



# KENYA MEDICAL TRAINING COLLEGE

*Training for Better Health*



## NEWSLETTER

October - December, 2023 Issue #47



Corporate News | Academics | Partnerships/Collaborations | Corporate Social Responsibility

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*Quality Training of Health  
Professionals towards Realization of*





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# KENYA MEDICAL TRAINING COLLEGE

*Training For Better Health*

**Our Vision** | *A globally competitive institution for training human resource for health*

**Our Mission** | *To develop fit-for-purpose middle-level health professionals through transformative training, research, and consultancy*

**Our Core Values** | *Accountability, Integrity, Responsiveness, Equity, Teamwork, Professionalism, Creativity and innovation*

**Motto** | *Training for Better Health*



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*Training for Better Health*

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Corporate Communications

### CREATIVE DESIGN

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# Contents



KMTC's 2023 Graduation: A Pinnacle in Producing Healthcare Leaders and Meeting Global Demand



Ministry of Health and KMTC Collaborate to Celebrate World Sight Day



Student Transforming Healthcare and Communities at KMTC Machakos



KMTC Kabarnet Clinches Top Position in the ASK Baringo Show

## CHIEF EXECUTIVE OFFICER'S MESSAGE



**Dr. Kelly Oluoch**  
Chief Executive Officer

**A**s we usher in another quarter filled with achievements and milestones, I am delighted to share some remarkable highlights from the College that prove our commitment to excellence, innovation, and global collaboration.

On November 9, 2023, we proudly launched our five-year Strategic Plan, a comprehensive roadmap focusing on quality training; research, innovation and consultancy, digital transformation, and institutional sustainability. The colorful ceremony, presided over by Health Cabinet Secretary Nakhumicha S. Wafula, marked a significant step towards achieving our healthcare objectives and contributing to national health initiatives.

Our dedication to producing competent healthcare professionals was evident in the graduation ceremony where 22,695 students were awarded diplomas and certificates. The event, graced by Deputy President H.E Rigathi Gachagua, symbolizes our commitment to meeting global demands for skilled healthcare providers.

Further strengthening our commitment to transformative healthcare, a performance contract signing ceremony was formalized between KMTTC and the Ministry of Health. This strategic partnership, aimed at enhancing the healthcare sector, signifies a significant stride in aligning our goals with national priorities.

In a proactive move towards ensuring sustained excellence in medical training, our quarterly Academic Council meeting, provided a vital platform for strategic discussions and decisions. Recognizing outstanding performance, training standards, staff development and student welfare were key aspects of this meeting.

One of the pivotal moments in our recent endeavors was the discussions with a delegation from Austrify Medical GmbH. This promising move opens avenues for our graduates to potentially secure jobs in Austria, aligning with our vision to provide global opportunities for our students.

KMTTC proudly took center stage during the Mashujaa Day celebrations and the UHCExpo in Kericho county, emerging as a pivotal State Corporation in the nation's pursuit of Universal Health Coverage. Additionally, our active participation in the African Youth Forum on Drug Use Prevention showcased the passionate advocacy of one of our students, Ms. Winnie Kemunto, for positive change.

The recognition continued as KMTTC was crowned the winner of the regional CIO100 Symposium and Awards in the Education Sector category. This acknowledgment reinforces our commitment to excellence in education.

Finally, a democratic revolution took place during the member trustee election at Machakos Campus. This three-day event, featuring introductions of aspirants and delegates, culminated in a fresh face taking the helm of leadership.

These achievements reflect the dedication and hard work of the entire KMTTC community. As we continue our journey, let us remain committed to shaping the future of healthcare in Kenya and beyond.

Thank you for your steadfast commitment to excellence. Please share your feedback through [info@kmtc.ac.ke](mailto:info@kmtc.ac.ke)



# KMTC's 2023 GRADUATION: A PINNACLE IN PRODUCING HEALTHCARE LEADERS AND MEETING GLOBAL DEMAND

KMTC on December 7, 2023 graduated some 22,695 students in a colorful ceremony presided over by Deputy President H.E. Rigathi Gachagua.



*H.E. The Deputy President Rigathi Gachagua during the graduation.*

In his address, the DP said that the graduation of all these young professionals brings renewed hope for our Nation, the hope of achieving and enhancing the Nurse-to-Patient Ratio for better health outcomes.

“It is also a major boost to the transformative Afya Nyumbani, which H.E. President Dr. William Ruto launched in October under the Universal Health Coverage. We underscore the crucial role of primary healthcare workers, acting as the initial line of defense for our citizens,” he said.

“Through strategic investments and comprehensive training, the government aims to strengthen these frontline workers, ensuring every Kenyan, regardless of location, receives the essential primary healthcare services they deserve,” he added.

The event held at the Moi Sports Center, Kasarani, saw a total of 870 graduates awarded with higher diplomas, 12,917 diplomas, and 8,908 certificates.

DP Gachagua pointed out that, under a bilateral health partnership

agreement between Kenya and the United Kingdom (UK) as well as Germany, some of the recent graduates will be deployed to these two countries.

“Kenyan medics are among the highly sought-after healthcare providers in the world due to their strong work ethics. At the moment we have requests from the UK and Germany to provide them with healthcare providers,” he assured.

The DP however, challenged graduates to protect the health profession with integrity by offering humanity



dignified and distinguished service.

Also present were the Health Cabinet Secretary Nakhumicha S. Wafula and Mary Muthoni, the Principal Secretary for Public Health and Professional Standards.

CS Wafula thanked the College for supporting government initiatives to produce competent health workers for domestic and global markets.

She reaffirmed the government's dedication to supporting the College's activities as it strives to strengthen its position as a leading provider of medical education.

"Anyone seeking healthcare services in this country and beyond is likely to be attended to by a KMTC graduate. As a proud KMTC Alumni, I stand as a living example that one can begin at KMTC and rise to the

pinnacle of their career," she emphasized.

The Board Chairperson Mr. Joseah K. Cheruiyot revealed that the College is aligning its services with the government's Bottom-Up Economic Transformation Agenda and the Kenya Vision 2030.

"To achieve this, we have embarked on the development and review of digital transformation instruments and systems, the reduction of paper-based processes, embracing emerging technologies, while simultaneously fortifying the ICT infrastructure across our campuses," he said.

Mr. Cheruiyot noted that the College is ramping up partnerships with like-minded institutions to expand its capacity to deliver on its mandate.

"Through partnership, we have enhanced our admission processes, and attracted infrastructural, human and financial resources in support of teaching and learning," he revealed.

CEO Dr. Kelly Oluoch said the College remains committed to providing top-tier education, ensuring graduates possess qualifications that stand out nationally and internationally.

He noted that the College recently launched its Strategic Plan 2023-2028 which underscores KMTC's commitment to excellence in training, cutting-edge research, technological innovation, and the enduring sustainability of our institution.



*A section of graduands beaming with pride during the graduation.*



# KMTC LAUNCHES ITS AMBITIOUS FIVE-YEAR PLAN

KMTC on November 9, 2023 launched its five-year Strategic Plan in a colorful ceremony, presided over by the Health Cabinet Secretary Nakhumicha S. Wafula.



*Health CS. Nakhumicha S. Wafula (5<sup>th</sup> left), PS Mary M. Muriuki (4<sup>th</sup> left), Board Chairperson Mr. Joseah K. Cheruiyot (5<sup>th</sup> right), CEO Dr. Kelly Oluoch (2<sup>nd</sup> right) and Board Directors during the Strategic Plan launch.*

The ambitious plan focuses on four main priority areas, including enhancing quality of training, fostering innovation in research and consultancy, driving digital transformation, and promoting institutional sustainability.

The Plan includes the alignment of College programmes with global health challenges and opportunities, infrastructure development, pursuit of practicum opportunities for all students, and the strengthening of partnerships and collaborations.

While acknowledging the tremendous contribution of the College in training competent health workers for domestic and foreign markets, CS

Nakhumicha noted that the launching of the Plan puts the College on a path to supporting the government in achieving its health agenda. She noted that the launch comes at an opportune time when the country has prioritized provision of Universal Health Coverage, strengthening Primary Health Care and how communities can access health services.

The CS noted that the Strategic Plan which is heavily anchored on the community health approach, is key in the achievement of the country's Universal Health Coverage goals. "The community health approach is the foundation of preventative health care mainly because 70% of the cases attended to by

our hospitals are preventable. The Plan lays a solid foundation for medical training with a focus on preventive and promotive courses that will empower people on self-care and wellness," she reported.

The College also unveiled its historical book titled, 'The Journey to Greatness' and foreign language curricula for French, Arabic, and German. Beyond the historical narratives, the book is an invaluable educational document that enlightens aspiring medical health practitioners on a wide range of courses offered at the College. It highlights the initiatives that the College has made towards fulfilling the national, regional, continental and global aspirations

for Universal Health Coverage. It serves as a bridge between KMTc's storied past and its ambitious future, connecting the wisdom of yesteryears with the aspirations of tomorrow.

In recent years, the government has been banking on the exportation of healthcare professionals to open up avenues for Kenyan citizens, ultimately generating income through remittances. CS Nakhumicha said the launch of the foreign language curricula is significant in producing a workforce that is prepared, competitive, and ready to take up international employment opportunities.

"I call upon our trainees and healthcare workers to take advantage of this opportunity to sharpen their language skills and build confidence to join foreign employment markets," she noted.

The Plan targets to reach a student population of 70,000, equipping them with skills needed for both domestic and international markets.

KMTc Board Chairperson Mr. Joseph K. Cheruiyot lauded the Ministry for its support for the College, enabling it to achieve its mandate. "The separate documents to be launched today, are joined at the hip, both literary and metaphorically. The Historical book weaves through time and documents the history of KMTc up to the year 2023" he said. Adding "the Strategic Plan 2023-2028 picks the baton from exactly the same spot in time to project the future of the College in the next five years – right into the much-anticipated centennial

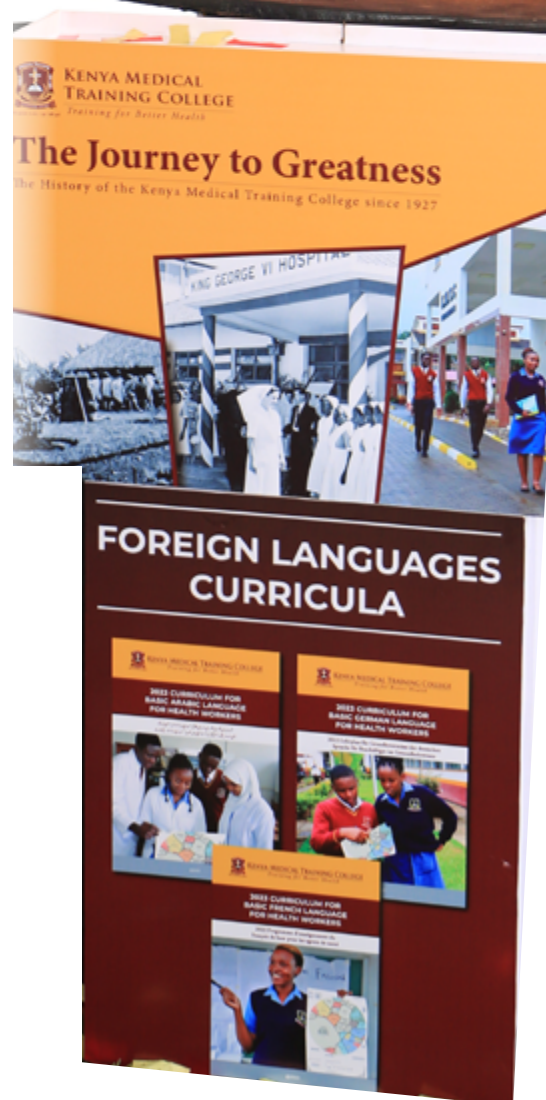
celebrations. The Strategic Plan and the historical book are, therefore, the bridge to the coveted landmark".

He revealed that the College will establish a Language and Examination Centre for international languages and professional examinations.

CEO Dr. Kelly Oluoch reiterated the College's commitment to supporting the Government in fulfilling its healthcare objectives and committed to working with other agencies to realize the Universal Health Coverage goals at the regional, continental, and global levels.

"Today marks a momentous juncture as we embark on a new chapter with the unveiling of the KMTc Strategic Plan for 2023-2028" said Dr. Oluoch. Adding "the Plan is a blueprint; guiding us towards innovative horizons while steadfastly upholding our core mission, and progress towards the noble goal of Universal Health Coverage".

Also present were Parliamentarians, Health Principal Secretary for State Department for Public Health and Professional Standards Mary Muriuki, among other dignitaries.





# COMMITMENT TO TRANSFORMATIVE HEALTHCARE

In a significant stride toward strengthening Kenya's healthcare sector, KMTCC and the Ministry of Health formalized their partnership with a performance contract signing ceremony.



*Health CS Nakhumicha S. Wafula (2<sup>nd</sup> left), Board Chairperson Mr. Joseah K. Cheruiyot, Board Director Ms. Eunice W. Karanja, and the Deputy Director, Finance Planning and Administration Ms. Lucy Chebungei (right) during the signing of the performance contract.*

The event, hosted at the Ministry of Health annex in Nairobi on November 10, 2023, was graced by Health Cabinet Secretary Nakhumicha S. Wafula, accompanied by Principal Secretary for Public Health and Professional Standards Mary Muthoni and Principal Secretary for Medical Services Mr. Harry Kimutai.

During her address, CS Nakhumicha underscored the importance of teamwork among organizations and the creation of coalitions between ministries and government agencies. She advocated for the use of digital tools in evaluation, emphasizing the role of Performance Contracts in guiding institutions to effectively manage available resources in alignment with Ministry of Health targets.

The CS stated, "All government services should be digitized for easy public access," adding, "By aligning health institutions with government initiatives, Kenya is poised to achieve a healthcare system that is not only responsive to current challenges but also prepared for future advancements."

KMTCC Board Chairperson, Mr. Joseah K. Cheruiyot, emphasizing KMTCC's pivotal role in the country, stated, "Our involvement reflects a commitment not only to service delivery but also to the development and training of the workforce, the backbone of the health industry."

The performance contract signing signified a strategic agreement between key stakeholders in the health sector, solidifying their commitment to advancing the sector and outlining collaborative efforts necessary for tangible advancements.

Performance contracting, a product support strategy embedded in Public Sector Reforms, aims at achieving measurable performance outcomes for institutions. It acts as a mechanism to improve the performance of the public sector by setting clear objectives, and targets, and specifying agent performance in terms of results. The performance contract is a negotiated agreement between the government, facilitated through the Ministry of Health, and the Management of KMTCC.

The signing was witnessed by the KMTCC Board Directors, Dr. Martin Sirengo and Ms. Eunice Karanja, CEO Dr. Kelly Oluoch, and Deputy Director, Finance Planning and Administration, Ms. Lucy Chebungei, among others.

# COLLEGE SHINES AT MASHUJAA DAY CELEBRATIONS

KMTC took center stage during Mashujaa Day celebrations and the UHCEXpo held in Kapkatet Kericho County, emerging as a pivotal State Corporation in the country's pursuit of Universal Health Coverage (UHC).



*Board Chairperson Mr. Joseah K. Cheruiyot with PS Broadcasting and Telecommunications Prof. Edward Kisiang'ani during the UHCEXpo.*

The UHCEXpo, spanning from October 16 to 19, 2023 featured plenary discussions, booth displays, and entertainment, providing a platform for KMTC to showcase its impactful contributions. The Expo culminated in Mashujaa Day celebrations (20<sup>th</sup> October) at Kericho Stadium, an event presided over by H.E President William Ruto.

During the five-day event, various speakers, including the Head of State H.E. President Dr. William Samoei Ruto, lauded KMTC for its crucial role as the largest training arm for the government.

In addition to showcasing medical expertise, KMTC's CEO, Dr. Kelly Oluoch, received acknowledgment from President Ruto as a hero for his outstanding contributions to the medical field. Dr. Oluoch's achievements, including the transformation of KMTC and leadership during the COVID-19

pandemic, were recognized.

Deputy President Rigathi Gachagua highlighted the theme of UHC as 'AFYA Nyumbani' (Health at Home) and acknowledged Community Health Promoters as true heroes. He commended KMTC's focus on health promotion and community health, aligning seamlessly with the vision for a healthier and empowered society. The upgrading of two Kericho county hospitals was announced to support KMTC's training initiatives.

Health CS. Nakhumicha S. Wafula emphasized KMTC's invaluable contribution through initiatives like the Community Health Assistants course, empowering primary healthcare workers, and aligning with AFYA Nyumbani's goals.

Senate Health Committee Chair Hon. Jackson Mandago commended KMTC's pivotal role in bridging the

gap between training and specialized healthcare, stressing its importance for a robust healthcare system.

KMTC CEO Dr. Kelly Oluoch, took the stage at the UHCEXpo, discussing crucial aspects of healthcare education and training. His insights into curriculum development, community programs, and re-skilling opportunities laid the foundation for a comprehensive discussion on advancing the healthcare workforce. KMTC remains steadfast in its commitment to reshaping healthcare education for a brighter and healthier future, aligning with the government's vision of accessible, affordable, and high-quality healthcare.

At one of the College's exhibition booths, initially designed for teaching demonstrations, KMTC transformed it into a free medical camp, offering hundreds of area residents complimentary eye check-ups. The College utilized this opportunity to exhibit its skills laboratory and cutting-edge teaching equipment, highlighting its unique teaching capabilities.

The Mashujaa Day celebrations extended nationwide, with the 74 KMTC campuses actively participating in activities such as tree planting, free medical camps, cleaning exercises, and health awareness campaigns.

The continued investment in health and KMTC's training initiatives mark a significant step toward ensuring every home in Kenya has access to quality healthcare, demonstrating the College's dedication to shaping the future of healthcare in the country.



# MINISTRY OF HEALTH AND KMTc COLLABORATE TO CELEBRATE WORLD SIGHT DAY

In commemoration of World Sight Day, the Ministry of Health and the KMTc joined forces to mark this global celebration.



*The Acting Director General for Health Dr. Patrick Amoth (right) and CEO Dr. Kelly Oluoch (left) flagging off a walk to commemorate World Sight Day.*

Speaking at the launch of the World Sight Day celebrations held on October 12, 2023, at the KMTc Headquarters, Ag. Director General of Health, Dr. Patrick Amoth, drew attention to the staggering annual report of 3.5 million cases of eyesight-related injuries worldwide. Notably, 50% of emergency admissions in Kenyan Eye wards are attributed to injuries sustained in the workplace.

Dr. Amoth underscored the Ministry's unwavering commitment to implementing measures that protect vision in workplaces, stating, "The Ministry is steadfast in establishing protective measures to safeguard eyesight in our places of work."

The event had participants take part in a walk to raise awareness of eye conditions. Emphasizing the importance of prevention and promotion, he clarified that the awareness walk's goal is to educate individuals on avoiding eye-related injuries. Dr. Amoth urged industries and workplaces to prioritize the use of appropriate protective gear to ensure

eye protection, enabling individuals to work to their maximum potential.

Highlighting the Ministry's dedication to Universal Health Coverage through a primary health care approach, Dr. Amoth outlined plans to focus on training the health workforce to provide Ophthalmic services. He also revealed the Ministry's development of a benefit package, including rehabilitation services, to address long-term eye injuries through the National Hospital Insurance Fund (NHIF).

During the event, KMTc CEO, Dr. Kelly Oluoch, said the College commemorates World Sight Day every second Thursday of October. On this day, the College collaborates with other partners to conduct free Eye clinics, screening, and treating eye problems.

Dr. Oluoch reiterated the College's commitment to providing training across various departments on eye care. "This training is essential for disseminating information on eye care and management at the community level,"

he said.

The College offers training for Optometrists, Ophthalmic Nurses, and Ophthalmic Clinical Officers.

In addition, the College trains general health workers, including community health assistants to help in the dissemination of eye care information and management in the community.

Expressing gratitude, he acknowledged the support and collaboration received from the Ministry of Health and other partners in the field of eye care.

This collaboration signifies a shared dedication to promoting eye health, preventing injuries, and advancing the provision of quality eye care services in Kenya.

Present during the event were Ministry of Health Ophthalmic Coordinator Mr. Michael Gichangi, Nairobi Campus Principal Mr. Joseph Ahomo, and Deputy Principal Finance and Administration Ms. Carol Oyugi, among others.

# PS COMMENDS KMTC'S COMMITMENT TO QUALITY HEALTHCARE AND INNOVATION

During a visit to the College prior to the scheduled launch of the KMTC Strategic Plan 2023-2028 on November 9, 2023, in Nairobi, State Department for Public Health and Professional Standards Principal Secretary Mary Muriuki, commended the College's commitment to bolstering accessibility to health services.



*Health PS Mary M. Muriuki (center), Board Chairperson Mr. Joseah K. Cheruiyot (3<sup>rd</sup> left), CEO Dr. Kelly Oluoch (2<sup>nd</sup> left), the Deputy Director, Finance Planning and Administration Ms. Lucy Chebungei (3<sup>rd</sup> right) Board Directors Dr. Martin Sirengo (right), Mr. Benson Giuthua (2<sup>nd</sup> right) and the Chairman Principals' Forum Mr. Ezekiel Kandagor (left).*

Speaking before the College Campus Principals from across the country, she praised KMTC's unwavering dedication to quality healthcare training.

PS Muriuki also lauded the Management for their significant strides in training healthcare professionals and their embrace of digitalization. She stated, "I am pleased with KMTC's digitalization strategy, which is pivotal in increasing applicant uptake and ensuring the highest quality training. This initiative aligns with the government's focus on preventive health and expanding access to primary healthcare services."

Emphasizing the essence of public service, the PS challenged the Principals to be innovative and leverage digitization for the College's sustainability.

She further added, "KMTC plays a vital role in expanding access to quality healthcare. Let's remain committed to improving healthcare accessibility and sustaining the progress."

Mr. Joseah K. Cheruiyot, the KMTC Board Chairperson, expressed gratitude for the government's support and affirmed, "The College is dedicated to supporting the Ministry and the Government in developing fit-for-purpose health professionals, ensuring quality, accessible, and affordable healthcare for all."

CEO Dr. Kelly Oluoch emphasized KMTC's global focus, stating, "We are committed to training healthcare professionals for the global market, with a strong emphasis on generating new knowledge through research and innovation. Our new Strategic Plan

focuses on these key areas, ensuring that our graduates meet international standards."

Additionally, the CEO highlighted KMTC's efforts to enhance the application process, making it more responsive. He stated, "We are streamlining our application process to provide enhanced feedback to applicants, offering a more efficient and user-friendly experience."

The launch of the KMTC Strategic Plan 2023-2028 represents a beacon of hope for the future of healthcare in Kenya. This strategic initiative not only signifies a paradigm shift in healthcare education but also underscores the government's dedication to nurturing a skilled workforce capable of addressing the evolving healthcare needs of the nation.



# ACADEMIC COUNCIL MEETING ADVANCES DIALOGUE ON ENHANCING QUALITY TRAINING

In a proactive move towards ensuring the sustained excellence of medical training, KMTC held its quarterly Academic Council Meeting from 11<sup>th</sup> – 13<sup>th</sup> October, 2023.

This significant gathering brought together Principals from various KMTC Campuses, Heads of Department, and top Management, marking a vital platform for strategic discussions and decisions.



*Board Chairperson Mr. Joseah K. Cheruiyot making his remarks.*

Addressing the Principals during his inaugural meeting as the College's Board Chairperson, Mr. Joseah K. Cheruiyot, affirmed the Board's steadfast support, emphasizing the value placed on exceptional performance. "Where possible, excellent performance shall be rewarded," stated Mr. Cheruiyot. He further urged Principals to actively collaborate with stakeholders, undertake resource mobilization activities, and empower their staff. "We encourage you to build the capacity of your staff and give them room to grow," he said.

Additionally, Mr. Cheruiyot highlighted the Board's dedication to addressing regional disparities in training opportunities, stating, "Our focus will be on campuses in marginalized areas, supporting affirmative action and ensuring equal access to high-quality education."

Chief Executive Officer Dr. Kelly Oluoch provided an overview of recent advancements within the institution. "We have made significant strides in strengthening our Management team," stated the CEO. He reported that key positions including, Deputy Director Finance, Planning and Administration, Human Resource Manager, Corporation Secretary, Internal Audit Manager, and Resource Mobilization Manager have been filled with competent professionals.

Additionally, the CEO acknowledged the addition of 84 new employees, predominantly faculty members. "Our commitment to quality training is reflected in our recent achievements, and we are determined to uphold these standards," he affirmed. The CEO unveiled plans for new Human Resource instruments aimed at recognizing staff contributions and fostering their professional growth.

As part of KMTC's forward-looking initiatives, the CEO announced the upcoming induction programmes for new Principals, ensuring a smooth transition into their roles. Moreover, the College is set to collaborate closely with the Council of Governors to facilitate clinical placements for students, enhancing their access to advanced training opportunities.

The Academic Council meeting highlighted KMTC's unwavering commitment to providing top-notch medical education and training. By fostering collaboration, recognizing excellence, and investing in staff development, KMTC continues to pave the way for the next generation of healthcare professionals.

# KMTC INVESTS IN RESEARCH FOR HEALTHIER COMMUNITIES

In a stride towards fostering a culture of research and innovation, the College recently hosted a transformative two-week training workshop in collaboration with Micro-Research (MR) Canada. This significant initiative, held at KMTC Kapenguria from November 6<sup>th</sup> to 17<sup>th</sup>, 2023, marked a crucial step in reinforcing research as a core mandate of the College.



*Micro-Research Canada and KMTC participants during the workshop.*

The primary objective of the workshop was to elevate the skills of both teaching and non-teaching staff members in the realm of community-focused health research. A cohort of 26 participants immersed themselves in the Micro-research methodology under the guidance of seasoned coaches.

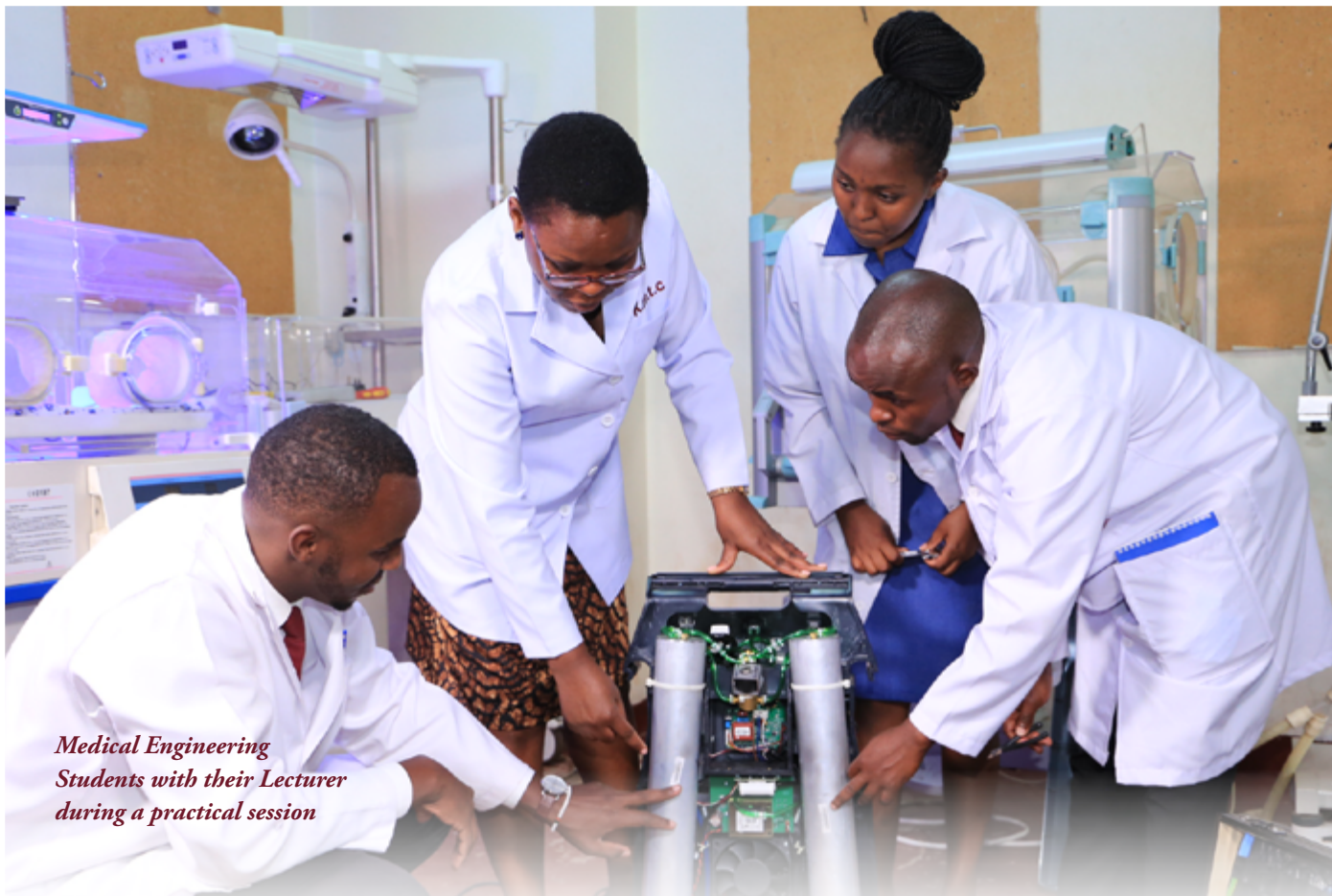
During the workshop, participants were organized into teams, each assigned a coach to navigate them through the intricacies of developing a comprehensive project proposal. The collaborative spirit thrived as each team worked diligently to present their innovative concepts in a plenary session.

Post-workshop, the teams were entrusted with the task of refining their projects further. Their final submissions, hold the potential for funding from Micro-Research Canada. The research office at KMTC is actively overseeing the progress of these projects, emphasizing the College's commitment to translating research into actionable solutions for the community well-being.



# KMTC'S MULTIDISCIPLINARY RESEARCH ENDEAVORS EMPOWERING HEALTHCARE

Driven by a commitment to tackling pressing healthcare challenges as well as advancing educational and training practices, KMTC has continued to demonstrate unwavering dedication to research and education excellence.



*Medical Engineering Students with their Lecturer during a practical session*

In this quarter, six innovative research studies, each a testament to the College's multidisciplinary spirit and relentless pursuit of knowledge were funded. Covering various topics, from instructional methodologies in the classroom to wound care strategies for patients, these studies collaboratively bridge campuses and disciplines within KMTC.

## **The six are: -**

- i. Influence of Instructional Methodology on Teaching Practices among Lecturers at KMTC (Nairobi Campus).
- ii. The Effectiveness of Health Education on Self-care of Acute Traumatic wounds to Patients and their Caregivers (Murang'a Campus).
- iii. Business Intelligence Systems and Customer Satisfaction in Public Middle-Level Colleges in Kenya (KMTC Headquarters).
- iv. Utilization of Digital Learning Technologies by Student Nurses at KMTC (Nairobi Campus).
- v. Breastfeeding Crèches as Essential Facilities in Public Institutions: A Case of KMTC (Kapenguria Campus).
- vi. Determinants of Intimate Partner Violence among Married Nurse Students at KMTC Campuses in the Lower Eastern Region (Kitui Campus).

These studies not only contribute to the academic and intellectual growth of the College but also address pressing issues in healthcare training.

# KMTC SYMPOSIUM SHOWCASES STUDENTS' RESEARCH PROWESS

The College's commitment to research resonated at the KMTC Mombasa Campus on October 19<sup>th</sup>, 2023, as students from Kilifi, Msambweni, Portreitz, Voi, and Kwale campuses came together for an impactful research symposium.

Examining sub-themes such as Artificial Intelligence (AI) in medicine, anatomy, patient care, and general knowledge, the symposium fostered interactive sessions and debates, enriching the medical knowledge of both staff and students present. This spirit of collaboration and knowledge stood as a testament to KMTC's dedication to research as a fundamental aspect of its mandate.

Solidifying its commitment to the development of multidisciplinary, competent health professionals, KMTC continues to champion research and empower its students, for the betterment of society.



*Mombasa Campus Principal Dr. Marsellah Ogendo awards Msambweni Campus at the Coast Region Intercampus Symposium.*

## KMTC AND AUSTRIFY MEDICAL GMBH SEEKING A PARTNERSHIP TO CREATE JOB OPPORTUNITIES FOR COLLEGE GRADUATES

KMTC CEO Dr. Kelly Oluoch on November 28, 2023, held talks with a delegation from Austrify Medical GmbH, in a move that could see College graduates secure jobs in Austria.

The delegation from Austrify Medical GmbH, an Austrian Company recruiting nurses, was led by the CEO Guenther Gnadenberger.

Speaking when he received the delegation at the KMTC headquarters

in Nairobi, Dr. Oluoch stated, "This strategic collaboration marks a significant stride towards representing Kenya in the global healthcare arena." He further noted that "this initiative is aligned with the recently launched KMTC Strategic Plan 2023-2028, emphasizing collaborations with the intent of creating opportunities for College students in the foreign markets."

The CEO extended his gratitude to the Austrify Medical GmbH team,



*CEO Dr. Kelly Oluoch (left), Austrify Medical GmbH CEO Guenther Gnadenberger (right), and Austrify Medical Nursing Assistant Bakari Yunus (center) during the meeting at the KMTC Headquarters.*

emphasizing that KMTC stands at the forefront, providing up to 85 percent of healthcare workers in both the private and public sectors within Kenya.

Mr. Gnadenberger expressed confidence in KMTC's capacity and said, "KMTC is a valuable source of skilled nursing professionals for the Austrian market. We are specifically targeting diploma and higher diploma graduates whose exceptional skills align with the needs of the Austrian population."



# KMTC AND MOMBASA COUNTY FORGE STRONG PARTNERSHIP FOR HEALTH SYSTEMS STRENGTHENING

In a significant move towards quality healthcare, KMTC and Mombasa County have inked a Memorandum of Understanding, solidifying their commitment to collaborative health systems strengthening.



*Board Chairperson Mr. Joseah K. Cheruiyot (left) and Mombasa County Health CEC Dr. Swabah Ahmed sign an MoU at the Mombasa County Headquarters.*

The ceremonial signing was presided over by the KMTC Board Chairperson Mr. Joseah K. Cheruiyot accompanied by CEO Dr. Kelly Oluoch. Also, in attendance were Mombasa County Secretary Jeizan Faruk, accompanied by the County Executive Committee Member for Health Dr. Swabah Ahmed, KMTC Principals Dr. Jacinta Mukonzo (Port Reitz) and Dr. Marsellah Ogendo (Mombasa). The partnership marks a pivotal moment in the institutions' ongoing efforts to reinforce healthcare provision within the county.

Speaking at the ceremony, Mr. Cheruiyot conveyed the College's gratitude for Mombasa County's unwavering support, particularly acknowledging Governor Abdulswamad Nassir's leadership. He reaffirmed KMTC's dedication to delivering top-tier training and education, emphasizing the pivotal role the institution plays in shaping the healthcare landscape.

"This MoU is a testament to our commitment to providing quality training that addresses the unique healthcare needs of the county and country at large," the Board Chairperson stated.

CEO Dr. Oluoch shed light on the recently launched Arab curriculum, noting that Mombasa Campus would serve as the ideal Center of Excellence for the language. This strategic decision stems from the prevalence of Arabic in the county, aligning with KMTC's mission to tailor education to local needs, he said.

In response, Dr. Ahmed extended gratitude to KMTC for their cooperation and commended the two institutions for fostering a positive working relationship.

"We appreciate the excellent working relationship we have cultivated with KMTC. This partnership is a significant step towards enhancing community health services in Mombasa. We

eagerly anticipate the introduction of additional courses and look forward to the professional development of our staff through specialist programmes at KMTC," the CECM stated.

To support aspiring healthcare professionals, Mombasa County committed to providing funds for bursaries and scholarships through the Mombasa County Elimu Scheme and the Higher Education Loans Board.

"Mombasa County is committed to supporting aspiring healthcare professionals. We will provide funds for bursaries and scholarships, ensuring that qualified applicants have access to quality education," the CECM said.

As a proactive measure to ensure the successful implementation of the newly forged agreement, both institutions agreed to nominate a technical committee to oversee the seamless execution of collaborative initiatives outlined in the MoU.

# KMTC AND THET TO COLLABORATE FOR KENYA'S HEALTH

In a groundbreaking collaboration, the College hosted a team from the Tropical Health and Education Trust (THET) for a crucial scoping assessment of the Global Health Workforce program in Kenya.



*Deputy Director Academics, Dr. Nyawira Mwangi (center), THET Kenya Country representative Sam Munga (left), Deputy Executive Director Loise McGrath (2<sup>nd</sup> left), Director Health Systems Margaret Caffrey (right), KMTC Resource Mobilization Manager Mr. Job Nyakado and faculty during the meeting.*

This was in response to the launch of the Global Capacity Building Grant Programme (GCB) which collaborates to increase health system and health worker capacity between England and South Africa, Uganda and Zambia through global learning opportunities.

Led by the CEO Dr. Kelly Oluoch who was represented by the Deputy Director Academics Dr. Nyawira Mwangi, the KMTC team engaged the THET

delegates for a dynamic discussion aimed at enhancing healthcare training towards strengthening healthcare systems in the country.

"We are excited about the potential impact this collaboration will have on our healthcare workforce. Together, we are forging a path towards a healthier, more sustainable future for Kenya," remarked Dr. Nyawira.

This partnership signifies a critical step towards a reinvigorated healthcare landscape, underscoring the significance of international cooperation and knowledge exchange in shaping a robust healthcare future for Kenya.



# KWALE COUNTY JOINS HANDS WITH KMTC FOR HEALTHCARE EXCELLENCE

New students at KMTC PortReitz were honored to have the Kwale County Executive Committee Member (CECM) for Health Mr. Francis Gwama, officially inaugurate the student induction session, infusing the gathering with a palpable sense of enthusiasm.



*Kwale County Health CEC Dr. Francis Gwama (seated 2<sup>nd</sup> right) joins Port Reitz Campus Principal Dr. Jacinta Mukonzo, along with staff and students from the Coast Region Campuses.*

Addressing the students, the CECM stated, "I am a proud alumnus of KMTC, and it's an honor to be here today, sharing my journey with all of you. This institution has shaped my career profoundly, and I am confident it will do the same for you."

Highlighting the crucial role Kwale County plays in advancing quality training, the CEC announced a groundbreaking partnership with KMTC, signaling a new era in healthcare training. He emphasized, "Our collaboration with KMTC aims to provide not only theoretical knowl-

edge but also practical exposure that is essential for your growth as medical professionals."

A key focus of this collaboration involves ensuring students receive unparalleled practical exposure, he said. Towards this, the CEC announced, "We plan to renovate houses within hospitals, providing enhanced accommodation to students during their clinical placements. We believe that a conducive environment is pivotal for effective learning."

Moreover, Kwale County is making significant strides in expanding the

clinical experience for students. The CEC shared, "We are thrilled to announce the establishment of a state-of-the-art Critical Care Unit in Kinango Sub County. This initiative aims to offer enhanced hands-on training, preparing you for the challenges of real-world healthcare scenarios."

The announcement was met with enthusiastic applause from attendees, underscoring the shared excitement and anticipation for the transformative impact this partnership will undoubtedly have on healthcare training in the region.





*Bungoma Campus Principal, Mrs. Elizabeth Ndura (left) and Naivasha Hospital Medical Superintendent Dr. Bernard Warui (right) during an MoU signing with Naivasha Hospital on students' clinical placement.*



*Lake Victoria Campus students with Kisumu County Staff during the commemoration of the World Spine Bifida and Hydrocephalus Day at the Kisumu County Referral Hospital.*



## KMTC STUDENT REPRESENTS KENYAN YOUTH AT THE AFRICAN UNION FORUM IN LUSAKA, ZAMBIA

In a groundbreaking African Youth Forum on Drug Use Prevention organized by the African Union Commission Department of Health, Humanitarian Affairs and Social Development (HHS), Ms. Winnie Kemunto, a KMTC student stood out as a passionate advocate for change



*Winnie Kemunto (left) awarded at AU Youth Forum on Drug Prevention in Lusaka, Zambia.*

The first-ever continental youth forum on drug use prevention which sought to combat drug abuse and trafficking among young people of the continent.

Ms. Kemunto was delighted to represent Kenyan youth at the forum after she secured her spot through a competitive application process.

She emphasized the significance of leveraging digital platforms to seize such opportunities, recognizing the competitive nature of the forum that attracted numerous applications.

She told the conference, “Change begins with our active involvement. As

today’s youth, we are not just leaders of tomorrow, we are leaders today. Utilizing digital platforms is key to seizing opportunities that pave the way for impactful change.”

Ms. Kemunto’s call to action resonated with the forum’s commitment to implementing drug use prevention initiatives across Africa.

The forum brought together dynamic young minds from over 10 African countries in a collaborative effort to address the escalating challenges associated with drug use among youth, women, and children across the continent.

The event, which ran from November 6<sup>th</sup> to 10<sup>th</sup>, 2023, was a side meeting to the African Union High-Level Session on Substance Use and Related Mental Health Disorders.

The closing ceremony featured a powerful youth declaration, and participants committed to implementing drug use prevention initiatives in their respective countries.

The forum concluded with action points urging participants to establish national youth fora, finalize project proposals for funding, and remain actively engaged in drug use prevention efforts.

# STUDENT TRANSFORMING HEALTHCARE AND COMMUNITIES AT KMTC MACHAKOS

Mr. Dennis Mutethya, affectionately known as 'Kababa' among his peers at KMTC Machakos, is a shining example of passion, dedication, and commitment to sustainable development.



*Dennis Mutethya "Kababa" (Machakos Campus) at #ESDfor5DGsMachakos open day.*

As a second-year student pursuing a certificate course in Orthopaedics and Trauma Medicine, Mr. Mutethya has not only excelled in his academics but has also embarked on a remarkable journey to make a positive impact in his community and beyond.

Mr. Mutethya's journey began with a vision to drive meaningful change and contribute to the realization of the Sustainable Development Goals (SDGs).

Fueled by his passion for sustainable development, he founded the "Africa for SDGs" Club at Machakos Campus. This club became a platform for students who shared Mr. Mutethya's dedication to achieving the SDGs, with a special focus on Goal 3, which centers on health and well-being.

Under Mutethya's leadership, the Africa for SDGs club has undertaken various initiatives aimed at creating a healthier and more sustainable world. They started with a community outreach

programme, where they engaged in tree planting activities, not only to combat climate change but also to improve air quality and overall community well-being. The club has visited a children's home, spreading love and care to those in need, emphasizing that health and well-being extend beyond physical health. The club is currently involved in developing an innovative solution that could enhance disease diagnosis.

Mr. Mutethya attributes much of the club's success to the support and encouragement of the Campus Principal Mr. Matthew Kipturgo. He expressed his gratitude by saying, "Mr. Kipturgo has been an incredible source of support for our club. His belief in our mission and his willingness to provide resources and guidance have been instrumental in our achievements. We are truly grateful for his leadership."

He encourages other KMTC students to take up similar clubs dedicated to the SDGs. He emphasizes how these initiatives align with the core mandate

of KMTC, to produce well-rounded, responsible, and socially conscious graduates.

According to the Principal Mr. Kipturgo, the Africa for SDGs Club demonstrates that students can actively contribute to achieving the SDGs while pursuing their education.

"It's not just about textbooks and exams, it's about making a difference. I urge other campuses to embrace such clubs, as they align with the broader mission of the College to nurture individuals who can positively impact society," he said.

'Kababa' is a testament to the power of determination, passion, and the unwavering belief in the possibility of creating a better world.

His journey at KMTC Machakos is not just about personal growth but also about leaving a lasting legacy of sustainable development and improved health and well-being for generations to come.



## MEET JUDITH AKOTH, WHO WILL BE GRADUATING AT THE AGE OF 39.

This is what it means when they say, “Age is merely a number.”

I came into this world on 26/10/1984, facing adversity from the very start. At the tender age of seven, I lost my father, and at 10, my mother also died, leaving me orphaned and under the care of my maternal grandparents. Despite the challenges, I showed promise academically, ranking as the 3<sup>rd</sup> best in my Kenya Certificate of Primary Education (KCPE) exam in 1998.



*Ms. Judith Akoth*

**A**lthough I faced financial constraints that led me to attend multiple-day schools, I persevered. My resilience led me to complete my Kenya Certificate of Secondary Education (KCSE) in 2002, where I scored a B (minus). Life took another challenging turn when my diabetic grandmother passed away, forcing me into an early marriage at the age of 18, due to lack of accommodation.

Amid life's hardships, a glimmer of hope emerged in 2019. Nursing my sick aunt, I encountered a kind soul

who recognized my potential. Despite being a peasant farmer, he saw a nurse in me.

Encouraged by his words, I took a leap of faith and joined KMTC Siaya in March 2020. The journey was far from easy, especially with opposition from my family and a significant ankle injury in January this year. Just two months away from my Final Qualifying Exams, I received the devastating news of my husband's passing on while I was on rural placement. The world seemed to crumble around me, but I refused to be broken.

I stand here today as a testament to the strength of a determined heart. Age, I've learned, is merely a number. At 39, I earned my diploma, and my journey doesn't end here. My message to every woman out there is to hold onto your dreams, regardless of the obstacles. Let's support one another, lifting each other instead of being stumbling blocks. Together, we can change societal perceptions about the medical profession. By upholding morality and doing what is right, we can reshape attitudes.

# KMTC NAROK CAMPUS GEARS UP FOR MARCH 2024 STUDENT INTAKE

KMTC Narok is gearing up for its first student intake in March 2024, marking a strategic move to expand training opportunities. The initiative follows the signing of a Memorandum of Understanding on December 14, 2023, with key roles played by KMTC Board Chairperson, Mr. Joseah K. Cheruiyot, and Narok County Governor, Hon. Patrick Ole Ntutu.



*A section of Narok Campus.*



*Narok County Governor Hon. Patrick Ole Ntutu (2<sup>nd</sup> left), KMTC Board Chairperson Mr. Joseah K. Cheruiyot, (3<sup>rd</sup> left), CEO Dr. Kelly Oluoch (left), County Attorney Allan Meingati (3<sup>rd</sup> right), Chief of Staff Francis Wanyeki (4<sup>th</sup> right), KMTC Board Directors Eng. Joseph Atonga (right) and Paul K. Cheboi (2<sup>nd</sup> right) during signing of the MoU.*

Mr. Cheruiyot expressed gratitude for the collaborative effort stating "KMTC plays a vital role in training health professionals to strengthen Primary Health Care, which is the cornerstone for the realization of Universal Health Coverage."

Governor Ole Ntutu pledged support for courses tailored to community needs and announced plans for a com-

mittee to enhance preparations and clinical placement sites for KMTC students.

CEO Dr. Kelly Oluoch commended Narok Campus as a model and expressed optimism about the positive working relationship with the county, foreseeing enhanced medical training and contributions to UHC goals.

In attendance were Narok County

Government Executive Committee Member for Health Mr. Anthony Namunkuk, Chief Officer for Health Ms. Jane Kiok, KMTC Board Directors Eng. Joseph Atonga and Mr. Paul Kaino, Deputy Director Finance, Planning and Administration Ms. Lucy Chebungei, Corporation Secretary Ms. Caroline Muchina, Head of Intergovernmental Relations Dr. Leah Bii, and Kisii Principal Ms. Sarah Koech.





*From L-R: ICT Manager Dr. Kenneth Riany with ICT officers Gilbert Jumbe Kabulunze, Jackson Kimeu, Delifina Manwa, and Dennis Kimani at the CIO100 Symposium and awards ceremony in Mombasa.*

## KMTC SHINES AT THE CIO100 EAST AFRICA AWARDS

**K**MTC was on November 24, 2023 crowned the winner of the regional CIO100 Symposium and Awards in the Education Sector category.

Winning from a pool of over 600 organizations that joined the competition, the College was honored with the prestigious Plus One Award in recognition of its outstanding digital transformation efforts, particularly in eLearning and simulation laboratory implementation.

In recognition of these accomplishments, the College was presented with a trophy, along with two Silver and one Bronze Mark by the event organizers.

Upon receiving the good news, CEO Dr. Kelly Oluoch commented, "We are so excited with this recognition. It is one of the best gifts we have received this year". "The victory is a significant achievement, and it highlights our

dedication to embracing digitalization," he added.

The award comes a month after the College launched its Strategic Plan 2023-2028, which places digitalization at the core of its service delivery over the next five years.

Dr. Oluoch extended gratitude to the College fraternity for their incredible support, singling out the ICT and Corporate Communications team for spearheading the award.

Organized by the African digital transformation driver, dx5, the CIO100 Awards programme celebrates organizations and individuals utilizing IT innovatively to deliver business value, whether by creating a competitive advantage, optimizing business processes, enabling growth, improving customer relationships, or digitally transforming the business.

The ICT Manager Dr. Kenneth Riany who received the award on behalf of the College thanked the organizers of the event for acknowledging KMTC. He also thanked the College Management led by the CEO for their immense support.

KMTC has achieved significant digital transformation milestones, such as connecting internet in its 74 campuses, implementing online admissions, automating and integrating the student application process, verification of certificates and transcripts with the e-citizen platforms.

The event, held in Mombasa, also acknowledged winners in various categories, including Ashok Shah of APA Insurance (CXO of The Year Award), Nairobi City Water and Sewerage Company (Public Sector Award), and the County Government of Nyan-darua (Local Government Award), among others.

# KMTC CEO WINS PRESTIGIOUS AWARD

On a night filled with anticipation and excitement, the College witnessed a historic moment as the Chief Executive Officer, Dr. Kelly Oluoch, emerged as the 1<sup>st</sup> Runner Up, in the prestigious CEO of the Year Statutory Bodies Sector Award at the Champions of Governance 2023 Awards.



*CEO Dr. Kelly Oluoch (4<sup>th</sup> right) receiving his award.*

Dr. Oluoch's outstanding leadership has long been recognized as the cornerstone of KMTC's success. Under his guidance, the College has achieved remarkable milestones, including the digitalization of services and setting new standards in medical education, such as establishing a scholarship fund for needy students.

The CEO's tireless dedication and solid commitment to excellence have not gone unnoticed. The award given to him is a well-deserved recognition of

his visionary leadership and relentless pursuit of excellence.

In a statement following the announcement, Dr. Oluoch expressed his gratitude for the award, attributing the success to the collective efforts of the entire KMTC team.

He stressed that this award belongs to each member of the KMTC family who has contributed to the College's journey of excellence.

The Champions of Governance 2023 Awards ceremony served as a platform to honor individuals and organizations

who have demonstrated exceptional leadership and governance practices.

Dr. Oluoch's recognition confirms his commitment to excellence and innovation in medical education.

As KMTC continues to chart new horizons under Dr. Oluoch's leadership, the College looks forward to even greater achievements and contributions to the healthcare sector in Kenya and beyond.

The award ceremony was held on December 1, 2023 in Nairobi.



# KMTC WINS EDUCATION SECTOR AWARD

The College claimed the prestigious Education Sector Award at the 12<sup>th</sup> Champions of Governance Awards, marking a significant milestone for the institution.

This honor highlights KMTC's commitment to excellence in education.



*(Front row) Board Chairperson Mr. Joseph K. Cheruiyot (4<sup>th</sup> left) and CEO Dr. Kelly Oluoch (3<sup>rd</sup> right) receive the College award.*

**O**n receiving the good news, CEO Dr. Kelly Oluoch expressed his joy at the achievement, stating, "This award is a testament to the dedication and hard work of our entire KMTC community. We are honored to be recognized for our efforts in providing quality education."

The Education Sector Award recognizes institutions that demonstrate exceptional governance practices and excel-

lence in education delivery.

The College's win highlights its role in training middle-level health workers who play a crucial role in the country's healthcare system.

"We are immeasurably proud of our students and staff who have contributed to this success," said Dr. Oluoch. "This award reaffirms our commitment to producing highly skilled healthcare professionals who will make meaningful contributions to society."

The Champions of Governance Awards ceremony celebrates organizations and individuals that uphold the highest standards of governance and leadership across various sectors.

With this achievement, KMTC looks forward to continuing its legacy of excellence in healthcare training, shaping the future of healthcare in Kenya and beyond.

# CAMPUS CLINCHES TOP POSITION IN THE ASK BARINGO SHOW

KMTC Kabarnet shone brightly in the Agricultural Society of Kenya (ASK) Baringo Show held from 20<sup>th</sup> to 22<sup>nd</sup> October, 2023 at the Kabarnet showground, showcasing the College's commitment to excellence and dedication to quality training.



*Kabarnet Campus Principal Ms. Florence Oloo with students at the Agricultural Society of Kenya Trade Fair in Baringo County.*

“This prestigious award stands as a testament to the College’s unwavering commitment to providing top-notch training and nurturing future leaders,” Principal Ms. Florence Oloo said after clinching position one in the best run Tertiary level institution in Baringo County category.

In the Education and Research category, the campus secured the second position, a recognition that further underscored the College’s innovative teaching methods and groundbreaking research initiatives.

During the event, the Campus had the honor of hosting the Baringo County Governor, Hon. Benjamin Cheboi, and his team at the exhibition stand, who provided their positive feedback on the displays and demonstrations,

inspiring them to push the boundaries of educational excellence further.

“We extend our heartfelt gratitude to everyone who visited our stand, engaged with our exhibits, and supported us throughout the event. Your encouragement fuels our passion for education, and we are deeply motivated to continue our journey of academic excellence and community engagement,” Ms. Oloo added.

In addition, the Campus’ students showcased outstanding academic prowess in the latest examinations, with the September 2021 nursing certificate students scoring an impressive 81 percent pass rate, while the upgrading class posted a remarkable 80 percent pass rate.



*The award presented to KMTC.*

KMTC remains committed to ensuring a 100 percent transition from entry to graduation by institute mechanisms to ensure continuous enhancement of the quality of training



# SUCCESSFUL MEMBER TRUSTEE ELECTION MARKS A NEW ERA FOR KMTC STAFF PENSION SCHEME

The KMTC staff pension scheme conducted its member trustee election at the Machakos Campus on November 22, 2023. This three-day event commenced on November 20, 2023, featuring an introduction of aspirants and delegates and culminating in a democratic revolution with a fresh face taking the helm of leadership.



*Ms. Julia Muriuki (left), Ag. Deputy Human Resource Manager Mr. Benson Malimwa (center) and Mr. Winbert Wanyama.*

In a departure from the typically highly contested position, this election saw two contestants vying for the top spot.

Ms. Julia Muriuki, outgoing Member of the Defined Contribution Scheme (DCS) battled it out with Mr. Winbert M. Wanyama.

KMTC Human Resource Manager Mrs. Lilian Kemboi, who doubles up as the Trust Secretary, encouraged delegates to vote wisely, choosing representatives whose manifestos properly aligned with members' interests.

She emphasized, "Vote peacefully, and remember there must be a winner and a loser in any competition. If you win,

remember these people you represent will want to feel they made the best decision in putting you in that position."

A spirited campaign ensued among the nominated trustees, each presenting their manifestos. The delegates cast their votes, resulting in Winbert Wanyama securing victory.

Mr. Wanyama joined KMTC in 1988 as a Senior Subordinate Staff and is currently a Chief Library Assistant at KMTC Kaptumo

Delegates had the opportunity to engage with Mr. Robert Rotich, the fund administrator at Minet Kenya Financial Services, who emphasized the importance of conducting background

checks on saving plan choices.

The elected trustee assumes a critical role in the decision-making process of the College's Staff Pension Scheme, representing diverse opinions and ideas. The democratic principles upheld in this election provide equal opportunities for eligible candidates to contribute to the Scheme's governance.

As Mr. Wanyama assumes his new role, the KMTC Pension Scheme anticipates the infusion of diverse perspectives into its leadership structure.

Congratulations to Mr. Winbert Makenzie Wanyama on this well-deserved achievement.

# KMTC EMBARKS ON A YEAR OF IMPACTFUL COMMUNITY AND ENVIRONMENTAL INITIATIVES

In its continuous commitment to community welfare and environmental sustainability, KMTC embarked on various Corporate Social Responsibility initiatives across its various campuses during the period under review. These initiatives can be broadly categorized into social upliftment and environmental conservation.



*Health PS Mary M. Muriuki (green jacket) during the National Tree Planting Day at Aramaket ECD, West Pokot*

## **Towards Social Upliftment**

In Kiambu County, Gatundu campus staff and students paid a visit to the Gatundu Children's Home taking with them an assortment of items, while in Laikipia County, Nyahururu took up the initiative of uplifting the community through a visit to the Talitha Kum Children's Home. These activities, involving both students and staff, underscored the commitment to community well-being.

## **A Blend of Support and Green Advocacy towards Environmental Conservation**

In a year marked by a resolute commitment to environmental conservation,

the College has emerged as a trailblazer in the nationwide effort to enhance tree coverage. Collaborating with community leaders, stakeholders, and partners, KMTC campuses have been at the forefront of a collective endeavor to plant a substantial number of trees. This aligns seamlessly with the overarching national tree-planting initiative, a cause passionately advocated by H.E President Dr. William Ruto.

Under the Ministry of Health's banner, KMTC collaborated with other health institutions in a notable tree-planting day, with 15,000 tree seedlings planted in Aramaket ECD Kapenguria, West Pokot County, under the leadership of Principal Secretary Mary Muthoni,

Board Chairperson Mr. Joseah Cheruiyot, and CEO Dr. Kelly Oluoch.

To commemorate the national tree planting day held on November 13, 2024, several other campuses including Chuka, Gatundu, Kombewa, Taveta, Manza, Kuria, Lodwar, Machakos, Rera, Makueni, immersed themselves in tree-planting initiatives, contributing significantly to the environment and the community's well-being. Impressive figures reveal the collective effort, with Eldoret and Uasin Gishu County alone planting a combined total of 16,000 exotic and 20,000 indigenous trees.



At Embu Campus, staff and students planted 180 trees. The tree-planting initiative extended to thousands of trees in collaboration with local communities, contributing significantly to environmental sustainability. Iten Campus engaged in tree-planting activities and community health service in collaboration with local authorities and environmental conservation teams. Molo Campus participated in the planting of 200 trees, balancing indigenous and exotic varieties, contributing to the enhancement of the local environment. Moreover, Nairobi Campus actively participated in three tree-planting initiatives, totaling 3000 trees.

In Nyamira County, Nyamira Campus engaged in tree-planting activities, contributing to the green cover and environmental sustainability. On the other hand, Nyeri Campus took significant strides in environmental conservation by planting 500 trees in and around the campus while Taveta Campus planted 600 trees, emphasizing the importance of a green and healthy environment.

In its long-term commitment to environmental conservation, all KMTC staff members and students are actively participating in an initiative to plant 30 trees each annually for the next five years, showcasing the College's dedication to long-term environmental stewardship.

### **World AIDS Day Celebrations**

The College demonstrated its unwavering commitment to public health during the World AIDS Day celebrations on 1<sup>st</sup> December. From Meru to Bungoma, Makindu to Chwele, and across various campuses, our students

and staff actively participated in a series of events in collaboration with stakeholders.

The series of events kicked off with activities such as tree planting, color festivals, and community engagements, demonstrating the diverse and impactful ways KMTC contributes to the broader health and well-being of communities. The culmination of these efforts was showcased during the national event held at Kinoru Stadium in Meru and graced by the Health CS Nakhumicha S. Wafula, Meru County Governor Hon. Kariuki Mwangaza and KMTC CEO Dr. Kelly Oluoch.

Campuses, including Chwele, Kisii, Eldoret, Mwingi, Embu, Gatundu, Kitale, Nyandarua, Homa Bay, Thika, and Busia, actively engaged in medical camps, presentations, skits, and other initiatives to raise awareness about HIV/AIDS. Notably, Makindu Campus demonstrated a profound commitment by presenting Maisha packs to infected and affected households, emphasizing the College's dedication to holistic community support. Additionally, engaging activities like skits, poems and use of various forms of art brought communities together, spreading joy and creating awareness.

The diversity of activities and the widespread participation underscore KMTC's integral role in promoting health awareness and addressing critical public health issues. The World AIDS Day commemoration reflects the College's ongoing efforts to foster a culture of health and well-being, extending its impact far beyond academic corridors. Further, the collaborative spirit exhibited during these celebrations reaffirms KMTC's position

as a dynamic and socially responsible institution, dedicated to shaping the future of healthcare in Kenya.

### **Multipronged Initiatives for Health and Awareness**

Kitui Campus, with a comprehensive approach, conducted health awareness campaigns, blood donation drives, tree planting, and participated in the launch of a Cancer Unit in Kitui County. In Kisumu, Kombewa campus combined blood donation drives with fruit trees planting activities, contributing both to community health and environmental sustainability.

Gatundu Campus adopted a holistic approach, combining market cleaning, medical camps, blood donation drives. Meanwhile Makeni Campus actively engaged in World Clean-Up Day, tree-planting exercises, and blood donation drives, showcasing a commitment to environmental stewardship and community health. Additionally, Bomet, Eldoret and Karen campuses organized free medical camps and took part in world health days' celebration activities, creating awareness and bringing much needed services to the community.

These initiatives collectively underscore KMTC's dynamic and socially responsible role in shaping the future of healthcare in Kenya, and fostering sustainability within our communities. As the College looks ahead, it remains committed to promoting health awareness, addressing critical public health issues, and actively contributing to environmental conservation.

# COLLEGE HOLDS ALUMNI DAY

The College celebrated its inaugural Alumni Day on October 26, 2023, across all campuses nationwide.



*Alumni day in 1. Kaptumo, 2. Kitui 3. Nakuru 4. Webuye Campuses*

The event aimed to reconnect with alumni, promote formal engagement, and cultivate collaborative relationships for mutual benefit under the theme "KMTC Alumni Reconnect, Reminisce, and Reunite."

Before the event, sensitization sessions were conducted with Principals, outlining the expectations for the day.

The day featured a diverse range of activities aimed at engaging alumni and fostering camaraderie. These included the ceremonial signing of visitor's books, interactive meetings, Campus

facility tours, insightful talks by alumni to current students, tree-planting exercises, friendly football matches between alumni and students, cultural celebrations, sharing of personal experiences, ceremonial cake cutting, and the sharing of refreshments.

The event provided a platform for KMTC to strengthen ties with its alumni network, leveraging their expertise and experiences to enrich the College's academic and professional landscape.

With the success of the inaugural Alumni Day, KMTC looks forward to

building upon this foundation for future engagements and collaborations.

In conclusion, the inaugural Alumni Day highlighted the College's commitment to nurturing lifelong connections and utilizing alumni resources for the benefit of current and future generations of students.

Through a blend of traditional and innovative activities, the event demonstrated unity, knowledge sharing, and celebration, setting the stage for enduring partnerships and mutual growth.





*Seated: Board Chairperson Mr. Joseph K. Cheruiyot (center), CEO Dr. Kelly Oluoch (right), and KCOA Chairperson Mr. Albert Taiti (left) with a section of faculty and students during the KCOA Scientific Conference in Kisumu.*



*Chwele Campus Students administering immunization to children during a medical camp.*

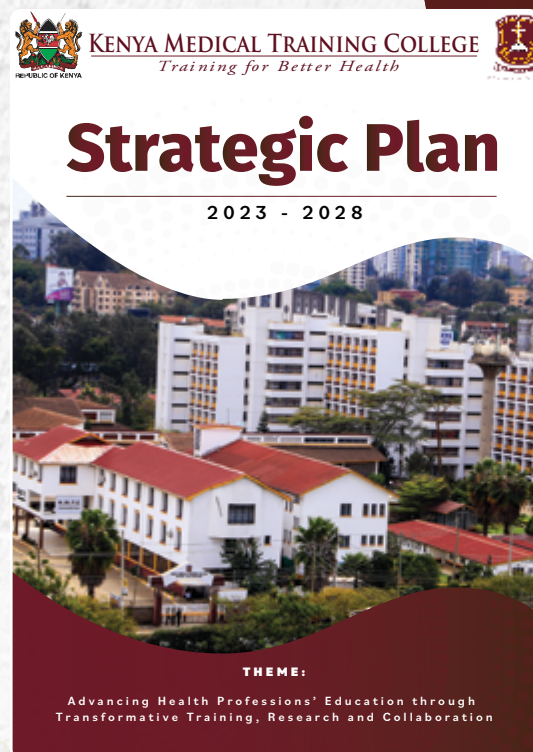


# THE STRATEGIC PLAN 2023 - 2028

The KMTC Strategic Plan 2023-2028 is meticulously structured into eight vital chapters, each integral to steering the institution's future trajectory. The introduction sets the stage, emphasizing the Plan's significance. The Strategic Direction chapter aligns KMTC's goals with its mission and vision, establishing a cohesive foundation for strategic alignment. The Situational and Stakeholders' Analysis chapter conducts an extensive evaluation, encompassing SWOT and competitor analyses, vital for identifying challenges and opportunities.

The Strategic Issues, Goals, and Key Result Areas chapter identifies challenges and establishes strategic goals, providing a clear roadmap. Specific Key Result Areas offer measurable benchmarks to gauge effectiveness. The Strategic Objectives and Strategies chapter outlines precise goals and detailed strategies, ensuring focused implementation. The Implementation and Coordination Framework chapter provides a comprehensive plan, detailing resource allocation, timelines, and internal coordination for efficient execution.

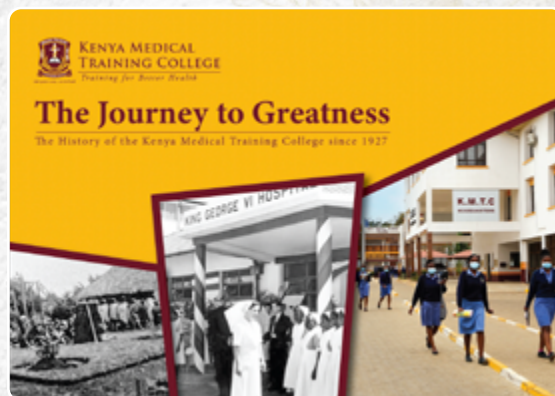
In the Resource Requirements and Mobilization chapter, necessary resources (financial, human, and technological) are specified. Strategies for effective mobilization are discussed, ensuring adequate support. The Monitoring, Evaluation, and Reporting Framework chapter establishes a robust assessment system. Performance indicators, reporting mechanisms, and adaptive strategies ensure ongoing adaptability and effectiveness, fostering KMTC's sustained growth and development.



## HISTORICAL BOOK 'THE JOURNEY TO GREATNESS'

Dive into the rich tapestry of Kenya Medical Training College's history with this captivating book. Spanning nine carefully crafted chapters, it traces KMTC's incredible journey from its humble beginnings in 1927 to its current status as a beacon of healthcare training in Kenya and East Africa. Explore the institution's evolution, from colonial-era informal training to becoming a State Corporation and later, a Semi-Autonomous Government Agency. Uncover KMTC's unique training ethos, emphasizing practical competence and groundbreaking research contributions, shaping 85 percent of the local mid-level healthcare workforce.

Witness the remarkable growth of KMTC, with 74 campuses spread across 44 counties, leaving an indelible mark on the healthcare sector. Discover the strategic alliances, resource mobilization efforts, and



infrastructure developments that have propelled KMTC to greatness. Delve into the inspiring stories of KMTC's alumni network, whose enduring impact continues to transform healthcare.

But this document is not just a historical account; it's a glimpse into KMTC's future - a vision illuminated by innovation and leadership in training adept healthcare professionals. Experience the passion and dedication that have shaped KMTC's legacy and continue to drive its transformative impact on the healthcare sector.

The Strategic Plan and The 'Journey to Greatness' are available on the College website [www.kmtc.ac.ke](http://www.kmtc.ac.ke)



# Strategic Plan 2023 - 2028

## Advancing health professions' education through transformative training, research & collaboration

### Core Statements

#### Vision

A globally competitive institution for training Human Resource for Health

#### Mission

To develop fit-for-purpose middle-level health professionals through transformative training, research and consultancy

#### Motto

Training for Better Health

### Core Values

#### Accountability

We will take responsibility for our roles, obligations and results, individually and collectively.

#### Integrity

We will strive to maintain the highest standards of moral conduct among our students and staff.

#### Responsiveness

We are committed to providing efficient service to our clients, partners and stakeholders, and to respond to emerging needs.

#### Equity

We are committed to fostering inclusion and fairness, and to removing barriers to participation by diverse individuals and groups.

#### Teamwork

We will support teams and collaborations to leverage their strengths and achieve our shared goals.

#### Professionalism

We are committed to providing services with the highest professional, quality and ethical standards.

#### Creativity & Innovation

We will embrace new ideas to fuel better services, processes and products, and to foster a culture of innovation

### Alignment to Health and Development Agenda

**B** - Bottom-up  
**E** - Economic  
**T** - Transformation  
**A** - Agenda

**S** - Sustainable  
**D** - Development  
**G** - Goals

**U** - Universal  
**H** - Health  
**C** - Coverage

**E** - East  
**A** - Africa  
**C** - Community  
**A** - Agenda  
Vision 2050

**A** - Africa  
**U** - Union  
**A** - Agenda  
2063

### Operational Environment

#### SWOT

Rich history and brand, Extensive network of campuses, Large alumni base, Expanding international market, Demographic, Epidemiologic and technological transition

#### PESTEL

Changing market forces and sustainability (demand, supply, technology, fitness-for-purpose)

#### STAKEHOLDERS

Multiple levels of stakeholders (community, county, national, international)

#### COMPETITORS

Increasing competition for clinical placement sites

### Key Result Areas

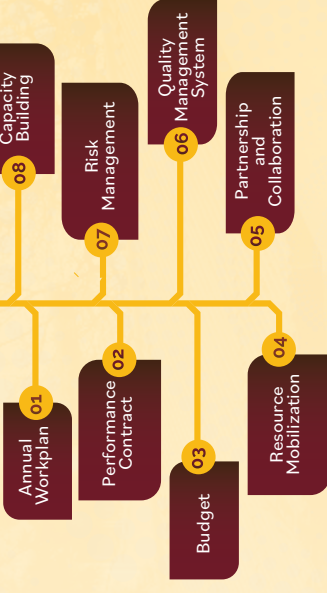
#### Quality Training

#### Research, Innovation and Consultancy

#### Digital Transformation

#### Institutional Sustainability

### Implementation



### Monitoring

- Strategic Plan Implementation Committee
- Quarterly and Annual reports
- Strategic theme teams
- Dashboard Indicators
- Outcome Matrix
- Sharing Learning

### Evaluation



Mid - term



Ad hoc



End - term

## KMTC PROGRAMMES

|  |   |
|--|---|
| 1. Clinical Medicine and Surgery             | (Certificate, Diploma and Higher Diploma) |
| 2. Community Oral Health                     | (Diploma)                                 |
| 3. Dental Technology                         | (Diploma)                                 |
| 4. Health Records and Information Technology | (Certificate and Diploma)                 |
| 5. Health Promotion                          | (Certificate, Diploma and Higher Diploma) |
| 6. Health Professions Education              | (Higher Diploma)                          |
| 7. Medical Engineering                       | (Certificate, Diploma and Higher Diploma) |
| 8. Medical Imaging Sciences                  | (Diploma and Higher Diploma)              |
| 9. Medical Laboratory Sciences               | (Diploma and Higher Diploma)              |
| 10. Nursing                                  | (Certificate, Diploma and Higher Diploma) |
| 11. Nutrition and Dietetics                  | (Certificate, Diploma and Higher Diploma) |
| 12. Occupational Therapy                     | (Diploma and Higher Diploma)              |
| 13. Optometry                                | (Diploma and Higher Diploma)              |
| 14. Orthopaedic Technology                   | (Diploma and Higher Diploma)              |
| 15. Orthopaedic and Trauma Medicine          | (Certificate, Diploma and Higher Diploma) |
| 16. Pharmacy                                 | (Diploma and Higher Diploma)              |
| 17. Physiotherapy                            | (Diploma and Higher Diploma)              |
| 18. Public Health                            | (Certificate, Diploma and Higher Diploma) |
| <b>Short Courses</b>                         |   |



ISO 9001:2015 Certified

**KENYA MEDICAL  
TRAINING COLLEGE**  
*Training For Better Health*

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