse, rape and moral decay, and peer pressure, according to the resolutions at the event.

The event provided an important platform to market the Campus, which had yet to admit its pioneer students, and create awareness on its existence.

Construction of Kangundo Campus commenced in 2014, as an initiative of the KMTc Board of Directors and the Kangundo National Government Constituency Development Fund, and completed in 2019.

The Campus currently offers courses in Foundation in Community Health (Short Course), Certificate in Orthopaedic and Trauma Medicine and a Certificate in Community Health Assistant with a current student population of 99.



Bungoma Campus Gets Kshs 6 Million Lecture Halls and Offices

K MTC Bungoma completed construction of Kshs 6 million lecture halls and offices in September 2020 as part of infrastructural development efforts geared towards increasing learning opportunities for Students.

Construction of the three lecture halls, each with a capacity of 60 students, and two offices, which commenced in October 2019, was fully funded through internally generated revenue by the Campus. As a result of the infrastructural expansion, the

Campus has been able to mount new courses in line with the country's health needs.

Bungoma Campus was established in 2011 with a class of 50 students undertaking a programme in Community Health Nursing. It was initiated by community members through the Member of Parliament Hon. Michael Wafula Wamunyinyi. In 2012, it was inaugurated as an annex of Webuye Campus.

Kisumu Campus Student emerges second in the 7th National African Organization for Standardization Essay Writing Competition

Brian Makori, a Student at Kisumu Campus, walked away with Kshs 70, 000 after emerging second in the 7th National African Organization for Standardization (ARSO) essay writing competition, organized by the Kenya Bureau of Standards (KEBS).



Photo: Courtesy

Kisumu Campus Student Brian Makori (right) receives an award during the National African Organization for Standardization Essay Writing Competition

First and third positions were scooped by Edgar Odongo Ochieng of the University of Nairobi and Jackson Maina Kariuki of St. Paul's University, consecutively.

The annual competition is aimed at generating and sustaining awareness for standardization among the youth in Africa.

The competition attracted some 186 participants from recognized Universities and Colleges across the county.

5.

Corporate Social Responsibility



Campuses establish CSR Committees to streamline operations

The Campuses are upping their efforts to give back to the community in a big way. This follows the establishment of Corporate Social Responsibility (CSR) committees to streamline operations across the 71 Campuses.

The College has previously undertaken CSR activities of various forms and magnitude guided by the Executive Management Committee.

Backed by a robust Policy, the College hopes to touch the lives of community members across the country.

The structured operations will see the College provide both preventative and curative Healthcare services through free medical service camps.

Other areas of focus include the promotion of

tree planting alongside other environmental conservation initiatives as well as research on the same.

Further, the CSR intervention seeks to provide scholarships to needy Students through the establishment of an education trust.

The College will also undertake activities such as the distribution of food and clothing to promote quality of life.

Lastly, the College will take part in disaster response initiatives in and around the Campuses and other parts of the country, among others.

KMTC Campuses Plant Trees to Safeguard the Environment

The College is reaching new heights in its efforts to build a greener environment while boosting forest coverage in the country. Lake Victoria Campus Staff and Students from the President's Award Club planted trees at the Kenya Broadcasting Corporation (KBC) grounds in Kisumu city.

They were joined by KBC's Controller of Programs, Mr. Ntenga Arori, Corporate Communications Officer, Ms. Grace Wafubwa, and the Human Resource Officer, Ms. Marie Okware.

Mombasa and Makindu Campuses also undertook a similar exercise.

Forests are recognized as critical in climate change

mitigation and adaptation. This capacity is enhanced through conservation, rehabilitation of degraded areas, afforestation and reforestation.

To achieve the 10 percent tree coverage requirement, Kenya needs to plant 1.8 billion seedlings by 2022.

6. Appointments



Dr. Jack Kelly Oluoch
*Deputy Director (Finance,
Planning and Administration)*

Dr. Kelly Oluoch has been appointed the new Deputy Director in charge of Finance, Planning and Administration. His appointment follows expiry of the contract for the immediate former Deputy

Director Mr. John Anyira who moves to Nakuru as the new Principal.

Before his appointment, Dr. Kelly served as Principal, KMTc Kisumu. He has also previously served as a Deputy Principal and Head of Pharmacy Department in the College. He previously served as Pharmacist in Charge at Marsabit District Hospital before his employment in the College.

Dr. Kelly holds a doctorate in Business Administration, Strategic Management option from the University of Nairobi and in Biotechnology, Innovation and Regulatory Pharmacy from Purdue University; a Master of Science (MSc) in Biotechnology, Innovation and Reg-

ulatory Pharmacy from Purdue University; a Master of Business Administration from the University of Nairobi; a Diploma in Industrial Pharmacy and Drug Discovery from Purdue (USA) and Howard University (USA); a Post Graduate Diploma in Medical Education and a Bachelor Degree in Pharmacy from Dr. MGR Medical University.

He has conducted and completed several research projects and is currently engaged in many others. He has authored and co-authored several peer-reviewed publications. He is a member of the Pharmaceutical Society of Kenya and the Kenya Institute of Management.



Mr. Hezron Owuor Ochiel
*Deputy Corporate
Communications Manager*

Mr. Hezron Ochiel, has been appointed the new Deputy

Manager in charge of Corporate Communications.

With over 14 years' experience, Mr. Ochiel brings in a wealth of expertise in delivering creative and engaging solutions across brand identity in print, broadcast and digital outlets.

Before joining KMTc, Mr. Ochiel served in various capacities – Communications Officer at Amref Health Africa, an International Non-Governmental Organizations (INGO); reporter at Thomson Reuters; reporter at the New Humanitarian, previously Integrat-

ed Regional Information Networks (IRIN/UN OCHA), and a reporter at the Standard Media Group. He has also worked for I Choose Life – Africa (ICL), a youth-focused Non-Governmental Organization (NGO) as a Communications and Marketing Officer.

He holds a BA in Communications and Media Technology from Maseno University and a Master's Degree in Communication Studies from Daystar University – continuing. He is a full-fledged member of the Public Relations Society of Kenya (PRSK).



Ms. Virginia Mwendu Nzioka
Deputy Legal Services Manager

Ms. Virginia Nzioka, has been appointed the new Deputy Legal Services Manager.

Ms. Nzioka brings a wealth of knowledge to the College having previously served as the Legal Manager, Water Sector Trust Fund/ Ministry of Water and Irrigation. She has worked as a Legal Officer for the Public Procurement Regulatory Authority (PPOA)

She holds a Post-Graduate Diploma in Legal Studies from the Kenya School of Law (KSL), a Bachelor of Law Degree (LLB) from the University of Nairobi. Ms. Nzioka is a Certified Secretary and has undertaken a Senior Management Course at the Kenya School of Government.

KMTC Staff elect a member to represent them in the Pension Scheme

College Staff have elected Ms. Julia Wachuka Muriuki as a member of the Defined Contribution Scheme (DCS). She will represent KMTC Staff in the pension scheme's Board of Trustees. Ms. Muriuki succeeds Mr. Zaccheus Rwanda Ngochi, who died in January 2020 while in office.

Ms. Muriuki's Qualifications

- Bachelor's Degree in Business Management (procurement) from St. Paul's University
- Diploma in Law from Nairobi Institute of Business Studies
- Registered member of the Kenya Institute of Supplies Management.



Ms. Julia Wachuka Muriuki,
newly elected Member of Defined
Contribution Scheme (DCS)

Speaking before he declared the elections open, KMTC Deputy Director (Finance, Planning, and Administration) Dr. Kelly Oluoch reminded Staff that the person they elected would be making decisions on their behalf.

"Vote for the person you trust to act in the best interest of all those contributing to the scheme," he said. Adding that: "The person must have integrity, confidence, and courage."

Dr. Kelly advised Staff to put aside 10 percent of their monthly earnings and engage professionals for advice on the best investment options.

Human Resource Manager Mr. John Obiye informed members that the exercise was in adherence with new guidelines from both the Ministry of Health and Retirement Laws.

"I am honored and humbled for the immense trust you've put in me by voting me in. I promise to represent you well," Ms. Muriuki said in an election held in KMTC Nakuru on November 6, 2020.

Ms. Muriuki joined KMTC in 2010 as a Human Resource Officer before being deployed to the Supply Chain Management Division as a supply chain management officer (I).

She is a registered member of the Kenya Institute of Supplies Management.

A defined contribution (DC) scheme is a pension scheme in which member' and employer' contributions are both invested on behalf of each scheme member and the proceeds used to buy a pension and/or other benefits at retirement. The retirement benefits for each member depend on how much money has been saved up by the time of the member's retirement date.

7. Opinions

Where Is Your 'Locus Of Control' ?

By Ms. Gladys Motende
Senior Lecturer - Nursing
Principal KMTc Ugenya



- **Do you feel as though your fate is largely being determined by external forces?**
- **Or do you feel that you control your own destiny?**

Psychologists refer to this as 'locus of control ': the extent to which you believe that you can control events that affect you.

Your 'locus' (Latin for 'location') is conceptualized in either of the following ways:

- **Internal:** you believe you have (a certain degree of) control of your life, where you take responsibility for your thoughts, feelings, decisions, and actions and their impact on your life.
- **External:** You believe your decisions and life are controlled by environmental factors that you cannot influence.

Research has shown that those with an internal locus of control tend to be happier, less depressed, and less stressed compared to people with an external locus of control.

There are ten rules of life. They may not be the "ultimate truth", but does give you a pragmatic model that allows you to deal with any potential challenges, put things into perspective, and greatly enhance your ability to reach your full potential.

If Life is a Game... These are the Rules

Life has often been compared to a game, but we are never told how to play nor what it means to

win. That's why the ten rules of being human are so important.

They may answer our fundamental question, "what is the purpose of life?"

Rule number one

You will receive a body

Make peace with your Body-Accept its imperfections and respect what your body needs to run its optimum performance

Rule number two

You will be presented with lessons

As you travel through life you will encounter lessons unique to you. Be open to those lessons and choose actions that align with your true path

Rule number three

There are no mistakes only lessons

View mistakes as opportunities to learn. Be compassionate, learn to forgive, live your life ethically and keep a sense of humor.

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and keep a sense of humor.

Rule number four

A lesson is repeated until it is learned

Do you find you self-repeating patterns in your life? Learn to recognize the patterns and the lessons they offer.

Rule number five

Learning does not end

If you are alive, there are lesson to be learned. Embrace your role as a perpetual student of life.

Rule number six

“There is no better than here”

Live in the present, dance the fine line of living here and now while holding in your heart the fondest dreams and aspirations for the future.

Rule number seven

Others are only mirrors of you

You cannot love or hate something about another person unless it reflects something you love or hate about yourself.

Rule number eight

What you make of your life is upto you

Every person creates his or her own reality. Imagine yourself at 90 years old, Looking back at your life. what do want to see?

Rule number nine

Your answers lie inside of you

All you need to do is to look inside, listen and trust yourself.

Rule number ten

You will forget all of these at birth

Somewhere along your journey from spiritual world to the physical one, you simply forgot these ten rules

So if you apply the tens rules to your own life you can fulfill all your dreams

Staff Transitions



Ms. Rael Jemutai Chepyegon from Kabarnet Campus was first appointed to KMTC on 01-02-2001 as a Subordinate Staff and later promoted to Auxiliary Supervisor III. Until her demise on 18-07-2020 she was a Support Staff supervisor.



Mr. Isaac Isoe Nyanamba from Nairobi Campus was first appointed to KMTC on 23-07-2007 as a Clerical officer and later promoted to Senior Clerical officer. Until his demise on 24-07-2020 he was a Supply Chain Management Assistant 1.



Ms. Teresiah Nthiga from Meru Campus was first appointed to KMTC on 01-07-1986 as a Nursing Officer III and later promoted to a Nursing Officer II. Until her demise on 04-08-2020 she was a Senior Lecturer-Nursing.



Mr. Philip Barack O. Omondi from Nairobi Campus was first appointed to KMTC on 02-11-1987 as a Medical Engineering Technologist III and later promoted to Medical Engineering Technologist II. Until his demise on 01-08-2020 he was a Snr. Principal Lecturer-Medical Engineering.



Mr. Peter Kariuki was first posted to Coast General Hospital in 1992. In 1997, he was deployed to KMTC to serve as a lecturer in the department of Medical Laboratory Sciences. He was promoted to the Deputy Head of Department in November 2005 and later on in 2007, to the position of Head of Department, where he served until his demise on 17-10-2020.



KENYA MEDICAL TRAINING COLLEGE

Citizens' Service Delivery Charter

Service	Requirements	Cost	Waiting time
Information and Feedback			
Customer service	Enquiry	Free	Ten minutes
Attendance to phone calls	A phone call	Free	Ten seconds
Response to complaints, compliments or suggestions	Receipt of complaints, compliments or suggestions	Free	Fourteen days
Communication	Access to College communication channels	Free	Instantly
Students Admission Process			
Receipt of applications for advertised College Programmes/Courses	Online submission of application	Kshs 2,022 (application fee)	Instantly
Publication of selected applicants in the media	None	Free	Fourteen days after selection
Communication to selected applicants	None	Free	Fourteen days after selection
Admission of successful applicants	Admission letter and other documents	Prescribed fee	Reporting day
Establishment of applicants' register	Applicants' details	Free	Instantly
Teaching, Examinations and Graduation			
Teaching, learning and administering examinations	90 percent class attendance	Full payment of fees	As per Curriculum
Release of examination results (Promotional and Final Qualifying Examination)	None	Free	Thirty days after the last exam
Issuance of academic transcripts	Completion of studies and written request	Kshs 1,000	Thirty days
Graduation ceremony	Completion of studies and payment of graduation fee	Kshs 2,500	First Thursday of every December
Certification	Graduation	Free	After graduation
Verification of College Certificates	Written request	Kshs 2,000	Two days
Alumni Association			
Registration of Alumni	Completion of Alumni registration form	Prescribed fee	Instantly
Consultancy and Professional Services			
Provision of professional services and consultancy	Request and ability to meet expenses	Prescribed fee	Within sixty days
Accommodation			
Provision of accommodation (optional and subject to availability)	Accommodation fees	Prescribed fee per year	Within one day
Medical Services			
Provision of medical care to students, staff, their family members and the public	Health condition	Prescribed fee	Instantly from 8:00 a.m. to 5:00 p.m. on weekdays
Counseling and HIV Testing Services (HTS)	Willingness	Free	Instantly from 8:00 a.m. to 5:00 p.m. on weekdays
Disciplinary Cases			
Resolution of students' disciplinary cases	Appeals	Free	Thirty days after appeal
Procurement			
Tender documents/quotations, prequalification results	Collection and filling in of tender documents	Maximum Kshs 5,000	60 days after the closing date
Payment for goods and services	Duly signed invoices and supporting documents	Free	30 days
Human Resource Services			
Staff recruitment, placement & promotion	Advertised vacancies, application letter and interviews	Free	Within 90 days
Services to the physically challenged	Presentation of physical challenge	Free	Instant and continuous
Services to visually and hearing impaired persons	Visual and hearing impairment	Free	Instant and continuous

For complaints, compliments or suggestions, contact: The Chief Executive Officer, KMTC,
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Training for Better Health



THEME

Optimizing Training and Research Towards Attainment of Universal Health Coverage in the wake of COVID-19

Sub themes:

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2. Public Health
3. Health Professional's Education
4. Non-Communicable Diseases
5. Nutrition and Health
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Abstract format:

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For More Information Contact:

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