



# KENYA MEDICAL TRAINING COLLEGE

*Training for Better Health*



## NEWSLETTER

July - September, 2023 Issue #46



Appointments | Corporate News | Research Activities |  
Academics | Partnerships/Collaborations | Corporate Social Responsibility

### Theme: Fostering a Culture of Innovation and Collaboration

*Quality Training of Health  
Professionals towards Realization of*





ISO 9001:2015 Certified

# KENYA MEDICAL TRAINING COLLEGE

*Training For Better Health*

**Our Vision** | *“A model institution in the training and development of competent health professionals”*

**Our Mission** | *“To produce competent health professionals through training and research, and provide consultancy services”*

**Our Core Values** | *Accountability, Integrity, Responsiveness, Equity, Teamwork, Professionalism, Creativity and innovation*

**Motto** | *Training for Better Health*



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TRAINING COLLEGE**  
*Training for Better Health*

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## CHIEF EXECUTIVE OFFICER'S MESSAGE



**Dr. Kelly Oluoch**  
Chief Executive Officer

It is my distinct pleasure to welcome you to the Kenya Medical Training College (KMTTC) newsletter for July-September 2023. As we embark on this journey through the pages of achievements and inspiring stories, it is evident that the last quarter has been marked by significant milestones, reflecting our commitment to excellence in healthcare education.

At the heart of our mission lies the dedication to empower students and foster a culture of innovation and compassion. Aligned with the Sustainable Develop-

ment Goals (SDGs), particularly Goal 3: Good Health and Well-being, we take pride in equipping our students with cutting-edge medical knowledge and skills. Our efforts contribute directly to the global aspiration of ensuring healthy lives and promoting well-being for all.

KMTTC stands as a pivotal institution in transforming the healthcare landscape of East Africa. In harmony with the East African Community Vision 2050 and the African Union's Agenda 2063, we strive to educate healthcare professionals who not only excel in their fields but are also culturally competent and globally aware. Our graduates play a crucial role in shaping the future of healthcare across the region.

The commitment to Universal Health Coverage (UHC) echoes Kenya's vision, and through rigorous training, our graduates become integral to building a healthcare system where accessibility is not hindered by financial constraints. In consonance with the Government's Bottom-up Economic Transformation Agenda (BETA), we are actively involved in grassroots empowerment, fostering a resilient workforce that contributes to economic growth from the ground up.

Adhering to pertinent Kenyan health laws and policies, KMTTC stands as a beacon of ethical and lawful practices, ensuring that our students receive education within a framework that promotes integrity.

In this edition, we present an array of achievements and inspiring stories that embody our mission and showcase the transformative impact we are making within the global, regional, and national frameworks. From being honored for advancing the medical field to triumphing in national sports championships, each accomplishment is a testament to our incredible commitment to creating a healthier, more equitable world.

I extend my warm gratitude to all those who have contributed to our successes and supported our noble mission. Together, we are not just shaping healthcare professionals; we are shaping a brighter, healthier future for our communities and our nation.



# PRESIDENT RUTO COMMISSIONS KMTc NAVAKHOLO COMMITTS FUNDS FOR THE COLLEGE'S DEVELOPMENT

The Government has announced a multimillion-shilling package for the College towards hiring teaching staff to boost quality training.



*The President unveiling the plaque*

The announcement of Kshs. 500 million by H.E President William Ruto on August 30, 2023, is a landmark for the College as it continues to churn out health workers.

This financial commitment will bolster the College's capacity to offer top-notch education to aspiring healthcare professionals.

Speaking when he commissioned KMTc Navakholo in Kakamega County, President Ruto reiterated the government's commitment to

training more healthcare workers for local and international markets, stating, "We want to train our young people so that we have enough personnel for our needs and also tap into the opportunities that exist in other countries."

Highlighting the importance of swift action, President Ruto directed MPs who have overseen the construction of KMTc Campuses that are yet to become operational to expedite the process. "We want to ensure that these facilities are ready to train the more than 40,000 stu-

dents who eagerly apply for diverse courses at the College," he said, emphasizing the value of need-based training courses in addressing local health challenges.

"By focusing on courses that directly address the health needs of our communities, we are taking proactive steps to solve our healthcare issues from within. This approach ensures that we have capable professionals who are attuned to our unique health challenges," he added.





*President Dr. William Samoei Ruto during the commissioning of KMTC Navakholo Campus.*

Health Cabinet Secretary Nakhuma S. Wafula lauded the inauguration as a milestone for Kenya's healthcare sector. She shared insights into the Campus's immediate plans, stating, "Starting this September, Navakholo Campus will welcome students for training in Health Promotion and Community Health Assistant. This move is a testament to our commitment to enhancing promotion and preven-

tive healthcare strategies."

The newly commissioned Navakholo Campus has been built by the Navakholo National Government-Constituency Development Fund, under the leadership of the area MP Hon. Emmanuel Wangwe.

Accompanying the President were various national leaders including Prime Cabinet Secretary Hon.

Musalia Mudavadi, and Speaker of the National Assembly Hon. Moses Wetangula.

They were received at the College by the KMTC Board Chairperson Mr. Joseah Cheruiyot, Board Directors and Chief Executive Officer Dr. Kelly Oluoch.



## NEW BOARD DIRECTORS APPOINTED TO KMTC



**H**.E. President Dr. William Ruto, in a gazette notice dated August 18, 2023, appointed Mr. Joseah K. Cheruiyot as the Chairperson of the College Board of Directors for three years, effectively replacing Amb. Zachary Muburi-Muita, who held the position since October 2021.

At the same time, Health Cabinet Secretary Nakhumicha S. Wafula, appointed Mr. Paul Kaino Cheboi, Ms. Eunice Wangui Karanja, Ms. Hardlyne Lusui, and Eng. Joseph Ouma Atonga to serve on the College's Board for a period of three years. The four replace Dr. Naomi Kathure,

Dr. Stephen Ochiel, Ms. Jeniffer Kibagendi, and Mr. Fredrick Wamwaki.

Upon receiving the news, KMTC CEO Dr. Kelly Oluoch expressed his heartfelt congratulations to the newly appointed members of the Board.

He stated, "As KMTC stands at the cusp of its centenary celebrations, with a legacy dating back to 1927, the appointment of Mr. Joseah Kiplangat Cheruiyot as the Chairperson and the new Board of Directors is a pivotal moment in our journey."

The CEO noted that their collective expertise and dedica-

tion came at a time when the College is poised to launch its ambitious five-year strategic plan, spanning from 2023 to 2028.

"With their guidance, we are confident in advancing our mandate to provide quality education and transformative healthcare solutions to Kenyans," he said.

The KMTC Management, staff, and students wish to congratulate the new appointees and assure them of the College's full support as we work towards our shared goal of bettering the lives of Kenyans through improved healthcare and education.

*Board  
Chairperson  
Mr. Joseah K.  
Cheruiyot.*



## KMTC'S NEW BOARD HOLDS INAUGURAL MEETING, EMPHASIZING COMMITMENT TO QUALITY TRAINING

The College achieved a significant milestone as the newly appointed Board of Directors convened for its inaugural meeting on September 19, 2023.

This gathering marked a significant stride in KMTC's dedication to providing quality healthcare education and its pivotal role in realizing Universal Health Coverage (UHC) in Kenya and beyond.

Addressing the Board, the Principal Secretary of the State Department for Public Health and Professional Standards Mary Muthoni, expressed her appreciation for KMTC's status as a premier tertiary training institution and its central role in Kenya's journey towards achieving UHC.

"KMTC is more than a College; it is a cornerstone in our pursuit of UHC," she stated. Ms. Muthoni highlighted the pivotal role played by healthcare professionals trained at KMTC in delivering quality healthcare services to all Kenyan citizens, regardless of their backgrounds or income levels.



Quality remained a non-negotiable priority as she urged the Board to uphold and enhance the institution's training standards. "Quality is the essence of our mission," she asserted, emphasizing that KMTC must continue to be a beacon of excellence in healthcare education.

Ms. Muthoni further directed the Board to implement presidential directives, including the selection and placement of students at KMTC by the Kenya Universities and Colleges Central Placement Service (KUCCPS). This directive aimed to further enhance the admissions process and ensure that qualified students gain access to KMTC's highly sought-after programmes.

The Board Chairperson, Mr. Joseah Cheruiyot, took the opportunity to express his appreciation to the President for

*PS Mary M. Muriuki during the meeting.*





appointing him to the position. He gave his assurance of determination and commitment to the assignment. "Serving on the KMTC Board is special as the College directly impacts the health of Kenyans, to which I am fully committed," he affirmed.

"The Board is committed to effectively undertaking its oversight role and steering the College to achieve its mandate in support of the Ministry of Health and the Government's health priorities as well as the Bottom-Up Transformation Agenda," he said.

President Dr. William Ruto, appointed Mr. Joseah Cheruiyot as the Chairperson of the KMTC Board of Directors for

a three-year term, as per a gazette notice dated August 18, 2023.

Simultaneously, Health Cabinet Secretary Nakhumicha S. Wafula appointed Mr. Paul Cheboi, Ms. Eunice Karanja, Ms. Hardlyne Lusui, and Eng. Joseph Atonga, to serve on the College's Board for a three-year period.

CEO Dr. Kelly Oluoch noted that the College will continue to support the Government in delivering the UHC agenda. "Today, the College welcomes new students to the KMTC family who are instrumental in addressing the Human Resources for Health Gaps in the country and beyond," he said.

*Seated: PS Mary M. Muriuki (center), Board Chairperson Mr. Joseah K. Cheruiyot (2<sup>nd</sup> right), CEO Dr. Kelly Oluoch (2<sup>nd</sup> left) Board Directors: Hardlyne Lusui (left), Eunice Karanja, (right). Standing L – R; Mr. Benson Giuthua, Dr. Ephantus Maree, Mr. Joseph Sitienei, Mr. Paul Cheboi, Eng. Joseph Atonga and Dr. Martin Sirengo.*

# KMTC PREPARES TO UNVEIL BOLD VISION FOR FUTURE HEALTHCARE EDUCATION

In anticipation of a transformative leap in healthcare education and training, the College is gearing up for a momentous event - the official launch of its Fifth Strategic Plan (2023-2028) on November 9, 2023. This event promises to mark a significant milestone in KMTC's journey toward shaping the future of healthcare professionals in the country.



The upcoming event, to be presided over by the Cabinet Secretary for Health Nakhumicha S. Wafula, will feature the official unveiling of the Plan, the KMTC Historical Book "The Journey to Greatness", detailing the College's 96-year history as well as Foreign Language Curricula for French, Arabic and German.

The Strategic Plan, which has been meticulously crafted and refined, reflects KMTC's commitment to excellence, innovation, and impactful education. Under the theme "Advancing Health Professions' Education through Transformative Training, Research & Collaboration," the Plan lays out strategic goals focusing on enhancing training quality, fostering innovation in research and consultancy, driving

digital transformation, and promoting institutional sustainability.

The Strategic Plan is a framework through which the College shall apply its resources and strengths to exploit available opportunities and address challenges that might hinder the institution from achieving its objectives. The Plan provides a solid foundation for the training of certificates, diplomas and higher diplomas in different programmes.

The Strategic Plan envisions KMTC as a pillar of excellence in the healthcare sector, with a vision is incorporating specialized language curricula for medical students and graduates. The envisioned launch of the Foreign Languages Curricula for French, Arabic and German will be a launching pad to the achievement of the key result area

on quality training in the 2023-2028 Strategic Plan.

Yet another landmark in the occasion will be the launch of the College historical book, *The Journey to Greatness*. The book takes us back in time to 1927 when KMTC began its humble journey with four students to over 62, 000 in 2023, spread in 74 campuses across the country.

The separate documents to be launched solidify KMTC's position as a leading provider of medical training in Kenya and beyond. The College remains steadfast in its commitment to nurturing skilled, compassionate, and forward-thinking healthcare professionals who will contribute significantly to the nation's health sector.



## KMTC MAKES HISTORY WITH LARGEST GRADUATION AS OVER 22,000 MEDICS

The College is poised to make history with its 92nd graduation ceremony scheduled for December 7, 2023. This remarkable event will witness the release of over 22,000 highly skilled healthcare professionals into the country's health sector. This staggering number represents the largest cohort ever graduated in KMTC's illustrious 96-year history.

The upcoming graduation ceremony is not only a testament to KMTC's commitment to nurturing competent medical practitioners but also a pivotal moment for the entire healthcare sector. The College's dedication to producing exceptional healthcare professionals has resulted in this unprecedented number of graduates, each equipped with the knowledge, skills, and compassion essential for addressing the nation's healthcare needs.

The graduating class encompasses a diverse range of specializations, including Nutritionists, Nurses, Clinical Officers, Pharmacy Technologists, and Laboratory

Technologists, among others. This diverse array of expertise underscores KMTC's holistic approach to healthcare training, ensuring that various facets of the healthcare sector are bolstered with competent professionals.

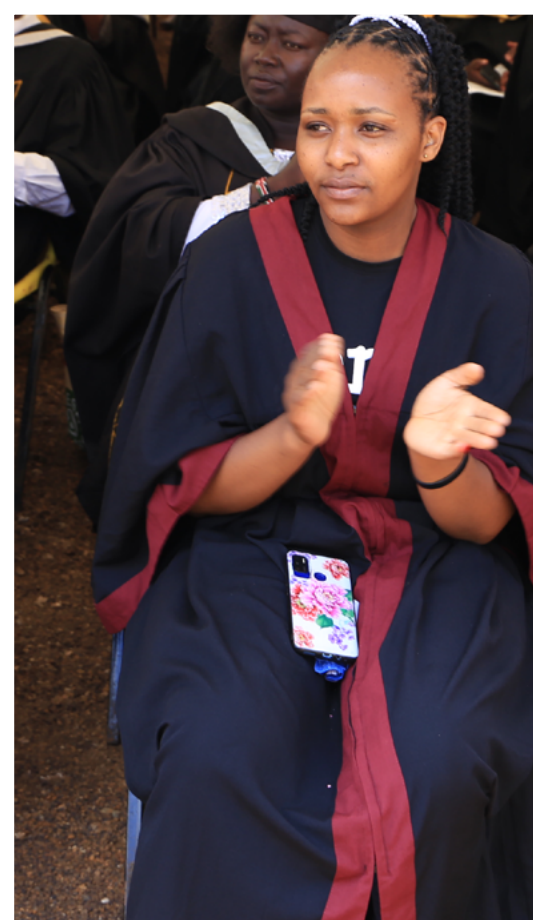
The graduation will mark a significant step towards addressing the existing workforce gap within the healthcare sector. With the ongoing challenges posed by the global health landscape, the influx of these skilled professionals is timely and critical. Their expertise will not only enhance the quality of healthcare services but also contribute to the realization of the nation's healthcare goals.

As the graduates prepare to embark on their professional journeys, KMTC acknowledges and celebrates their dedication and hard work. The College remains committed to producing healthcare professionals of exceptional caliber, shaping the future of healthcare in Kenya.

The graduation ceremony will take place at the Kasarani Stadium. The College extends its gratitude to all stakeholders, faculty, and staff members whose unwavering support has made this historic moment possible.



*A section of graduands during a past graduation ceremony.*





# TRIUMPHS AND TRENDS FROM THE JUNE, JULY AND AUGUST 2023 FINAL QUALIFYING EXAMINATION CYCLE

During the Final Qualifying Examination cycle spanning June, July, and August 2023, a comprehensive evaluation was conducted, examining a total of 17,187 candidates across the 18 departments of our esteemed institution.

While this figure slightly fell short of the initial projection of 17,565 candidates, representing a decrease of 378 candidates, various factors such as non-payment of fees, medical challenges, and failure to meet the required 90 percent class attendance contributed to this reduction.

Out of the candidates subjected to examination, an impressive 14,136 candidates successfully passed, culminating in a commendable pass rate of 82.24 percent. It's noteworthy that this percentage is insignificantly different from the results of the January/February 2023 Final Qualifying Examination, which stood at 82.45 percent.

This consistency underscores the dedication and competence of our candidates and speaks volumes about the quality of education imparted by the College.

A noteworthy trend evident in the examination results is the gender distribution among successful candidates. Among

the graduates, 4,529 were male, and 9,607 were female, resulting in a gender ratio of 1:2.12 (Male: Female).

This marks a consistent rise in the number of female graduands, in contrast to the 1:1.88 (Male: Female) ratio recorded in the January/February 2023 Final Qualifying Examination.

This shift signifies positive progress towards gender equality in the College and emphasizes the increasing representation of women in the healthcare profession.

The outcomes of the June, July, and August 2023 Final Qualifying Examination Cycle once again underscore the dedication, resilience, and capabilities of our candidates.

Despite the challenges encountered, the institution has upheld a high standard of training, producing a substantial number of qualified healthcare professionals.

The increasing number of female graduands further highlights the inclusive and pro-



gressive nature of the College.

As we chart our course forward, it is imperative to sustain an environment of excellence and equality, ensuring our graduates are well-prepared to meet the evolving demands of the healthcare sector.

*A section of Candidates during a Final Qualifying Examination.*

# KMTC ACHIEVES MAJOR MILESTONE: QUALIFICATIONS AND GRADUATES ALIGNED WITH NATIONAL FRAMEWORK



In yet another significant achievement, the College has successfully aligned 28 qualifications, including 24 Higher Diplomas, three Diplomas, and one Certificate, with the requirements of the Kenya National Qualifications Framework (KNQF). This alignment, a crucial step in ensuring the quality and standardization of education, and enhances KMTC's standing as a leading institution in healthcare training.

During a workshop held from 16<sup>th</sup> to 20<sup>th</sup> May 2023, a total of 28 qualifications, along

with 15,915 graduates from the class of 2022 and 31,118 graduates spanning from 2011 to 2015, were registered onto the KNQF portal.

This accomplishment builds upon the previous registration of 42 out of 94 KMTC qualifications and 57,273 graduates from the years 2016 to 2021 onto the KNQF. In total, 60 qualifications and an impressive count of 104,306 learners and graduates have now been successfully registered. This achievement not only highlights KMTC's commitment to quality education but also

underlines its role in shaping the future of healthcare professionals in Kenya.

KMTC's proactive approach in aligning qualifications and registering graduates on the KNQF portal reaffirms its dedication to providing training that meets national standards. This milestone sets a strong foundation for the future, ensuring that KMTC graduates continue to excel, both nationally and internationally, as skilled and recognized professionals in the field of healthcare.

**KNQA CEO Dr. Juma Mukhwana (4<sup>th</sup> left), and Ag. Board Chairperson Rosemary Njogu (5<sup>th</sup> left), KMTC Board Director Dr. Naomi Mutea (3<sup>rd</sup> right), CEO Dr. Kelly Oluoch (4<sup>th</sup> right), DDA Dr. Nyawira Mwangi (6<sup>th</sup> right), a section of Senior Managers and Students during the handing over of the Certificate of Accreditation.**  
(File photo)



# KMTC ADVANCES EDUCATION INITIATIVES WITH CURRICULUM DEVELOPMENT AND SPECIALIZED TRAINING FOR LECTURERS

In a period marked by substantial progress, the College has made significant strides in enhancing its training. In line with this, three new curricula were developed and approved, while eighteen existing curricula underwent reviews. Additionally, three comprehensive manuals were crafted, reflecting KMTC's commitment to delivering high-quality education and training.

To ensure the seamless implementation of these advancements, a total of 14 curricula were dispatched to various Campuses, enabling the initiation of diverse programmes and adhering to KMTC's Curriculum Policy, which mandates timely updates. Notably, eight curricula were submitted to the Nursing Council for official approval, signifying KMTC's dedication to meeting rigorous training standards.

On the other hand, a group of 26 Lecturers from various Campuses, including Nairobi, Mombasa, Voi, Kilifi, Thika, Lake Victoria, Homa Bay, Mandera, Kapenguria, Lodwar, and Nyeri, participated in an intensive 8-week "Leading and Managing for Results: Training of Trainers" course conducted by the Management Sciences for Health (MSH). This specialized training equipped the lecturers with cutting-edge skills and methodologies, enhancing their ability to impart knowledge effectively.

Furthermore, KMTC has embarked on a transformative journey, collaborating with MSH to adapt and migrate the "Leading and Managing for Results" modules to an E-learning platform. This innovative approach aims to make the course accessible to a broader audience, serving as both an in-service short course and a module for Higher National Diploma students. This shift toward digital learning underscores KMTC's commitment to embracing technology and enhancing the accessibility of education.

These developments represent KMTC's ongoing efforts to uphold educational excellence and empower both educators and students with the latest knowledge and

skills. As the College continues to innovate and adapt, it reinforces its position as a leading provider of healthcare education in the region, preparing the next generation of healthcare professionals for the challenges of tomorrow.



*Lecturers demonstrating hands-on techniques in a skills lab training session.*





*Students during a laboratory session*

## NURTURING EXCELLENCE THROUGH TRANSFORMATIVE RESEARCH FOR HEALTHCARE ADVANCEMENT

In the dynamic landscape of healthcare training, the College has embarked on a proactive and innovative trajectory of research and scholarly activities. Recognizing the pivotal role of research in advancing medical knowledge and fostering transformative learning experiences, KMTC has strategically woven research initiatives into the fabric of its core mandate. This strategic integration aims not only to develop fit-for-purpose middle-level health professionals but also to propel the College to the forefront of healthcare innovation and excellence.

As KMTC diligently engages in cutting-edge research, the College becomes a hub for knowledge creation, paving the way for a new era in healthcare education and training. Moreover, this fervent commitment to research seamlessly aligns with the government's mandate of providing quality, accessible, and affordable healthcare. By fostering a culture of inquiry and discovery, KMTC not only enhances the education and training of its students but also actively contributes to the broader national healthcare agenda, ensuring the production of healthcare professionals equipped with the latest knowledge and skills to meet the evolving needs of communities and address the multifaceted challenges within the healthcare sector.

**In this regard, the following research studies were undertaken: -**

### **A. Research Publications**

**The following three scientific papers were published in various journals:**

- i. Histomorphological Characteristics of Prostate Specimens analyzed at a Referral Hospital in Kenya - by Musungu, V., Ayieko, W., Marera, D. and Magak, D. *Anatomy Journal of Africa*, August 11,

2023, Vol 12 no.2 (2023).

- ii. The Trends of In-patient Mortality between 2018 and 2019 in Kisumu County Level Four Hospital, Kenya - by Musungu, V., Muchiri, J. and Some, E. *Journal of Advances in Medicine and Medical Research* July 2023, Vol 35, Issue 15, PP 106 - 115
- iii. Post-acute Sequelae of COVID-19 Case Fatality and its Associated Covariates: A systematic Review Meta-Analysis and Meta-Regression - by Muthuka J.K, Oluoch K., Nzoki, R. et al. *American Journal of Field Epidemiology*, Vol. 1, No. 2 (2023) July 7, 2023. DOI: <https://doi.org/10.59273/ajfe.v1i2.7801>

### **B. Conducted Research Studies**

**The following two studies were conducted:**

- i. Utilization of Formative Assessment Feedback by Students at Kenya Medical Training College - by Macharia, J. W and Oloo, S.
- ii. Knowledge, Attitude and Practice of Cervical Cancer Screening among Women aged 30-49 years attending Healthcare facilities in Makueni County, Kenya - by Muthusi, U.M.

# KMTC'S THRIVING COMMITMENT TO RESEARCH AND KNOWLEDGE EXCHANGE

In tandem with its mission to produce adept healthcare professionals, the College has been a vibrant participant in both national and international conferences, showcasing a fervent dedication to advancing healthcare through knowledge exchange and collaboration.

The 3<sup>rd</sup> National Scientific Conference of the East, Central, and Southern African College of Nursing (ECSACON) Kenyan Chapter, held in August 2023, epitomized this commitment. The conference centered on empowering nurses and midwives to lead in achieving Sustainable Development Goal 3.

The keynote speech by Dr. Wilson Aruasa, CEO of Moi Teaching and Referral Hospital, underscored the importance of enhancing nurses' capacity in governance, leadership, and research.

Two KMTC Lecturers from the Department of Nursing represented the College, re-affirming the commitment to developing health professionals through transformative research.

In another endeavour, KMTC actively participated in the 3<sup>rd</sup> International Nutrition and Dietetics Scientific Conference, focusing on "Sustainable Food Systems."

The conference gathered experts, practitioners, and researchers in Nutrition and Dietetics, with three KMTC Lecturers from the Nutrition and Dietetics Department in attendance. Among key recommendations was the need

for operational nutrition research within the context of sustainable food systems.

KMTC's involvement extended to the 9<sup>th</sup> East African Health and Scientific Conference in Kigali, Rwanda, focusing on challenges and strategies related to communicable and non-communicable diseases, with a spotlight on lessons from the COVID-19 pandemic.

Three KMTC representatives presented scientific papers addressing pharmacy education, traditional and herbal medicines, media content and mental illness stigmatization.

The conference emphasized collaboration under a One Health approach and the importance of engaging local communities and stakeholders for a robust health system.

Key findings and recommendations included the need to address curricula gaps through evidence-based reviews and collaboration with communities, stakeholders, and leaders for an effective health system.

These insights align with KMTC's objectives and mandate as a premier trainer of middle-level health professionals in the region.

Furthermore, KMTC actively pursued impactful research opportunities, including applications for the Global Research Nurses Pump Priming Grants and a solicited grant from the Bristol Myers Squibb Foundation.

These initiatives, if approved, will not only contribute valuable insights to maternal care and cancer awareness but also enhance staff capacity in managing and executing research projects.

In essence, KMTC's commitment to research, demonstrated through active participation in conferences and pursuit of research grants, underscores its dedication to excellence in healthcare education and practice.

These endeavors position KMTC at the forefront of healthcare research, ensuring it remains a vital contributor to advancements in the field.



# KMTC SETS NEW EDUCATIONAL BENCHMARKS AND WELCOMES A WAVE OF FRESH TALENT

The College has reached unprecedented heights with a remarkable surge in admissions during the March 2023 intake. A total of 13,275 students were admitted, showcasing a substantial 19.6% increase compared to the 11,102 admissions recorded in March 2022.



*Ms. Mary Kibui (seated) and Ms. Jane Mugo assist new students with the admissions process at Othaya Campus*

This surge is attributed to factors such as the introduction of new courses and the expansion of existing courses to new campuses, underscoring KMTC's commitment to providing diverse educational opportunities.

This significant rise in admissions serves as a demonstration of KMTC's continuous efforts to enhance its educational offerings and accommodate a growing number of aspiring healthcare professionals.

The introduction of innovative courses and strategic expansion to new campuses has played a pivotal role in welcoming a larger cohort of

students, ensuring more individuals have access to quality education in the healthcare sector.

Furthering its expansion initiatives, KMTC operationalized two satellite campuses, Mutomo under the Kitui campus and Navakholo under the Kakamega campus, during the September 2023 intake.

These satellite campuses, reflecting the College's dedication to reaching underserved communities, will focus on offering Certificate in Community Health Assistant and Diploma in Community Health programmes.

This strategic move not only extends educational opportunities to more regions but also strengthens KMTC's mission of promoting community health and well-being.

As KMTC celebrated these achievements, a series of events unfolded across various campuses, setting the stage for the welcoming of new students for the September 2023 intake.

Led by Chairperson Mr. Joseah Cheruiyot flanked by CEO Dr. Kelly Oluoch, the KMTC Board convened a stakeholder engagement meeting at Teso Campus on August 26, 2023.



*Teso North MP Hon. Oku Kaunya (left), KMTC Board Chairperson Mr. Joseph K. Cheruiyot (2<sup>nd</sup> right), Board Director Ms. Eunice Karanja (right), CEO Dr. Kelly Olouch and DDF,P&A Ms. Lucy Chebungei during a visit to KMTC Teso*

Discussions with local leaders, including MP Oku Kaunya, centered on strengthening the College's capacity to train health professionals. Mr. Cheruiyot expressed gratitude for stakeholder support, emphasizing its role in advancing Universal Health Coverage.

In the midst of these developments, inspiring individual journeys emerged.

Ms. Caro Mbithe, a first-year student, shared her remarkable story. Initially interested in studying Occupational Therapy, she faced challenges during the previous intake but remained undeterred.

Ms. Mbithe reapplied for the September intake and secured admission, envisioning an exploration of her passion for singing while receiving top-notch training.

Alongside her fellow new learners, Ms. Mbithe aspires to make a difference in communities and contribute to Kenya's healthcare system.

In Kangundo, four remarkable young women – Ms. Veronica Wamboga, Ms. Margaret Nderitu, Shalon Wanjiru, and Mercy Neke-sa - embarked on their journey at KMTC Kangundo, driven by a shared dream of becoming healthcare professionals.

Overcoming financial challenges and setbacks, their stories reflect resilience, determination, and the transformative power of education.

Principal Dr. Jesse Kamau welcomed them, stating that their presence echoes the belief in the power of dreams and determination within the KMTC community.

The energy continued to surge at KMTC Eldoret Campus, where a new cohort of freshmen arrived, embracing the promise of fresh starts and unique academic journeys.

Isaac Kipchumba from the Student Representative Council warmly welcomed the newcomers, expressing KMTC pride.

As first-year students awaited orientation, continuing students engaged in simulated surgical exercises, epitomizing the dynamic atmosphere.

In Machakos County, the dawn of a new academic year at KMTC Machakos Campus marked a seamless transition for fresh-faced first-year students.

The administration's thoughtful efforts ensured a smooth admission process, including on-campus banking support.

Over 200 new students found accommodation on campus, enhancing their sense of belonging. Campus Principal Mr. Mathew Kipturgo extended a warm welcome, reassuring students of the institution's commitment to their well-being and academic success.

As the new students settle into their respective campuses, KMTC eagerly anticipates nurturing their dreams and fostering a community dedicated to excellence in healthcare education.



# KMTC AWARDED FOR ADVANCING THE MEDICAL FIELD

The College has been honored with a prestigious Transform Education Award 2023 for its exceptional contribution to the development of globally competitive healthcare professionals.

The award was presented to KMTC CEO Dr. Kelly Oluoch during the Transforming Education Summit and Award ceremony, themed “Role of Stakeholders in Transforming Education for the Future,” held on July 7, 2023, in Nairobi.

The Transform Education Award recognizes KMTC's unwavering commitment to advancing the Universal Health Coverage agenda and its dedication to nurturing outstanding medical professionals. This recognition reflects the College's significant efforts in transforming the educational landscape of the medical field in Kenya.

Expressing gratitude Dr. Oluoch reaffirmed the College's ongoing mission to produce well-trained and competent healthcare professionals. Dr. Oluoch said, "We are immensely grateful for this esteemed recognition bestowed upon us. At KMTC, we are deeply committed to shaping the future of healthcare by developing

globally competitive human resources. This award reinforces our resolve to contribute meaningfully to the UHC Agenda."

Dr. Oluoch further acknowledged the collective efforts of KMTC's fraternity, whose dedication and hard work contributed to the College's success. "This award belongs

to our entire KMTC family. It is a demonstration of the relentless pursuit of excellence exhibited by our faculty, staff, and students. Together, we are transforming the medical field and making a positive impact on healthcare in Kenya," Dr. Oluoch added.

Established in 1927, KMTC has been at the forefront of providing quality medical education in Kenya for several decades.

The College has consistently produced skilled healthcare professionals who play a crucial role in delivering healthcare services across the country. This transformative recognition reaffirms KMTC's position as a leading institution in shaping the future of medical education as well as healthcare in Kenya and beyond.





*H.E President Dr. William Samoei Ruto, Board Chairperson Mr. Joseph K. Cheruiyot (center) and CEO Dr. Kelly Oluoch during the awarding of the College at the International Trade Fair.*

## KMTC HONORED WITH A PRESTIGIOUS AWARD AT THE NAIROBI INTERNATIONAL TRADE FAIR

In a significant achievement, the College was honored with a prestigious accolade at the Nairobi International Trade Fair (NITF). The College was recognized for its exceptional branding, accessibility of information materials, product presentation, and overall customer satisfaction, earning it the title of the Best Tertiary Level Education Institution Stand, other than a university.

The coveted award was presented to KMTC on September 27, 2023, by the H.E. President Dr. William Samoei Ruto, underscoring the College's commitment to excellence and innovation. The award was received by KMTC Board Chairperson Mr. Joseph K. Cheruiyot, accompanied by the Chief Executive Officer Dr. Kelly Oluoch, amid a backdrop of celebration and pride.

Expressing his delight at KMTC's achievement, President Dr. Ruto stated, "It is truly inspiring to see institutions like KMTC setting

exceptional standards in education and representation. This recognition is a testament to the College's dedication to providing top-quality education and services to the nation."

Mr. Cheruiyot, visibly pleased by the recognition, remarked, "This award reaffirms our commitment to fostering a learning environment that is not only academically enriching but also visually engaging and accessible. KMTC is dedicated to shaping the future of healthcare professionals, and this honor motivates us to continue our mission

with even greater zeal."

The recognition stands as evidence of KMTC's persistent commitment to elevating the educational journey, underscoring the College's role as a frontrunner in tertiary education. KMTC's forward-thinking strategies, paired with its unwavering dedication to providing top-notch education, have been duly acknowledged and applauded at a national level.



# KMTC NATIONAL SPORTS CHAMPIONSHIPS: A TRIUMPH OF ATHLETIC EXCELLENCE AND MEDICAL PREPAREDNESS

In a vibrant celebration of athleticism and unity, the College National Sports Championships roared to life at Nakuru Boys High School grounds in Nakuru County on August 1, 2023. After a four-year hiatus due to the COVID-19 pandemic, this event not only showcased exceptional sportsmanship but also highlighted KMTC's commitment to holistic development and medical preparedness.



The event's inauguration, presided over by Deputy Director, Academic Dr. Nyawira Mwangi, representing CEO Dr. Kelly Oluoch, emphasized the fundamental role of sports in students' overall growth. Dr. Mwangi underscored, "Sports play a vital role in enhancing physical fitness, mental wellness, and academic performance. Our dedication to constructing a state-of-the-art sports complex reflects our commitment to promoting sports within the College."

The vibrant atmosphere was amplified by the visual spectacle of over 100 branded buses and double cabins adorning Nakuru's streets, painting the city with signature KMTC colors. These vehicles not only transported participants but also symbolized KMTC's might and medical prowess.

A significant highlight was the debut of the College's well-equipped ambulance, manned by qualified medics, showcasing the KMTC's dedication to emergency re-

sponse services. This initiative received acclaim from both students and staff, reinforcing KMTC's reputation as a center of medical excellence. "When people call us medics, they can see it today. I'm proud of my College," expressed a student.

During the event, clinicians and nurses stood ready at the athletic finish line, providing immediate medical attention to runners. Head of Health Services, Dr. Kennedy Rateng, reported that a total

**Board Chairperson Amb. Zachary Muburi-Muita (2nd left) CEO Dr. Kelly Oluoch (left), DDA Dr. Nyawira Mwangi handing over the 2<sup>nd</sup> runner-up Handball Trophy to the Webuye Campus Principal Ms. Lucy Chebungei and the captain.**





of 303 injuries were attended to, ranging from dislocations to cut wounds, highlighting the College's robust medical resources.

The atmosphere was electric as students showcased their athletic prowess in various sports, including football, volleyball, basketball, and more. The fervor reached its peak during the award ceremony when Nairobi Campus was declared the overall winner with the highest points of 98. "It is an enormous joy to win this competition. Our efforts in training have paid off. This victory is a testament to our hard work, teamwork, and dedication. We are not just students; we are athletes, and today, we stand proud," expressed a student from Nairobi Campus.

Amb. Zachary Muburi-Muita, KMTC Board Chairperson, applauded the students' dedication, saying, "The return of the KMTC National Sports Championships is a celebration of resilience and determination. Beyond the trophies and medals, these competitions teach invaluable life skills –

teamwork, discipline, and perseverance. I commend all the participants for their dedication and sportsmanship."

CEO Dr. Kelly Oluoch acknowledged KMTC's medical expertise while emphasizing the need for additional ambulances, recognizing the importance of continued investment in medical facilities. The championships not only celebrated athletic achievements but also spotlighted KMTC's exceptional medical preparedness and response capabilities.

As the sounds of ambulance sirens and vu-vuzelas echoed through Nakuru, the week-long event culminated, leaving an indelible mark on the hearts of participants and spectators alike. This triumphant return to the KMTC National Sports Championships will be forever etched in memory as a showcase of unwavering resilience, exemplary sportsmanship, and outstanding medical prowess.

*Nairobi Campus celebrate after emerging winners in the Ladies Soccer Category.*



# FROM STUDENT TO MARATHONER: NICHOLAS MWITI'S INSPIRING JOURNEY

Mr. Nicholas Mwiti Epitome, a second-year pharmacy student at KMTC Manza, is not your typical College student. His remarkable journey from a professional athlete to a dedicated pharmacy student is nothing short of inspiring.

Mr. Mwiti always harbored a dream of becoming a medic, which he now fulfills as a KMTC student. However, life also had different plans for him. Growing up, he had to walk a grueling 10 kilometers to and from school daily. Little did he know that this daily trek was unknowingly preparing him to become a champion athlete.

It wasn't until the onset of the COVID-19 pandemic in 2020 that Mwiti ran his first competition, aptly named "Morning Dew." To everyone's surprise, including his own, he emerged as the victor, earning himself a handsome prize of Kshs. 70,000. This unexpected win changed the trajectory of his life.

With the prize money, Mwiti applied for admission to KMTC to pursue a Diploma in Pharmacy, finally taking the first step towards his dream of becoming a medic. Since then, he has participated in several athletic competitions, using his winnings to support his education and stay afloat at the College.

Mwiti's daily routine is nothing short of intense. He rises at 4:30 a.m. from Monday to Saturday and embarks on a 19-kilometer run to maintain his peak athletic performance. After classes, he repeats the same distance run at 4:30 p.m. When asked about his secret to success, Mwiti attributes it to discipline, stating, "If you rely on motivation, you will not go far, but discipline will get you the distance."



In the recently concluded KMTC Annual Sports Championships, Mr. Mwiti secured gold medals in both the 3,000 and 5,000 meters, bringing glory to his Campus. He acknowledges his Manager, Mr. Frank Njenga, a fellow student in the Campus, for the unwavering support that has enabled him to compete in numerous marathons.

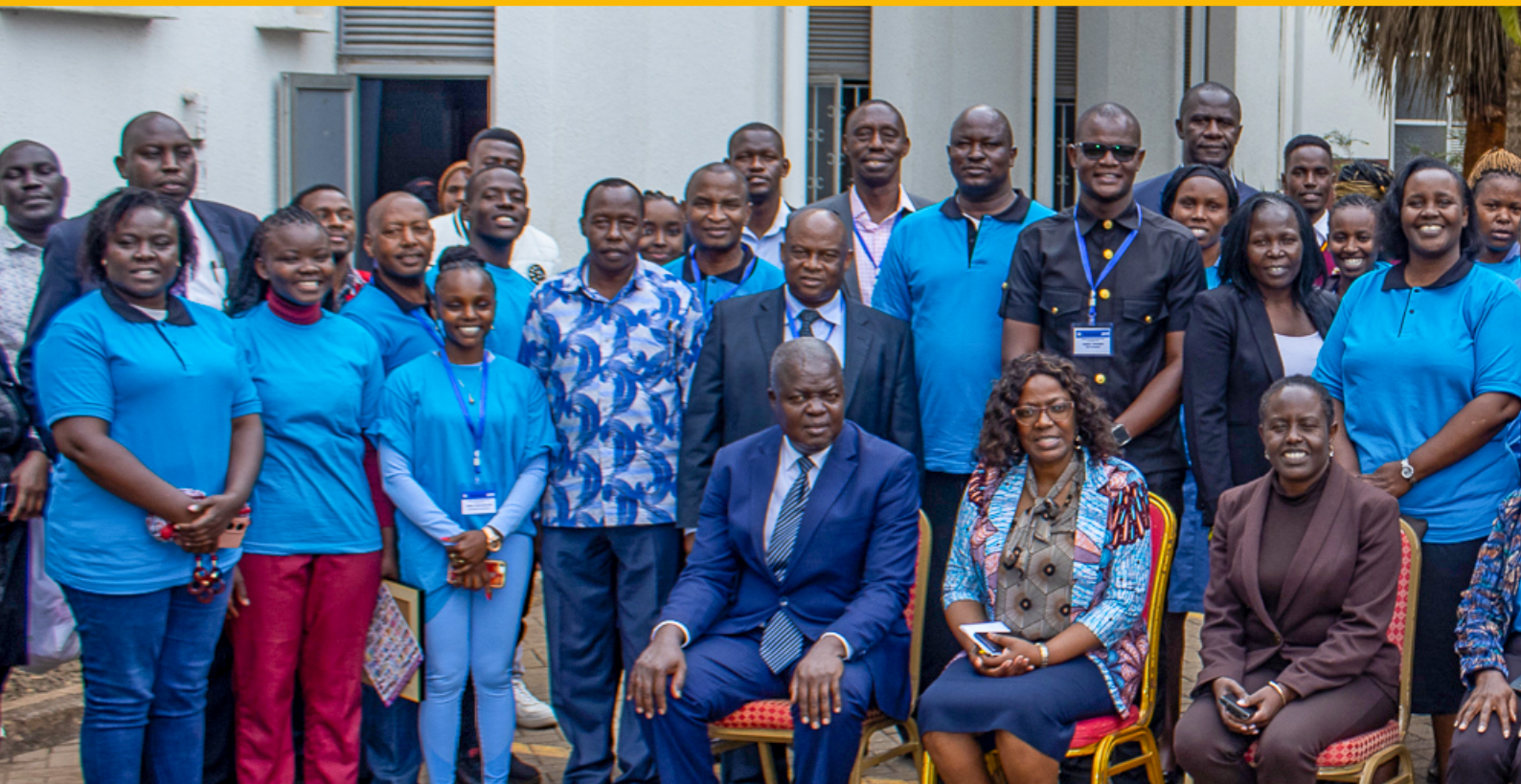
Mr. Mwiti's unique advantage lies in his pharmacy knowledge, which has made him vigilant against the risk of doping. He emphasizes the importance of maintaining integrity in sports and advises his fellow athletes to stay clean and true to the sport. Looking ahead, Mwiti recommends that the College invests in sporting facilities to nurture students' talents.

His story serves as a testament to the power of discipline, determination, and passion in achieving one's dreams, whether they lie on the track or in the classroom. Mr. Nicholas Mwiti, the aspiring medic and exceptional athlete, is proof that with the right mindset, the sky is the limit.

*Nicholas Mwiti Epitome (left) during the KMTC National Sports Championships in Nakuru County.*

# KMTC JOIN HANDS IN CELEBRATING WORLD PHYSIOTHERAPY DAY

In a remarkable display of commitment to healthcare education and advocacy, KMTC in collaboration with the Kenya Society of Physiotherapists and the Kenyatta National Hospital, marked this year's World Physiotherapy Day on September 8, 2023, in an event held at the College's graduation square.



This event held under the theme “Arthritis with main focus on inflammatory arthritis” shed light on the pivotal role that physiotherapists play in enhancing and maintaining physical health, including some forms of inflammatory arthritis like rheumatoid arthritis and axial spondyloarthritis.

The theme is a follow up of the theme for 2022, which focused on osteoarthritis.

Speaking while officially opening the event, the KMTC CEO Dr. Kelly Oluoch who was represent-

ed by the Deputy Director Academic Dr. Nyawira Mwangi, said Physiotherapists play a critical role in keeping people healthy and fit. “KMTC appreciates the significant role played by Physiotherapists in facilitating the well-being and recovery of patients including arthritis,” he said.

He highlighted the significance of quality training, research, and technology as foundations in producing competent healthcare providers worldwide. “At KMTC, our primary goal is to provide sustainable training to our learners, and we are calling on you to recom-

mend the essential programmes in the country to help combat the rising cases of physical injuries,” Dr. Oluoch said.

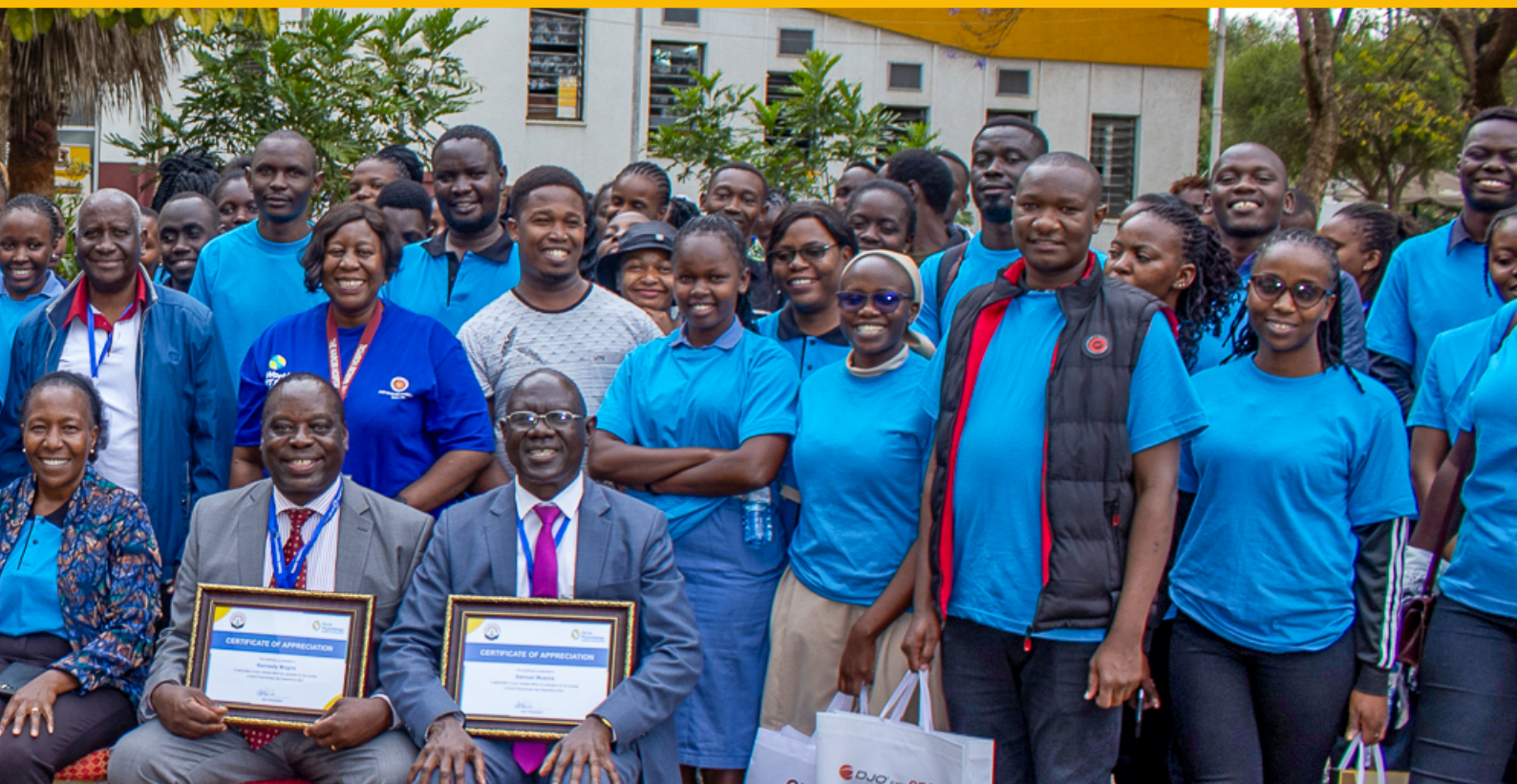
The College is a major contributor to the wheels of healthcare service delivery in the country and contributes to the growth of the physiotherapy profession in the country and beyond.

Ministry of Health Acting Director of the Directorate of Medical Services Dr. Rebecca Kiptui, who represented the chief guest, the Acting Director-General for Health Dr. Patrick Amoth, under-





*Asession of KMTTC students and staff, KNH and KSP staff during a walk to commemorate the World Physiotherapy Day.*



scored the urgent need for raising awareness about the role of physiotherapists in promoting health. “Early identification and intervention have demonstrated that physiotherapists can significantly reduce disabilities,” she further stated.

Over the last 96 years, KMTTC has registered great successes in training and mentoring Physiotherapists on specialized courses. The training prepares highly skilled health practitioners while prioritizing patient care, research, promotive, preventive, rehabilitative, and palliative healthcare.

The President of the Kenya Society of Physiotherapists Mr. Henry Opondo,

echoed the importance of physiotherapists not only in Kenya but also on a global scale. He noted that the council is vigilant in ensuring that technological advancement, professional conduct, and practices are upheld for better and effective service delivery.

The College joined hands with various partners to offer a free medical camp to the public, participate in health awareness walk, to promote awareness about the critical contribution physiotherapists are making to the optimal performance of the health care system.

World Physiotherapy Day is observed on the 8<sup>th</sup> of September, annually

*Ministry of Health Acting Director of the Directorate of Medical Services Dr. Rebecca Kiptui (3<sup>rd</sup> left), Deputy Director Academics Dr. Nyawira Mwangi (2<sup>nd</sup> left) Registrar Quality Assurance, Ms. Lucy Kuria (3<sup>rd</sup> right) and KMTTC staff and students during the World Physiotherapy Day celebrations.*





*West Pokot County Governor Hon. Simon Kachapin (right), KMTC Board Chairperson Amb. Zachary Muburi-Muita and CEO Dr. Kelly Oluoch (left) during a meeting at the County Headquarters.*

## STRENGTHENING PARTNERSHIPS, EMPOWERING STUDENTS: TRANSFORMATIVE INITIATIVES AT KMTC

In its commitment to education and healthcare, KMTC has been a recipient of substantial bursary funds from both Isiolo County Government and the Kinangop Member of Parliament Hon. Zachary Kwenya, providing critical support for student education.

### KMTC Isiolo Campus: A Beacon of Educational Empowerment



*Isiolo County Deputy Governor Dr. James Lowasa (3<sup>rd</sup> left), KMTC Board Chairperson Amb. Zachary Muburi-Muita (3<sup>rd</sup> right) CEO Dr. Kelly Oluoch (right), County Health Officials, and a section of bursary beneficiaries.*

On July 6, 2023, KMTC Isiolo Campus received a commendable boost with the injection of Kshs. 2.5 million in bursary funds from the Isiolo County Government.

This funding is aimed at empowering and facilitating the education of deserving students, contributing to the College's ongoing efforts in infrastructural development and overall student support.

Amb. Zachary Muburi-Muita, KMTC Board Chairperson, expressed gratitude for the bursary allocation during a courtesy call on Isiolo Governor Hon. Abdi Hassan Guyo.

He emphasized the pivotal role such funding plays in facilitating the training of economically disadvantaged students at the Isiolo Campus.

Amb. Muita further requested the county's continued support in seconding staff and allocating additional resources to meet the growing demands of student numbers and courses.

The Deputy Governor, Dr. James Lowasa, who led discussions on behalf of Governor Guyo, pledged ongoing support for KMTC's endeavors.

Dr. Lowasa also inaugurated a 280-capacity hostel, enhancing accommodation services for KMTC Isiolo students.

He urged the College to maintain its focus on need-based courses, aligning with the government's Universal Health Coverage agenda.

Accompanied by CEO Dr. Kelly Oluoch, Board Directors, and key personnel, the KMTC delegation acknowledged the County's pivotal role in facilitating the development of the Isiolo Campus.



## KMTC and West Pokot County Government: A Transformative Partnership

On July 11, 2023, KMTC and the West Pokot County Government laid the groundwork for a transformative partnership focused on enhancing the training and development of healthcare professionals.

The discussions, held at the Governor's office, revolved around key areas such as deploying faculty, improving infrastructure, providing clinical attachments, and implementing innovative funding methods to support needy students from the County.

West Pokot Governor Hon. Simon Kachapin acknowledged the significant economic impact of KMTC Kapenguria on the region and expressed commitment to its growth.

He pledged to expand health facilities to accommodate the increasing

number of students seeking attachment opportunities. The Governor emphasized that the County will work closely with the College to allocate additional land for the expansion of Kapenguria Campus.

Amb. Zachary Muburi-Muita, KMTC Board Chairperson, extended heartfelt appreciation to the County Government for its unwavering support in developing the Campus. The collaboration aims to offer additional need-based courses that directly benefit the local community.

The partnership's significance was underscored by KMTC Chief Executive Officer, Dr. Kelly Oluoch, who highlighted its role in furthering the development of both the College and the County.

As a symbolic gesture of continued collaboration, the delegation, accompanied by County Executive Committee Member for Health Hon. Claire Chemutai Parklea, toured the Kapenguria Campus.

During the visit, a newly constructed ablution block for students was commissioned, enhancing their learning experience. The collaboration was further reinforced as they planted trees on the campus grounds.

The event witnessed the presence of KMTC Board Directors, Deputy Director Academic, and Deputy Registrar Quality Assurance, further solidifying the commitment to advancing healthcare education and training in partnership with local governments.

## KMTC Nyandarua Campus: A Financial Boost for Aspiring Healthcare Professionals

In an equally impactful initiative, KMTC Nyandarua received a generous contribution of Kshs. 480,000 in bursary funds, a demonstration of the College's ongoing collaborative efforts.

The Kinangop Member of Parliament Hon. Zachary Kwenya, played a pivotal role in facilitating this financial boost, empowering financially disadvantaged students and easing their educational journey.

Nyandarua Campus Principal, Mr. Justus Kioko, expressed gratitude for the significant financial aid, high-



*Kinangop NG-CDF Chairperson Mr. George Karanja (left) hands over a cheque to Nyandarua Campus Principal Mr. Justus Kioko (right). Present are, Kinangop Constituency NG-CDF coordinator Mr. John Kariuki (back left), a section of staff and students.*

lighting its transformative impact on students' lives. He emphasized that the bursary fund not only eases the financial burden but also instils a renewed sense of hope and determination in students.

Hon. Kwenya, emphasizing the importance of investing in education, expressed his honor in contributing

to KMTC's mission of providing quality education and empowering the next generation of healthcare professionals.

This financial boost aligns with KMTC's broader mission to create an inclusive and accessible educational environment.

## PARTNERSHIP TO ENHANCE TRAINING IN EMERGENCY MEDICAL SERVICES

KMTC Chief Executive Officer Dr. Kelly Oluoch on July 28, 2023, held a meeting with a delegation from Malteser International led by Country Coordinator Mr. Martin Schemburg, to discuss potential collaboration in the training of Emergency Medical Services (EMS).

The discussions centered on areas of EMS: curriculum development and advancement; equipping of clinical placement facilities; upgrading of simulation laboratories to incorporate EMS components; capacity building for staff; and continuous medical training, among others.

KMTC offers training of Emergency Medical Technicians (EMTs) at Certificate (started in September 2022) and Diploma (starting September 2023) levels. EMTs provide rapid in-field treatment and transport to higher medical providers. They work in conjunction with paramedics, nurses, clinical officers, physicians, and other members of the healthcare team. EMTs are trained to offer emergency medical care which is the necessary immediate care to be administered to prevent worsening of the situation or death.

Speaking during the meeting, Dr. Oluoch reported that thanks to the 96 years of experience in training of health courses, the College has the requisite infrastructure, human resources, wide reach, and the community network necessary for enhancing the training in EMS.

“The College has been training its students to equip them necessary competencies to respond to emergencies, and skills to keep the patient alive from the scene of emergency to the hands of medical care” Dr. Oluoch said. “This partnership will definitely enhance these efforts” he added.

On his part, Mr. Schoenburg said Malteser International and KMTC share a common goal in basic and



*CEO Dr. Kelly Oluoch (right) with Malteser International Country Coordinator Mr. Martin Schemburg during a meeting at KMTC Headquarters.*

advanced life support. He said the partnership will “contribute to decreased direct and premature mortality, due to preventable medical emergencies by an accessible and improved pre-clinical emergency care system.”

Moving forward, the teams from the two organizations will develop modalities of working together to ensure Kenyans access quality healthcare and specifically emergency medical services.

Kenya has a strong need for elaborate prehospital emergency care. The high prevalence of acute medical events, natural as well as man-made disasters, and mass casualty incidents has created an increasingly large demand for a reliable, integrated, and safe EMS system.

In attendance during the meeting were Malteser International Finance Manager Mr. Victor Miako, Project Officer Mr. Robert Parpula, Partnerships Officer Ms. Florence Mwangi, KMTC Corporate Communication Manager Ms. Onsomu Marcellah, Resource Mobilization Officer Mr. Kamau Maina, Nairobi Campus Principal Mr. Joseph Ahomo and Head of health Services Dr. Kennedy Rateng, among others.



# UNESCO HIGH-LEVEL OFFICIAL VISITS KMTC

The United Nations Educational, Scientific and Cultural Organization (UNESCO) Head of Education Sector, Mamadou Lamine Sow, paid a courtesy call on the College CEO Dr. Kelly Oluoch, on August 16, 2023. During the meeting held at the KMTC headquarters, issues including scaling up the O3 Plus project were discussed.

The College has partnered with UNESCO in a project dubbed Our Lives, Our Rights, Our Future (O3 Plus) to realize positive health, education, and gender equality outcomes through sustained reductions in new HIV infections, unintended pregnancy, and gender-based violence.

Dr. Oluoch took the opportunity to thank UNESCO for implementing the project in the College, noting that it is supporting students to make informed choices and thereby reach their fullest potential.

“We are living in challenging times where issues of pregnancies, gender-based violence, sexually transmitted diseases, and drug abuse remain major concerns among young people. The project is therefore coming in handy to help us with innovative ideas in tackling these issues,” he said.

Mr. Sow visited the country on a fact-finding mission to evaluate the impact of UNESCO-funded projects.

He noted that UNESCO is impressed with the progress of the project, which is currently being implemented in KMTC Nairobi, Mombasa, and Kisumu.

“We are looking into scaling it up to other Campuses in the coming months. This will be done through the training of Lecturers and digitization of training using the RADA app,” he said.



RADA app is a student-developed mobile health application that helps students access information about sexual and reproductive health, professional counseling and peer counseling services, and a helpline when in an emergency situation.

The O3 Plus Project is founded on four key pillars including commitment to Comprehensive Sexuality Education (CSE) as well as Sexual and Reproductive Health Rights (SRHR) through policies and curriculum; Greater uptake by students of improved quality SRHR services and information; Safer, more inclusive, and more supportive Campus environment for all students; and increased evidence base for CSE/SRHR needs and effective approaches within institutions of higher learning.

*Seated; UNESCO Head of Education sector Mr. Mamadou Lamine Sow, (2<sup>nd</sup> left), KMTC CEO Dr. Kelly Oluoch (2<sup>nd</sup> right) with College and UNESCO Staff during a meeting.*

*A Doctor attends to a client during a free eye check-up and Cataract Surgery at Mutomo.*

## CORPORATE SOCIAL RESPONSIBILITY

In a dedicated effort to strengthen its commitment to community welfare and sustainable development, KMTCC embarked on a series of impactful Corporate Social Responsibility (CSR) initiatives during the first quarter of the Financial Year 2023-2024. These initiatives spanned various areas such as social upliftment, education, environmental conservation, disaster response, health, and medical services, actively involving KMTCC campuses across the country.

### A Relief for Kitui Residents: A Vision of Hope



*A Doctor attends to a patient during the Mutomo free Eye Check-up and Surgery.*

In an impactful collaboration, the College joined forces with the Kenya Society for the Blind, Centres for Health and Education Programmes (CHEPs), and VisionSpring to host a transformative four-day free eye check-up and cataract surgery camp at Mutomo Level 4 Hospital in Kitui County.

Held from August 16 to 19, 2023, the camp aimed to provide essential eye care services, restoring eyesight for residents struggling with visual impairment.

Over the span of four days, the

hospital witnessed a steady stream of hopeful residents, many of whom had dreams overshadowed by cataracts and impaired vision.

A total of 516 patients, each with unique stories and a shared aspiration to regain their eyesight were attended to, with 161 undergoing cataract surgery.

For seven individuals, the camp marked the beginning of ongoing care as they were referred for further medical attention.

Among the beneficiaries was Mr.

Crispus Mutinda, a religious leader in the community, who underwent cataract surgery. His joy was palpable as he expressed gratitude, stating, “The ability to read my Bible for sermons is a gift beyond words. KMTCC and its partners have not just restored my sight but also my purpose. I am humbled and thankful beyond measure.”

Nairobi Campus Deputy Principal, Academic, Mrs. Felistus Muinde, representing the Chairperson of the Corporate Social Responsibility committee, expressed her joy at the impact the camp brought to the residents of Mutomo and its environs.

She emphasized that witnessing happiness and renewed hope in the eyes of the residents is a true testament to the impact of KMTCC's CSR activities, extending beyond medical procedures to restoring the fabric of the community.



In addition to ophthalmology services, the camp incorporated health education sessions, imparting knowledge about proper eye care.

This empowered participants to maintain and protect their newfound clarity of vision.

As the camp came to an end, the hospital grounds were filled with

stories of transformation and gratitude, weaving a narrative of restored sight, rekindled aspirations, and a stronger sense of community.

## KMTC CSR Initiatives: Transforming Lives Nationwide



*Board Chairperson Mr. Joseah K. Cheruiyot, CEO Dr. Kelly Oluoch, a section of Board Directors, Management, Staff, and Students during a country-wide tree planting exercise.*

KMTC's commitment to environmental sustainability was evident through tree-planting campaigns across multiple regions.

Contributions from various campuses, including Eldoret, Iten, Kuria, Lodwar, Manza, Machakos, Rera, and Nyandarua, emphasized the importance of clean air, combating climate change, and preserving the environment for future generations.

Complementing these efforts, sanitation drives were organized in areas like Iten, Eldoret, and Gatundu, focusing on actively contributing to the cleanliness and hygiene of their respective regions.

In the realm of social upliftment, KMTC Migori organized a career talk, providing valuable insights into diverse career paths.

Simultaneously, KMTC Rachuoyo made a significant impact by supporting a children's home, generously donating essential items, and contributing to environmental conservation through tree planting.

Addressing healthcare needs in underserved communities, the College organized medical camps in Bomet and Nyahururu, showcasing its commitment to public health, reaching out to communities, and fostering a healthier future.

KMTC Board Chairperson, Mr. Joseah Cheruiyot, highlighted the profound impact of the College's CSR initiatives, stating, "Our commitment to community welfare and sustainable development is at the heart of KMTC's mission. These CSR activities exemplify our dedication to creating positive change within the communities we serve."

The Chair further added, "As we witness the transformative effects on both the environment and individuals, we are inspired to continue our journey as a catalyst for positive societal change."

Meanwhile, CEO Dr. Kelly Oluoch emphasized the operational significance of these initiatives, saying, "These CSR activities are not just charitable gestures, they are an integral part of KMTC's operations. By actively engaging with communities, addressing critical needs, and fostering a sense of responsibility, we strengthen our institution's core values. These initiatives are a testament to our commitment to social responsibility and the tangible impact we can achieve by working collaboratively for the greater good."

The CSR initiatives reflect KMTC's commitment to being a socially responsible institution, making a meaningful impact on the societal fabric, and contributing to a better, healthier, and more equitable future. The initiatives underscore KMTC's dedication to making a tangible difference in the lives of people and the environment. Through strategic partnerships, community engagement, and unwavering commitment, KMTC continues to inspire hope and positive transformation within the communities it serves.

## APPOINTMENTS



**M**s. Lucy Chebungei is the College's Deputy Director, in charge of Finance, Planning and Administration having been appointed on August 9, 2023. She has over 25 years of experience in Nursing, research and academics. Ms. Chebungei holds a Master of Science in International Research Ethics from Moi University, Bachelor of Arts in Sociology from Moi University, Postgraduate Certificate Medical Education and a Diploma in Community Health Nursing from KMTc.

Prior to her appointment, Ms. Chebungei was serving as the Principal, KMTc Webuye Campus and has also served in the same capacity at Sigowet Campus. She is a member of the Nursing Council of Kenya and National Nurses Association of Kenya.

**Deputy Director, Finance, Planning and Administration**

**Ms. Lucy Chebungei**

**M**rs. Lilian Kemboi is the College's Human Resource Manager having been appointed on August 2, 2023. With over 10 years of experience in human resource management, Ms. Kemboi holds a Master of Science in Human Resource Management, Master of Business Administration (Strategic Management), a postgraduate diploma in Human Resource Management as well as a Bachelor of Science in Information Technology. Prior to her appointment, she was serving as the College's Deputy Human Resource Manager.

She is a member of the Institute of Human Resource Management and is a certified Human Resource Professional (Kenya) – CHRP (K).

**Human Resource Manager**

**Mrs. Lilian Kemboi**



**C**PA Geoffrey Makokha is the Colleges Internal Audit manager having been appointed on September 13, 2023. Mr. Makokha brings on board a wealth of experience spanning over 10 years in audit assurance and consultancy, risk management and reviews, team leadership and development, strategy and advisory as well as corporate governance. He holds a Masters in Business Administration (Finance) from Jomo Kenyatta University of Agriculture and Technology, and a Bachelor of Business Management (Accounting) Moi University. CPA Makokha is a Certified Public Accountant of Kenya and a member of Institute of Certified Public Accountants of Kenya (ICPAK). He is also a Certified Information systems Auditor and a member of Information System Audit and Control Association (ISACA).

**Internal Auditor Manager**

**Mr. Geoffrey Makokha**



## APPOINTMENTS



**M**r. Job Nyakado is the College's Resource Mobilization Manager having been appointed on September 1, 2023. He holds a Masters of Business Administration (Marketing option) from Kenyatta University and a Bachelor of Education from Kenyatta University.

Boasting a decade of professional expertise, Mr. Nyakado has cultivated a diverse skill set through various roles. He served as the Associate Lead Consultant at Trailblazer Business Strategies Ltd and held key positions at the Nation Media Group, including Agency Business Manager and Business Executive. His wealth of experience and strategic insights position him as a valuable asset in steering the College's resource mobilization efforts toward greater success.

**Manager, Partnership and Resource Mobilization**  
**Mr. Job Nyakado**

**C**S Caroline Muchina is the College's Corporation Secretary/ Legal Services Manager having been appointed on October 9, 2023. She brings a wealth of legal and corporate expertise to her position. CS Muchina holds a Master of Laws from Liverpool John Moores University and a Bachelor of Laws from the University of Nairobi. She is a duly qualified Advocate of the High Court of Kenya and a Certified Company Secretary (CPS-K). Additionally, she is a member of the Institute of Certified Secretaries and holds certifications as a Governance Auditor and an Associate of the Kenya Institute of Bankers (AKIB). Her extensive professional background includes prior roles at the Nursing Council of Kenya, Green Pot Enterprises Ltd, and Imperial Bank.

**Corporation Secretary/Legal Services Manager**  
**CS Caroline Muchina**







Speaker of the National Assembly Hon. Moses Wetangula (center) during a visit to Teso Campus. On his right is MP Teso North Hon. Oku Kaunya and the principal Mr. Kipchumba Kurui (left).



Principals Mosoriot campus Mr. Richard Kibet (left) and Koitaleel Samoei University professor Winston Akala (2<sup>nd</sup> left), staff from the campus Accountant Ms. Phyllis Chemweno (Center), Procurement Ms. Sylvia Cherotich (3<sup>rd</sup> right), administrator Mr. William Bor (2<sup>nd</sup> right) and finance manager Koitaleel University Mr. Rutto (right), after a partnership and resource mobilization discussion.



Teso Campus librarian Ms. Lovious Jerop, receiving books from Aga Khan University regional librarian Dr. Arnold Mwanzu (left), Aga Khan University associate vice provost and University librarian Prof. Peter Gatiti (2<sup>nd</sup> left) and interim vice provost Aga Khan University Nairobi, Mr. Gitonga Mbijewe (1<sup>st</sup> right)



Speaker of the National Assembly Hon. Moses Wetangula (center) during a visit to Teso Campus. On his right is MP Teso North Hon. Oku Kaunya and the principal Mr. Kipchumba Kurui (left).





*PS State Department for Public Health and Professional Standards Mary M. Muriuki (right) with a section of students during her visit at KMTc Eldoret.*



*CEO Dr. Kelly Oluoch (center) at Kinoru Stadium in Meru during the World AIDS Day*



*KMTc Nairobi Campus Ladies Soccer Team after emerging the winners during the KMTc National Sports Competitions in Nakuru County*



*Loitokitok Campus Men's Soccer Team emerged winners during the KMTc National Sports Competitions in Nakuru County.*





*Board Chairperson Amb. Zachary Muburi-Muita (2<sup>nd</sup> left), CEO Dr. Kelly Oluoch (3<sup>rd</sup> left), Deputy Director Academics Dr. Nyawira Mwangi (left), KMTC Siaya Principal Ms. Alice Wagunda (3<sup>rd</sup> right), Netball team captain MayGoretty Nekesa and a section of staff.*



*Board Chairperson Amb. Zachary Muburi-Muita (2<sup>nd</sup> left), CEO Dr. Kelly Oluoch (left), Deputy Director Academics Dr. Nyawira Mwangi (center), KMTC Nairobi Principal Mr. Joseph Abomo (right) and the Nairobi Campus Hockey Team Captain during the College National sports Competitions in Nakuru County.*



*Port Reitz Campus Principal Dr. Jacinta Mukonzo celebrates with a section of students and staff after emerging winners in the ladies' handball during the National sports competitions.*





*Siaya Campus Netball Captain MaryGoretty Nekesa celebrates after receiving a trophy on behalf of the Netball Team.*



*Deputy Director Academics Dr. Nyawira Mwangi flags off the KMTc National sports competitions held in Nakuru County.*



*The Principal Manza Campus Everlyne Abuga (right) and a section of students celebrate after emerging winners in the Men's Handball.*



## KMTC PROGRAMMES

1. Clinical Medicine and Surgery	(Certificate, Diploma and Higher Diploma)
2. Community Oral Health	(Diploma)
3. Dental Technology	(Diploma)
4. Health Records and Information Technology	(Certificate and Diploma)
5. Health Promotion	(Certificate, Diploma and Higher Diploma)
6. Health Professions Education	(Higher Diploma)
7. Medical Engineering	(Certificate, Diploma and Higher Diploma)
8. Medical Imaging Sciences	(Diploma and Higher Diploma)
9. Medical Laboratory Sciences	(Diploma and Higher Diploma)
10. Nursing	(Certificate, Diploma and Higher Diploma)
11. Nutrition and Dietetics	(Certificate, Diploma and Higher Diploma)
12. Occupational Therapy	(Diploma and Higher Diploma)
13. Optometry	(Diploma and Higher Diploma)
14. Orthopaedic Technology	(Diploma and Higher Diploma)
15. Orthopaedic and Trauma Medicine	(Certificate, Diploma and Higher Diploma)
16. Pharmacy	(Diploma and Higher Diploma)
17. Physiotherapy	(Diploma and Higher Diploma)
18. Public Health	(Certificate, Diploma and Higher Diploma)
<b>Short Courses</b>	



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