

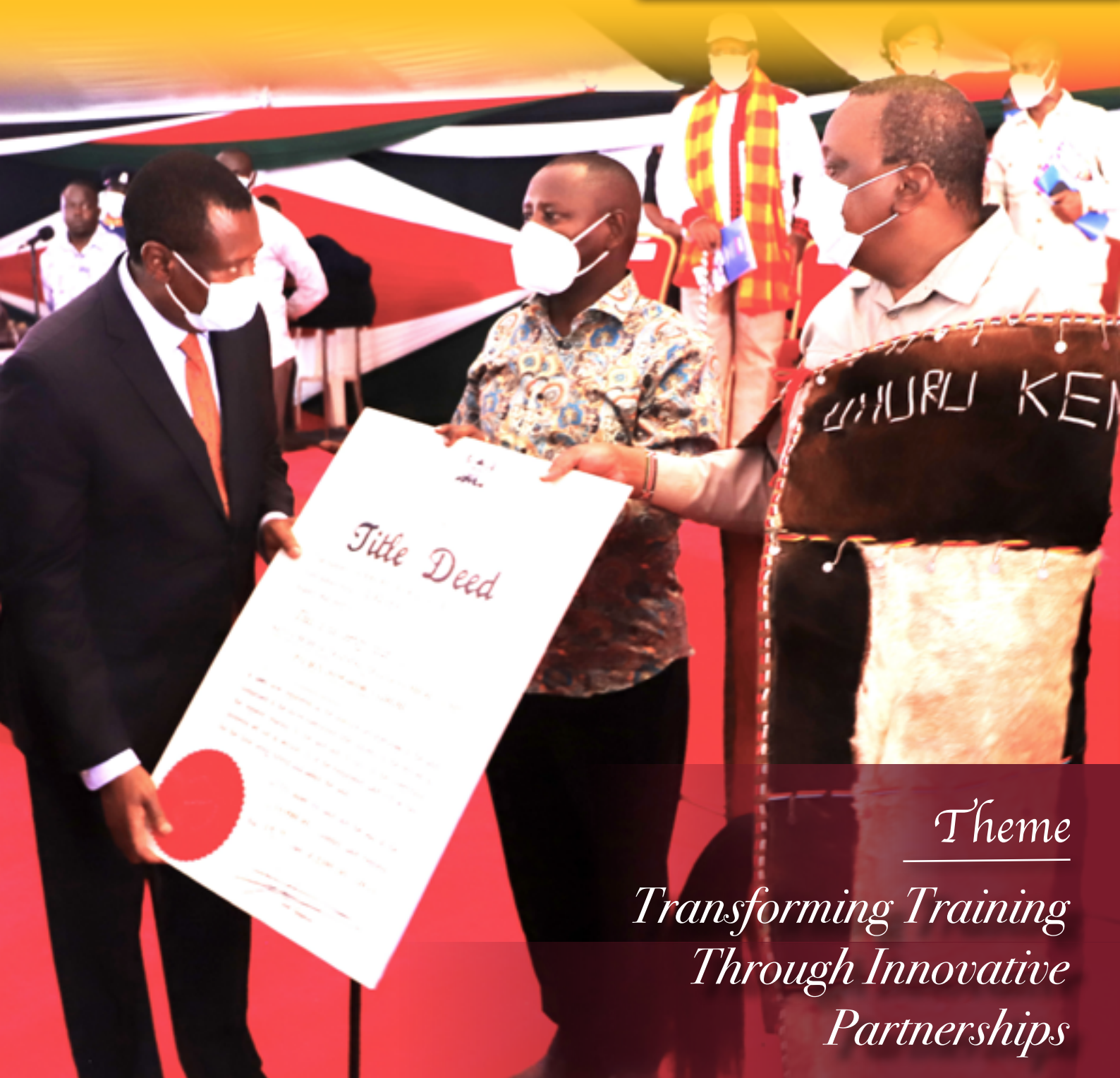


KENYA MEDICAL TRAINING COLLEGE

Training for Better Health

NEWSLETTER

Jan - June, 2021 Issue #39



Theme
*Transforming Training
Through Innovative
Partnerships*

Quality Training of Health Professionals
Towards Realization of

KENYA
VISION 2030





ISO 9001:2015 Certified

KENYA MEDICAL TRAINING COLLEGE

Our Vision

“A model institution in the training and development of competent health professionals”

Our Mission

“To produce competent health professionals through training and research, and provide consultancy services”

Our Core Values

Accountability, Integrity, Responsiveness, Equity, Teamwork, Professionalism, Creativity and innovation

Motto

Training for Better Health

PUBLISHER



**KENYA MEDICAL
TRAINING COLLEGE**
Training for Better Health

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PHOTOGRAPHY

Corporate Communications

CREATIVE DESIGN

Corporate Communications

Contents



College leads in uptake of COVID-19 Vaccine



KMTC holds its 6th Biennial Scientific Conference



Big boost for learners as UK Government donates emergency obstetric & new born care equipment



College plants thousands of trees to mark World Environment Day

Chairperson's Remarks



Prof. Philip Kaloki, EBS
Chairperson, Board of Directors

On behalf on the KMTC Board of Directors, I am delighted to foreword this edition of the College Newsletter.

It highlights the progress made by the College towards the Mission of producing competent health professionals through training and research, and providing consultancy services.

It is within this period that the College signed the 17th cycle of Performance Contract (PC) with the Ministry of Health, aimed at promoting accountability and transparency in service delivery. The PC is currently guiding the College's strategic focus to specific set targets towards attainment of the Government's Universal Health Coverage (UHC) agenda.

In line with this, the College's 2018-2023 Strategic Plan sets us on a path to ensure contribution to better healthcare through training of competent health professionals to bridge the Human Resources for Health gaps in the country.

In recognition that the Government's UHC agenda is largely predicated on the availability of adequate health

professionals with a range of skills, the College has entered into various partnerships geared towards enhancing teaching and learning.

The Board has continued to strengthen its effort towards resource mobilization initiatives that have seen the College record tremendous growth in infrastructure. In partnership with various County Governments, National Government Constituency Development Fund (NG-CDF) and development partners, the Board has been able to see the KMTC network grow therefore increasing training opportunities for qualified Kenyans. Plans are at an advanced stage to establish KMTC Campuses in the remaining counties, in a bid to take health training services conveniently closer to members of the public.

The College has enrolled students from across the country into its 71 Campuses spread in 43 of the 47 counties. This has ensured the country's health facilities are constantly supplied with complementary workforce as our trainees largely supplement healthcare service delivery in the course of their clinical practice.

As Kenya joins the rest of the world in fighting the COVID-19 pandemic that has destroyed every aspect of the human society possibly more rapidly than any other epidemic ever experienced, the College remains committed in supporting the government fight the menace.

On behalf of the KMTC Board of Directors, Management, staff, students and stakeholders, I wish to most sincerely thank H.E President Uhuru Kenyatta, for the support towards growth of the College.

Further, I wish to thank the Ministry of Health led by Cabinet Secretary, through whose invaluable support, the College has remained steadfast in its Vision.

I hope that as you peruse through the pages of this Newsletter, you will appreciate the zeal with which we honor the duty you have bestowed on us to develop generations of healthcare professionals to serve in Kenya and beyond.

Chief Executive Officer's Remarks



Prof. Michael Kiptoo
Chief Executive Officer

It is my utmost pleasure to welcome you to the 39th edition of the KMTC Newsletter. Themed “Transforming Training Through Innovative Partnerships”. It highlights our journey of Training for Better Health.

Within its pages you will be pleased to note that in spite of the COVID-19 ravages, the College has remained committed to offering the highest possible quality standards of training, earning itself the enviable position of a trend setter in E-learning.

It is within this period that the College re-opened fully, following a Presidential directive, allowing the over 40,000 KMTC students resume conventional face to face learning amidst strict COVID-19 guidelines.

To ensure the safety of students, the College partnered with various stakeholders to provide more accommodation facilities and learning space. In addition, to ensure that students are fully protected as they go about their duty of serving Kenyans during their clinical practice, final year students received Personal Protective Equipment from the Kenya COVID-19 Fund Board and Equity Group. This partnership extended beyond COVID-19 with KMTC students being given an opportunity to use the Equity Afia Clinics as their training and incubation centers during and after their training.

Now more than ever before there are knowledge gaps that need to be addressed in the medical field. It is against this backdrop that the College held its 6th biennial Scientific Conference. This year's conference comes at a time when Kenya and indeed the world at large is facing a difficult and unprecedented challenge of coping with the ongoing COVID-19 pandemic while continuing to prepare for the inevitable emergence of new diseases.

On the other hand, the endorsement of the College to host the IGAD Centre of Excellence on Nutrition training, is part of the efforts of generating evidence aimed at promoting concrete intervention health outcomes.

In addition to the College's core mandate of training health workers, KMTC continues to give back to the community by undertaking environmental conservation initiatives, socially uplifting the underprivileged, providing health and medical services, as part of its Corporate Social Responsibility.

We look forward to continuing our tradition of excellence in training of health professionals as we adjust to the new normal. We appreciate the opportunities presented by the pandemic to leverage technology as we seek to transform the health training landscape.

President Uhuru Gives Title Deed for KMTC Samburu Campus



H. E. President Uhuru Kenyatta (2nd right) hands over a title deed to KMTC Board Chairperson, Prof. Philip Kaloki, EBS (2nd left) for the proposed KMTC Samburu Campus. Looking on are Ministry of Lands Principal Secretary Dr. Nicholas Muraguri (right), Samburu County Governor Moses Lenolkulal (3rd right) and KMTC Board Director Mr. Mithamo Muchiri (left)

H.E. President Uhuru Kenyatta on March 7, 2021 handed over a title deed for a five-acre piece of land earmarked for the establishment of KMTC Samburu Campus, the first one in the County.

The President undertook to lay the foundation stone to pave way for construction of the Campus. “Please ensure that this Campus offers Nursing and other need based courses to benefit the Samburu community and especially the female children, since the community has now embraced

education,” the President urged the KMTC Board.

The College has 71 Campuses in 43 Counties. Plans are in place to establish KMTC Campuses in the counties of Samburu, Narok, Marsabit and Kirinyaga

He called upon the College to work closely with Governor Moses Kasaine to identify other courses that are best suited for the Samburu community.

The President handed over the title deed to the

KMTC Board Chairperson Prof. Philip Kaloki, EBS. He was accompanied by Board Directors Dr. Evans Amukoye and Mr. Mithamo Muchiri as well as other College staff.

The event took place on the sidelines of the historic Kisima Declaration where Samburu elders pledged to end Female Genital Mutilation and child marriages among the Samburu community.

KMTC Signs 17th cycle of Performance Contract with Government



Health Cabinet Secretary Hon. Senator Mutahi Kagwe (seated left) and KMTC Chairperson Prof. Philip Kaloki (seated right) during the signing of the performance contract. (Standing left to right) Health Principal Secretary Susan Mochache, KMTC CEO Prof. Michael Kiptoo, Ag. Director General Health Dr. Patrick Amoth and KMTC Board of Director Fred Wamwaki

KMTC has signed the 17th cycle of Performance Contract (PC) with the Ministry of Health.

The ceremony, which took place on February 10, 2021 at the Ministry of Health Annex, saw Health Cabinet Secretary Sen. Mutahi Kagwe sign on behalf of Government while KMTC Board Chairman Prof. Philip Kaloki signed on behalf of the College. Board Director Mr. Fredrick Wamwaki and CEO Prof. Michael Kiptoo witnessed the signing.

In his address to State Corporations under the Ministry of Health, CS Kagwe hailed them for working tirelessly to deliver quality services to Kenyans amid the pandemic and a myriad of financial challenges emanating from the effects of the pandemic on the Country's economy.

"Today, as we sign the PCs I remind you to not lose sight of the forest for the trees," the CS said. Elaborating this, the CS likened the forest to the

patients served by the Corporations either directly or indirectly.

"What you are doing as individual corporations is part of the whole. Your performance reflects on the entire Ministry," he said, further urging participants to ensure they protect the image of their organizations.

Sen. Kagwe laid emphasis on delivery of quality health services to Kenyans noting that the work of the Health Ministry boils down to how well patients are treated. He reminded the State Corporations represented that Universal Health Coverage is one of the most critical agendas of the government. "If we can deliver this, everything else falls into place," he noted.

KMTC is a strategic Government health training institution which

plays an important role in propelling the country towards the attainment of specific health-related targets, including Universal Health Coverage and Sustainable Development Goals.

The aspirations of Sustainable Development Goals and specifically Universal Health Coverage are largely dependent on a health workforce that is strong, skilled, motivated, knowledgeable, and responsive to the ever-evolving needs of the health systems. The College produces 85 percent of the local health workforce.

Health Principal Secretary Ms. Susan Mochache praised PCs as a way to promote accountability and transparency in service.

The ceremony was attended by Ag. Director General Health Dr. Patrick Amoth and brought together Board Chairpersons and Chief Executive Officers from various State Corporations under the Ministry of Health.

KMTC to Host IGAD Regional Centre of Excellence on Nutrition Training

The Inter Governmental Authority on Development (IGAD) has endorsed KMTC to host the IGAD Regional Centre of Excellence on Nutrition (ICEN) training.

“I urge the IGAD Staff responsible to work closely with the relevant Government ministries, departments and institutions to accelerate and successfully conclude the accreditation,” said Dr. Workneh Gebeyehu



IGAD Executive secretary, Dr. Workneh Gebeyehu during the handover of Personal Protective Equipment (PPEs) kits

The establishment of the centre is part of the many concrete steps in supporting the implementation of the food security component of the regional response to Covid-19.

Speaking during the handover of Personal Protective Equipment (PPE) kits to the Government of Kenya on February 8, 2021, IGAD's Executive Secretary Dr. Workneh Gebeyehu revealed that the process of accreditation of the centre is in its final stages.

“I urge the IGAD Staff responsible to work closely with the relevant Government ministries, departments and institutions to accelerate and

successfully conclude the accreditation,” he said.

“At IGAD, we look forward to the establishment of satellite centres of nutrition in each of our Member States as part of efforts to build the capacity for regionally coordinated responses to food and nutrition insecurity.”

The ICEN will play a key role in driving regional policies aimed at promoting and delivering concrete Health and nutrition outcomes, in

addition to developing the capacity to meet and match regional nutritional needs in IGAD Member States.

Health Chief Administrative Secretary, Dr. Rashid Aman said the Government of Kenya, through a memorandum of understanding, supported the set-up of the centre at KMTC Karen to strengthen regional nutrition training and capacity development.

Dr. Aman affirmed that the Directors of Nutrition of the IGAD Member States have endorsed the establishment of ICEN.

As part of efforts to build capacity for regionally coordinated responses



UNOPS representative Reinaf Deht during the EU-IGAD handover of covid-19 Medical supplies to the Ministry of Health at KMTTC Karen

es for food and nutrition insecurity, ICEN will establish satellite centres in all other Member States namely; Ethiopia, Djibouti, Somalia, Sudan, Eritrea, Uganda, South Sudan and Kenya.

Board Chairperson Prof. Philip Kaloki, welcomed the move, saying the centre will serve as a collaborative entity for evidence-based nutritional interventional training and advocacy.

“It will produce measurable improvement on Health, nutrition and physical activity-related outcomes in addition to translation policy that promotes Health and nutrition for

disadvantaged families as well as children in the region,” he said.

He further noted that the establishment of the centre is timely, as it comes when the Government has prioritized attainment of Universal Health Coverage (UHC) for all Kenyans, part of which is food security and nutrition.

CEO Prof. Michael Kiptoo said the proposal to have KMTTC Karen as the Centre of Excellence on Nutrition will enable the College to improve its scientific and operational research capacity as well as innovations towards UHC, and contribute to global Health research.

He further noted that it will help KMTTC to improve graduate education for East Africa Community nutritionists designed to foster leadership in nutrition services.

KMTTC currently has 1,700 continuing Students undertaking training on nutrition and has graduated thousands in the past.

The Government of Kenya in partnership with IGAD recently completed an all-round modern infrastructural expansion and upgrading of facilities, including training amenities at the College.

College Leads in Uptake of COVID-19 Vaccine



Board Chairperson Prof. Philip Kaloki EBS, receives the first dose of COVID-19 vaccine

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The Government is currently rolling out COVID-19 vaccination exercises across the country to tame rising cases of the disease. Among those lined up for the jab includes frontline health workers and the elderly. The vaccine is intended to provide acquired immunity against the coronavirus.

The College plays a key role in supporting the Government's Universal Health Coverage agenda by producing a competent workforce to bridge the Human Resources for Health gaps in the country.

On March 2, 2021, Kenya received 1.02 million doses of the Oxford-AstraZeneca vaccine. The first phase of the vaccination campaign will run until the end of June and benefit 1.2 million Kenyans.

KMTC Board Chairperson Prof. Philip Kaloki, EBS, on March 25, 2021 led KMTC fraternity in receiving the COVID-19 vaccine at Portreitz Sub-County Hospital.

Prof. Kaloki encouraged all staff to get the jab noting that, "Getting the vaccine is not only the responsible thing to do but is also a way of protecting people around you, particularly the vulnerable groups."

He further urged KMTC staff to support the Government in curbing transmission of the virus by adhering to Infection Prevention Control measures put in place by the Ministry of Health.

Heeding to the call by the Chairperson, CEO Prof. Michael Kiptoo received his first dose of the Oxford-AstraZeneca Covid-19 vaccination at KMTC Nairobi.

While leading the Management team in receiving the vaccine, Prof. Kiptoo reiterated the importance of receiving the jab, noting that, "The vaccines have gone through rigorous clinical trials and are safe for use."

He added that: "By leading the way in being vaccinated, we instil confidence in Kenyans and lead the next phase of recovery for our communities."



Students receive Personal Protective Equipment from the Kenya COVID -19 Fund Board and EQUITY Group representatives

Students receive PPEs

KMTC has received surgical masks for use by final year students during their clinical practice.

The 500,000 masks were a donation from the Kenya Covid-19 Emergency Response Fund Board in partnership with the Equity Group Foundation. KMTC has 8,292 final year students who are currently undertaking their clinical practice in various health facilities across the country, ahead of their graduation this year.

The clinical practice involves actual medical services to patients thus the risk of exposure to COVID-19 is high.

Presiding over the handover ceremony held at the KMTC headquarters on February 9, 2021, Secretary to the Kenya Covid-19 Emergency Response Fund Board Kennedy Kihara said the masks will go along away in protecting frontline health workers against the Coronavirus as they serve in the various medical facilities across the country.

“Health care workers are our soldiers, and we have to equip them with protective gear so that they are not exposed to the virus” he said. “We will keep replenishing the face masks to ensure our students are safeguarded as they complete their training and thereafter join the health sector to bridge the human resource for health gaps not only in the country but also internationally, he added.

He acknowledged the College’s contribution towards the management of COVID-19 by providing its facilities for use as quarantine and isolation facilities.



KMTC CEO Prof. Michael Kiptoo (right), Equity Bank Group Chairperson Prof. Isaac Macharia (Centre) and Equity Chief Commercial Officer Mr. Polycarp Igathe during the handing over of Personal Protective Equipment

Equity Group is determined to offer solutions to frontline healthcare workers who are the only clear, strongest, leverage and intervention in tackling the COVID-19

Equity Group Board Chair and Chair of the Health Technical Committee, Prof. Isaac Macharia commended the College's key role in supporting the Government achieve Universal Health Coverage by training skilled healthcare workers.

>

"KMTC is a major cog in the wheels of health-care service delivery in the country, therefore the masks will complement

its mandate of producing competent workforce for the health sector" he said.

He added that the collaboration will extend beyond COVID-19 and affirmed that KMTC students are welcome to use the Equity Afia Clinics as their training and incubation centres during clinical practice and when they complete their training.

Representing the KMTC Board Chairperson, Board Director Dr. Martin Sirengo said the COVID-19 epidemic has presented unique challenges whose negative effects can only be mitigated by collective effort.

He therefore thanked the Equity Group and the COVID-19 Fund Board for the donation "which will benefit over 8,000 final year students, who will upon their graduation undoubtedly propel the country towards the attainment of specific health-related targets, including management of emerging and re-emerging diseases".

On the other hand, Equity Group Chief Commercial Officer Polycarp Igathe said, Equity is ready to collaborate with KMTC to enhance healthcare service delivery, provide solutions and response to the management of the COVID-19 pandemic.

He commended the College's extensive geographical distribution of 71 campuses across 43 out of the 47 counties in the country, thus representing the largest population of healthcare workers in the country. "KMTC is right on top in offering in-depth skilled training in the medical profession" he added.

KMTC CEO, Prof. Michael Kiptoo, said the donation of masks is timely, coming at a time when the Government had up-scaled efforts to protect medics, who are in the frontline in the fight against COVID-19. "The beneficiary Students are part and parcel of the medical personnel providing essential services in our health facilities", he noted.



Clinical Medicine Class Representative Mr. Asher Otiende gives a vote of thanks during the event

Numbers

500,000

masks were a donation from the Kenya Covid-19 Emergency Response Fund Board in partnership with the Equity Group Foundation

8292

Students to benefit from the masks donated by Equity Group

KMTC Deputy Director in charge of Finance, Planning and Administration Dr. Kelly Oluoch said since the onset of COVID-19 in the county, the College has been instrumental in supporting Government in the fight against the epidemic.

The College availed its 44 Campuses with a bed capacity of 3,397, which hosted 5,077 clients in quarantine and isolation.

“As part of efforts of giving back to society, KMTC conducted health education and promotion, donated hand washing facilities and provided mental health and psycho-social support, to mitigate against the effects of Coronavirus.

He welcomed the donation saying the surgical masks will make the students feel safe and protected as they serve and interact with patients in health facilities.

Speaking on behalf of students, Asher Otiende, who is studying Clinical Medicine and Surgery in KMTC Nairobi said, some students come from needy backgrounds and are financially challenged so they cannot afford protective gear.

“The surgical masks will help us finish our clinical exams well and offer much-needed protection as we execute our duties” he added.

The College is required to constitute an Institutional Liaison Committee mandated to receive and monitor distribution, proper usage as well as re-order PPEs to ensure the supply is consistently replenished for use by the Students.

>

As a strategic partner under the Ministry of Health, the College continues to partner with like-minded institutions to manage COVID-19, by availing requisite infrastructure and personnel.

College roars Back to Life as Students Report Back

Optimism and excitement. These two words summed up the mood of the first batch of KMTC 8000 final year students who physically reported to the College on 10th January 2021 to resume their learning

The second group of more than 30,000 first and second year students reported back on 18th January 2021.

The College offers training by combining 70 percent hands-on and 30 percent classroom-type training in its 71 Campuses spread across the country.

All students wore face masks, observed social distancing and adhered to the Ministry of Health and College guidelines, aimed at containing the spread of COVID-19.

KMTC CEO Prof. Michael Kiptoo emphasized that the College is putting the safety of learners, lecturers and staff first.

He reported that the College has partnered with various stakeholders to provide more accommodation facilities and learning space for the students.

“Some classes will have fewer and fewer students; others will be moved to other areas. We are simply becoming innovative in light of coronavirus which has presented us with challenges,” he said.

“Because of social distancing protocols, we are encouraging students to take advantage of this collaboration to secure accommodation outside the College,” he added.

“The College looks different from how it used to be. Everything has changed...no hugs, no hand greetings. But it is the new normal we will have to live with. We were eager to get back to College,” said a student.

At KMTC Nairobi Campus, first-year students accompanied by their guardians started streaming into the Campus compound as early as 6 am.



A section of 1st year students with their parents/guardians during reporting day



New students during admission day

> *For Elvis Oduor, a first-year student undertaking a Diploma in Health Records and Information, this day couldn't have arrived any sooner. "The wait for the College to physically reopen is finally over, and today marks the first day in my journey of becoming a health professional," the excited Oduor said.*

Having secured a chance in the September 2020 intake, Oduor, who hails from Busia County, started his journey from his home County at 6:30 am of the previous day to ensure nothing derailed his first day at KMTC Nairobi Campus.

The young Oduor, a second born in a family of five, says his dream of becoming a health professional was inspired by his father, who works in a hospital, and his elder sister, who is currently undertaking a Public Health Course in one of the public universities.

He is confident that after his graduation from the College, he will chart a career path that will enable him to accomplish his responsibilities.

Prior to reopening, the College undertook a sensitization on Covid-19 infection, prevention and control, psychosocial support, and the use of Personal Protective Equipment (PPEs).

Like many other learning institutions, physical classes were suspended in March 2020 after the COVID-19 pandemic hit the country.

The Government began gradual reopening of schools in October 2020, with learners in Grade 4, Standard 8, and Form 4 reporting back to class.

President Uhuru Kenyatta during the 57th Jamhuri Day celebrations on December 12, 2020, however, directed that all schools reopen in January 2021.

KMTC plays a key role towards enhancing the country's healthcare service delivery and making Universal Health Coverage a reality by producing competent workforce for the health sector.


KMTC holds its 6th Biennial Scientific Conference

KMTC has held its 6th Biennial Scientific Conference under the theme “Optimizing Training and Research towards Attainment of Universal Health Coverage in the wake of COVID-19.”

The three-day event, held at the KMTC headquarters in Nairobi from June 2nd to 4th, 2021, was dominated by calls to trainees to take up research.

Health Chief Administrative Secretary Dr. Rashid Aman presided over the official opening ceremony where he commended the College for its invaluable efforts in supporting the Government in the war against the pandemic.


“Conferences such as this provide a valuable opportunity for researchers, healthcare workers, educators, administrators, and policy-makers to share research findings and take stock of how far our health system, research, and development have evolved over the years,” Dr. Rashid said. “The knowledge to be shared will facilitate development of practical and evidence-informed processes to address the different issues faced by our country,” he added



**KENYA MEDICAL
TRAINING COLLEGE**
Training for Better Health

6th

KMTC Virtual Scientific Conference



THEME

Optimizing Training and Research Towards Attainment of Universal Health Coverage in the wake of COVID-19

Sub themes:	Abstract format:
1. Family Medicine 2. Public Health 3. Health Professional's Education 4. Non-Communicable Diseases 5. Nutrition and Health 6. Habilitation and Rehabilitation	Research papers Title, Author, Objectives, Design, Setting, Subjects, Main outcome measures, Results and Conclusion Programmatic papers Title, Author, Objectives, Design, Setting, Results, Lessons learnt and Conclusion

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A/C NO: **01003058521700**

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Follow the link below to register:
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Dr. Aman challenged students to take up research as a subject and career pathway, noting it has lucrative opportunities.

On his part, KMTC CEO Prof. Michael Kiptoo noted that since its inception in 2010, the Biennial Conference has continued to be a critical forum to share and exchange knowledge among participants on issues facing the health sector.

“The presentations will critically look at the challenges, and opportunities that COVID-19 presents to the health sector in general, and health training institutions in particular,” Prof. Kiptoo said in his opening remarks.

Amref International University, Dean Graduate Studies Dr. Alice Lakati gave the keynote address.

Those who made presentations during the event include Chief Administrative Secretary Dr. Mercy Mwangangi, who was represented by her technical advisor Mr. Hezron Omolo, Chief Medical Specialist, Head of Aids Control Unit (ACU) and Youth Centre, Kenyatta National Hospital Dr. David Bukusi and Family Physician, Baringo, Secretary-General World Organization for Family Physicians (WONCA) Africa Region, Dr. Joy Mugambi.

Majority of the presenters in this year's conference were Staff from KMTC, an indication of active involvement in search of knowledge, which is critical in a training institution.

>

The conference gave an opportunity to researchers to share their study findings with the participants. A total of 21 papers covering various topics were presented.

The sub-themes discussed included; Public Health, Health Professionals Education, Family Medicine, Non-Communicable Diseases, Rehabilitation and Nutrition and Health.



Chief Administrative Secretary
Dr. Rashid Aman during the conference

KMTC setting standards in E-learning



Seated; KMTC Deputy Director Academics Dr. Nyawira Mwangi (left), Kenya Utalii College Communications and Marketing Manager Ms. Tabitha Areba (right) flanked by a team of officers from KMTC and Utalii College

The College hosted a delegation from the Kenya Utalii College that was on a mission to benchmark on E-Learning.

Representing the Chief Executive Officer Prof. Michael Kiptoo, KMTC Deputy Director (Academics) Dr. Nyawira Mwangi held a meeting with the Utalii College E-learning committee at the College Headquarters in Nairobi on April 26, 2021.

The meeting provided an opportunity for information sharing between the two institutions with Dr. Nyawira

outlining experiences on the KMTC E-Learning journey, tools in use for delivery and development, personnel and departments involved, online teaching and learning modalities, as well as examinations.

>

“KMTC has invested in a robust ICT infrastructure which has ensured that students cover their course content, take exams and graduate as scheduled,” Dr. Nyawira reported.

Adding that: “With the sudden shift, away from the physical classroom in many parts of the world, a new hybrid model of education has already emerged, with significant benefits, and KMTC has taken full advantage of the opportunities arising from this.”

Communications and Marketing Manager at Kenya Utalii College, Ms. Tabitha Areba, said “KMTC is the best-placed institution to benchmark with, as a result of the successes the College has had in implementing E-learning.”

College Graduates **CHEWS** to Strengthen Primary Healthcare Provision



MoH's Dr. Simon Kibias (3rd left), KMTCC Board Chairperson Prof. Philip Kaloki (2nd left), CEO Prof. Michael Kiptoo (3rd right) and USAID's Dr. Janet Muriuki with the graduates' representatives

The College, in a graduation ceremony held on April 14, 2021, released 58 Community Health Extension Workers (CHEWS) into the health sector.

Speaking when he presided over the event, Head of Directorate - Health Standard Quality Assurance and Regulations Dr. Simon Kibias, commended the Graduates for successfully undergoing the rigorous training programme which is tailored to support the Universal Health Coverage (UHC) under the President's Big 4 Agenda.

"I am glad that KMTCC, with the support of the Ministry of Health (MoH), has forged strategic partnerships with County Governments and development partners such as USAID," Dr. Kibias said, adding, "These inter-sectoral collaborations are key in addressing the social determinants of health by building the capacity of health workers."

Dr. Kibias appreciated the USAID funded HRH Kenya Mechanism for sponsoring the training and for its sus-

tained efforts towards strengthening the Kenyan health systems.

On the other hand, KMTCC Board Chairperson Prof. Philip Kaloki noted that now more than ever, as the world increasingly becomes focused on the achievement of 100 percent UHC, Community health workers have been touted as the foundation of a good health system.

"In line with this, CHEWs are increasingly being utilized to alleviate the shortage of human resources for health, particularly in the delivery of interventions for maternal and child health," he added.

Meanwhile, KMTCC CEO Prof. Michael Kiptoo reported that to bridge the gap in healthcare workers, the College developed a CHEW training curriculum in 2017, geared towards providing a harmonized foundation for all health cadres involved in delivery of Kenya essential Package for Health at community level.

Research Activities



Students during training

The College has committed to undertake various research activities in a bid to drive innovative national policies towards coordinated Health response and enhance delivery of its training, research and consultancy mandate. This is especially critical with the emergence of global pandemics such as the COVID-19, that continually arise in the dynamic health sector. Recognizing that research and training are a key component of scaling up services, the College is leveraging on its internal capacity to engage global counterparts, developers and manufacturers to strengthen research ability. Towards these efforts, the Board has continued to allocate funds to encourage uptake of research activities. In the period under review, the College published 14 research studies, while four were conducted and eight approved for funding.

The following fourteen (14) research studies were published:

1. Influence of Socio Demographic Characteristics on Management of Type II Diabetes Melitus among Diabetic Clients in Nyandarua South sub County, Kenya: by Mule, J. and Muoki, F.M. International Journal of Science and Research archive (IJSRA) WWW.IJSRA.NET article no. IJSRA – 0013 February 2021.
2. Assessment of Adherence to Covid-19 Prevention Protocols by Auxiliary Health Personnel at Kenya Medical Training College Quarantine Centres: by Mukonzo, J. et al International Journal of Science and Research Publications, Vol 11, Issue 1, ISSN 2250-3153 http://dx.doi.org/10.29322/ij_SRP.11.01.2021_p10930 January 2021.



Students in a library

3. Determinants of Nutrition Status in Children Aged 6-59 Months, in Kiandutu Informal Settlement, Thika, Kenya: by Rachael Ireri, International Journal of Food Science and Nutrition ISSN: 2455-4898; Impact Factor: RJIF 5.14 www.foodsciencejournal.com Volume 5; Issue 6; 2020; Page No. 120-127 November 2020.
4. Medicinal Plants Used in Managing Diseases of the Respiratory Systems among the Luo Community; An Appraisal of Kisumu Esat Sub-County, Kenya: by Mailu, J.K. et al <https://doi.org/10.1186/s13020-020-00374-2> 20 September 2020.
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11. Measuring the Extent of Compliance to Standard Operating Procedures for Documentation Of Medical Records, by Health Care Workers in Kenya: by Amoit, D. Public Health Research p-ISSN: 2167-7263 e-ISSN: 2167-7247 2020; 10(2): 78-86 doi:10.5923/j.phr.20201002.06 October 2020.
12. College Conversion into COVID-19 Quarantine Centre: Readiness of Students to go back to College: by Mwende, R., et al Published by Journal of Education and Practice. Vol 6. No. 4 pp 64 – 74, January 2021.
13. The Association of Socio-demographic and economic Characteristics with Adverse Pregnancy and Foetal Outcomes among HIV Positive Pregnant Women receiving Anti-retroviral Therapy in Public Hospitals, Nairobi Kenya: by Muthuka, J.K., et.al East African Medical Journal Vol 97 Issue no 12, December 2020.
14. Risk Factors for Adverse Pregnancy Events with HIV Immune Reconstitution Syndrome among ART naïve Pregnant Women of Reproductive Age in Selected Hospitals in Nairobi, Kenya: by Muthuka, J.K., et.al East African Medical Journal Vol 97 Issue no 11, November 2020.

The following four (4) research studies were conducted:

1. Factors affecting students Assessments Performance: Case of Kenya Medical Training College: by Collins, M. O., et al.
2. Pattern and practices of Self Medication during Covid-19 Pandemic in Urban Settings, Kenya: by Mutua, C.M.
3. Experiences of Front-Line Workers in Quarantine Sites for COVID-19 in Kenya: A Qualitative Study: by Oruko K. O.et.al.
4. Epidemiological Model investigating the Correlation between Pregnancy Status and Severe Cytokine Storm: A systematic review and meta-analysis study: by Muthuka, J. K., Barasa, S.O and Muchiri, F.

The following Eight (8) research studies were approved for funding:

1. Factors Contributing to Job Satisfaction among Academic Staff in Kenya Medical Training College; A Case Study of Lower Eastern Campuses: by Muange, T. and Kitolo, S.
2. Prevalence and Knowledge of Cardiovascular Risk Factors among Kenya Medical Training College Staff in the Coast Region: by Kiarie, E. and Mbogo, R.
3. Challenges Facing Uptake of Blended Learning Among Students in Kenya Medical Training College: by Tibi, G. et al.
4. Psychological Aspects of Trauma and Coping Mechanisms In Relation To Covid-19 among Health Care Workers in Nandi: by Mwangi, M. et al.
5. Barriers to Utilization of Online Learning by First Year Nursing Students at Selected Kenya Medical Training College Campuses: by Ndura, E. and Sitati, G.
6. Implementation of E-Learning among Faculty and Students during Covid-19 Period at Kenya Medical Training College Campuses: by Kaloki, L. and Kioko, U.
7. Knowledge, Attitude and Practices on Use and Disposal of Single use Face Masks among Urban Slum Populations in Nairobi Kenya Masks: by Muthuka, J. and Oluoch, K.
8. Effect of Good Laboratory Practice Training on Quality of Laboratory Results: A Case of Embu and Kiambu County: by Njue, M. L. et al.

KMTC Research Webinar Series

The KMTC Research Webinar Series is a monthly online interactive session that aims at improving research skills among KMTC faculty and the public. The series began in January 2021 and so far, 11 online webinars on various research topics have been held. The organizers of the series have been keen to invite various experienced professional from different organizations to share their experiences in various aspects of research. The series have attracted a loyal following of faculty and members of the public who find it valuable to their work and development. The webinar series are moderated by KMTC staff.

> Webinar 1

Research Course 2: Use of microsoft word for research writing

Date: 25th January 2021

Time: 4:30 to 6:30 pm

> Webinar 2

Research Course 3: Finding, reading, and interpreting a research paper

Date: 26th February 2021

Time: 6:30 pm to 8:30 pm

> Webinar 3

Research Course 4: - Steps for publishing research work

Date: 31st March 2021

Time: 6:30 to 8: 30 pm

> Webinar 4

Research Course 5: - Use of data to improve practice

Date: 29th April 2021

Time: 5:00 to 7:00 pm

> Webinar 5

Research Course 8: Making use of data software for citation and referencing

Date: 30th June 2021

Time: 5:00 to 7:00 pm

College eyes **partnership** with Safaricom Plc to expand E-Learning



KMTCC Deputy Director Finance, Planning and Administration (seated center) during a partnership meeting with a delegation from Safaricom Plc. and Valley Land Shelters & Properties Ltd.

The College is eyeing a new strategic partnership with Safaricom Plc to expand access to eLearning.

In a meeting held on June 16, 2021 at the KMTCC headquarters, the College said it is seeking to expand sponsorship opportunities for students.

Through this collaboration, Safaricom Plc will supply students with subsidized computer laptops on credit.

“Access to training materials remains a challenge for many trainees. We are particularly keen on providing students with subsidized laptops to enable them to access eLearning platforms,” said KMTCC CEO Prof. Michael Kiptoo.

“We greatly value any form of partnership that will bridge the ‘technology divide’ among students by making it easy for them to acquire these gadgets without incurring additional costs in interests,” he added.

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The College has invested heavily in eLearning to complement its face-to-face teaching and learning methods.

During the meeting, the College provided a list of possible collaboration areas including the provision of subsidized mobile data bundles to support learning.

“The issues of subsidized bundles and health management solutions are equally very important for us,” said Prof. Kiptoo.

Senior Manager, Dealer Management at Safaricom Plc Mr. Charles Munyoro reiterated their commitment to exploring partnership opportunities with the College.

He noted that the company has numerous solutions in mobile data, bulk messaging, medical data management among others which can be tapped into.

Deputy Director (Finance, Planning, and Administration), Dr. Kelly Oluoch noted that the College is witnessing growth and such collaborations will go a long way in bridging health gaps in the country.

Corporation Secretary Dr. Miriam Muthoka welcomed the partnership and said that KMTCC will further engage Safaricom Plc to support the College’s corporate social responsibility initiatives.

KMTC Students Biggest beneficiary of Afya Elimu Fund



From L- R; KMTC CEO Prof. Michael Kiptoo, MoH Directorate of Health services Dr. Kigen Bartilol, HELB CEO Mr. Charles Ringera, Intrahealth International Country Director Dr. Janet Muriuki, USAID Mission Director Ms. Heather Schildge, Johnson & Johnson Director Global Community for Sub Sahara Africa Antony Gitau and CEO KCB Foundation Caroline Kihara during a breakfast meeting in Nairobi

The College is the biggest beneficiary of the Afya Elimu Fund (AEF), receiving 80 percent of the annual allocation, which has benefitted over 28,000 students, KMTC CEO Prof. Michael Kiptoo has said.

The CEO was speaking on May 19th, 2021 during a breakfast meeting organized by IntraHealth in Nairobi.

The meeting themed 'Celebration of AEF success stories and a call to action for new partners towards sustainable, resilient, and inclusive AEF'

sought to take stock of the successes achieved by the fund as it transitions fully to the Higher Education Loans Board (HELB).

As at December 31st, 2020, AEF had supported 35,895 students to a tune of USD 25.8 million, with HELB contributing 79.5 percent and USAID contributing 18.32 percent.

Out of the total AEF beneficiaries, 11,878 students have graduated, and 3,983 are employed and available to support

the provision of health services, including HIV prevention, care, treatment, and reproductive, maternal, neonatal child, as well as adolescent health.

Prof. Kiptoo later joined a panel discussion on resource mobilization and sustainability of AEF following the winding up of USAID's funding and reduction of the Government capitation fund.



Mr. Boniface Momanyi, a KMTCC alumna during the event

He gave an assurance noting that, “KMTCC will continue to redouble its efforts in resource mobilization to meet the growing demand of College fees.”

The event was presided over by the Ministry of Health’s Directorate of Health Services Dr. Kigen Bartilol who commended the fund as being key in ensuring all Kenyans get access to quality healthcare.

“I implore all partners to come on board and support the fund,” he said.

Deputy Mission Director, USAID Kenya and East Africa, Ms. Heather Schildge lauded the fund, noting, “The beneficiaries will contribute to

the national growth through saving and improving quality of life for Kenyans, improving their own lives, and those of their families.”

The benefits are multi-fold, and this is what USAID is all about.

Afya Elimu Fund was introduced in 2013 in a bid to support students in medical training institutions obtain loans that will support them in completing their respective training in various health courses.

Story from beneficiary

Mr. Boniface Momanyi, a KMTCC alumna and beneficiary of the fund, thanked the College for availing the resources, noting it is through the fund that he was able to complete his training.

“AEF took a huge burden off my shoulders, alleviated my fee-related stress, enabling me to concentrate on my studies,” he said. Currently working as a Nurse in Kirinyaga County, Mr. Momanyi graduated in 2018 with a Diploma in Kenya Registered Community Health Nursing.



UNFPA Program Coordinator Dr. Isaak Bashir (2nd left) during the handing over of obstetric newborn care equipment to the Academic Registrar Dr. Lucy Waweru (3rd left).

Big boost for learners as UK Government **Donates** Emergency Obstetric & New Born Care Equipment

The College has received emergency obstetric & newborn care equipment from the UK Government and Liverpool School of Tropical Medicine (LSTM) to enhance teaching and learning.

The equipment was handed over to the College by Dr. Issak Bashir, the Program Coordinator at UNFPA, on March 25, 2021.

While delivering the donation, Dr. Issak said the equipment will go a long way in training competent health professionals to serve both local and international markets.

"I am confident that the training offered in the College is competitive on a global platform and that this equipment will enhance it," he said.

Academic Registrar Dr. Lucy Waweru who received the equipment on behalf of the CEO Prof. Michael Kiptoo appreciated the continued support from LSTM and UK government, noting that the equipment will enhance the College's mandate of producing competent health professionals who can compete globally.

In addition, the equipment will boost training in emergency maternal and new-born care for improved outcomes.

College Receives Nebulization Stations



Deputy Director-Academics Dr. Nyawira Mwangi (right) receives Nebulization Station equipment from AstraZeneca Pharmaceuticals' President African Region, Ms. Barbra Nell (left)

KMTC has received two nebulization stations from AstraZeneca Pharmaceuticals Ltd African Region in partnership with the Ministry of Health and Respiratory Society of Kenya in support of asthma care and training.

Presenting the donation to the College on April 25, 2021, AstraZeneca Pharmaceuticals President African Region, Ms. Barbra Nell undertook to donate more nebulization stations for use across KMTC Campuses.

“Our collaboration with KMTC was a strategic choice in consideration of the College’s position in the training of health professionals and will be important for redefining asthma care in the country” she added.

She said the donation is part of Africa Pumua Initiative focusing on redefining African care paediatric and adult asthma care.

KMTC Deputy Director-Academics Dr. Nyawira Mwangi, representing the CEO Prof. Michael Kiptoo, said the College is committed in its mandate to train health workers to strengthen health systems in managing diseases within communities. She thanked AstraZeneca for choosing KMTC as a key partner in asthma care and management.

The nebulization stations will enhance training of KMTC Students especially in Nursing who play a key role in care and management of asthma.

Kshs 130 Million Pumped into KMTC Isiolo to Spur Growth

KMTC Board Directors accompanied by Isiolo County Health officials and KMTC Senior Managers during a visit to Isiolo Campus to inspect construction progress of Hostels

The County Government of Isiolo and Isiolo National Government Constituency Development Fund (NG-CDF) have pledged to continue supporting growth KMTC Isiolo. So far the two entities have supported the establishment, subsequent growth and equipping of the Campus, all at an approximate cost of Kshs 130 million.

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A 216-student capacity hostel built by the County Government is almost complete.

The KMTC Board has in the recent past embarked on a transformative expansion agenda aimed at equipping its Campuses across the country towards achievement of its mandate of training competent professionals for the health sector.

KMTC Chuka Campus Gets **New Home**



Board Chairperson, Prof. Philip Kaloki (2nd right), Board Directors, and Chuka Campus Principal Mr. Samwel Ndukanio during a visit to the Chuka Campus construction site



Tharaka Nithi County Governor Hon. Muthomi Njuki (right), Board Chairperson, Prof. Philip Kaloki (2nd right), Board Directors Mr. Fred Wamwaki and Mithamo Muchiri during a courtesy call to the Governor

As KMTC Chuka Campus is getting prepared to move from Chuka University into its own premises, Tharaka Nithi Governor Hon. Muthomi Njuki on January 25, 2021 exuded confidence that construction work will be completed in good time.

The newly built KMTC Chuka Campus – has risen from the ground at great speed, stirring excitement amongst students.

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KMTC Chuka Campus was established in 2015 within Chuka University premises.

While addressing a delegation of the KMTC team, led by Board Chairperson Prof. Philip Kaloki, Governor Njuki reiterated his commitment to speeding the project.

“We are putting up a five-story building, and we have done the first three floors. We aim to finish it by year-end. The investment is part of an allocation worth Kshs 121 million, for improving health training in the county,” he said.

The new space will make it possible to grow the Campus to greater heights.

He revealed that the project is being built on a five-acre land, noting that

more land will progressively be allocated for the project.

The Governor noted that KMTC remains a major development partner, and hosting the institution will remarkably boost the county’s health sector.

Prof. Kaloki thanked the Governor for his support towards the project, noting that the county will benefit in many ways.

He said the project will open up the region economically as students will require accommodation facilities and other utilities.

Kuria Tuition Complex Comissioned



A section of Kuria Campus tuition block

The College CEO Prof. Michael Kiptoo on June 10, 2021 commissioned a Kshs 50 million tuition block for Kuria Campus.

Speaking during the event, the CEO lauded the partnership between the College and Kuria West National Government Constituency Development Fund (NG-CDF) as a precursor of development which the Campus is currently enjoying.

“Through the fund, we constructed the first classrooms, which currently hosts 500 students,” he reported.

Prof. Kiptoo appreciated Kuria West MP Hon. Matthias Robi, who was represented by Kuria West NG-CDF Chairman, Mr. Joseph Mwita, noting that “without your tremendous generosity and commitment from the very beginning, this Campus would not be where it is today.”

The CEO further acknowledged the immeasurable support from the Migori County Government, led by Governor Okoth Obado, who was represented by the County Executive Committee Member for Water and Energy Ms. Rebecca Ghati.

In addition to donating land where the Campus stands, the County Government provided previously constructed buildings, which were refurbished into administration blocks and hostels.

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The event also saw a borehole handed over to KMTC Kuria.

“This facility will provide clean water for the Campus, Kehancha Sub-County Hospital, and the community,” the CEO said.

On her part, Ms. Ghati reiterated the County Government’s commitment to developing the Campus into a world-class training institution.

The Officer in charge of Kehancha Sub-County Hospital, Dr. Evans Omondi, encouraged the students to work hard in their studies, assuring them that their hard work would eventually off.

Those present during the event included Kuria Campus Project Management Committee Members, Kuria West NG-CDF officials, and local leaders.

Others were KMTC Managers, Principals from the region, and students from Kuria Campus.



CEO Prof. Michael Kiptoo and Kuria Campus Principal (left) during the commissioning of a borehole at KMTC Kuria Campus

College **Spreads** Wings to Marsabit County



Marsabit County Governor. Hon Mohamed Ali (left), Board Chairperson, Prof. Philip Kaloki (right) during a visit to the proposed Marsabit KMTB Campus construction site

The Kshs 280 million Campus being built in Marsabit County, is putting in place plans to receive its first batch of students.

This was agreed during a consultative meeting held on March 12, 2021 between KMTB Board of Directors, led by Chairperson Prof. Philip Kaloki, EBS and the County Governor Hon. Muhamud Ali in Marsabit town.

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The new Campus, is at 92 percent completion, in readiness to open doors to receive trainees. The College currently has 71 Campuses in 43 of the 47 Counties.

It is projected that KMTB Marsabit, the first of its kind in the county, will start with three courses namely; Foundation course in Community Health, Health Records and Information as well as Certificate in Community Health Assistant, Prof. Kaloki said.

The Governor committed his full support towards making the Campus fully operational, including purchasing a bus, a utility vehicle, library books, adequate furniture, and other teaching and learning equipment.

The County has set aside more land for expansion of the Campus, said the governor .

New Entrant into the KMTC Family to Boost Health Training Opportunities in the Country



Rt. Hon Raila Amolo Odinga (3rd left), MP Ugunja Constituency Hon. Opiyo Wandayi (2nd left) and Board Chairperson Prof. Philip Kaloki EBS, (left) during the commissioning of the proposed KMTC Ugunja

Training opportunities for qualified applicants have received a major boost following the commissioning of KMTC Ugunja, a proposed satellite Campus of KMTC Siaya. The first phase of the new Campus has been funded by the Ugunja NG-CDF to a tune of 31.5 million.

The College also received a bus valued at Kshs 7 million and a title deed for the land on which the Campus sits.

Commissioning the Campus on February 26, 2021, Chief Guest Rt. Hon Raila Odinga noted that it will serve to progress the National agenda on Integration and National Cohesion, through enrolment of students from different parts of the country.

“I urge both levels of Government to support KMTC with adequate resources to ensure that the stream of

invaluable healthcare workers does not dry off,” Hon. Raila Said. He expressed confidence that the students would make the most of the opportunity availed to them and continue to access quality health training.

KMTC Board Chairperson Prof. Philip Kaloki, noted that as an institution, the College remains committed to supporting the Government’s agenda of producing qualified

health workers in line with the Universal Health Coverage (UHC) agenda.

In line with this, Prof. Kaloki was happy to report that the College’s strategy of taking health training closer to the people has yielded fruits, with an increased pool of competent health professionals for Counties to pick from.

Ugunja Member of Parliament Hon. Opiyo Wandayi termed the day a momentous one as a long held



A section of KMTC Ugunjaa



Board Chairperson Prof. Philip Kaloki (left), being received by the area community leaders on arrival at the Campus

Board Chairperson Prof. Philip Kaloki (4th right) with a section of area leaders

dream had finally come to pass. He promised further support to the Campus to ensure its sustainability and growth.

Siaya County Governor Hon. Cornel Rasanga reported that his Government is on the frontline in ensuring the growth of KMTC Campuses in the County. He observed that the County was in the process of funding construction of four classrooms and a laboratory at KMTC Rera.

According to Prof. Kaloki, the new Campus would soon open its doors, making it the sixth KMTC Campus in the County. Others are Siaya, Bondo, Rera, Ugenya and Masita (Bondo Campus annex)

The Board Chairperson was accompanied by KMTC Board Directors and senior College staff.

The ceremony was also attended by several Members of Parliament and area residents.

KMTC Continues to Attract big Investment: State-Of-the-Art Proposed Navakholo Campus Launched

The College has in the recent past attracted strategic partnerships, recording massive investment and growth in infrastructure.



A section of KMTC Navakholo

The College on February 10, 2021 obtained Kshs 98 million in land, assets, and scholarships, collectively from Navakholo National Government Constituency Development Fund (NG-CDF).

“We are receiving a state-of-the-art Navakholo Campus, thus increasing the capacity of our training facilities.

The College’s foray into health workforce development is expanding, with the multi-million investments by county governments, NG-CDF, and other development partners.

“Our rapid growth is not just about bringing in more revenue. It is about meeting global demand of producing a competent health workforce,” said Prof. Kaloki.

Navakholo MP Hon. Emmanuel Wangwe is banking on the Campus to improve the community’s health services and create jobs in the region.

“We have seen some residents erecting accommodation facilities around the Campus, away ahead of the opening. We are looking into more investment and business opportunities for our people,” he said.

Statistics indicate that out of the estimated global health workforce shortage of 14.5 million required for Universal Health Coverage (UHC) and SDGs. African Region has the most severe health workforce shortage, estimated to reach 6.1 million by 2030.

The College remains one of the largest net exporters of the health workforce, with its graduates working in many African countries, in the U.S.A Canada, and the European Union.

Board Commissions Kshs 112 million Teso Satellite Campus, More than 100 Scholarships Awarded

KMTC Board Chairperson Prof. Philip Kaloki on February 8, 2021, commissioned the newly built Kshs 112 million proposed Teso Campus.

In the works since July last year, the ultramodern facility is expected to admit its first students as early as the next academic year, which begins in March.

The Campus is the first tertiary institution in Kocholya, and was constructed with funds from the Teso North National Government Constituency Development Fund (NG-CDF).

“The new facility will feature classrooms, skills laboratory, and an administration block,” said Prof. Kaloki.

Prof. Kaloki revealed that NG-CDF, through MP Oku Kaunya, has committed to sponsor over 100 students in the Campus.

The facility will provide more learning space for students as well as employment opportunities for the locals.



KMTC Board Chairperson, Prof. Philip Kaloki (3rd right), area MP, Hon. Oku Kaunya (left) Busia County and Teso North NG-CDF officials during the commissioning of Teso Campus



KMTC Board Directors, area Mp. Hon. Kaunya, Busia County and Teso North NG-CDF officials during a visit

Busia County Governor Sospeter Ojaamong welcomed the project, saying it will go a long way in strengthening the county's health-care systems.

“We have embarked on equipping our health facilities in readiness for the opening of the Campus,” he said.

The ceremony was marked with pomp and color as hundreds of area residents turned up to witness the occasion.

College gets Kshs 79 million, 27.5 acres of land, Implementing Big Construction Plans

The first phase of Kshs 79 million of the proposed KMTC Tigania and Kangeta Campuses has officially commenced. The College Board of Directors has forged ahead with big construction plans to expand its facilities to provide world-class training for its students.



Board Chairperson, Prof. Philip Kaloki (6th left), Tigania area MP Hon. Dr. Kanyuithia Mutunga (4th right), Board Directors, Management, County Health Officers and the NG-CDF officials during the unveiling of a tuition block at the proposed Igembe-Miathene KMTC Campus

Seeing work start on the two sites when the Board toured the proposed Campus on January 21, 2021 reminded Board Chairperson Prof. Philip Kaloki of the College's mission – “producing competent health professionals through training and research, and provide consultancy services.”

“We are particularly happy seeing our partners erect such magnificent structures. It is a clear indication that they are committed to Government's Big 4 agenda on health,” he said while touring the projects.

The Meru County Government, Tigania West Constituency, Igembe

Central Constituency, and KMTC have joined hands to produce qualified health professionals in the county.

At Tigania, the area MP Hon. Dr. Kanyuithia Mutunga is rushing against time to complete construction work ahead of the next intake.

“Both NG-CDF and County Government are spending Kshs 20 million to put up five classrooms and renovating others. We are also erecting other facilities like skills laboratory, administration block, ablution blocks, among others,” he said.

The Legislator revealed that the Campus is being constructed on a 22-acre piece of land.

At Igembe, where construction work kicked off recently, the area MP. Hon. Kubai Kiringo noted that the residents are already constructing accommodation and other business facilities in readiness for the Campus.

“My constituents are aware of the big business that will come with this College. They are getting ready to tap into this business opportunity,” he said.

Proposed Maua Campus Nearing Completion

Board Chairperson, Prof. Philip Kaloki (3rd right), area MP. Hon. John Paul Mwirigi (2nd left), KMTC Management, County Health officers and NG-CDF officials during a visit to the proposed Campus

The first phase of Kshs 60 million proposed KMTC Maua Campus is nearing completion, said KMTC Board Chairperson Prof. Philip Kaloki.

Prof. Kaloki who visited the area on January 20, 2021 to inspect the progress said that 60% of the construction work has been completed.

“As a training arm of the Government, we are ready to open the facility as it meets our requirements. We are happy with the progress made so far and we commend partners involved for the good work,” he said.

Prof. Kaloki revealed that President Uhuru Kenyatta and Health Cabinet Secretary Senator Mutahi Kagwe, EGH, have endorsed the expansions.

“We are in constant communication, particularly with Senator Kag-

we, and we will invite him to open the Campus when its ready,” he reported.

The National Government Constituency Development Fund (NG-CDF), Meru County Government, and KMTC have joined forces to produce qualified health professionals in the country in-line with Government's Big 4 Agenda.

The NG-CDF, through the efforts of Igembe South MP Hon. John Paul Mwirigi had released an initial Kshs 25 million for the project.

“With this, we have put up six classrooms, an administration block, and a library. Abolition block is under construction,” he said.

“In this financial year, we have allocated an additional Kshs 25 million for the expansion of the facility,” he added.

Hon. Mwirigi noted that the College, being the first of its kind in the region, will greatly improve the education standards of its constituents.

He, however, called residents to tap into hostel business by providing accommodation facilities for the students.

Meru County Government, through Governor Kiraitu Murungi, on the other hand, has set aside Kshs 10 million towards putting up six more classrooms.

The Board ups its game in resource mobilization: Campus gets 96 million funding



Board Chairperson Prof. Philip Kaloki (3rd right), area MP Hon. Kathuri Murungi (2nd right), Meru CECM Meshack Mutuma (2nd left) and Chief of Staff Gideon Kimanathi (3rd left) during a visit to Imenti Campus

A big boost for KMTC Imenti as area MP Hon. Kathuri Murungi allocates Kshs 18 million towards the expansion of the Campus

Meru County Governor Hon. Kiraitu Murungi, in recent months also injected Kshs 70 million for the construction of the institution.

Speaking on January 19, 2021, during a tour of the facility by the College Board of Directors, led by Chairperson, Prof. Philip Kaloki, EBS, Hon. Murungi said the funding will finance the construction of five additional classrooms.

“We are committed to increase learning opportunities for Students. Previously, we had allocated Kshs 6 million, and we will progressively increase that allocation to ensure the Campus is well equipped,” he said.

Prof. Kaloki while thanking both the county and NG-CDF, reiterated College's commitment to mobilizing resources to equip and provide quality training for students.

“As a health training institution, our priority is to offer quality education. We have heavily invested in skilled lecturers and skills laboratory to ensure our training meets global standards,” he said.

Kshs 81 million Shianda Satellite Campus Handed Over



Board Chairperson, Prof. Philip Kaloki (right), Board Directors Mr. Fred Wamwaki (3rd left), Ms. Ruth Okowa (left), Registrar Dr. Lucy Waweru (2nd left) with Mumias East NG-CDF officials during the handover ceremony.

The College is intentional in its efforts to provide alternative career training opportunities in health to form four leavers.

In 2019 alone, more than 500, 000 students who sat for their Kenya Certificate of Secondary Education (KCSE) missed out on university enrolment, according to data by the Ministry of Education.

“Over the last five years, we have increased our Campuses to 71, strategically located in 43 out of 47 counties in the country offering 18 programmes with 76 medical courses. We are focused on building an efficient health workforce to

meet global demand,” said College Board Chairperson Prof. Philip Kaloki.

Prof. Kaloki was speaking during a handover of the proposed Kshs 81 million Shianda satellite Campus on February 9, 2021 by Mumias East National Government Constituency Development Fund (NG-CDF) officials.

Taking Campuses closer to people is beneficial especially for low-income families since their cost of accommodation will be lowered as students can commute from home.

Prof. Kaloki noted that the state-of-the-art facility will provide a conducive learning environment for students and employment opportunities to thousands of area residents.

The handover marks over two years of construction works, courtesy of area MP Hon. Benjamin Washiali.

KMTC contributes over 85% of the local middle-level human resources for the health sector, with other graduates employed in many African countries and in the U.S.A Canada, and the European Union.

The College plays a key role in supporting the Government’s Universal Health Coverage agenda by producing a competent workforce to bridge the Human Resources for Health gaps in the country.

Studies predict that, by 2030, global demand for health workers will rise to 80 million workers. This rising demand will be occasioned by population growth.

KMTC holds a Free Medical Camp in Taita Taveta County



A KMTC student
attends to a patient

The College held a free medical camp at KMTC Taveta Campus in Taveta Constituency, Taita Taveta County, from 22nd to 24th June, 2021.

While officially opening the event, Taita Taveta Governor Hon. Granton Samboja termed the medical camp a timely gift for the people of the area and the county.

He noted that the county has in the recent past recorded rising cases of sickle cell anaemia and haemophilia.

“We urge KMTC to partner with the County to research effective preventive methods for these diseases,” he said

in a speech read on his behalf by County Chief Officer of Health Ms. Philomena Kirote.

The Governor urged residents to take advantage of the training opportunities available in the two KMTC Campuses in the County, Taveta and Voi, to empower their children, who will in turn support the county in strengthening its healthcare systems.

KMTC CEO Prof. Michael Kiptoo assured that: “in addition to our training mandate, KMTC commits to continually complement Government effort of reducing the spread of preventable diseases.”



**KMTC Nairobi
Head of Health
Services Dr.
Kennedy Rateng
attends to a
patient during
the medical camp**



**KMTC Students
attend to
patients during
the medical camp**

Prof. Kiptoo revealed that the College continues to attach students to rural health facilities, a move aimed at reducing the burden of treatment emanating from late disease diagnosis.

Taveta Constituency MP Hon. Dr. Naomi Shaban encouraged residents to seek regular medical check-ups, stating that it can help spot potential health issues before they pose serious risks.

She hailed the partnership between KMTC and her constituency, noting that it has brought healthcare services closer to the community. KMTC Taveta Campus was con-

structed with the support from the Taveta NG-CDF, under the leadership of Hon. Dr. Shaban.

The event, saw a range of medical services such as cervical and prostate cancer screening, COVID-19 testing, HIV/AIDS and malaria screening, nutritional assessment, oral, and psycho-social support offered.

The free medical camp was sponsored by Taita Taveta County Government, Kenya Medical Research Institute (KEMRI), National Division for Malaria Prevention, Colgate Palmolive, and the Taveta Sub-County Hospital.

KMTC plants 1000 trees to mark World Environment Day

The College CEO Prof. Michael Kiptoo on June 4, 2021, led Management, Staff, and Nairobi Campus Students in planting 1000 tree seedlings at **Kibiko forest in Ngong.**



CEO Prof. Michael Kiptoo (right), KFS Head of Conservation in Nairobi
Mr. Francis Kariuki (left), KMTC Management, Staff and Nairobi Campus
students during a tree planting exercise at Kibiko forest Ngong



CEO Prof. Michael Kiptoo (Centre), Deputy Director Finance, Planning and Administration Dr. Kelly Oluoch (left), KFS head of Conservation in Nairobi Mr. Francis Kariuki (2nd left) KMTCC Management, Staff and Students at Ngong Forest

Prof. Kiptoo observed that environmental conservation forms part of public health which the College is committed to, and as a result, offers training courses along this line.

“KMTCC has joined hands in accelerating the achievement of the Constitutional target of 10 percent tree cover of the national land area as provided under Article 69 (1),” he said. “We join the world in commemorating this year’s World Environment Day,” the CEO added.

Representing the Kenya Forest Service (KFS) Director, Head of Conservation in Nairobi Mr. Francis Kariuki, lauded the College for partnering with them to advance environmental conservation. “Through partnerships, such as the one with KMTCC, KFS will be able to accelerate the 10 percent tree cover by next year, as envisioned by the Government.”

KMTCC Deputy Director (Finance, Planning, and Administration) Dr. Kelly Oluoch said in addition to the College’s core mandate of training competent health professionals, KMTCC is committed to taking care of the environment.

“If our efforts in environmental conservation are replicated in our 71 Campuses countrywide, KMTCC will make a key contribution in restoring nature, to keep Kenya breathing,” Dr. Kelly said.

Corporation Secretary and Chairperson of the College’s Corporate Social Responsibility (CSR) Committee Dr. Miriam Muthoka noted that: “As the world commemorates the World Environment Day, we at the College take the earliest opportunity to make our contribution by way of planting trees.

She affirmed that the College has laid a path and worked together with KFS to develop a framework for collaboration to maintain and sustain the trees planted.

World Environment Day is the United Nations Day for encouraging worldwide awareness and action to protect our environment commemorated on June 5th annually.

This year’s theme is ‘ecosystem restoration’, which focuses on resetting our relationship with nature.

KMTC Gives Back to the Society

The College through its Corporate Social Responsibility (CSR) policy has committed to be a socially responsible citizen through various initiatives aimed at benefitting the community.

In the last few years, working in partnership with local communities and development partners, the College has increasingly committed resources towards environmental protection and sustainability efforts aimed at conserving natural resources and the existing natural environment and, where possible, repairing damage and reversing negative trends.

During the period under review, KMTC Campuses including Teso, Bungoma and Lodwar staff and students on diverse dates conducted tree planting exercises, as part of the College's commitment to support environmental conservation efforts.

KMTC Teso joined other stakeholders to plant trees, in an initiative that was part of the East African Community project for the initiative on adapting to climate change in the Lake Victoria Basin. It was noted that the forest cover in Busia County was only 1.03%.

The Principal, Dr. Antony Radol, reported that in May, 2021 Teso Campus had planted 2000 seedlings, and plans were in place to plant more.

On its part, Bungoma Campus commemorated World Environmental Day by planting tree seedlings as part of efforts to accelerate achievement of the 10% country's tree cover



File Photo: 2022

by 2022. Several other Campuses joined hands with the local communities to plant trees and undertake environmental clean-up exercises.

On the other hand, KMTC Lodwar staff and students led by Principal Racheal Lomechu joined participants during a tree planting exercise in Turkana County in an event held at the Queen of Peace Primary School. The event was organized by the Turkana County Department of Water, Environment and Mineral Resources under the theme "Ecosystem Restoration and Focus on Setting Our Relationship with Nature", as part of celebrations to mark this year's World Environmental Day.

On social upliftment, KMTC Murang'a donated 12 tonnes of firewood to Murang'a Children's Rescue Centre in February, 2021 while Bungoma Campus staff and students in March, 2021, paid a visit to Nalondo Special School in Bungoma County where they donated foodstuff, sanitary towels among other items. In Barin-

go County, KMTC Kabarnet visited the Kabarnet Sunrise Children's home where staff and students donated various items and spent the day interacting with the children.

The College has on various occasions mounted medical camps to provide free medical services to area residents. In June, 2021, KMTC Wajir participated in the Measles-Rubella vaccine exercise in Wajir County to protect residents against the contagious disease.

To support the Government's efforts in fighting the spread of the COVID-19 pandemic, all the 71 KMTC Campuses undertook sensitization programmes to empower the community with information on how to protect themselves and those around them from contracting the virus.

In addition to training competent health professionals, the College has prioritized the wellbeing of the communities and as such continually pursues ways to give back to the society.

You can actually make your own luck.

Richard Wiseman - once a successful magician, now a well-known psychology professor at the University of Hertfordshire has been studying the science of luck for over 20 years. He has conducted some amazing experiments with people who thought they were lucky in life (or not)... with very interesting results. Here are two quick examples



Ms. Gladys Motende

STUDY #1: "The Lucky Newspaper"

In this study, Wiseman handed out newspapers to two different groups of subjects:

- One group of people who considered themselves "lucky"...
- And another consisting of those who considered themselves "unlucky."

Next, he asked the subjects in both groups to count how many pictures were printed throughout the whole paper.

Here's what happened:

- The 'unlucky' group took about 2 minutes to count the number of photographs.
- The 'lucky' group, however, took just 2 seconds.

How?

Well, printed on page 2 of the newspaper was a large message that read: "Stop counting. There are 43 photographs in this newspaper."

The 'unlucky' people tended to miss the message, while the 'lucky' people spotted it right away.

Bottom-line: the self-professed lucky people were simply more observant.

STUDY #2: "The Lucky Coffee Chat"

In this experiment, again there were two groups of "lucky" and "unlucky" people.

They were all invited to a café, where they had to order a coffee and then sit down at a table somewhere.

What they didn't know was that the café was full of actors taking up seats at every table.

But among all those actors Wiseman had deliberately seated one real and very successful business man, dressed in a nice suit.

Here's what happened:

- Majority of people in the 'lucky' group chose to sit at the table with the business man. What's more:
- Most of them struck up a conversation, and asked the guy questions that might help them in life.

On the other hand:

- Most of the people in the 'unlucky' group chose to sit somewhere else.
- And the few that sat with the business man didn't engage in any chit chat.

Bottom-line: the 'lucky' people were more engaging and more willing to use an opportunity to their advantage.

Now these are just two examples of the kinds of experiments Wiseman has conducted over the years.

Here are a few fundamentals you can take away and use to your advantage:

5 Lessons from the “Lucky:”

- Lucky people expect good fortune - they assume good things will happen to them.
- Lucky people spot and maximize chance opportunities faster.
- Lucky people tend to engage more with others.
- Lucky people listen to their hunches and act on them, rather than spending much time analyzing them.
- Lucky people tend to help others - and by helping others they realize just how lucky they are.

Now in case YOU believe you’re one of the ‘unlucky’...

Here’s Wiseman’s Advice For You:

- **Be curious:**

Endlessly worrying about obtaining a goal can unknowingly close you off to other possibilities.

Having an open attitude and looking around for new opportunities can open you up to “lucky” chances.

So keep an open mind, as well as an open pair of eyes.

- **Do something out of the ordinary this week:**

Routines can lead to ruts, whether it’s talking to the same people, eating the same food, or doing the same type of work.

Stepping outside your typical boundaries breaks fixed patterns and increases the likelihood of a “lucky” break.

- **“Cut the crap:”**

Focusing only on what’s wrong and worrisome dampens your spirits and future expectations.

The advice might just help you create more luck.

**By Gladys motende,
Senior Lecturer - Nursing
Principal KMTTC Ugenya**

(The opinions expressed in this article are the writer’s own and do not reflect the position of Kenya Medical Training College)

Staff Transitions



Mr. Desmond Koech Samati

Mr. Samati from Eldoret Campus was first appointed to KMTC on 22/7/2020 as a Clerical Officer a position he held until his demise on 18/2/2021.



Dr. Kirui Kiprono Barnaba

Dr. Kirui from Nairobi Campus was first appointed to KMTC on 3/2/2009 as a Principal Lecturer (Pharmacy). He held the position until his demise on 27/2/2021.



Mr. Kipyegomen Yator Sylus

Mr. Kipyegomen from Eldoret Campus was first appointed to KMTC on 01/01/ 1993 as a Nursing Officer III. He was later promoted to Nursing Officer II. Until his demise on 4/12/2021 he was a Senior Lecturer I.



Mr. Sylus Semo Chehelgo

Mr. Chehelgo from Kabarnet Campus was first appointed to KMTC on 7/1/2003 as a Driver III and later promoted to a Driver I and to Senior Driver III, a position he held till his demise on 20/2/2021.



Mr. Laban Cheptarus

Mr. Cheptarus from Kabarnet Campus was first appointed to KMTC on 07/07/2003 as a Clerical Officer and later promoted to a Higher Clerical Officer and Administrative Assistant. Until his demise on 4/1/2021 he was an Administrative Officer II.



Mr. Peter Mukanzi Matanji

Mr. Matanji from Eldoret Campus was first appointed to KMTC on 19/6/2008 as a Support Staff I and later promoted to a Supervisor II on 12/02/2014. Until his demise on 2/2/2021 he was a Support Staff Supervisor.



Mr. Mwaidzah Raphael Japhet

Mr. Mwaidzah from Mombasa Campus was first appointed to KMTC on 11/1/1983 as a Clerical Officer and later promoted to a Library Assistant I, Librarian II and moved to the position of a Senior Library Assistant. Until his demise on 13/2/2021 he was a Chief Library Assistant.



Mrs. Alice Njoki Mwangi

Mrs. Mwangi from Nakuru Campus was first appointed to KMTC on 1/11/2018 as a Lecturer I, a position she held until her demise on 4/3/2021.



Ms. Karanja Nyakio Mary

Miss. Nyakio from Nakuru Campus was first appointed to KMTC on 7/1/2004 as a Subordinate Staff III and later promoted to Auxillary Supervisor III. Until her demise on 23/1/2021 she was a Cleaning Supervisor II.



KMTC PROGRAMMES

1. Clinical Medicine and Surgery	(Diploma and Higher Diploma)
2. Community Oral Health	(Diploma)
3. Dental Technology	(Diploma)
4. Health Records and Information Technology	(Certificate and Diploma)
5. Health Promotion	(Certificate, Diploma and Higher Diploma)
6. Medical Education	(Higher Diploma)
7. Medical Engineering	(Certificate, Diploma and Higher Diploma)
8. Medical Imaging Sciences	(Diploma and Higher Diploma)
9. Medical Laboratory Sciences	(Diploma and Higher Diploma)
10. Nursing	(Certificate, Diploma and Higher Diploma)
11. Nutrition and Dietetics	(Certificate and Diploma)
12. Occupational Therapy	(Diploma and Higher Diploma)
13. Optometry	(Diploma and Higher Diploma)
14. Orthopaedic Technology	(Diploma and Higher Diploma)
15. Orthopaedic and Trauma Medicine	(Certificate and Diploma)
16. Pharmacy	(Diploma and Higher Diploma)
17. Physiotherapy	(Diploma and Higher Diploma)
18. Public Health	(Certificate, Diploma and Higher Diploma)

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