



ISO 9001:2008 Certified

Kenya Medical Training College

NEWSLETTER

April - June 2018. Issue # 28



Deputy President William Ruto lays foundation stone for expansion of Chuka Campus

KMTC holds its Fifth Bi- Annual Scientific Conference

Theme: Fostering Partnerships to advance Universal Health Coverage

» Message from the Board Chairman



Prof. Philip Kaloki, MBS
**Chairman, KMTC
Board of Directors**

This Excellency President Uhuru Kenyatta has prioritized Universal Health Coverage by 2022 by Government in its big four agenda. According to the World Health Organization, Universal Health Coverage is not only crucial to improving health and well-being of Kenyans, but it is critical to a country's development as healthier populations create more productive outcomes.

It is in view of this that KMTC has taken a lead in supporting the Government's efforts in UHC by reviewing its curricular to align them to the goals of this agenda. It is our firm belief that human resource for health is a critical pillar in the Government's endeavour to ensure all Kenyans have access to quality healthcare.

The Deputy President Hon. William Ruto laid the foundation stone for the expansion of Chuka campus on June 30th, 2018. Apart from Chuka, the College has signed several MoUs with County Governors and Members of Parliament to improve infrastructure in KMTC campuses located in their areas. In addition, the College has also sought to strengthen relationships with its partners and stakeholders to further enhance training.

As a result, KMTC and Danish Government have signed a Memorandum of Understanding to develop infrastructure at KMTC Karen Campus. It is envisioned that this expansion will lead to inclusion of more courses in the campus and therefore increased admissions.

The Board is keen to steer the College to achieve on its mandate and ensure that students have what they need to accomplish their goals. Furthermore, the Board has also put several measures in place to ensure that staff are well motivated to help KMTC achieve its mandate.

EDITORIAL ADVISORY COMMITTEE

Editor: **Kamau Maina**

Members:

Dr. Jebichi Maswan
Dr. Miriam Muthoka
Mr. John Obiye
Ms. Lucy Kuria
Ms. Grace Muthoni
Ms. Florence Oloo

Contributors

Teresia Kanai
Lynette Gathigia

Photos By

Lynette Gathigia
Teresia Kanai
Evans Ngara

Layout and Design

VUMA Cool Graphics
www.vumacoolgraphics.com

Welcome to the 28th issue of the KMTC Newsletter. The theme of this issue is 'Fostering Partnerships to advance Universal Health Coverage.'

The College management is continuously looking for ways to ensure that training remains of the highest quality, ensuring that our graduates can work both within and outside the country. It is for this reason that we are actively pursuing partnerships to help us ensure that our students have all the facilities they need to excel in their training. Towards this KMTC has signed an MoU with the County Government of Kisumu and Chronos Group of Italy. The partnership, which focuses on emerging technology in the market, is expected to build capacity of medical engineering students.

As part of efforts to improve their performance, managers and their deputies from the KMTC headquarters were taken through Quality Management Systems (QMS), Information Security Management System (ISMS) and Enterprise Resource Planning (ERP) system training in Naivasha in May this year. The training aimed at, among others, seeking top management commitment to the establishment, implementation and maintenance of QMS as the College prepares to transition from ISO 9001:2008 to ISO 9001:2015 certification.

Recognizing our moral obligation to protect the environment, KMTC Nairobi campus held its third annual environment day where staff and students cleaned areas around the campus and planted trees.

KMTC has a big role to play in the achievement of Universal Health Coverage for all Kenyans by 2022. I therefore urge staff to align their efforts to the realization of this government agenda.

Finally, I would like to encourage all of us to continue working together and to continuously seek ways to make KMTC better.



Prof. Michael Kiptoo
**Ag. CEO
KMTC**

In this Issue:

- President visits Msambweni Campus, urges students to maintain discipline
- Medical distribution plant to be set up in Kisumu, to benefit KMTC students
- Nairobi campus holds Annual Environment Day
- Board Chairman and Vice Chairman visit campuses to discuss expansion plans
- KMTC and KUDHEIHA conduct labour relations training for staff

President visits Msambweni Campus, urges students to maintain discipline

President visits Msambweni Campus, urges students to maintain discipline

His Excellency President Uhuru Kenyatta has urged KMTC students to maintain high levels of discipline and work hard in their studies. "We need to ensure we have properly trained young men and women who will provide health services to our people," he said when he visited KMTC Msambweni.

Underscoring the KMTC role in achievement of Universal Health Coverage, the President said Government had put in place strategies to ensure UHC is achieved. "We continue to expand insurance coverage so that citizens can have access to healthcare," he said. He promised to support expansion of facilities at the Campus.

In the meantime, Board Chairman Prof. Philip Kaloki has said the College has reviewed its curricular and admissions to align them to the UHC goals.

Accompanied by Ag. CEO Michael Kiptoo, Board Member Mithamo Muchiri, Corporation Secretary Dr. Miriam Muthoka and the World Bank sponsored ECN project manager Dr. Leah Bii, Prof. Kaloki said this in Kilifi and Msambweni campuses, where he assessed development activities and handed over to the schools a new bus.

The two new buses were bought by the World Bank, which sponsors the enrolled community nursing program in eight KMTC campuses, to ease transport of students to their clinical areas.



H.E. President Uhuru Kenyatta talks with KMTC Msambweni students during his visit to inspect development projects in Kwale County

Foster strong relationships with stakeholders, Campus urged

CEO also urges Nairobi Campus to benchmark with institutions of higher learning

KMTC Nairobi has been asked to foster strong relationships with stakeholders to help boost the image of the College.

Addressing staff when he visited the Campus on May 22, 2018 accompanied by KMTC Ag. CEO Prof. Michael Kiptoo, Board Chairman Prof. Philip Kaloki also asked the Campus to improve on its branding and to work closely with the county government.

"No institution can make it alone. It is a collaborative effort," he said.

"Benchmark with other institutions of higher learning and learn lessons from them," he told Ms. Felister Muinde, Deputy Principal, who represented the Principal at the

meeting.

The aim of the visit was to familiarize the new CEO of the ongoing projects at the campus, discuss future developments and share successes and challenges the campus faces.

Kaloki and Kiptoo assured KMTC Nairobi of their support, urging them to manage resources prudently and plan for long term goals.

More classrooms and hostels will be constructed soon to ease shortage and congestion for students.

The ERP system will soon be functional to make operations for students easier, said Ms Muinde.

Dialogue necessary between students and management, says Board Chairman

Kaloki also asks students of Mwingi Campus to adhere to College rules at all times

There is need for dialogue between students and management at all times in order to make students understand rules and regulation of the college, KMTC Board Chairman Prof. Philip Kaloki has said.

Addressing students when he visited KMTC Mwingi to settle a dispute between Muslims students and the Campus management, Prof. Kaloki asked students to adhere to College rules at all times.

Muslims students claimed that the College dressing code discriminated against them, and demanded to dress in hijab, a long veil characteristic of muslims. The Chairman urged the students to work hard and focus on what brought them to the College.

KMTC Ag. CEO Prof. Michael Kiptoo asked the College to use channels of communication available to them to solve issues that face them. He said the dressing code is spelt out in the rules, which all students had committed

to adhere to. He said that more lecturers would be recruited to curb the shortage in all campuses. Shortage of classrooms and lecturers, which both students and staff raised as some of their concerns at the Campus, would be addressed, said the Board Chairman.

The Chairman assured them that plans were underway to construct more classrooms and hostels,

Deputy President William Ruto lays foundation stone for expansion of Chuka Campus

Ruto underscores important role of KMTC in Government's UHC agenda

Deputy President Hon. William Ruto has laid a foundation stone for the expansion of KMTC Chuka Campus. The Deputy President said that the Government through the Ministry of Health has committed Kshs 20 million to the project. Tharaka Nithi County Government, under the leadership of the Governor Hon. Muthomi Njuki, has committed another Kshs 20 million for the project, he added.

A further Kshs 10 million will be injected into the project by the area Member of Parliament Hon. Patrick Munene through the Constituency Development Fund, said the Deputy President on June 30, 2018 after laying the foundation stone.

Underscoring the importance of KMTC in the Government's Universal Health Coverage (UHC) agenda, the Deputy President said that "the College is training men and women that will make achieving the UHC goals a reality." He added that the Government is providing the requisite health infrastructure and bringing services closer to the people to

reduce the distance to access medical care.

The Deputy President was received at the college by Health CS Ms. Sicily Kariuki and PS Peter Tum, who were accompanied by KMTC Board Chairman Prof. Philip Kaloki, Vice Chairman Eng.

David Muthoga, Ag. CEO Prof. Kiptoo and Board Member Mithamo Muchiri.

Chuka campus, established two years ago, has a current population of 421 and offers nursing, clinical medicine and orthopedic plaster technology



Deputy President Hon. William Ruto lays a foundation stone for the expansion of Chuka Campus. Tharaka Nithi County Governor H.E Muthomi Njuki (behind Deputy President), Health CS Ms. Sicily Kariuki (in glasses), PS Peter Tum (in brown suit), KMTC Board Chairman Prof. Philip Kaloki (behind CS) and Chuka Principal Mr. Samuel Ndukanio look on.

KMTC Campuses hold third annual open day

Campuses partner with stakeholders to make event a success.

KMTC Campuses across the country held the college's third annual open day on diverse dates between March and May 2018. The two day annual event ran under the theme 'Quality Training for Effective Health Care Delivery'.

Gatundu campus held the event on 23rd March 2018. Attendees of the event included PS Health Peter Tum, Gatundu South Member of Parliament Hon. Moses Kuria, KMTC Board Chairman Prof. Philip Kaloki, CEO Prof. Michael Kiptoo and members of the public. Area MP Hon. Moses Kuria used the event to officially open six new classrooms at the campus constructed through the CDF and a bus for students' transport.

At Nairobi campus where the event took place from 17th to 18th May, Nairobi County's County Executive Committee Member for Health Dr Hitan Chhagan Majevda presided over the official opening of the event. Secretary Digital Diaspora Innovations in State House Mr. Dennis Itumbi also made his way to the Campus where he toured the various departmental stands and learnt firsthand what KMTC does.

Several schools and members of the public also took advantage of the open day to interact with students and staff members as others were taken through the application process.

The campuses partnered with various stakeholders to make the event a success. At Port Reitz Campus the event was held between 20th and 22nd March, 2018 and presided over by the Sub-County Director of Education. At Kilifi campus KMTC Ag. CEO Prof. Michael Kiptoo presided over the event.

Machakos and Manza campuses took to the streets of Machakos town to publicize the event. The procession ended at Mulu Mutisya Gardens where different departments showcased what they do as the IT department helped qualified members of the public apply. This was replicated in other campuses like Kombewa which had a procession from Kombewa market through Kisumu – Bondo highway, then to hospital road and finally to the constituency offices, the venue of the event. Kisumu County Health CEC was the chief guest at the event.

Kabarnet campus held the event between 18th and 19th May, 2018. The event was graced by Baringo County Governor Hon. Stanley Kiptis and Deputy Governor Jacob Chepkwony and was held in Kabarnet town. The campus also used the event as a platform to give back to the community by conducting free HIV/AIDS testing and counselling.



KMTC Nairobi Campus Principal Mr. Matthew Kipturgo (in grey suit) visits the Environment Health Sciences during the third annual open day held at the campus.

Board to support Kuria and Siaya campuses in Nyanza region to complete development projects

Board to address challenges faced by Campuses

The KMTC Board will support two campuses in Nyanza region to complete development projects so that they can accommodate more students, KMTC Board chairman, Prof. Philip Kaloki, has said.

Kaloki said this when he visited Kuria and Saiya campuses on June 13 and June 14, 2018, respectively, accompanied by the vice chairman, Eng. David Muthoga.

The two discussed expansion plans and inspected developments with the Campus management led by Principals Mr. Albert Muthee and Mr David Okach for Kuria and Siaya respectively.

They inspected some of the projects at the campuses

that were incomplete due to shortage of funds, and the board assured that they would be prioritized.

Student leaders at Siaya requested a bigger library space, more hostels, an equipped skills lab, additional washrooms to ease congestion and transport.

At both Campuses, the Chairman assured the students that the Board would address shortage of lecturers and classrooms, a challenge he said many campuses are facing.

At Kuria, the Chairman assured the Board would provide the campus with a bus to help students get to their clinical areas with ease.



Board Chairman Prof. Philip Kaloki, Vice Chairman Eng. David Muthoga and KMTC Kuria Principal Mr. Albert Kinyua with students from Kuria Campus.

Medical distribution plant to be set up in Kisumu, to benefit KMTC students

Partnership to help engineering students gain knowledge on medical equipment

A medical distribution plant will be set up in Kisumu to serve the East and Central Africa region.

This follows the signing of an MOU between KMTC and County Government of Kisumu with Chronos group from Italy on June 14, 2018 in Kisumu. Chronos company manufactures, repairs and maintains

medical equipment.

The partnership is expected to help KMTC medical engineering students gain more knowledge about medical equipment and new emerging technology in the market.

The Chronos group will provide learning equipment and send a trainer to spearhead medical

engineering training in campuses where the course is offered, according to Chronos executive director, Mr. Stefano Bianchi, as KMTC provides infrastructure for the training.

The training will enable the students gain knowledge to repair and maintain medical equipment, he said.

Nairobi Campus holds Annual Environment Day

Campus plants more than 200 trees, cleans campus

KMTC Nairobi Campus held its Annual Environment Day on June 14, 2018 where more than 200 trees were planted and the Campus compound cleaned.

A partnership with Nairobi County Environment department and Team Environment Kenya, the event, which was held under the theme 'Beat Plastic Pollution', saw more than 200 students and more than 100 staff participate, and had all areas around the campus cleaned. It was attended by Deputy Director (Finance and Administration) Mr. John Anyira, who represented the

Director, and Kibera Sub-county administrator Mr. Henry Momanyi.

Mr. Anyira commended the campus for being pro-active in environmental conservation. "I applaud all of you who have shown interest in nurturing the environment, learning about environmental health and are making strides to help make a difference by taking part in today's activities," he said.

Mr. Momanyi promised that the area on Ngong Road would be landscaped and fenced off to protect the trees planted.

Nairobi Campus Principal Mr Mathew Kipturgo also applauded the students and urged them to join Team Environment Kenya in planting more trees.

His sentiments were echoed by Team Environment Kenya Director Mr. Mathew Ochanda who pledged to support the campus to ensure trees planted were taken care of.

Participants divided themselves into groups to enable them cover a bigger area more efficiently and effectively.



Nairobi Campus staff and students take part in a clean-up exercise during the Annual Environmental Day.

Proposed KMTC Mbooni Campus now ready for occupation by students

Proposed KMTC Mbooni Campus is now ready for occupation by students, Campus Project Management Committee Chairman has said. More than 95 percent of the construction work has been completed, with the remaining five percent being acquisition of learning

materials.

The Committee Chairman said this when he visited KMTC Board Chairman Prof. Philip Kaloki in Nairobi on May 21, 2018. The Committee was in Nairobi to brief the Chairman on the progress Proposed KMTC Mbooni Campus now ready for

occupation by students made on the Campus following the laying of its foundation stone in 2016 by the President. A total of 63 million was donated towards construction of the campus.

Health PS commissions new classrooms, bus for Campus

PS thanks Gatundu South MP Moses Kuria for support to Campus

Ministry of Health Principal Secretary Eng. Peter Tum has commissioned new classrooms and a bus bought for one of the KMTc campuses by an area MP.

The PS commissioned a bus and six new classrooms built for Gatundu Campus by Gatundu South MP Hon. Moses Kuria.

The PS thanked the MP for his focused leadership that brings about development and KMTc management for fostering good working relationship with stakeholders.

KMTc Board Chairman Prof. Philip Kaloki said that training of health care workers will support the President's agenda of Universal Health Care.

He added that there are plans to put up more classrooms

and hostels in all KMTc campuses country wide, through a collaboration with the Chinese Government.

KMTc Ag. CEO Prof. Michael Kiptoo said that Campuses had witnessed tremendous growth. He also encouraged Campuses to forge partnerships for development.

Hon. Kuria said Gatundu had partnered with AMHERST College in United States of America to train a course in Kenya Registered Nursing.

KMTc had transformed the face of Gatundu, he said, adding that plans were underway to start a sister college at Mutunguru area of Gatundu, necessitating the donation of the bus as a strategy to ease transport challenges between the two campuses. Construction of hostels and classrooms at Matunguru was underway, he said.



New SRC officials elected into office

The new officials to serve for one-year term

Hussein Osman is the new Nairobi Campus' SRC chairperson. In the SRC elections held on May 21, 2018 at the School of Nursing Hall, Cedric Omosa clinched the Organising secretary position, secretary general position went to Austin Kigogo while Adan Haji was voted the treasurer.

The Assistant Chairlady position went unopposed to Sheila Mukhamia. Commissioners voted in were Steve Otieno (academics), Gideon Bett (Public Relations), Philip Kurgat (hospitality), Gladys Korir (sports), Augustine Were (Security) and Austin Osano (Entertainment).

Security was tight during the elections that started from 6.00 am to 12.30pm, with armed police officers patrolling the compound. Mr. Zack Rwanda, Mr. Kariuki and Trevor Machasio presided over the elections.

Board and management celebrate PS Tum for achievements at KMTC



Acting CEO praises good leadership and wisdom of former KMTC CEO

The Board and management have lauded the achievement of a former CEO of KMTC for what they have called extraordinary achievement while at the helm of the College.

During a farewell dinner held at the Sarova Panafric Hotel, Nairobi on May 26, 2018 to bid him goodbye following his appointment as Health Principal Secretary, speaker after speaker thanked Eng. Peter Tum for his exemplary leadership at KMTC.

Board Chairman said it was Tum's financial discipline that made KMTC remain afloat. Thanks to the Board and management support, he was able to work smoothly and most debts were settled, he added.

The Chairman encouraged the current CEO to continue with the same spirit and have vision to move KMTC even to greater heights.

KMTC Ag. CEO Prof. Michael Kiptoo said it was "not a farewell but a night to share and show our appreciation to the PS for having steered KMTC to the right direction."

The CEO praised the good leadership and wisdom of the former CEO evident in the growth of the institution.

The PS lauded all the support he got while CEO, adding he could never be grateful enough.

"I enjoyed my close working relationship I had with both the board and managers. It was due to prayers and mentorship that I am where I am."

Mr. Elijah Onura representing fellow drivers, said of the outgoing CEO: "Your humility endeared you to staff of all levels. You made staff even at the lower levels feel important and appreciated by the college."

Two KMTC campuses participate in community service

Students take part in clean-up exercises, remove jiggers

KMTC Nairobi and Msambweni campuses President's Award Scheme students engaged in Community Service activities in Msambweni sub-county as part of initiatives to give back to the community.

Among activities the students took part in are clean-up exercises and tackling the jiggers menace at Msambweni Primary School.

The President's Award-Kenya (PA-K) is a self-development programme available to all young people countrywide. The programme seeks to equip them with positive life skills to make a difference for themselves, their communities, country and the world.

It was launched in 1966 by the Founding Father of the nation, Mzee Jomo Kenyatta.



KMTC Nairobi Campus President's Award Patron Mr. Trevor Machasio looks on as a KMTC student removes jiggers from a pupil

Board Chairman and Vice Chairman visit Campuses to discuss expansion plans

They ask principals to partner with county governments and local communities

KMTC Board Chairman Prof. Philip Kaloki and vice chair Eng. David Muthoga visited three Campuses on diverse dates to discuss expansion plans and ways of starting new courses to increase capacity of students.

They visited KMTC Karuri on May 30, 2018, Thika on May 31, 2018 and Muranga on June 6, 2018, where they were received by Principals Bernard Gitau, Richard Kolute and Dr John Nyaga respectively and other staff members.

At Karuri, they saw a new block of four classrooms that was constructed through CDF project by the area Member of Parliament, Hon. Paul Koinange. The Campus plans to construct new classroom block, a skills lab and an administration

block to deal with challenges of infrastructure.

"In Thika, a master plan for the development of the campus, which sits on a 10 acre piece of land, is available for utilization," said Mr. Kolute. Dr Nyaga informed the Chairman that plans for expansion in Murang'a campus were already ongoing, with construction of pharmacy skills lab underway, and new courses – sign language, picture archiving and communication system -- set to begin in September 2018.

The proposed courses are nutrition, clinical medicine. He added that the branding of colleges has been ongoing and almost complete as well as maintenance of both the grounds is on course.

To increase admission of students, the Chairman asked all the principals to forge partnership with county government and the local community to source for funding.

He urged them to work towards the Universal health care agenda through the courses offered at KMTC colleges. Another Campus would soon be started in Kiambu town, he said. He asked the Principals to realign curricular to the President's agenda of Universal Health Care. Promote your courses and that will increase your capacity at the college. The chairman promised to support the campus on issues of transport, classrooms and administration. He urged the students to work hard and stay focused and at the end of their studies they will reap the fruits of their hard work.



KMTC Karuri Campus Principal Mr. Bernard Gitau (right) consults with the Board Chairman Prof. Philip Kaloki (left) and Vice Chairman Eng. David Muthoga when the two visited the campus to inspect development projects

Nairobi campus participates in high school career day

Campus aims to sensitize high school students to make right career choices

KMTC Nairobi campus staff pitched tent at the Mary Leakey Girls High School in Lower Kabete for the school's career day on Saturday July 14th, 2018.

Clinical Medical lecturer Mr. Robert Njaramba, Dental Technology lecturer Mrs. Joyce Kamandi and Orthopedic lecturer Mr. Hannington Chepkok led the group in talking to students about the College. They told a KMTC story

of what has to offer, roles and responsibilities of the graduates in each course and future prospects.

Some students miss out on KMTC courses due to inadequate information on required cluster subjects, a challenge the campus has decided to deal with by proactively advising high school students on subject selection.



KMTC Nairobi campus lecturers talk to Mary Leakey Girls' School students during the school's career day.

Partnership to develop infrastructure at KMTC Karen Campus

Partnership expected to transform Campus to modern centre of training

KMTC and Danish Government have signed a Memorandum of Understanding to develop infrastructure at KMTC Karen Campus.

Signed on May 28, 2018 between the College and the Danish Government at an event former lecturer at the Campus Ms. Inge Bjorns represented the Danish Government, the MOU makes a case for expansion of the

Campus by the Danish Government to offer more courses and admit more students.

This partnership, which will see classrooms, hostels and an administration block constructed, is expected to transform the Campus to a modern centre of training.

Ms. Inge said her Government would continue to give support to Karen

campus to give it a face lift.

Board Chairman Prof. Philip Kaloki said the partnership would address the shortage of classrooms and office space at the Campus. "We will nurture this partnership," KMTC CEO Prof. Michael Kiptoo said.

KMTC Karen Principal Dr. Peris Kibet and the Corporation Secretary, Dr. Miriam Muthoka attended the event.

Training held for senior managers and their deputies in Naivasha

Training aims at assuring management commitment to new ways of operations

KMTC senior managers and their deputies underwent Quality Management Systems (QMS), Information Security Management System (ISMS) and Enterprise Resource Planning (ERP) system training in Naivasha from 4th to 8th May 2018.

The QMS training was geared towards creating awareness of the roles and the importance of top management commitment to the establishment, implementation and maintenance of QMS as the College transitions from ISO 9001:2008 to ISO 9001:2015.

Changes introduced in the 2015 revision are intended to ensure that ISO 9001 continues to adapt to the changing environments in which organizations operate. Some of the key updates in ISO 9001:2015 include the introduction of new terminology, restructuring some of the information, an emphasis on risk-based thinking to enhance

the application of the process approach, improved applicability for services, and increased leadership requirements.

Participants were then taken through the ISMS training to introduce and update them to the concept as well as to seek commitment of top management to establish, implement, maintain and continually improve the system.

In addition, the managers were taken through ERP training to familiarize them with the system. Some of the topics covered during the training include introduction and systems overview, system administration and workflow management, student management and academics overview, students finance and accommodation, human resource management overview and payroll management overview.

Speaking during the closing of the training, Deputy Director (Finance

and Administration) Mr. John Anyira encouraged the managers to become champions of change at KMTC. "As managers, become role models of those who you supervise and show them the way," he added.

ERP coordinator Mr. Amos Kipsumbai asked the managers to encourage staff to embrace the system to make operation at KMTC more effective and efficient.

The managers termed the three trainings as eye openers and thanked the facilitators for taking them through. They promised to be champions of change at KMTC.

The QMS training and Information Security training were facilitated by the Kenya Bureau of Standards while the ERP system training was facilitated by ABNO Soft wares International.

KMTC Nairobi campus SRC swearing in ceremony

Principal promises support to new students' leadership

The new students' leadership at KMTC Nairobi campus has been sworn into office.

The new officials sworn in are SRC Chairman Hussein Osman, Sheila Mukhamia (Vice Chairlady), Cedric Omosa (Organising Secretary), Adan Haji (Treasurer) and Austin Kigogo (Secretary General).

Commissioners were also sworn into office: Gideon Bett (Public Relations), Steve Otieno (Academics), Gladys Korir (Sports), Philip Kurgat (Hospitality), and Augustine Were and Austin Osano for Security and Entertainment respectively.

The swearing in, which was held on June 21, 2018 at an event attended by staff and students, comes a month after the elections were held on May 21, 2018.

Mr. Oman promised to continue with the work left by his predecessors, who he said he would consult from time to time. "You elected us to do the work for you. We are committed to doing it," he said.

Deputy Director (Academics), who was the chief guest, urged the students to support the new leadership and give them room to perform their duties.

"We will support you as long as you maintain the peace," said Nairobi Campus Principal Mr. Mathew Kipturgo.

Nairobi campus Dean of Students Mrs. Monica Kariuki led the swearing in ceremony assisted by the outgoing officials.

Another KMTC Campus to be set up in Kajiado County

New campus to be located on 10-acre land at Kajiado County Referral Hospital

Kajiado County is set to get a new campus. This was agreed following discussions between Kajiado Governor Joseph Ole Lenku and KMTC Board Chairman Prof. Philip Kaloki and Ag. CEO Michael Kiptoo.

The new campus would be set up at Kajiado County Referral Hospital, where the County had set aside 10 acres of land, said Lenku.

Twenty students from Kajiado County, who are being trained in the World Bank sponsored enrolled community nursing program, would be absorbed into the hospitals in the County to further boost the number of health workers, he added.

“Our mandate as the KMTC is to ensure that we train competent health professionals in sufficient quantities to support the National and County Governments meet the Health needs of their people,” Prof. Kaloki said stating the important role the College plays in the achievement of the Universal Health Coverage goals.

The two institutions also pledged to work together to expand Loitoktok Campus.

The Governor was accompanied by Health CEC Ms. Esther Somoire while Corporation Secretary Dr. Miriam Muthoka, Intergovernmental Relations Manager Dr. Leah Bii and Loitoktok Campus Principal Dr. Caleb Mutua accompanied Professors Kaloki and Kiptoo.



Kajiado County Governor H.E. Joseph Ole Lenku with a team from KMTC led by Board Chairman Prof. Philip Kaloki and CEO Prof. Michael Kiptoo (in red tie) when they visited the Governor in his office.

New campus to be established in Kirinyaga County

This following signing of MOU between College and county

A new campus will be established in Kirinyaga County, one of the four counties currently without a KMTCC Campus. This follows the signing of an MOU between the College and the county.

In the MOU signed by Board Chairman Prof. Philip Kaloki and Kirinyaga County Governor Hon. Ann Waiguru on 26th June 2018 the new Campus will offer Clinical Medicine, Nursing, Nutrition, Orthopaedic Technology, Orthopaedic Trauma and Medicine, Health Promotion and Environmental Health Sciences.

The Governor reported that the Deputy President had committed Ksh. 50 million towards the construction of the campus while the county government would commit Ksh. 5 million.

"This MOU comes at the right time when my administration is keen on improving health services within the county," she added.

This project will be beneficial to the people of Kirinyaga because it will create employment and increase economic growth of the county, said Prof Kaloki.

"The MOU fulfils the desire of the people of Kirinyaga County who will now be proud to have a KMTCC," said KMTCC Ag. CEO Prof. Michael Kiptoo.

Having a KMTCC will open up the town of Kerugoya where KMTCC will be situated, added Deputy Governor Hon. Peter Ndambiri.



Kirinyaga County Governor H.E. Anne Waiguru signs an MoU with KMTCC Board Chairman Prof. Philip Kaloki and CEO Prof. Michael Kiptoo as a team from the College looks on.

KMTCC surpasses targets set by Youth and Gender Ministry

KMTCC has met all the innovations submitted to Government. In findings tabled on June 28, 2018 at KICC, KMTCC has met the submitted innovations set by the Ministry of Youth and Gender.

Following a meeting held at KMTCC on June 21, 2018, between Youth and gender Ministry adjudicators and KMTCC to evaluate and adjudicate for innovations in the Public service, KMTCC submitted five innovations as follows: implementation of online application process; automation of management processes through Enterprise Resource Planning (ERP) and training of

Enrolled Community Health Nurses from vulnerable and marginalized groups on full scholarship.

Others were piloting of Community Health Extension Workers (CHEW) curriculum through training and hosting the training of 70 CHEW in partnership with the Ministry of Health and introduction of new programs such as Nephrology to meet emerging health needs.

Adjudicators for the exercise were independent consultants who were appointed by the Ministry on behalf of the government.

KMTC and Turkana County Government to strengthen partnership in health training

Training at Campus to be scaled up to facilitate achievement of UHC goals in the County

KMTC and the County Government of Turkana have committed to forge a stronger relationship in health training.

This was agreed during discussions held between KMTC Board Chairman Prof. Philip Kaloki and Turkana County Health and Sanitation CEC Ms. Jane Ajele when they met in Lodwar on Monday 23rd July, 2018, before delivering to Lodwar campus a bus bought by the World Bank to support training at the campus.

Prof. Kaloki expressed the College's gratitude for the support in infrastructural development the County Government had given to Lodwar campus.

The Turkana County Government has allocated Kshs 27 million the previous year towards construction of hostels in

the campus and a further 9 million this financial year, said Ms Ajele.

In addition, the County, through the leadership of Governor Josphat Nanok, has also funded the construction of classrooms at the campus.

Prof. Kaloki added that as part of affirmative action, 600 slots would be reserved for qualified students from the County to train at KMTC.

"We want to walk this journey with you to benefit the people of Turkana County," said Kaloki, adding, "We shall scale up the training of health professionals to help the County achieve Universal Health Coverage Goals, one of the big four agendas, with the rest of the country."

Lodwar campus would mount diploma in

nursing to further support the County in human resource for health development, he added.

Hon. Ajele said the County had set aside some funds to be disbursed through the Afya Elimu Fund to support needy students from the county training at KMTC.

Board Member Mr. Mithamo Muchiri, Corporation Secretary Dr. Miriam Muthoka and the World Bank funded Enrolled Community Nursing coordinator Ms. Stella Muchiri accompanied the Board Chairman to the meeting. Turkana County Chief Officer of Health Mr. Moses Natome and Director of Medical Services Dr. Gilcrist Lokoel also attended the meeting.

The team was received at the campus by Principal Rachel Lomechu and her team..

PS Tum flags off buses for KMTC Campuses

Eight KMTC Campuses have received new buses to support clinical placement and training of students. The eight campuses that have each received a 52-seater bus are Lodwar, Kapenguria, Kabarnet, Bomet, Loitokitok, Kitui, Kilifi and Msambweni.

The buses, procured by the Ministry of Health through the World-Bank funded Transforming Health Systems for Universal Care Project (THS-UCP), were flagged off by Health Principal Secretary Eng. Peter Tum.

The Project is currently sponsoring 1200 students from Arid and Semi-Arid areas for a certificate course in Enrolled Community Health Nursing (ECHN) at a cost of one billion shillings.

The PS said the aim of the programme is to equip the students with knowledge and skills to provide quality health care to mothers and children in Primary Health Care facilities in their home areas as part of the strategies to achieve Universal Health Coverage (UHC).



Health PS Peter Tum, KMTC Board Chairman Prof. Philip Kaloki and the CEO Prof. Michael Kiptoo during the flagging off of the buses at the Ministry of Health Headquarters

"As you are aware Human Resources for Health (HRH) is a key pillar of the health system and the attainment of UHC calls for a rapid scale-up of highly trained health personnel," he noted.

KMTC Board Chairman Prof. Philip Kaloki while receiving the buses reaffirmed the College's commitment to supporting the Government in achieving the UHC goals.

"KMTC is mandated to produce a critical pool of health professionals among them the ECHN workforce to specifically address maternal and child mortality, malnutrition and low immunisation coverage in remote and hard-to-reach areas," Prof. Kaloki added.

The Chairman led the Ag. CEO Prof. Michael Kiptoo, Deputy Director Academics Mrs. Nancy Michire and Intergovernmental Relations Manager Dr. Leah Bii in receiving the buses on behalf of the campuses.



DEFY YOUR LIMITS

Dr. Jebichi Maswan: Trainer, Executive coach

Roger Bannister was the first athlete to run a mile in under four minutes, a record-breaking performance that many believed was not humanly possible. Roger's achievement became a symbol of attempting a challenge in the physical world of something hitherto thought impossible. Roger's success changed other athletes' thinking and many went on to defy the four minute limit within a short time. Roger desired to study medicine but his parents couldn't afford; he earned sports scholarship and became a leading neurologist, another limit defied. Stephen Hawking, despite spending most of his life crippled in a wheelchair and able to speak only through a computer defied his limitations and became the most famous scientist in the world.

As you progress through life, you will face limits, both real and perceived. However, it is possible to not only overcome your limits but to defy them and achieve your desires. This applies to all areas of your life including physical health, financial, career, business, etc. Below are tips on how to defy your limits.

Separate actual from imagined limits – To defy your limits, first understand which ones are real and which ones exist in your mind. For example, running a mile under two

minutes is actual because science says so for now, but your inability lose weight is a limit that exists in your head; your perceptions became your reality. If you are facing a limit in your life, define whether it's actual or you have placed it on yourself. Perceived limits can be defied.

Believe you can defy your limits – Your beliefs affect your ability to achieve. If you believe you can defy a limit, you will. If you believe you will fail, you will. Positive thinking opens your mind to look for solutions.

Empower yourself to dream big – To defy your limits, you must keep looking for ways to overcome. Do research on the limitation, read books, talk to people who have overcome what you consider a limit. Big dreams become realistic when backed up with evidence

Recognize that limits are often connected to other factors – Sometimes outside factors stop you from defying your limits. For example build a home but your income is small or you want to exercise but you work overtime. These are barriers that are limiting you. Your ability to defy the barrier will depend on your ability to address factors associated with it.

Understand that limits adjust over time – human limitations change over time. This could be due to research, change of environment or natural human progression. Something that is impossible today is easy to overcome tomorrow. Keep stretching your limits; keep practicing and one day the barrier

collapses.

Be prepared to go it alone – "The people crazy enough to believe they can change the world are the ones who actually do it," Steve Jobs. When it comes to defying limits, be prepared to walk the journey alone, because uncharted territory is charted by people who don't follow the masses.

Step out of your comfort zone – Seek new limits. Take risks. If you get too comfortable, you stop growing. People who defy limits thrive on challenges.

Choose new stories – Even when the economy is bad, many people still making money. You can choose to believe the story that the economy is bad, or you can write a new story that the world is ripe for the picking. Tell positive stories that power your resolve to succeed.

Step into another person's shoes – The next time you find yourself stuck, ask yourself what someone you admire would do in your situation. Role modeling is one of the fastest ways to defy limits.

Ask empowering questions – Instead of "what's wrong with me, why can't I do this?", say "how can I overcome this, what is good about the situation?". The questions you ask yourself will shape your experiences.

Celebrate your wins – Any time you defy a limit, stop and celebrate it. Make defying limits pleasurable and something to look forward to.

Do you want to defy your limits, make the world your playground and live a life that is unstoppable? The choice is your.



Siaya Campus Principal Mr. David Okach with Siaya County Governor H.E. Cornel Rasanga when the Governor visited the campus



Laikipia West Member of Parliament Hon. Patrick Mariru commissions a classroom project funded by his constituency's CDF at KMTC Nyahururu Campus



KMTC CEO Prof. Michael Kiptoo with Kwale campus Principal Mr. Deche Mwatsuma during the third annual open day held at the campus



KMTC Nakuru campus staff celebrate their win during the Nakuru ASK show



KMTC Deputy Directors Mrs. Nancy Michire (Academics) and John Anyira (Finance and Administration) with some KMTC Principals at Eldoret campus during the senior management course training.



Nandi County Governor H.E. Stephen Sang visits the KMTC Mosoriot stand during an event to launch the implementation of the Big 4 Agenda in the County

7



KMTC Lodwar Campus Ms. Rachel Lomechu welcomes Deputy President Hon. William Ruto during the official opening of Lodwar Hospital's new wing

8



KMTC Kitui staff and students carry out a free medical camp for members of the public.

9



Lake Victoria Campus Principal Ms. Catherine Omasaja and lecturers from the campus (centre) with participants of the HIV testing services class

10



A staff member from KMTC Mombasa Campus explains to students courses offered in the College during the ASK Mombasa show.

11



KMTC Nairobi Campus Principal Mr. Matthew Kipturgo with students from the campus during the NMG Young Leadership Forum held at the University of Nairobi.

12



KMTC Board Chairman Prof. Philip Kaloki and Turkana County Health CEC Ms. Jane Ajele (4th right) with a team from the College and Turkana County Government

KMTC holds Fifth Bi- Annual Scientific Conference

KMTC held its fifth bi-annual scientific conference from 9th to 11th May, 2018 under the theme 'Transformative Training and Research for Quality Health Care.'

The event, which brought together health workers and stakeholders in health, had the following sub themes: Health Professional's Education, Human Resource for Health, Translating Research into Practice, Health Care Technologies and Diagnostics, Public Health, Non-Communicable Diseases and Disability and Physical Rehabilitation.

Health PS Peter Tum was the Chief Guest during the event. Meru University of Science and Technology's Alfred Mutema gave the key note address.

The PS noted that the Conference took place at a period when the Government is focused on Universal Health Coverage (UHC) for all Kenyans. "It is certainly a special occasion to meet, to discuss, to listen, to share information and best practices, and to plan for the future training of health in this country and how that training will impact on universal health coverage for all Kenyans," he added.

Mr. Tum commended KMTC for taking the lead to contribute to the growth of medical science.

Prof. Mutema's keynote address advocated for system thinking in the Kenyan health sector in order to serve the people more effectively. Systems thinking, he said, provides a deliberate and comprehensive array of tools and approaches to

map, measure and understand the dynamics of the health system, enabling health practitioners to better anticipate how an intervention might affect the system.

Prof. Mutema further noted that "A Paradigm shift in the health sector has occurred in order to respond to health challenges. We can no longer remain the way we were. Changes have to occur to train professionals who are able to respond to emerging and re-emerging health challenges."

KMTC Board Chairman Prof. Philip Kaloki and Ag. CEO Prof. Michael Kiptoo both urged participants to seek solutions to problems that plague the health sector to support the Government in achieving the goals of the UHC agenda.

Plenary presentations made during the conference included: Evaluation of learning in the training of health professionals: present and future by Prof. Alfred Mutema, Cytotoxicity and Anti-herpes activity of selected medicinal plants cited for management of HIV conditions in Kakamega County, Kenya, by Radol A.O. et al, Human Resource training and development for Health; Current and Future by Dr. Mollent Oketch, Current advances in Tech-diagnostics for Quality Health Care by Dr. Beatrice Mugi, Cholera as a public health issue by Dr. Willy Sang and maternal factors associated with stillbirths at Mwingi District Hospital by Sarah Chege.



Prof. Alfred Mutema makes the key note speech during the KMTC 5th Scientific Conference

KMTC and KUDHEIHA conduct labour relations training for staff

KMTC and the Kenya Union of Domestic, Hotel, Educational Institutions, Hospitals and Allied workers (KUDHEIHA) conducted labour relations training for staff from various campuses from 10th to 13th July, 2018 at KMTC Kisumu campus.

The training also included sensitization of staff on the Collective Bargaining Agreement (CBA) and the KMTC code of conduct.

The training was conducted to, among others, sensitize staff on their rights and benefits under the CBA and to help staff fully understand the CBA between KMTC and KUDHEIHA.

Deputy Human Resource Manager Mr. Mark Adieno encouraged staff to maintain harmonious relationships at work because they are important for service delivery.

The training was divided into two groups of 83 staff members each with the first group being taken through the

training on 10th and 11th July, 2018 while the second group was trained on 12th and 13th July, 2018.

Further training sessions on the same are scheduled to be carried out soon for staff from campuses that were not included in the initial training.



Participants during the workshop