



KENYA MEDICAL
TRAINING COLLEGE

Training for Better Health

The Journey to Greatness

The History of the Kenya Medical Training College since 1927



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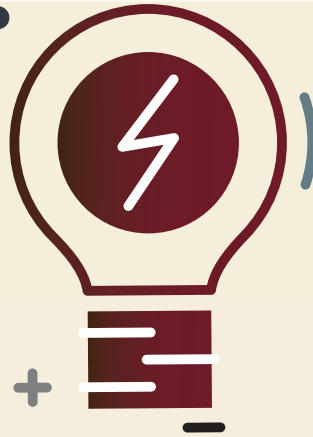
The Journey to Greatness

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CORE STATEMENTS

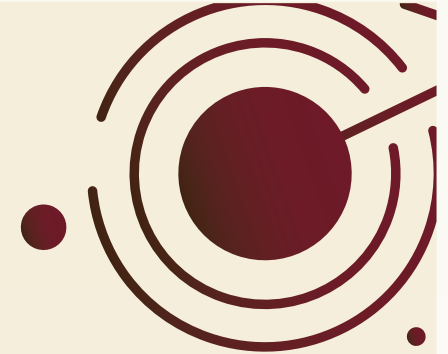
Our Vision

A globally competitive institution for training human resource for health



Our Mission

To develop fit-for-purpose middle-level health professionals through transformative training, research, and consultancy



Our Motto

Training for better health



Our Core Values

- Accountability
- Integrity
- Responsiveness
- Equity
- Teamwork
- Professionalism
- Creativity and innovation



TABLE OF CONTENTS

CORE STATEMENTS	iv
TABLE OF CONTENTS	v
ABBREVIATIONS AND ACRONYMS	vii
FOREWORD	viii
PREFACE	ix
ACKNOWLEDGMENTS	x
EXECUTIVE SUMMARY	xi

CHAPTER ONE: HISTORICAL BACKGROUND 1

Training at Kenya Institute of Administration (Jeans School)	2
Training at Kenyatta National Hospital	3
Paramedics and Auxiliary Personnel Training in the Early Years (up to 1980s)	5
College Expansion and Name Changes	7
Self-governing Status and Growth	8
Expansion Milestones and Innovations	8
The KMTC Unique Branding and Symbolism	9
Logo and Meaning	9
College Uniform	9

CHAPTER TWO: INSTITUTIONAL GOVERNANCE . 10

College Leadership	12
KMTC Board of Directors (1996 to August 2023)	14
KMTC Chief Executive Officers	16
The Legal and Institutional Framework	17
College Management	18
The Academic Council	19

Student Representative Council	19
The College Organizational Structure	20

CHAPTER THREE: TRAINING, RESEARCH, AND CONSULTANCY 22

Training	23
Accreditation and Registration	23
Curricula Activities	24
Extra-Curricular Activities	24
Library Services	24
Examination Trends	25
Certification	25
Transcript	25
Graduation	25
Student Population and Admission Trends	26
Graduation Trends (2008-2022)	27
The Evolution and Growth of Departments	28
Research Activities at the College	39
Consultancy Services Offered	40

CHAPTER FOUR: ESTABLISHMENT OF CAMPUSES 42

Campuses Established between 1927 and 2023.....	45
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CHAPTER FIVE: CONTRIBUTION TO THE HEALTH SECTOR IN KENYA AND BEYOND..... 64

Access to Quality Training	65
Contribution through Research and Consultancy	67
Emergency Response	67
Health Service Delivery	68
Flagship Projects	68
Global Contribution	68

CHAPTER SIX: PARTNERSHIPS AND COLLABORATIONS..... 69

KMTC, Ministry of Health and the National Government	70
KMTC, Ministry of Health and Intergovernmental Authority on Development (IGAD).....	71
KMTC, Ministry of Health and World Bank	71
KMTC, County Government and the National Government Constituency Development Fund ..	72
KMTC and the Local Communities	72
Partnership Towards Training and Research	73
KMTC and Regulatory Bodies.....	75
Corporate Social Responsibility	76
Partnership for Staff Development	76

CHAPTER SEVEN: MILESTONES AND KEY ACHIEVEMENTS 77

Training Advancement	78
Information Communication Technology	78
Kenya National Qualifications Authority Accreditation	79
Human Resource Achievement	80
Recognition and Awards.....	81
Strategic Plans	81
Infrastructure Development	81
Revenue Growth and Sustainability	82
Flagship Projects	82

CHAPTER EIGHT: ALUMNI GROWTH AND EXPERIENCES 83

Legal Background and Impact	84
Alumni Experiences at KMTC and After	84
Alumni Roles in KMTC's Further Greatness	101

CHAPTER NINE: STRATEGIC DIRECTION 102

Quality Training.....	103
Research, Innovation and Consultancy.....	104
Digital Transformation.....	104
Institutional Sustainability	104

ABBREVIATIONS AND ACRONYMS

AMREF:	African Medical and Research Foundation	IMLT:	Institute of Medical Laboratory Technology	NACADA:	National Authority for the Campaign against Alcohol and Drug Abuse
AOTA:	American Occupational Therapy Association	JHPIEGO:	Johns Hopkins Programme for International Education in Gynaecology and Obstetrics	NACOSTI:	National Council for Science, Technology and Innovation
CEO:	Chief Executive Officer	JICA:	Japan International Cooperation Agency	NASCOP:	National AIDS and STIs Control Programme
CHP:	College of Health Professions	KAPE:	Kenya African Preliminary Examination	NCCQIF:	National Coordination Centre for Quarantine and Isolation Facilities
CME:	Continuous Medical Education	KEBS:	Kenya Bureau of Standards	NCK:	Nursing Council of Kenya
CO:	Clinical Officers	KEPH:	Kenya Essential Package for Health	NG-CDF:	National Government Constituency Development Fund
COHO:	Community Oral Health	KIA:	Kenya Institute of Administration	NHIF:	National Health Insurance Funds
CRERC:	College Research and Ethics Review Committee	KJSE:	Kenya Junior Secondary Education	NRF:	National Research Fund
CT:	Computed Tomography	KMLTTB:	Kenya Medical Laboratory Technicians and Technologists Board	OJT:	On Job Training
DANIDA:	Danish International Development Agency	KMTC:	Kenya Medical Training College	OT:	Occupational Therapy
DICECE:	District Centre for Early Childhood Education	KNDI:	Kenya Nutritionist and Dieticians Institute	PHOTC:	Public Health Officers and Technicians Council
DMS:	Director of Medical Services	KNH:	Kenyatta National Hospital	PTS:	Preliminary Training Service
EACE:	East African Certificate Examination	KNQA:	Kenya National Qualification Authority	QAI:	Qualification Awarding Institution
ECHN:	Enrolled Community Health Nursing	KRCHN:	Kenya Registered Community Health Nurse	QMS:	Quality Management Systems
ECN:	Enrolled Community Nurse	KRN:	Kenya Registered Nurses	RCO:	Registered Clinical Officers
ECN:	Enrolled Community Nursing	KSG:	Kenya School of Government	SAGA:	Semi-Autonomous Government Agency
EPN:	Enrolled Psychiatric Nurses	KUCCPS:	Kenya Universities and Colleges Central Placement Service	SDG:	Sustainable Development Goals
ERP:	Enterprise Resource Planning	LMG:	Leadership Management and Governance	SIDA:	Swedish International Development Cooperation Agency
FQE:	Final Qualifying Examinations	MOPHS:	Ministry of Public Health Services	SRC:	Student Representative Council
GIZ:	German Agency for International Cooperation	MRI:	Magnetic Resonance Imaging	TATCOT:	Tanzania Training Centre for Orthopaedic Technologists
HSM:	Health Systems Management	MRL:	Medical Research Laboratory	UHC:	Universal Health Coverage
HSS:	Health Systems Strengthening	MTC:	Medical Training Centre	UNICEF:	United Nations Children's Fund
ICRC:	International Committee for the Red Cross	MTRH:	Moi Teaching and Referral Hospital	WHO:	World Health Organization
IGAD:	Intergovernmental Authority on Development				

FOREWORD



On behalf of the Kenya Medical Training College (KMTC) Board of Directors, I am pleased to write the foreword of the College history book, *The Journey to Greatness*, which covers the inception period from 1927 to 2023. This epic journey is exclusive and provides a chronology of the College from its modest beginning to evolution into a premier, middle-level health training institution in Kenya and regionally.

This historic document outlines the strategic focus, corporate culture, and financial growth, which have resulted in the robust transformation in operations courtesy of the College Management under the leadership of the Board of Directors. KMTC plays a key role in the realization of the Government's Bottom Up Economic Transformation Agenda, African Union's Agenda 2063, the United Nations Sustainable Development Goals and Vision 2030, in line with National Health Outcomes.

In order to support the Government achieve its constitutional provision of the highest sustainable standards of health, in 2014, the College Board of Directors embarked on a transformative agenda by restructuring several College operations. I am glad to report that the College has made tremendous achievements in governance, administration and academics. The re-categorization from PC 2 to PC 4A has improved terms of service for staff and expanded our mandate to include research.

The Board has institutionalized policies and frameworks to improve efficiency, strengthen internal processes and procedures in harmony with the country's laws and regulations.

I thank the Management teams and staff led by the Chief Executive Officer, for their dedication in the day-to-day running of the College. My gratitude goes to the Board of Directors for providing leadership and ensuring proper governance systems and procedures are in place. I thank the Ministry of Health for the support and guidance, enabling us to achieve our Vision. I thank the Government for steadfast support to the College. The agenda on Universal Health Coverage (UHC), which the College is committed to, prioritizes the training of human resources for health to meet the national goals for the health sector.

It is my sincere hope that this book will be widely used by Government departments, the private sector, researchers, and individuals to provide valuable lessons towards the transformation of health workforce training in Kenya.

Thank you.

Mr. Joseah K. Cheruiyot
Chairperson, Board of Directors

PREFACE



The Kenya Medical Training College's historical document, *The Journey to Greatness*, is the first of its kind. It provides a comprehensive chronology of events that led to the evolution of the College from humble beginnings into a leading world-class, mid-level health training institution.

This book is a product of an extensive review of existing documents, interviews with previous and current staff who provided crucial information, and comprehensive

feedback from our internal and external stakeholders.

The chapters cover the historical background; institutional governance; training, research, and consultancy; establishment of Campuses; contribution to health sector in Kenya and beyond; partnerships and collaborations; milestones and key achievements; alumni growth and experiences, and the College's strategic direction.

The process of developing the College's journey since inception has given us an opportunity to take stock of performance, successes and lessons as we position the College in the path to produce skilled health professionals to bridge the human resources for health gaps in the country and beyond.

This book is a product of collaborative efforts and support from various stakeholders both locally and abroad. Sincere thanks to the dedicated team that worked tirelessly and devoted their time to ensure the information gathered is complete and consistent with the College's history. We appreciate former staff for their wealth of experience on KMTC and providing undocumented history of the College for posterity. I thank the Board of Directors for providing strategic direction, guidance and resources to support the production of this book.

The College continues to play an important role in

training competent health workers by contributing 85% of the local mid-level human resource for health in the country. It is our commitment to continue building on our niche and strengths to advance the achievement of the College's mandate. Therefore, I encourage you to join us in building a better country and healthy wellbeing of all by supporting this unique medical training institution as it makes its contribution to the achievement of the government's Universal Health Coverage and global development agenda.

Dr. Kelly Oluoch

Chief Executive Officer

ACKNOWLEDGMENTS

In just a few years, the Kenya Medical Training College will be celebrating a century in commemoration of a journey that began in 1927 at the Jeans School, Kabete. With only four students then, the College has evolved over time into a world-class, middle-level health training institution in Kenya and regionally.

Compressing this rich history spanning many decades into a document of succinctly told narratives has been no mean task. The success of the *Journey to Greatness* has been a collaborative effort, both directly and indirectly, between KMTC and various authorities, institutions and individuals.

Foremost, the College wishes to sincerely appreciate the Government of Kenya, the Ministry of Health and County Governments for their relentless support and guidance enabling the institution to make giant strides towards the fulfillment of its vision. This historic book captures the enormous support provided by the two levels of government.

In the course of the production of this historical book, the KMTC Board of Directors provided guidance and resources to ensure proper capture and documentation of the College's rich history for posterity. Special thanks go to the previous Board of Directors especially Prof. Philip Kaloki (Chairperson 2014-2021) and Management for

playing key roles in the initial production of this book.

Without the support of our partners and collaborators across the globe, our growth and development would not have warranted chronicling. While some of them have been mentioned in this book, we wish to acknowledge every institution and individual that has partnered with us in one way or another through the passage of time. Please accept our collective appreciation.

The College wishes to register sincere appreciation to individuals who participated in the key informant interviews, including Ms. Monica Njugi, Dr. William Oduol, Mr. Raymond Wafula, Dr. Eunice Kiereini, Mr. Vitalis Kang'ero, Mr. Donbosco Kochumba, Mr. Franklin Shiundu Okonji, Mr. Joseph Olekiu and Mr. William Boit. Their honesty in sharing wealth of knowledge, experiences, and insights helped us refine our ideas throughout the creative process.

The invaluable information gathered from KMTC Senior Managers and Campus Principals enabled our able staff to piece it together into this historical document. The chroniclers of this history are Dr. John Nyaga, Dr. John Kyallo, Dr. Kenneth Riany, Mr. David Yator, Mr. Nicholas Rutto, Ms. Dorothy Tshombe, Mr. Richard Kolute, Mr. David Okach, Mr. Amos Kipsumbai, Ms. Lucy Kuria, Ms. Peninah Ivui, Ms. Linet Makazi, Mr. Kamau Maina

and Mr. Anderson Yeri. They were not only the writers of the KMTC history but also enriched the available information with their incredible institutional memory.

Special appreciation to the CEO Dr. Kelly Oluoch for the guidance and leadership throughout the development and production of this book. The CEO led a dynamic editorial team comprising Ms. Onsomu Marcellah, Mr. Hezron Ochiel, Mr. Brian Agunda (Design and Layout), Mr. Evans Ngara (Photography) Ms. Lynette Gathigia, Ms. Flavian Kadeka, Ms Esther Opande and Mr. Victor Kyalo. The team benefited from invaluable advice from the Deputy Directors Ms. Lucy Chebungei (Finance, Planning and Administration), Dr. Nyawira Mwangi (Academic), as well as Mr. Otuma Ongalo as the external editorial consultant.

As stated by the Board Chairperson, it is our sincere hope that this book will be widely used by Government departments, the private sector, researchers, and individuals in providing valuable lessons towards the transformation of the health workforce training in Kenya and inspire other institutions to document their history for posterity.

Onsomu Marcellah
Corporate Communications Manager

EXECUTIVE SUMMARY

The Journey to Greatness provides a comprehensive history of the Kenya Medical Training College (KMTC) from its inception in 1927 to 2023. The book consists nine chapters that cover the historical background of the College; institutional governance; training, research and consultancy; establishment of Campuses; contribution to the health sector in Kenya and beyond; partnerships and collaborations; milestones and key achievements; alumni growth and experiences; and the Colleges strategic direction.

Background

The first chapter chronicles the evolution of KMTC since its establishment in 1927 during the colonial period as an informal training institution before becoming a department in the Ministry of Health. It acquired legal status as a State Corporation in 1990 through Section 3 of the Kenya Medical Training College (Cap 261 of the Laws of Kenya) and falls under the Ministry of Health. The College is entrusted with training various disciplines in the health sector, conducting research and consultancy.

The College's history has evolved over time, having started off at the Kenya School of Government before shifting its training to Kenyatta National Hospital. Prior

to acquiring self-governance and adopting a unifying title - the Kenya Medical Training College - the institution was a department in the Ministry of Health, with various Medical Training Centres. The College has since been ISO certified and re-categorized from Parastatal Categorization (PC) 2 to PC 4A, thus expanding its mandate of training and consultancy to include research, elevating it to the same level as other training and research institutions.

The first trainees, Compounders, served in the Native Civil Hospital, then situated along Kingsway (now University Way). This training was later moved to the King George VI Hospital (now Kenyatta National Teaching and Referral Hospital), where KMTC had its Headquarters.

Institutional Governance

Chapter two outlines KMTC's institutional governance. At its inception, the institutional governance was managed by the colonial government under the Native Civil Hospital. Upon independence, the training programmes were put under the Ministry of Health, headed by a Senior Medical Officer.

The College currently operates as a Semi-Autonomous Government Agency (SAGA) governed by a Board of

Directors, headed by a Chairperson appointed by the President. The Chairperson's role is to provide overall leadership and direction as well as oversight on all Management operations of the College. To effectively discharge its mandate, the Board has four committees which are Human Resource; Finance, Planning and Development; Audit; and Academic, Training, Standards and Ethics.

The Chief Executive Officer (CEO) leads Senior Management in running the day-to-day affairs of the College. There is an Academic Council which has the responsibility of guiding on the College's academic affairs, consisting of the Chief Executive Officer, four Deputy Directors, one head of faculty, one head of each Campus, two members of the academic staff, and two student members.

Training, Research and Consultancy

Training, research and consultancy activities are highlighted in Chapter three. The training started as On Job Training (OJT) mainly practical-based until 1944 when formal structures were established. Due to the competency nature of the KMTC curriculum, the training comprises 70% practical and 30% theory.

Previously, students were attached to the rural health centres, facilities established in each of the then eight provinces, to strengthen the training component during their attachment.

The College has continually mounted need-based courses to address emerging diseases and training for marginalized communities, build capacity in the provision of maternal as well as child health care services. To ensure compliance with the country's laws and regulations, KMTC has established policies and frameworks to strengthen internal processes and procedures.

To improve efficiency and user productivity, the College continually updates its ICT infrastructure which ensures uptake of Enterprise Resource Planning (ERP) and e-learning to support and strengthen teaching as well as learning.

Activities discussed under training include, curricular, co-curricular, extra-curricular, examination, certification, transcripts and graduation.

Research activities at the College commenced in 1990 after the enactment of the KMTC Act of Parliament. The first research policy was developed in 2008 and since then, the College has been engaged in building the

research capacity of its staff and students. KMTC holds Biennial Scientific Conferences to give a platform for scholars to learn about recent developments, present new data and critically discuss advances in the health sector. The College's *Scientific Journal* shares emerging issues and findings in health through its publications.

The College began consultancy in 2009 as one of the revenue generating avenues. The Consultancy Policy establishes mechanisms of undertaking paid consultancies for other government and private entities using KMTC's internal resource persons. The Policy stipulates the standard and quality of research that internal resource persons ought to deliver during external consultancy projects,

Guided by this Policy, KMTC has successfully carried out high quality and impact consultancy projects in collaboration with like-minded partners. The consultancies have not only played key roles in the training and development of competent health professionals in Kenya and beyond but have also generated substantive revenue for the institution.

Establishment of Campuses

The subsequent section, chapter four, traces the history of

the establishment and growth of KMTC's 74 Campuses spread across 44 counties. Twenty-eight (28) Campuses were established between 1927 and 2012. Through an ambitious and rapid expansion programme to meet the growing demand for skilled health personnel, the College established 46 other Campuses between 2013 and 2023. This chapter provides details on the establishment of each Campus, location and the year of its establishment.

Contribution to the Health Sector in Kenya and Beyond

Chapter five highlights the contribution of the College to the health sector in Kenya and beyond. KMTC contributes 85% of the local mid-level healthcare workforce and aligns its strategies to those of the health sector, which in turn draws its focus from Kenya's Vision 2030.

The College's graduates are employed in Canada, Europe, Australia, USA, and many other countries around the world. They directly contribute to national development through diaspora remittances and investments, apart from their global contributions to the health sector.

Some of KMTC's contributions include emergency response to global health pandemics such as Ebola in

West Africa; trainings for various countries; consultancy services; health workforce export internationally; and partnership with the Ministry of Health to manage the COVID -19 pandemic.

Partnerships and Collaborations

KMTC has continuously engaged local and international partners to enhance resource mobilisation initiatives and strengthen collaborations. The collaborations have resulted in growth in land, infrastructure, equipment, capacity building and secondment of staff as well as financial aid to students.

Through these partnerships, the College has not only taken health training opportunities closer to the community but also raised resources that have been supporting its development and other activities. The history of KMTC's collaborations and partnerships is narrated in Chapter six.

Milestones and Achievements

Since its inception, the College has witnessed key milestones and achievements, which are outlined in Chapter seven. The achievements include: growth in the College asset base, increased revenue generation, establishment of new Campuses, growth in student

population and graduands, recruitment of more staff to bridge the lecturer-student ratio, uptake of research activities, enhanced terms and conditions of service, staff training and rewards, strengthening of Campus resource centres as well as transport systems. Another milestone is the introduction of skills laboratory teaching methodology to boost students' innovative thinking and help them gain self-confidence before dealing with patients in the clinical areas.

Alumni Growth and Experiences

Alumni are key stakeholders in the history of KMTC. From the four founding students in 1927, the College has grown in leaps and bounds over the years to 68,807 students attending 95 different health profession courses ranging from Certificate, Diploma to Higher Diploma in 18 different disciplines distributed in 74 Campuses countrywide. About 12,000 students graduate annually, making the College one of the most formidable institutions for health workforce training. Chapter eight traces the evolution of KMTC alumni over time, their current and potential contributions to the health sector as well as their experiences.

Strategic Direction

Finally, Chapter nine captures the College's strategic direction. The College intends to fill the gaps in the emerging healthcare issues in the country and beyond by developing appropriate policies to address the situation.

In view of KMTC's mandate compared to the challenges in the East Africa region and beyond, the increasing demand of the College's services necessitates the need for innovation. The College has committed itself to the training of competent health professionals for sustainable development.

Towards achieving this noble goal, KMTC's strategic direction is guided by four key strategic goals in its Strategic Plan for 2023-2028 period and beyond. The Goals are: to improve the quality of training; to enhance research, innovation and consultancy; to undertake digital transformation of College processes; and to promote institutional sustainability.



A section of KMTc
Headquarters and
Nairobi Campus.

CHAPTER ONE

HISTORICAL BACKGROUND



Jeans School Kabete in the late 1920s.

The Kenya Medical Training College (KMTC) is a State Corporation established in 1990 through an Act of Parliament Cap 261 Section 3 of the Laws of Kenya, (as amended). The College is under the Ministry of Health and is mandated to train various cadres of health professionals, to serve the local, regional and international markets as well as undertake research and consultancy services.



2022 KMTC Headquarters and a section of Nairobi Campus.

Training at Kenya Institute of Administration (Jeans School)



The Jeans School.

The KMTC Headquarters is opposite Kenyatta National Hospital (KNH) along former Mbagathi way, while its 74 Campuses and 12 satellites are distributed across the country in 44 out of the 47 counties. The College is one of the oldest and largest mid-level medical training and research institutions in East and Central Africa whose graduates account for 85% of Kenya's health workforce in the public and private sectors.

KMTC's rich history dates back to 1927 when the College started at the Kenya Institute of Administration (KIA), Kabete, Nairobi. It was then known as Jeans School, with four students undertaking a Compounding Certificate Course.

Two years later, in 1929, a Grade II Dresser course was started as a nursing course. In 1933, the syllabus for Compounders was revised and the entry requirements changed from Kenya African Preliminary Examination (KAPE) to Kenya Junior Secondary Examination (KJSE).

Progressively, additional courses were introduced. These were Sanitary Assistants (1933), Health Assistants (1939), Physiotherapy-Orthopaedic Assistants (1943), Laboratory Assistants (1945), Public Health Officers (1947), Kenya Registered Nurses (1952),



The Minister for Economic Planning and Development Tom Mboya (right) witnesses a mother care demonstration by a trainee Community Development Officer at Jeans School in 1960s.

Laboratory Technologists (1958), Enrolled Nurses (1960), Kenya Registered Community Health Nurses (1962), Pharmaceutical Assistants (1963), Enrolled Community Nurses (1966), Pharmaceutical Technologists (1968), Dental Technologists (1968), Occupational Therapists (1969), Clinical Officers (1969), Orthopaedic Technologists (1972), Registered Public Health Nurse (1972), Health Education (1973) and Medical Education (1979). All Nursing courses were based at the Kenyatta National Hospital.

Training at Kenyatta National Hospital

The first trainees, the Compounders, served in the Native Civil Hospital, which was then situated along Kingsway, the modern-day University Way. This training was moved to the King George VI Hospital, which later became Kenyatta National Hospital. The colonial Government organized a nurses' training at the King George VI Hospital, followed by pharmacy training. After independence, the Government structured all the middle level training programmes to be under the Ministry of Health. The programmes were headed by a Senior Medical Officer. In June 1967 President Jomo Kenyatta opened the new School of Nursing building at the Medical Training College (MTC) in Nairobi.

In the early 70s, the Ministry of Defence took over the training facility at KIA Kabete for use as a military base which led to the transfer of several programmes to the Medical Training Centre at Kenyatta National Hospital except Orthopaedics, Dental, Physiotherapy and Occupational Therapy.

By the end of 1970, MTC had nine faculties: School of Nursing, Hygiene, Laboratory Technology, Pharmacy, Radiography, Physiotherapy, Medical Assistants, Occupational Therapy, and Dental Technology. Each faculty was headed by a Senior Tutor under the leadership of a Principal of the Medical Training Centre, who reported to the Director of Medical Services (DMS) at the Ministry of Health.

The Administrative Assistant to the Principal was the Executive Officer, who was in charge of finance and administration, assisted by a Bursar. During this period, the MTC offered several courses to Secondary School (East Africa Certificate of Education (EACE) leavers, as well as Kenya African Preliminary Examination (KAPE) and Kenya Junior Secondary Examination (KJSE) qualifiers.



1967 **President Jomo Kenyatta inspects a guard of honour mounted by trainees during the commissioning of the School of Nursing building at KMTC Nairobi.**

The recruitment of secondary school leavers into the pre-service training was under the general control of the Director of Personnel of the Republic of Kenya. With the guidance of professional bodies, high standards of training, examinations, and recognition of the final qualifications were maintained. From 1970 onwards, more courses were started. These included Radiography (1972), Registered Public Health Nurse (1972) and Health Education (1973).

KNH offered practical sessions for the programmes offered by MTC Karuri, which was a rural training facility for MTC. Nursing students undertook practical sessions on Orthopaedics and Dental at Kabete. Hospital staff were the main trainers of students during practicum lessons. During the training period, MTC students donned branded uniforms with a unique presentation for the genders.

By 1974, when more courses were introduced, MTC was then training two cadres of personnel, namely, the Paramedics and Auxiliary Personnel.



1970 **Trainees with their Tutors outside the King George VI Hospital, now Kenyatta National Hospital.**



1972 James Muchina during a teaching session at King George VI Hospital.

Table 1.1 Paramedics and Auxiliary courses (up to 1980s)

Paramedical	Auxiliary	Period of training
Dental Technology	Enrolled Nurse	2 ½ years
Medical Laboratory Technologist	Enrolled Psychiatric Nurse	3 ½ years
Occupational Therapist	Entomologist Technician	3 ½ years
Orthopaedic Technologist	Medical Laboratory Technician	3 years
Pharmaceutical Technologist	Public Health Technician	3 years
Physiotherapist	Radiographic Film Processor	3 years
Public Health Officer (Health Inspection)	Certified Clinical Officer (Medical Assistant)	2 years
Radiographer (Diagnostic)	Enrolled Midwife	1 year
Registered Clinical Officers (Medical Assistants)	Enrolled Public Health Nurse	1 year
Registered Nurse	Clinical Officer (Anaesthetics)	1 year
Registered Midwife	Clinical Officer (E.n.t)	1 year
Registered Public Health Nurse	Clinical Officer (Ophthalmic)	1 year
Meat and other Foods Inspection	Clinical Officer (Paediatrics)	1 year
Higher Course for Medical Laboratory Technologists	---	1 year
Health Education Officers	---	1 year

Paramedics and Auxiliary Personnel Training in the Early Years (up to 1980s)

The courses for secondary school leavers (EACE qualifiers) were Registered Nurse, Radiography, Health Inspection, Physiotherapy, Pharmaceutical Assistant, Entomology Field Technician, Dental Technician, Occupational Therapy and Registered Medical Assistant.

On the other hand, courses applicable to KAPE and KJSE school leavers included: Health Assistant, Laboratory Assistant, Enrolled Nurse, Enrolled Community Nurse, Enrolled Mental Nurse and Dark Room Assistant.

Eventually, EACE candidates started pursuing junior courses which were meant for KAPE and KJSE holders and plans to exclude the holders of these certificates from these courses were mooted. In 1975, the qualifications were revised and candidates for senior courses were required to have a minimum of six credits, three of them in science subjects.

For easy administration, the teaching at MTC was organised under seven faculties namely: Nursing, Laboratory Technology, Public Health (formerly Hygiene), Pharmacy, Radiography, Clinical Medicine and Physical Medicine (Physiotherapy, Occupational Therapy, Orthopaedic, Technology, and Dental Technology).

In 1976, the College in Nairobi was becoming congested and other training centres were subsequently established in the provinces and a few districts. The provincial stations/schools were 12, namely: Embu, Kakamega, Karuri, Kisii, Kisumu, Machakos, Mathari Mombasa, Muranga, Nakuru, Nyeri and Thika. The Alupe Unit in Busia had also been established for 24 students for short-term courses in leprosy.

As time went by, more courses were introduced, such as Certificate in Health Records in 1978. The Provincial and District training centres were strengthened and others established in addition to the 12.



THIS TREE WAS PLANTED BY
HIS EXCELLENCY
THE HON. DANIEL T. ARAP MOI, C.G.H. M.P.
PRESIDENT OF THE REPUBLIC OF KENYA
AND
COMMANDER-IN-CHIEF OF THE ARMED FORCES
DURING THE 58TH ANNUAL GRADUATION CEREMONY
HELD ON
MONDAY 11TH NOVEMBER 1985

1985 Former President Daniel Toroitich Arap Moi during the 58th KMTC graduation ceremony.



1971
Ramogi MTC students.

In 1979, the College started a course in Medical Education with more courses being mounted in subsequent years.

On 11th November 1985, H.E. President Daniel Arap Moi officiated the College's 58th Graduation Ceremony, held at the MTC Nairobi Graduation Square, and also planted a memorial tree. In his address, President Moi emphasized the importance of Oral Health in Primary Healthcare and directed the introduction of the Community Oral Health programme, to develop the requisite health professionals.

By 1990 the College had expanded further to constituent centres, spread out in the provinces. All the centres were under the Medical Training Centre with a Principal Tutor as the Administrative Head. The trainings were offered in Nairobi, Mombasa, Garissa, Embu, Nyeri, Nakuru, Kisumu, Kakamega, Machakos, Meru, Kisii,

Muranga, Thika, Eldoret, Kabarnet, Kilifi, Homa Bay, Mathari, Karuri, Loitoktok, and Karen.

From the humble beginnings, the College had grown tremendously and was offering training programmes for Basic and Post-Basic Diploma as well as Certificate.

Diploma courses were offered to candidates who had a minimum of Division II in Kenya Certificate of Education (KCE) with six credits, including relevant subjects/clusters for the specific programme. Certificate courses were offered to candidates who had Division III in KCE with passes in English and Science subjects.

Most of the Certificate courses were offered in other Medical Training Centres, including Mombasa, Garissa, Embu, Nyeri, Nakuru, Kisumu, Kakamega, Matuga (DDC - Coast), Machakos, Meru, Muranga,

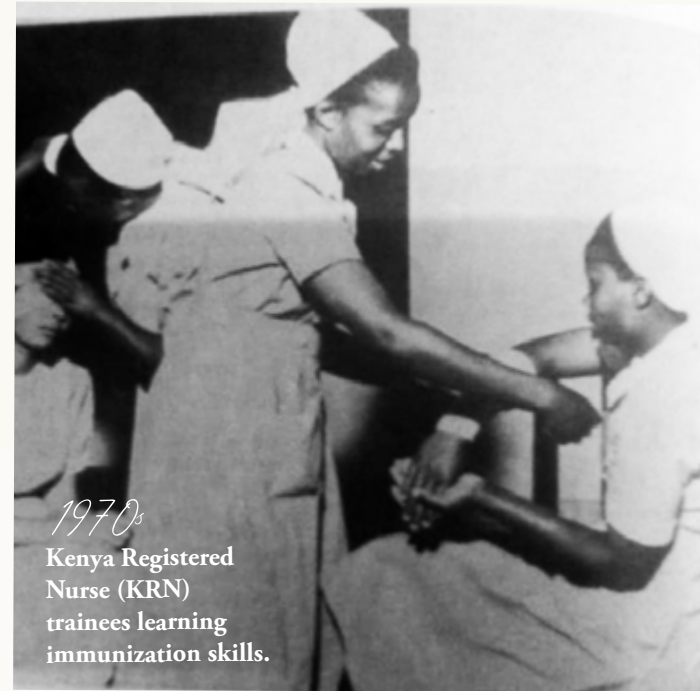
Thika, Eldoret, Kisii, and School of Clinical Medicine at Port Reitz in Mombasa. In Nairobi, Mathari offered Psychiatric Nursing, while Karen College and Karuri Health Centre offered Community Nutrition and Meat Inspection, respectively.

During this period, each individual department within the Medical Training Centre was setting, administering, moderating and marking its own examinations, including the final examination. Graduations were held by individual training centres. Nairobi MTC, which had Certificate, Diploma and Higher Diploma programmes, held its graduation mainly on Fridays in October or November. On one occasion, 1982, Nairobi MTC held two graduation ceremonies in the same year, Friday 29th January and October 29th.



1988

**Former President
Hon. Mwai Kibaki,
then Minister
for Health (left),
during a graduation
ceremony at KMTC.**



1970's

**Kenya Registered
Nurse (KRN)
trainees learning
immunization skills.**

College Expansion and Name Changes

In 1975, there was an increasing demand for the Medical Training Centre to change its name, as it was deemed insufficient in conveying the nature of the institution's mandate. Initially, the name, Medical Training Institute, was proposed but did not receive acceptance. However, between 1985 and 1987, the need for a name change gained momentum, leading to the suggestion and subsequent adoption of the name, College of Health Professions (COHP), in 1987. The aim of the new name was to better reflect the diverse range of health-related programmes and courses offered by the institution.

However, the University of Nairobi had adopted a similar name, College of Health Profession, for its School of Medicine following its expansion to include Faculty of Medicine, Faculty of Dentistry, Faculty of Pharmacy and later Faculty of Nursing. Therefore, the College dropped the name and changed to Medical Training College (MTC). When the new law (Cap 261, Laws of Kenya) was enacted in 1990, the College changed its name to Kenya Medical Training College (KMTC).

By 2022, the College which started from a humble beginning in 1927 with four students at Kenya Institute

of Administration (KIA), Kabete, had expanded to become one of the largest medical training institutions in East and Central Africa and beyond, drawing students from Uganda, Tanzania, Burundi, Rwanda, Sudan, Liberia and Nigeria. By the end of 2022, the student population was over 57,000 attending 94 different health profession courses ranging from Certificate, Diploma to Higher Diploma. The courses are offered in 18 different disciplines in 74 Campuses countrywide. These 18 academic departments have since been successfully grouped into seven distinct Faculties of the College.

Self-governing Status and Growth

In 1990, 63 years after it first opened its doors, KMTC was granted the self-governing status in 1990 through an Act of Parliament Cap. 261 Section 3 of the Laws of Kenya.

According to the KMTC Act, the College is mandated to train middle level health professionals, and among other aspects, provide facilities for College education for national health manpower requirements, in addition to providing consultancy and conducting research services in health-related areas.

At the time of enactment, the College had 16 Medical Centres at Mombasa, Machakos, Embu, Meru, Nyeri, Murang'a, Thika, Garissa, Nakuru, Eldoret, Kakamega, Kisumu, Kisii, Homa Bay, Karen, Mathari, Four (4) Hospital Maintenance Schools at Meru, Eldoret, Kilifi and Loitoktok as well as a School of Clinical Medicine at Port Reitz, Mombasa.

Upon attaining self-governing status, the College continued with its expansion programmes. By 2012, the number of Campuses had increased to 30 before the introduction of the devolved system of governance and by 2017 the number had risen to 65 Campuses. By 2020 the number had risen to 71 Campuses following devolved systems of governance and support from both the County Governments and the National Government Constituencies Development Fund (NG-CDF). By 2022 the Campuses had increased to 74, distributed in 44 out of 47 counties, with the exemption of Marsabit, Samburu and Kirinyaga counties.

Expansion Milestones and Innovations

Between 1995 and 2003, the College benefited from a partnership with the Japanese government through the Japan International Cooperation Agency (JICA). The Grant Aid and Technical Cooperation project phase comprised development of infrastructure, provision of equipment and capacity building of the lecturers to train in Japan and third country training in Thailand. A two-year project follow-up period commenced in 2003 - 2005. JICA experts monitored and evaluated the performance of the project, which was rated 'very successful'.

The College through support of the Belgium government introduced skills laboratory methodology to enhance training. This methodology was implemented in 1999 by the Flemish Association for Development Cooperation and Technical Assistance agency known as Education for Development. Skills laboratory methodology became critical in medical teaching and was highly embraced. This is a student-centred methodology to boost innovative thinking. The skills laboratory's overall aim is to help medical students gain self-confidence before dealing with real patients in the clinical areas.

The College successfully adopted a Quality Management System and was subsequently ISO certified in 2009 by Kenya Bureau of Standards (KEBS). It successfully transitioned from ISO 9001: 2008 to ISO 9001: 2015 Standards in 2018. Since then, the College's graduates are internationally recognized and can work in any part of the world.

In the 2013-2017 strategic period, the College was re-categorized from Parastatal Categorization (PC) 2 to PC 4A. The new category expanded KMTC's mandate to include research and brought it to the same level with other training and research institutions.

Thereafter, there has been enhancement of e-Learning and an introduction of the simulation laboratory methodology to support innovations in health professional training. This methodology entails moving from the conventional settings of lecture halls to diverse learning locations and training methods, for example using e-Learning programmes at home or in simulation centres as and when the situation dictates. During the same period, there was massive ICT upgrade with the full implementation of Enterprise Resource Planning (ERP) which not only revolutionized student online application but also prudent financial management and efficiency in operations.

On October 28, 2022, the College received an accreditation from the Kenya National Qualifications Authority (KNQA) following a successful evaluation and subsequent endorsement as a Qualification Awarding Institution (QAI). Following the accreditation, the College's Higher National Diploma Qualifications now fall in the KNQA level 7, which makes them equivalent to the Bachelor's degree, Certified Public Accountant (CPA) III, Certified Public Secretary (CPS) or Master Craft Person I.

The KMTC Unique Branding and Symbolism

Logo and Meaning

The KMTC logo is a design scheme comprising core elements that make the College brand instantly recognizable. The logo has the following images: Cross, coiling snake, book, creed, olive branch, as well as tivoli gold, wine stone red, brilliant white, and solid white background colours.



The combination of the tivoli gold and wine stone red colours is associated with early days' popular antibiotic called Tetracycline, which was in form of a capsule. The snake is associated with Asclepius, the ancient Greek god of medicine and healing. The Greeks revered Asclepius for his amazing skills in healing and medicine. According to Greek mythology, he could restore health and even bring the dead back to life. Historically, serpents and snakes represented fertility or a creative life force. As snakes shed their skin through sloughing, they are symbols of rebirth, transformation, immortality and healing. Biblically, the snake and cross are also associated with healing. Moses's bronze serpent healed anyone who merely looked at it after a snake bite.

The logo's strapline, MENS SANA IN CORPORE SANO (A healthy mind in a healthy body) captures the essence of KMTC's establishment – to train mid-level healthcare providers. The strapline (in white colour) is used alongside the logo.

Current KMTC students' uniform.



College Uniform

The KMTC uniform is worn during class, clinical attachment and within the College compound. Since inception, all students wear full College uniform with exceptions to post-basic programmes.



1957 **Uniform used by Nursing students in the early years.**



1974 **KMTC uniform in the 1970s.**

Currently, male students wear maroon blazers, white shirts, black trousers, maroon pullover/sleeveless sweater, white laboratory coat, black or brown shoes and maroon tie. The female students wear navy blue blazer, sky blue dress, navy blue cardigan/sleeveless sweater, black or brown shoes, and white laboratory coat. Muslim students wear white veil and trousers while Nursing students have epaulettes.

CHAPTER TWO: INSTITUTIONAL GOVERNANCE



The KMTC leadership in the training of health professionals began in 1927 at the Jeans School, Kabete, during the colonial period. The management of the established programme was under the school administration at the top level while the respective department provided the technical support of the programme. Later on, the training was relocated to the Native Civil Hospital (King George VI Hospital), which is the current Kenyatta National Hospital. The colonial government managed the programmes under the leadership of the hospital and organised training for the established disciplines.

After Kenya gained independence in 1963, the government took over the administration of all training programmes and placed them under the Ministry of Health. A Medical Training Centre was established in Nairobi and placed under the supervision of a Senior Medical Officer from the Ministry of Health to oversee the operations of the training programmes. A Principal was appointed for the Medical Training Centre, assisted by an Executive Officer and Bursar to manage finance as well as administrative duties. The Medical Training Centre became a department in the Ministry of Health responsible for training both pre-service and in-service trainees.

In the late 1970s, provincial and district training centres were established as a result of increased demand for

training opportunities. Principal Tutors were appointed as heads of the institutions, and were responsible to the principal of the Medical Training Centre Nairobi.

Each faculty was led by a Senior Tutor who reported to the Principal Tutor. Administrative officers and Bursars supported the Principal Tutors to manage finance and administrative duties. Other staff members managed hostels, catering services, and security, among other services. To support institutional governance in the training, the Government established six Rural Health Demonstration Centres in six provinces namely; Coast (Tiwi), Central (Maragua), Eastern (Karurumo), Rift Valley (Mosoriot), Western (Mbale), and Nyanza (Chulaimbo).

The Ministry posted staff to work in these facilities to train students during their practical experience. The Medical Training Centres were run by the Ministry of Health until the early 1990s when the governance structure changed.

In 1990, MTC adopted a new name, Kenya Medical Training College, after it was granted a self-governing status through an Act of Parliament vide Cap 261 Section 3 of the Laws of Kenya. According to the Act, the College was granted semi-autonomous status and the KMTC Board of Management was established to oversee the overall management of the College. However, the

College was still managed under the previous structure (as a department under the Ministry of Health) until 1996 when the first KMTC Board of Management was appointed with 18 members representing key stakeholders as stipulated in the Act. At this level, the governance structure changed and the institution developed a new structure that introduced the position of the Director and Deputy Directors to run the Headquarters, and Principals to run Campuses. The Board, whose mandate was providing the overall leadership and direction of the College, developed instruments of governance such as the rules and regulations, Strategic Plans and other related policies.

In 2008, the institution developed the KMTC anthem that expresses the hopes, wishes and commitment made to humanity in health service delivery. This was a great milestone that symbolized collective responsibility in the leadership and operations of the College. Later, through an Executive Order Number 7 of 2015, Mwongozo introduced a change of the title of Board of Management to the Board of Directors. The composition and membership of the Board changed to a total of nine members. Review of the KMTC Act in 2019, further changed the title of the Director to Chief Executive Officer.

College Leadership

KMTTC is headed by a Board of Directors that oversees its Corporate Governance.

The College currently operates as a Semi-Autonomous Government Agency (SAGA) whose Board is headed by a Chairperson appointed by the President. The Chairperson's role is to provide overall leadership and direction as well as oversight on all Management operations of the College.

The membership and functions of the Board and its committees are spelled out in the Act of Parliament vide Cap 261 of the Laws of Kenya and the Board Charter.

To effectively discharge its mandate, the Board has four committees namely Human Resource; Finance, Planning, and Development; Audit; as well as Academics/Training, Standards and Ethics.

The Chief Executive Officer is the engine that runs the College by ensuring the smooth functioning of the day-to-day operations and execution of the government policies over the years. The following is the history of KMTTC management in recent times.



Mr. Joseah K. Cheruiyot, KMTTC Board Chairperson.



Seated: PS Health Ms. Mary Muriuki (center), KMTTC Board Chairperson Mr. Joseah K. Cheruiyot (2nd right), CEO Dr. Kelly Oluoch (2nd left), Board Directors Ms. Hardlyne Lusui (left), Ms. Eunice W. Karanja (right). **Standing left to right,** Board Directors Mr. Benson Giuthua, Dr. Ephantus Maree, Mr. Bett Sitiency, Mr. Paul K. Cheboi, Eng. Joseph O. Atonga, and Dr. Martin Sirengo.

KMTC Board of Directors Chairpersons (1996 to August 2023)



PROF. DAVID SOME (1996 – 1998)

Prof. David Some, a PhD holder of Agricultural Engineering degree from the University of Newcastle, UK was appointed the Board Chairperson from 1996 to 1998. Board members who served under him in this inaugural Board were: Mr. Daniel M. Mbiti, Prof. Julius S. Meme, Mr. J. P. Lago, Mr. W. A. J. Tuva, Mr. B. K. Wambua, Mr. W. K. A. Boit, Dr. J. O. Gesami, Mrs. T. M. Oduori, Mrs. M. Ngure, Mr. F. K. Mwenda, Mr. P. K. Lagat, Mr. F. A. Oyembe, Dr. Davy Koech, Prof. Samuel Sinei, Dr. Florence Manguyu, Mr. E. L. Mpaayei, Dr. Julia Ojiambo, Mr. John B. S. Halake, and Rev. Silas Yego. It was during his tenure when the College benefited from a partnership with the Japanese Government through the Japan International Cooperation Agency (JICA) in a project to develop infrastructure, provide equipment and capacity building of lecturers.



PROF. T. OGADA (1999 – 2001)

In the period 1999 to 2001 Prof. T. Ogada was the Board Chair. Prof. Ogada, a MMed Cardiology holder from Medical School of London, presided over a Board whose members were: Prof. Julius S. Meme, Mr. J. P. Lago, Mr. W. A. J. Tuva, Mr. Henry Nasengo, Mr. W. K. A. Boit, Dr. R. Muga, Mrs. Grace Kandie, Dr. A. K. Muita, Mr. H. S. Chavera, Mr. J. M. Kavuludi, Mr. Wanjala Wa Muricho, Dr. Davy Koech, Prof. Samuel Sinei and Dr. Ishahakia. During this period the College, through support of the Belgium Government, introduced skills laboratory methodology to enhance training.



MR. JAMES PATRICK LAGO (2002 - 2003)

After the exit of Prof. Ogada, Mr. James Patrick Lago rose to the helm as KMTC Board Chairperson in the period 2002 to 2003. Towards the end of his tenure in 2003, a two-year project follow-up period commenced comprising development of infrastructure, provision of equipment and capacity building of the lecturers, through dispatch of Japanese experts, training in Japan and Third Country training in Thailand. Lago obtained A-Level from Strathmore College of Arts and Sciences in 1961. His Board Members comprised Mr. S. W. Maghanga, Mrs. Emmy J. Chesire, Mr. Henry Nasengo, Dr. J. C. Kibosia, Dr. I. B. Amira, Mrs. Grace Kandie, Dr. F. M. Musau, Mrs. Josephine M. Wanyoike, Mrs. M. K. Cherono, Mrs. Njoki Kahiga, Mr. Melly P. K., Prof. Joseph Kitonyi and Ms. Joyce Wesonga.



PROF. KATAMA MKANGI (2004 -2005)

Within 2004 to 2005, Prof. Katama Mkangi, a renowned academic and writer, was the Board Chairperson. KMTC Campuses were established in Kitui, Siaya, and Webuye during his tenure. He led a team of Board members: Prof. Samuel Sinei, Mr. Cyprian Awiti, Mrs. Mary Ngugi, Mr. Saul Oolo, Mr. D. A. Mwasi, Dr. J. C. Kibosia, Dr. F. M. Kimani, Mrs. A. N. Waudu, Dr. F. M. Musau, Mr. M. W. Ojiambo, Mr. John M. Chege, Mr. Amota Nyangera, Mr. Melly P. K., Prof. Joseph Kitonyi, Mr. Titus Muriithi, Mr. Charles M. Malonza, Mr. Makali Mulu and Mrs. Patience Chome.



PROF. JAMES H.P KAHINDI (2005 - 2009)

Prof. James H.P Kahindi, a PhD holder in Microbiology from the University of Sussex in UK, served as a KMTC Board Chairperson between 2005 and 2009. While in office, the College successfully adopted a Quality Management System and was subsequently ISO certified in 2009 by Kenya Bureau of Standards (KEBS). It was also during this period when the first Research Policy was developed in 2008. His Board members were: Prof. Samuel Sinei, Ms. Jenepha Kumba, Mr. Cyprian Awiti, Mr. D. W. Kiumati, Mrs. J. Gichuhi, Mr. M. Okombo, Mr. Joto Nyae, Dr. Timothy King'ondou, Dr. F. M. Kimani, Mrs. A. N. Waudu, Mr. Chris Rakuom, Dr. F. M. Musau, Dr. Jotham Micheni, Mr. Joseph Meya, Mr. Alfred Mogere, Mr. John M. Chege, Mr. A. Guruba, Mr. Melly P. K., Prof. Joseph Kitonyi, Ms. Joyce Wesonga, Mr. Charles M. Malonza, Mr. Makali Mulu and Mrs. Patience Chome.



PROF. JULIUS MEME (2009 - 2012)

Prof. Julius Meme was at the KMTC helm for the period 2009 to 2012. Prof. Meme, a PhD holder and Master of Medicine in Paediatrics from the University of Nairobi, was the Board chairperson when the College started consultancy in 2009 as a result of a move towards generating funds. He is credited for leading the organisation in the development of the College Rules and Regulations to operationalize the KMTC Act. The Board members under the stewardship of Prof. Meme were Hon. Joe Donde, Ms. Lydia Kimani, Mrs. Dorothy Kimeu, Mrs. Margaret Odidi, Mr. Joto Nyae, Dr. Charles O. Onudi, Dr. Wycliffe N. Mogoa, Mr. Chris Rakuom, Dr. F. M. Musau, Dr. Jotham Micheni, Mr. Alfred Mogere, Mr. John M. Chege, Ms. Jane Cindy Songole, Mr. Melly P. K., Prof. Isaac O. Kibwage, Mr. Julius Biginga, Dr. Noor A. Mohamed, Ms. Felicita Olchurie, Dr. Nicodemus H. Omogo and Mr. David Yator Toroitich.



MR. JOE DONDE (2013)

Mr. Joe Donde, a Civil Engineer, served as KMTC Chairperson for a few months in 2013 in caretaker capacity. During his tenure, the College launched its first Annual International Journal of Health Professionals (IJHP), ISS No. 82141, Vol 1, Issue 1. He presided over a Board that comprised Eng. David Muthoga, Ms. Caroline Lentupuru, Dr. Charles O. Onudi, Mrs. Dorothy Kimeu, Dr. Wycliffe N. Mogo, Mr. Chris Rakuom, Mr. Richard Lesiyampe, Dr. Joseph Sitienei, Mrs. Peris Adema, Ms. Jane Cindy Songole, Dr. Evans Amukoye, Prof. Isaac O. Kibwage, Mrs. Margaret Ratemo, Mrs. Grace Thitai, Mrs. Beth Syengo, Dr. Nicodemus Omogo, Mrs. Caren Oyugi and Dr. John Nyaga.



PROF. PHILIP KALOKI (2014 – 2017)

Prof. Philip Kaloki served as Chairperson from January 2014 to May 2017. During his tenure, the College was re-categorized from PC 2 to PC 4A, hence expanding its mandate to include research. Prof. Kaloki, a PhD holder in Business Administration from the University of Nairobi, was instrumental in the conceptualization and documentation of the history of KMTC, *The Journey to Greatness*. Other Members of the Board (from January 2014 - May 2017) were Eng. David Muthoga, Ms. Caroline Lentupuru, Dr. Charles O. Onudi (up to 2015), Mr. Peter K. Tum (2015-2028), Mrs. Dorothy Kimeu (up to 2015), Mrs. Susan Mucheru (2015 -2018), Dr. Pacifica Onyancha, Mr. Chris Rakuom (up to 2014), Mrs. Rose Kuria (2014 - 2018), Ms. Lily Koros, Dr. Joseph Sitienei, Mrs. Peris Adema, Mr. David Kanji, Dr. Evans Amukoye, Prof. Isaac O. Kibwage, Mrs. Margaret Ratemo, Mr. Peter Rutere, Mrs. Grace Thitai, Mrs. Beth Syengo, Mr. David Mwangi, Dr. Nicodemus H. Omogo, Mr. David Kemei, Mrs. Caren Oyugi and Dr. John Nyaga.



ENG. DAVID MUTHOGA (2017 – 2018)

Eng. David Muthoga served as Board Chairperson in an acting capacity from May 2017 to April 2018. The Board Members during this period were Mr. Peter K. Tum, Mr. Duncan G. Mwangi, Ms. Susan Mucheru, Mr. David N. Kanji, Mrs. Grace Thitai, Dr. Joseph Sitienei, Prof. Isaac O. Kibwage, Dr. Mary Nandili, Dr. Evans Amukoye, Ms. Lily Koros, Mr. David K. Kemei, Mr. Peter Rutere, Mrs. Caren Oyugi and Dr. John Nyaga.



PROF. PHILIP KALOKI (2018 – 2021)

Prof. Kaloki was reappointed to serve in the same capacity from April 2018 to April 2021. This time the directors who served under him were Prof. Michael K. Kiptoo, Mrs. Susan Mucheru, Mr. Samuel Arachi, Dr. Evans Amukoye, Dr. Mary Ishepe Nandili, Dr. Martin Sirengo, Dr. Pacifica Onyancha, Mr. Mithamo Muchiri, Mrs. Ruth Okowa, Dr. Emily Koech and Mr. Fred Wamwaki.



AMB. ZACHARY MUBURI-MUITA (2021 – 2023)

Ambassador. Zachary Muburi-Muita, MBS, took over as chairperson of the Kenya Medical Training College Board of Directors in October 2021. Board members who were appointed to serve alongside him were Dr. Naomi Kathure Mutea, Ms. Jeniffer Bosibori Kibagendi and Dr. Stephen Ochiel. They joined Board Directors: Mr. Fredrick Wamwaki, Dr. Andrew Mulwa, Dr. Martin Sirengo, Ms. Susan Mucheru and Dr. Kelly Oluoch.



MR. JOSEAH K. CHERUIYOT (AUGUST 2023 -)

Mr. Joseah K. Cheruiyot was appointed to head the KMTC Board on 18th August, 2023. He holds a Master's in Project Planning and Management from the University of Nairobi and a Bachelor's in Social Sciences from Greta University. His vision for KMTC is to cultivate a united community of lifelong learners and propel the College to attain global recognition in medical training and education. The Board Directors under Mr. Kiplangat's stewardship are Mr. Paul Kaino Cheboi, Ms. Eunice Wangui Karanja, Ms. Hardlyne Lusui, Eng. Joseph Ouma Atonga, Mr. Ben Giuthua, OGW, Dr. Andrew Mulwa, Dr. Martin Sirengo and Dr. Kelly Oluoch.

KMTC Chief Executive Officers



MR. WILLIAM KIPLUMEI BOIT
(1994 – 2001)

Mr. William Kiplumei Boit was the Chief Executive Officer (CEO) from 1994 to 2001. Mr Boit obtained an Advanced Higher Diploma and Environmental Health Higher Diploma, both from the University of Nairobi. He also studied Food Analysis and Food Technology at the University of Chzeist. Mr Boit took over the management of the institution when it was still a department in the Ministry of Health and is credited with transitioning the College to a semi-autonomous Government agency. He initiated visible transformation through collaboration with several stakeholders.



DR. JOHN KIBOSIA
(2002 – 2005)

Dr. John Kibosia replaced Mr. Boit as the CEO and served from 2002 to 2005. Dr. Kibosia, holds a bachelor of Medicine and Surgery and a postgraduate in Surgery from the University of Nairobi. He oversaw the development of the current KMTC learning resource centre at Nairobi Campus.



DR. TIMOTHY KINGONDUR
(2005 – 2009)

Dr. Timothy Kingondur took over the KMTC leadership from 2005 to 2009. His initial training is MBChB from the University of Nairobi) and M.Med (Int.Med) for the same institution, with speciality in chest medicine. During his tenure, Dr. Kingondur introduced parallel programmes that increased training opportunities for potential applicants which made the College realise a significant increase in revenue collection. It is during this period that the institution improved on its transport system through purchase of buses.



DR. CHARLES ONUDI
2009 – 2014

Dr. Charles Onudi served at KMTC from 2009 to July 2014. It was during Dr. Onudi's tenure when KMTC and Curtis University's Health Sciences Faculty established a new international partnership to build environmental health practice capacity in East Africa.



ENG. PETER. TUM
(2015 – 2018)

Engineer Peter. Tum took over from Dr. Onudi and served as KMTC CEO from July 2015 to April 2018. Prior to his appointment, he had served as the Principal of KMTC Nakuru. He holds a Bachelor of Industrial Technology degree from Egerton University, a Master's Degree in Energy Management from the University of Nairobi, and a Postgraduate Diploma in Medical Electronics from the University of London.



PROF. MICHAEL K. KIPTOO
(2018 – 2021)

Prof. Michael K. Kiptoo served from March 2018 to November 2021 as the KMTC Chief Executive Officer. Before his appointment as CEO, he was an Associate Professor at South Eastern Kenya University (SEKU) School of Health Sciences. He holds a doctorate degree and Master of Science in Immunology from Kenyatta University. He had previously served in various capacities at the Kenya Medical Research Institute (KEMRI).



DR. KELLY OLOUCH
(2021 -)

Dr. Kelly Olouch was appointed the Chief Executive Officer of the College in November 2021. Previously, Dr. Olouch was the KMTC Deputy Director in charge of Finance, Planning, and Administration. He holds a doctorate degree in Business Administration, Strategic Management option, from the University of Nairobi, and Masters in Biotechnology Innovation and Regulatory Pharmacy from Purdue University, a master of Business Administration from the University of Nairobi, a diploma in Industrial Pharmacy and Drug Discovery from Purdue University and Howard University, a postgraduate Diploma in Medical Education and a Bachelor's degree in Pharmacy from Dr. MGR Medical University.

The Legal and Institutional Framework

The College has built its operations on strong Corporate Governance principles anchored in the Kenyan Constitution of 2010, and the KMTC Act, Cap. 261 as amended vide Act No. 5 of 2019. In order to increase efficiency in the use and deployment of public resources, the College complies with the provisions of the Code of Governance for State Corporations (Mwongozo, 2015). To govern its day-to-day operations, KMTC's Strategic Plans are aligned to various global, regional and national commitments including the Ministry of Health plans and policies, the Universal Health Coverage agenda, Bottom Up Economic Agenda, Kenya's Vision 2030 development blueprint, Sustainable Development Goals and African Union Agenda 2063.



College Management

The College Management team is headed by the Chief Executive Officer (CEO). The team comprises the CEO and the Senior Managers. The Campuses distributed across the country are headed by Principals. The Senior Managers who assist the CEO in the day-to-day operations of the College are: Deputy Director Finance, Planning, and Administration; Deputy Director Academic; Corporation Secretary;

Registrar; Finance Manager, Supply Chain Manager; Human Resource Manager; Administration Manager; Corporate Communications Manager; Information and Communication Technology Manager; Resource Mobilization Manager and Internal Audit Manager



A section of the KMTC Management, 2023.

The Academic Council

The Academic Council of the College is established under Section 11 of the KMTC Act. Cap. 261 as amended in 2019. The Council oversees academic and training matters of the College including; approval of programmes, selection of students among other duties stipulated in the Act. The Academic Council consists of the Chief Executive Officer, four Deputy Directors, one head of faculty, one head of each Campus, two members of the academic staff, and two student members elected by the student body of the College.



A section of the Academic Council Members with the Board Chairperson Amb. Zachary-Muburi Muita (4th left), 2021.

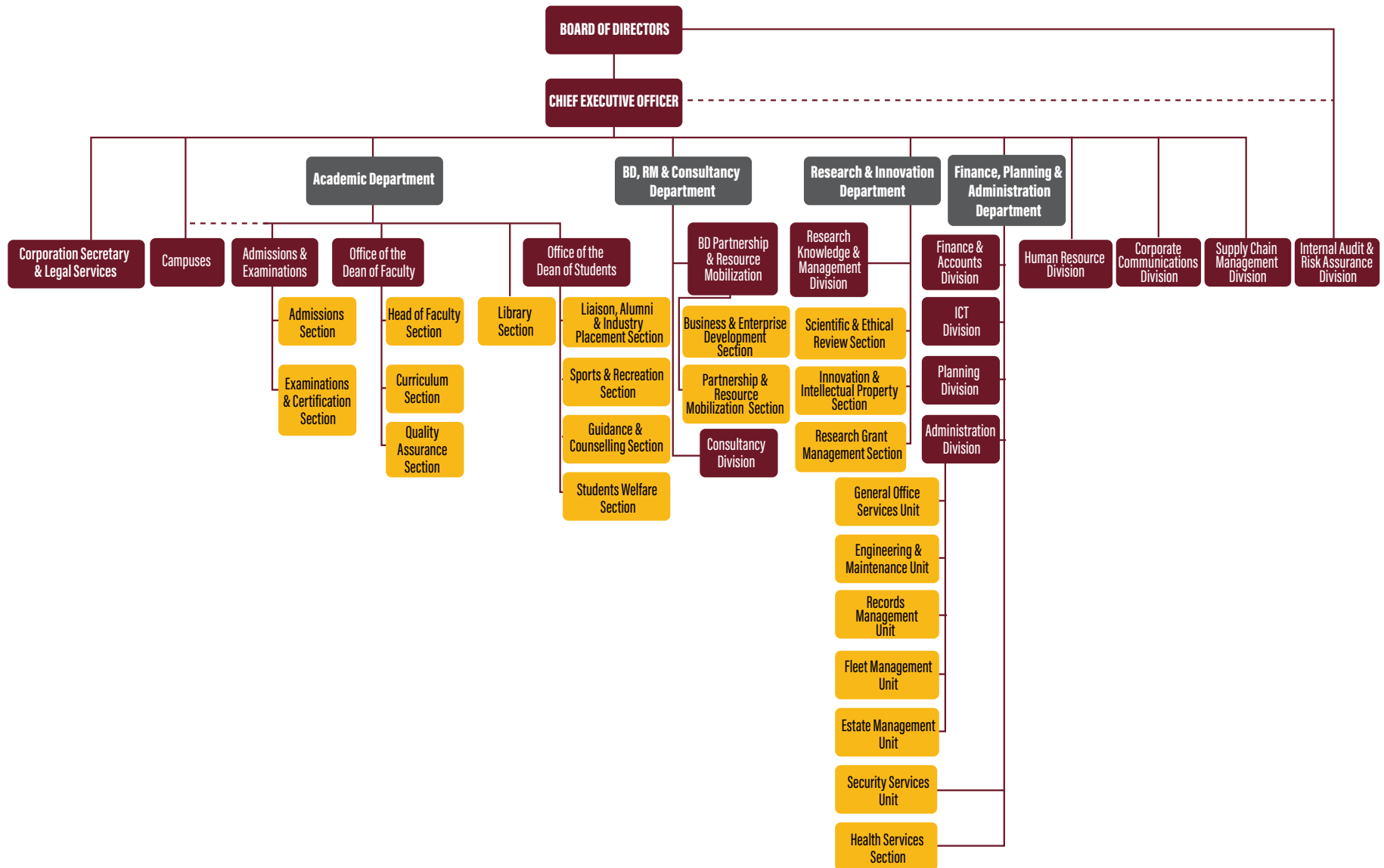
Student Representative Council

The Student Representative Council (SRC) is part of the College governance. All students enrolled in the College are members of the Council, which is the link between the KMTC administration and the student fraternity. SRC leaders are elected by students on an annual basis.



Nairobi Campus students Representative Council Members, 2023.

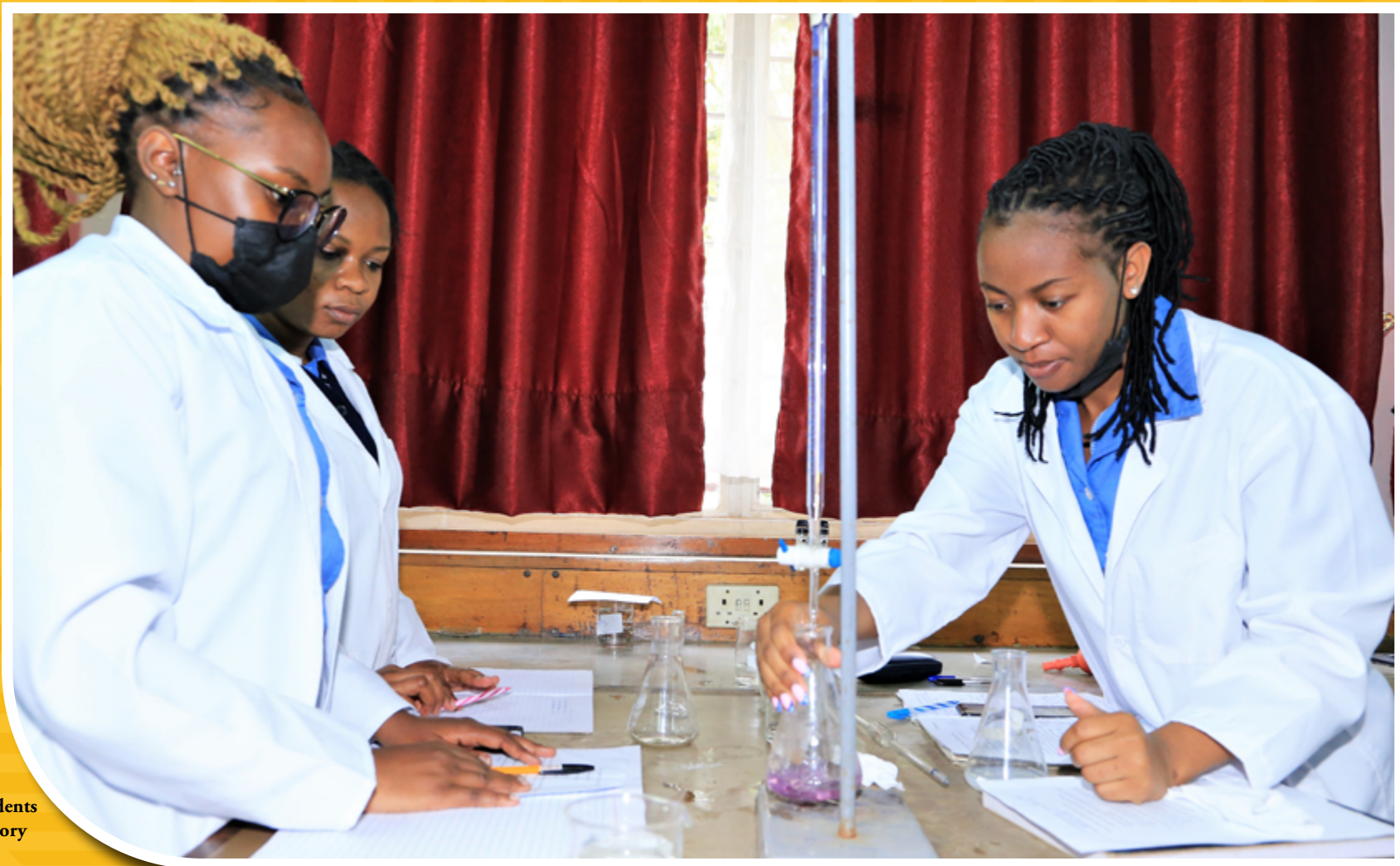
The College Organizational Structure





His Excellency President William Ruto during his visit to KMTC Navakholo, 2023.

CHAPTER THREE: TRAINING, RESEARCH, AND CONSULTANCY



KMTC students
in a laboratory
session.

Training

The Kenya Medical Training College (KMTC) holds national and international recognition as a leading institution for medical training. Its primary mandate is to provide training, conduct research, and offer consultancy services. KMTC boasts a substantial resource base and has established partnerships and linkages with various organizations and institutions. These collaborations contribute to the College's excellence and ensure that it remains at the forefront of medical education and training.

The institution has been training healthcare providers since 1927 and has realized tremendous growth in the number of its programmes, now 18, with 95 courses. These courses cover the full spectrum of essential quality health services, from health promotion to preventive, curative, rehabilitative, palliative care, and diagnostic. The courses are all need-based and address Human Resource for Health gaps, thus ensuring the availability of competent healthcare workers to deal with emerging and re-emerging health issues.

The training started as an On Job Training (OJT), mainly practical-based until 1944 when it became more structured. The training comprises 70% practical and 30% theory. Besides having the practical and clinical

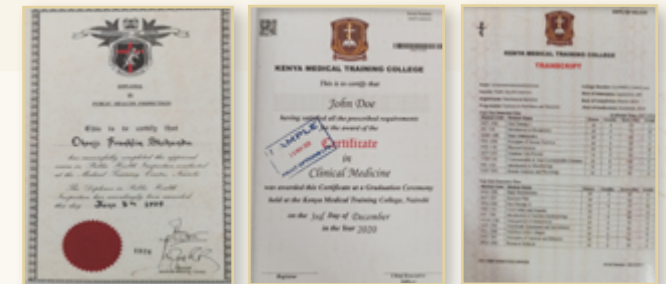
training, students previously got attached at the rural training health centres, facilities established in each of the then 8 provinces, to strengthen their training during rural attachment.

While the main mode of content delivery was initially face-to-face, Distance Learning (DL) was eventually introduced in the nursing programme. Other modes of training embraced include computer-aided learning which was blended with face-to-face learning, mainly in the in-service programmes. In response to the global technological advances, the College adopted innovations in teaching and learning. These include the e-Learning mode of teaching, which was first introduced in Health Records and Information, Home Based Care, HIV, Medical Education, Skills Laboratory Methodology and Simulation Laboratory. E-Learning later became a very important mode of training and content delivery during the COVID-19 pandemic.

The previous trainers at the MTC were health professionals in particular fields. However, in 1981, the College commenced the Medical Education training at Nairobi Campus to strengthen the lecturers' training skills to ensure quality and standardized teaching and learning.

Relevant professional and regulatory bodies are involved in the regulation of training and examinations, as well as licensing and accreditation of the training programmes.

Accreditation and Registration



In order to enhance comparability, recognition and information sharing for KMTC at global level, the College acquired the accreditation status as a Qualifications Awarding Institution (QAI) with the Kenya National Qualifications Authority (KNQA) in 2022.

KNQA places KMTC qualifications in the following levels:

- i. KMTC Certificate Qualifications - KNQA Level 5
- ii. KMTC Diploma Qualifications - KNQA Level 6
- iii. KMTC Higher Diploma Qualifications - KNQA Level 7

The KNQA Level 7 is equivalent to a Bachelor's degree or Certified Public Accountant (CPA) III, Certified Public Secretary (CPS) or Master Craft Person I. This has ensured that KMTC graduates are linked to training and career opportunities globally, since their qualifications are aligned and verifiable to potential employers as well as higher education institutions.

Curricula Activities

The College's curriculum is in tandem with the 2010 Constitutional requirements to advance community-oriented programmes that respond positively to the country's social and economic development agenda.

Before the 1980s, varied curricula, topical outlines, lists of subjects, and syllabi from professional and regulatory bodies formed the basis of the content taught. However, between 1985 and 1988, KMTC adopted a more structured way of developing curricula to guide all academic programmes.

In 2014, the Curriculum Development Policy Guidelines were developed to ensure quality, effective and credible academic programmes. The policy was reviewed in 2019 and is continually reviewed to meet emerging requirements.

The College's programmes are skewed towards meeting market demands and respond to emerging health issues

Extra-Curricular Activities



College students during National Sports Championships.

Sports is a valued extra-curricular activity of the College. In line with the KMTC Motto, "Training for Better Health", the institution has been organizing sports events in all its Campuses across the country. The College holds championships on a rotational basis between July and August each year. The championships are conducted at four levels, namely; Campus, zonal, regional and national. At the first level, each of the Campuses selects their team to represent the institution at the zonal level. In the second level, the Campuses are grouped into eight zones that compete to qualify for regional competitions. Winners at this level qualify for the national championship. During the competitions, students participate in various indoor and outdoor disciplines, including soccer, volleyball, basketball,

rugby, handball, and netball, as well as draught, table tennis and darts. Students also compete in athletics.

The College also participates in music and drama festivals alongside other learning institutions, held both at the county and national levels. .

Library Services



Nairobi Campus students during a library session.

Library services are core in the achievement of the College mandate. The College has a network of well-established and equipped libraries located in various Campuses across the country, for the convenient access of KMTC students and staff and alumni and external users. The libraries provide access to a wide range of resources, services, and facilities to support teaching and learning, curriculum development, research and consultancy services in the institution.

The libraries play a critical role of collecting, preserving and disseminating knowledge. Further, the libraries offer a comprehensive collection of print and electronic information resources and an established digital repository to provide global access to academic materials. The KMTC libraries provide high quality scholarly academic resources to the College community. This is geared towards strengthening and advancing intellectual growth and innovation.

The College has advanced operations in the library section through policy development, improved internet connectivity, integration and partnerships as well as enhanced infrastructure in the Campuses across the country.

Examination Trends

From 1927 up to the early 1980s, the College examinations, including Continuous Assessments (CATs), End-of-Semester Examinations and the Final Qualifying Examinations (FQE) were prepared and conducted at departmental and Campus levels. Through collaboration with public, private/faith-based hospitals and clinical placement facilities, the respective departments and Campuses prepared examinations and held graduation ceremonies in own Campuses.

As a department in the Ministry of Health, the College was in charge of the FQE. This later evolved into

centralized graduations held at the Nairobi Campus in 1984, presided over by President Daniel Arap Moi.

The College developed its first Examination Policy in 2002. Consequently, the policy was reviewed in 2006, 2012, 2016, 2019 and 2022. The policy is due for another review in 2025 to further standardize examination, ensure consistency and quality.

In 2019, end-of-semester examinations were harmonized. Programmes across various departments/Campuses began holding common examinations. Additionally, calendars for administration and release of examination results were also harmonized.

Guidelines on setting, moderation, invigilation, marking and release (publishing) of examination results have been developed to ensure smooth administration of both Final Qualifying and End-of-Semester Examinations.

Certification

The signing and authentication of the College certificates has evolved over time. During the earlier days, certificates were designed and prepared by individual Campuses and qualification ceremonies were also held at the respective Campus departments. Currently, the Academics department at the headquarters oversees training, examining, and certifying all successful students in the various programmes.

Transcript

The College transcripts were previously developed and issued from the departments at the respective Campuses. In 2012, a standardized transcript template was developed for all the departments across the College.

The transcripts are currently compiled by the respective departments in the Campuses and forwarded to the Office of the Registrar for preparation, certification and issuance.

Graduation



KMTC Graduation Square, 2021.

Until the 1980s, each department at the Campus level held its own graduation ceremony between October and November.

The central graduation ceremony for all the Campuses commenced in the 1990s at Nairobi Campus. As the graduates' population grew over the years, the College shifted this ceremony to the Graduation Square at

KMTC Headquarters. The College currently holds an annual graduation ceremony on the first thursday of December.

Student Population and Admission Trends

From a meager population of four students in 1927, the College steadily grew to a student population of 19,546 in 2013. After the devolved system of governance in 2013, the College's student population rose to 62,807 by June 2023, spread in 74 Campuses across the country. To increase efficiency and effectiveness in student selection and placement, the College automated the application processes in September 2016 and established admission desk offices at each Campus to support the application processes.

As from September 2023 intake, selection and placement of students to pre-service courses is by application through the national placement agency, Kenya Universities and Colleges Central Placement Service (KUCCPS). Application for upgrading, higher diploma and short courses is done through the KMTC portal.

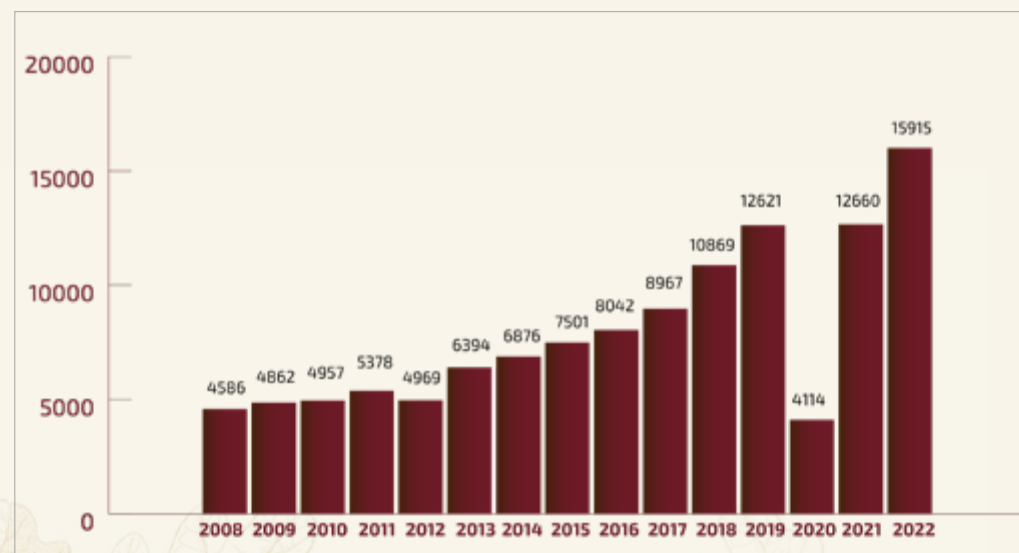


Students during graduation ceremony.



Graduation Trends (2008-2022)

While in 2008, a total of 4,586 students graduated, the number has since been on an upward trajectory, with 15,915 graduating in 2022. Cumulatively, the College released 113,381 graduates to the job market between 2008 and 2022, critical in bridging the Human Resource for Health gaps in the country and beyond.



KMTC Graduation trends.

The Evolution and Growth of Departments

Department of Pharmacy



The Department's rich history dates back to 1927 when the first formal training was started at the Kenya School of Government (KSG) in Lower Kabete with four students undertaking Compounding Certificate courses in Pharmacy. This was a two-year programme leading to an award of a Certificate in Pharmacy. In 1933, the syllabus for Compounders was revised and the entry changed from Kenya African Preliminary Examinations (KAPE) to Kenya Junior Secondary Examination (KJSE). The training was moved to the King George VI Hospital, which by then had been moved to the current KMTC Nairobi location. Following this review, the graduates of the programme were designated as Pharmaceutical Assistants.

In 1968, the Certificate in Pharmacy Programme was upgraded to a 3-year Diploma in Pharmaceutical Technology course to develop higher skilled pharmaceutical personnel to replace the foreign pharmacy expatriates who had started leaving the country. This was after adopting a Jamaican curriculum of Pharmacy that had in turn been adopted from the USA by Jamaica. Ten years later in 1978 following the curriculum review, the programme changed to Diploma in Pharmacy to develop pharmaceutical personnel to meet the changing and emerging needs of the country.

A Higher Diploma programme in Pharmacy lasting 18 months was started at KMTC in 1989 to develop the already serving pharmaceutical personnel to provide specialized services. The training has since commenced in five more Campuses.

The graduates of the programme are employed in research, academic and regulatory institutions, public and private health facilities, pharmaceutical industries, as well as community pharmacies. Many graduates are also self-employed. The training entails the discovery, production, disposal, safe and effective use, control of medications as well as drugs.

Progression is two pronged: The Diploma holders can progress to train in Higher Diploma and then depending on credit transfer, to Bachelor's degree programme for a shorter period or direct to Masters for a longer period based on qualifications.

The programme is currently offered in six Campuses.

Department of Medical Laboratory Sciences



The Medical Laboratory Sciences Department was established in 1927. Medical Laboratory Assistants were trained at Medical Research Laboratory (MRL), the current National Public Health Laboratories (NPHLS).

Medical Laboratory training at KMTC dates back to 1945 when a two-year Certificate course was established. Subsequently, Diploma training in Medical Laboratory

Technology was launched as a three-year course in 1965. Medical Laboratory Technology Diploma graduates are certified by MTC. Initially, they were certified by the Institute of Medical Laboratory Technology (IMLT).

A Higher Diploma (Post Basic Course) was introduced in 1971. Initially, Laboratory training was quite fragmented. Some Diploma students were registered by MTC but trained at Kenya Polytechnic as Biological Laboratory Technologists and were certified by Kenya Polytechnic. However, MTC awarded them a Certificate of successful completion of training, just like Medical Laboratory Technologists.

From 1972, the Diplomas and Higher Diplomas were certified by the University of Nairobi and since 1987, the Diplomas and Higher Diplomas are certified by KMTC.

KMTC Nairobi Campus offers Basic Diploma course concurrently with Post-Basic Diploma, which runs over one year depending on the specialty and leads to the award of Higher Diploma in Medical Laboratory Sciences in the respective specialty. The specialties are Blood Transfusion Sciences, Clinical Chemistry, Haematology, Histopathology and Cytology, Microbiology, Parasitology and Entomology, and Virology. Diploma training is offered in nine Campuses.

Upon completion of training, all Medical Laboratory Technologists and Technicians are registered with the Kenya Medical Laboratory Technicians and Technologists Board (KMLTTB). Officers in this field may gain employment in the public and private sector, research-based parastatals, institutions of higher learning, industries as well as self-employment. Medical Laboratory Technicians process specimens in the laboratory to provide evidence for disease diagnosis, prevention, treatment and management.

Department of Clinical Medicine and Surgery



The training of clinical medicine started in 1928 at the then, King George VI Hospital, under the Ministry of Health. The first students were experienced nurses who underwent a one-year training to upgrade to Clinical Officers. Later, the intake of the nursing students was

discontinued and high school leavers were admitted to complete the three-year medical course. The training produced healthcare workers to provide clinical services to support the few qualified doctors during the pre-independence period.

In 1967, post-basic programmes were started in Nairobi to provide specialized clinical services. The trainings for both pre-service and post-basic programmes were conducted in Nairobi. In 1968, a pre-service programme was started in Machakos MTC (then known as Kenya Israel) but in 1972, the programme was moved to Nakuru MTC and the first group of students qualified the same year. In 1986, the pre-service programme in Nairobi was moved to the School of Clinical Medicine Port Reitz in Mombasa but Nairobi Campus continued offering post basic programmes.

Later, the programme expanded to other Campuses in KMTC. The title of Clinical Officers (COs) has evolved over time from the Hospital Dresser, Hospital Assistant, Clinical Assistant, Certified Clinical Officer, Registered Clinical Officer, to Clinical Officer. The cadre is regulated by the Clinical Officers Council, established through an Act of Parliament Cap. 260 of 1990.

The graduates of this course are employed both locally and internationally in the private and public sectors such as

hospitals, regulatory bodies, health research institutions, training institutions. Others are self-employed through private practice. There are opportunities for academic advancement to doctorate level and professional development in specialized areas such as Community Health, Family Health, Child Health and other health related fields.

Department of Physiotherapy



Physiotherapy training in Kenya dates back to the Second World War when the Colonial Government started training Physiotherapists to address the ravages of the First and Second World wars. Taking care of the victims of these wars was overwhelming and the Colonial Government started apprentice trainings to rehabilitate the war victims.

The apprenticeship training was started in 1942 under Chief Orthopaedic Surgeon Dr. Karkaldy Willis. Three school leavers were recruited and trained as Masseurs. Since there was no formal curriculum, Dr. Karkaldy taught them some Orthopaedics, including plaster applications, splinting, and fracture reduction/fixation. The job title was changed from Masseurs to Orthopaedic Assistants. The course graduates qualified in 1944 as Orthopaedic Assistants.

The training continued until 1955 when the first African Orthopaedic Surgeon, Dr. Majale, took over from Dr. Kirkaldy Willis and improved the training of this cadre. In 1958, the designation changed to Physiotherapy/Occupational Therapy Assistant. In 1960 the need for refinement became apparent and the two job titles were separated. The name was subsequently changed to Physiotherapy Assistant.

In 1965, Dr. Migwi, the Principal of Medical Training Centre, recommended the training of Physiotherapy Assistants be elevated to Diploma level. The first group of Diploma trainees joined the training in 1966 for a three-year course under Ms. Wallace Turner, a British expatriate. In 1973, Ms Wallace was replaced by a Kenyan Physiotherapist, Mr. Clement Omwenga. By 2023, four Campuses were offering the course.

The graduates of physiotherapy programme can secure employment in public and private health facilities, research institutions, academic institutions, special schools, regulatory institutions, sports federations and firms, pharmaceutical companies, and insurance. They can also engage in private practice.

Graduates of the Diploma in Physiotherapy can attain a Higher Diploma in the profession and progress to Masters programmes in related disciplines.

The programme is currently offered in five Campuses and entails training on promotion of wellness, mobility and independence through the use of exercise, physical agents and techniques.

Department of Public Health Sciences



The training of Public Health dates back to 1947 when the Department of Environmental Health was established as a Training Depot at the Kenya Institute of Administration

– Kabete, and was later moved to Medical Training College, Nairobi.

The initial training in 1940s focused on environmental hygiene among the indigenous communities. Trainees were taught rudimentary hygiene, improvement of water supplies, latrine construction, masonry, carpentry, and rural building/construction. The wives of the trainees were trained in home craft and the care for children. The idea was that they would return to their homes and apply what they had learned in establishing their homesteads and share experiences. Later they were employed as Instructors, Health Educators, and General-Purpose Public Health Personnel who were especially useful for epidemic control.

The formal Public Health Technicians (PHT) training commenced in 1965 at certificate level. Trainees qualified as Public Health Technologists and their duties included supervision of refuse collection, night soil collection and disposal, inspection of food preparing premises and food stores, anti-mosquito work, and inspection of meat in the slaughterhouses. Their two-year training focused on community health, preventive health and health promotion.

The Diploma training commenced in 1972 with the graduates qualifying as Public Health Officers. The

training of the PHTs was stopped in 2002 and commenced again in 2015. The training in the department has since evolved. Certificate, Diploma and Higher Diploma courses are offered in 13 Campuses spread throughout the country.

The title of the qualifying officers has evolved from Sanitary Inspector, Health Inspector, and Public Health Officer to Environmental Health Officer and reverted to Public Health Officers, as recommended by the World Health Organization. Progression in this field for Certificate holders can be through pursuing Diploma, Higher Diploma, Bachelor's Degree, Masters and PhD. Diploma holders can progress to Higher Diploma in any of the offered specialities and then depending on credit transfer, to a Bachelor's programme for a shorter period or direct to Masters level.

The department was initially referred to as Public Health. It was renamed Environmental Health Sciences then reverted to Public Health in 2021.

Potential job opportunities are in the public service, international organizations, NGOs, private firms, research firms, food industries, health facilities and in private practice.

Department of Nursing



Before 1950, most healthcare institutions offered in-service training for healthcare workers, to assist the non-indigenous workers in the provision of required healthcare. This made it difficult to identify local healthcare workers according to their level of training and scope of practice.

In 1950, the meeting of the Nurses and Midwives Council of Kenya members passed a resolution that formally described the different cadres of Nurses. The titles of State Registered Nurse, Kenya Registered Nurse, and Assistant Registered Nurse Grade 1 and 2 were retained based on registration and training.

In 1952, the Examination Sub-Committee held its first examination for Assistant Enrolled Nurses Grade I and II. Approval of training schools was required by the relevant training schools' sub-committee, whilst the inspection of schools would be done every three years.

The King George VI Hospital became the first institution to start the Kenya Registered Nurse training programme. The programme was approved to run for three and half years, with the Preliminary Training Service (PTS) to extend over three months, followed by a period of three months ward rotation and three years of theory and clinical training. As the Department of Nursing grew, Higher Diploma programmes were started with Midwifery in 1968 and Public/Community Health in 1978. In 1975, a Higher Diploma in Critical Care Nursing was introduced to cater for the critically ill.

In 1987, the Kenya Registered Community Health Nurse (KRCHN) training was started, to prepare nurses to give comprehensive care to the communities. The training was in collaboration with KNH as a clinical training centre. In 2003, a Higher Diploma in Ophthalmic Nursing was initiated and two Lecturers were sent to South Africa for training and subsequently prepared the curriculum.

In 2008 a Higher Diploma in Perioperative Nursing was established and Higher Diploma in Palliative Care introduced in 2014 as a distance learning programme. The latest Higher Diploma in Family Health Nursing started in 2018 to address the Universal Health Coverage.

The curriculum for the Diploma course was revised in July 2019 which reduced the training duration from

three and half years to three years.

By 2023, the course was being offered in 50 Campuses at Certificate, Diploma and Higher Diploma levels.

Nursing graduates are employed locally and internationally as service providers and nursing managers at various levels of the healthcare system. They also work as researchers in research institutions, trainers at medical training colleges and universities and some go into private practice.

Progression for Certificate holders can be through pursuing a Diploma, Higher Diploma, Bachelor's degree, Masters and PhD.

Department of Radiography and Imaging



The training of Radiography was started in 1951 at Kisumu District Hospital (the then Port Florence) under the colonial doctors and was referred to as Diagnostic

Radiography. The first students who qualified as Assistant Radiographers and went to Britain for a year to upgrade to Radiographers. Before then, only the Europeans were referred to as Radiographers.

In 1956, the training was moved to King George VI Hospital then to current Nairobi MTC in X-ray Department under Prof. L. Whittaker and British Lecturers. The training was done in collaboration with the British Society of Radiography, who set, moderated and marked all the examinations externally. The programme was structured to have qualifying examinations in part one after one and a half years of joining College. Successful candidates proceeded to part II as a final examination.

In the 1980s, the Faculty of Radiography separated from the British Society of Radiography and exams were set by the University of Nairobi. The course structure remained the same until early 2000, when the curriculum was reviewed, the two-part examination was scrapped and the name of the course was changed from Diagnostic Radiography to Medical Imaging Sciences. The programme was structured into modules and semesters.

In 2003, a post basic course in Ultrasound was started in Nairobi Campus. In 2010 the programme expanded and introduced the course in KMTC Kisumu and Nyeri Campuses. In 2011 the programme was established in

KMTC Eldoret and Mombasa and finally in 2012 the programme was started in Manza Campus. By 2023, there were eight Campuses offering Diploma course in Radiography and Imaging. Both Nairobi and Kisumu provided training at Diploma and Higher Diploma levels.

The Radiotherapy Department was established at KNH in 1968 and was the only one such department south of Sahara, except South Africa. In the early 2013 the faculty launched a programme in Radiation Therapy as a Higher Diploma at Nairobi Campus. The programme again changed its name from Medical Imaging Sciences to Radiography and Imaging in 2019 after review of curriculum to accommodate the changing technology of both ionizing and non- ionizing radiation.

The department has started Higher Diploma courses in Computed Tomography (CT) and Magnetic Resonance Imaging (MRI), short courses in Point of Care Ultrasonography for midwifery and a short course in Echocardiography for Sonographers.

Radiographers perform imaging procedures to support in the diagnosis and close examination of medical conditions.

Department of Health Promotion and Community Health



The Department of Health Promotion and Community Health was initially a Department of Health Education under the Ministry of Health. There was a need by the ministry to start training for trainers of health educators. Through funding by the World Bank, the Ministry of Health supported three officers for training on Health Education and Promotion at the John Hopkins University. Upon completion of their training, the three started the training of health educators in 1952. At that time, the department was only offering a Higher Diploma in Health Education, targeting health professionals who had already qualified in their respective fields. In 2007, the Department's name was changed to Health Promotion and Education and a pre-service Diploma programme was initiated in 2015, followed by a pre-

service Certificate programme for students with hearing impairment in 2017.

In 2018, the Department of Health Promotion and Education was renamed Department of Health Promotion and Community Health. A Certificate course in Community Health Assistant was later introduced in March 2019. Due to the great emphasis on community health strategy and in response to the Government's agenda on UHC, there has been a high demand for the course, which has been expanded to 36 Campuses.

Health Promotion Officers work with the community and in health facilities in provision of interventions for preventative, promotive and basic curative services. Health promotion specialists work in a wide range of settings including hospitals, schools, prisons, workplaces, neighbourhoods and communities. Opportunities are also available in humanitarian, national and international organizations.

For career progression, Certificate graduates can progress to Diploma, Higher Diploma, Masters and PhD whereas Diploma graduates can progress to Higher Diploma, Masters and PhD through credit transfer.

Department of Nutrition and Dietetics



The initial training started at Karen Campus, which was established in 1965 by the Danish Government in honour of world-renowned Danish author Karen Blixen (1885-1962). Through an agreement with the Kenyan Government, the Danish people were in charge of the Campus for five years (1965 - 1970), and later handed it over to the Medical Training College, the Training Division of the Ministry of Health. During this period nurses who had qualified to work in the community were trained on nutrition components for three months, and upon completion they were posted as Nutrition Field Workers.

In 1983 the department commenced training of Certificate courses in Community Nutrition at Karen Campus, which later was devolved to other 12 Campuses.

In 1997, high demand for training in the community resulted in the establishment of an in-service Diploma Course in Community Nutrition, targeting those who had completed the Certificate Technician Course. The Certificate course was eventually phased out to give way to a Diploma course in Community Nutrition in 2001. However, due to high demand, the two-year Certificate course was reintroduced in 2010.

In 2007, the Kenya Nutritionist and Dieticians Institute (KNDI) regulatory body was established through an Act of Parliament. In line with the KNDI guidelines, the title Community Nutrition for all the programmes was reviewed to Nutrition and Dietetics. In May 2016 the College was accredited by KNDI after meeting the prescribed requirements. Over the years the department has expanded and by 2022, it was being hosted in 12 Campuses offering Certificate and Diploma courses.

Dieticians and Nutrition experts use food and nutrition to promote health and manage diseases. Job opportunities include working as Nutritionists and Dieticians at public and private health facilities; humanitarian organizations; faith-based organizations and NGOs dealing with health and nutrition; fitness and sports organizations; food industries and nutrition supplement companies, among others.

Department of Occupational Therapy



The Department was started in 1967 at the Jeans School, Kabete, by an Occupational Therapist from the United Kingdom. Six students were enrolled in the programme, including one Ugandan, and they all graduated in 1971. After the first few cohorts, the programme was operated by Kenyan Occupational Therapy tutors. It was among the last programmes to be relocated from Jeans School to King George VI Hospital and Prof. Alfred Mutema was one of the Tutors. In the 1980s and 1990s, there was an increase in demand for Kenyan trained Occupational Therapists in United States of America, UK, the United Arab Emirates and various African countries.

Students undertaking this course learn how to address issues that affect occupational performance of tasks by patients. Programmes offered in this department have increased from the basic Diploma to include

Higher Diplomas in Community Based Rehabilitation, Occupational Therapy in Renal Rehabilitation and a short course in Upper Extremity Splinting.

Job opportunities for the graduates are readily available in the local and global markets in health facilities, workplaces, industries, homes for the elderly, local and international NGOs, faith-based health facilities, correctional facilities, children with special needs centres, community and home-based rehabilitation, private practice, and rehabilitation centres, among others.

The programme is currently offered in four Campuses.

Department of Health Records and Information Technology



The first training of Health Records and Information Technicians in Kenya was started at Kenyatta National Hospital in 1967. The training was started due to the importance of keeping records for continuity, evaluation of patient care/treatment, monitoring and evaluation of health systems as well as medico-legal purposes. In 1978 the programme was moved to KMTC, then referred to as Nairobi Medical Training Centre. The course was a Certificate programme known as Medical Records. Due to the popularity of the programme and increased number of Certificate graduates, a Diploma programme was introduced in 1990, initially as an in-service programme. In 1991 the first direct pre-service Diploma programme was started at the Nairobi Campus. Later, in 2003, the Department started to decentralize the training to other Campuses. Since then, the programme has been introduced in 31 Campuses throughout the country.

Job opportunities for the graduates are in the Government, private and faith-based hospitals, NGOs, research institutions, disease surveillance units and training institutions. Certificate graduates can progress to Diploma, Higher Diploma, Masters and PhD whereas Diploma graduates can progress to Higher Diploma, Masters and PhD through credit transfer.

Department of Dental Technology



The Department was started in 1968 alongside Kenyatta National Hospital Dental Unit (Kabete) through the initiative of a senior Dental Officer at the Ministry of Health. The Department was then headed by a Seychelles national who was the only Dental Technologist at the hospital. From 1970 to 1972, the Department was headed by a Briton, then an American Peace Corps, until 1975 when Kenyans, who had graduated from the established programme, took over.

The City and Guilds Institute was the examining body with certificates from London until 1989 when the last series of examinations were undertaken and transitioned to College examinations. Graduates of this course are employed at the Government dental clinic/laboratories, parastatals, armed forces health facilities, private hospitals/ dental laboratories and in private firms as sales representatives.

Dental Technology is a speciality in the field of dentistry that deals with treatment and rehabilitation of the oral cavity tissues and the face. The programme is currently offered in two Campuses.

Department of Orthopaedic Technology



The Orthopaedic Technology programme was started as a Diploma course in 1972 at Kabete in Nairobi. The aim of the training was to address the needs of persons who had suffered from poliomyelitis. In 1987, the Department was relocated to MTC Nairobi. The training programme remains relevant in Kenya as it prepares individuals who provide rehabilitative services to persons with physical disabilities, through provision of prostheses, orthoses, and other assistive mobility devices.

Courses offered in the department include Diploma in Orthopaedic Technology (pre-service, 1972), Certificate in Orthopaedic Plaster Technology (pre-service, 2012), and Higher Diplomas in Orthotics and Prosthetics (2019). In 2016, courses were re-organized and this resulted in the formation of a new department, the Orthopaedic Trauma Medicine, which took over the training of the Orthopaedic and Trauma Medicine courses.

Orthopaedic Technologists deal with the assessment, diagnosis and management of physical disabilities. They provide artificial limbs (prostheses) to people who have all or part of a natural limb missing. They also provide supportive braces and splints (orthoses) to people with various conditions of the limbs or spine.

Students are trained to manage patients with orthopaedic conditions through provision of other assistive devices and be effective team members in the care of patients with musculoskeletal injuries or conditions.

Job opportunities are found in orthopaedic technology departments in public, private and mission hospitals, Government and non-governmental organizations dealing with people with disabilities, training institutions, refugee camps and schools for the physically challenged, among others.

Diploma students can progress to Higher Diploma within Kenya Medical Training College. Similarly, Diploma and Higher Diploma graduates may join universities for related degrees in Prosthetics or Orthotics in Africa and beyond.

The programme is currently offered in two Campuses.

Department of Medical Engineering



In late 1970s, the Swedish International Development Cooperation Agency (SIDA) and the Austrian Government supported the setting up of three Maintenance Training Schools (HMTS) at Eldoret, Kilifi and Meru Campuses to offer Certificate courses in Medical Engineering. An artisan school at Loitokitok MTC, which was started by the Austrian government in 1978 in collaboration with the Ministry of Health, was also upgraded to offer a Certificate course. In late 1980s the German Technical

Aid (GIZ) supported and started the first Diploma course in Medical Engineering in collaboration with the MoH at Mombasa Polytechnic (currently the Technical University of Mombasa).

In 2000 the Department of Medical Engineering was established at Nairobi Campus and in 2005, an upgrading programme was started in Eldoret Campus. The College started a Higher Diploma programme at Nairobi Campus in 2006. By 2022, there were three Higher Diploma programmes (Higher Diploma in Medical Engineering-Therapeutic equipment, Higher Diploma in Engineering-Diagnostic equipment and Higher Diploma in Medical Engineering-Dialysis) all domiciled in Nairobi Campus. The programme is currently being offered in 11 Campuses.

The graduates of Medical Engineering perform tasks related to management of hospital maintenance workshops. This entails planning and organizing for maintenance, fault diagnosis, calibration and repair of medical equipment. Generally, they play a significant role in advising the hospital authorities on the technical aspects of medical and hospital equipment.

Graduates of this programme work in public hospitals, private and mission hospitals, Kenya Defence Forces, medical equipment supplies companies and the hotel

industry, among others.

For career progression, a Certificate holder can progress to Diploma and Higher Diploma within Kenya Medical Training College. Diploma and Higher Diploma graduates may join universities for related degrees in Medical Engineering.

Department of Medical Education



The World Federation of Medical Education and the Lancet issued a report that emphasised the need for training of health professions' trainers to acquire the necessary competencies. In response to this recommendation, the College, in consultation with the Ministry of Health Training Department, established a Teacher Training Unit for health professionals alongside a Health Learning Materials Development Unit. In 1979, the Ministry of Health, in collaboration

with MTC, established the then Faculty of Medical Education at MTC Nairobi.

The first group of Lecturers, predominantly Heads of Department, was enrolled in the one-year programme at the Jomo Kenyatta College (currently Kenyatta University) due to lack of space and training facilities.

A curriculum review in 1998 established collaboration between KMTC and the Centre for Medical Education at the University of Dundee, Scotland. The Dundee approach to training was a linked, Certificate - Diploma - Master's degree programme. Several reviews have since been done, with the most recent in 2018 which initiated changes that are in line with international standards and the Universal Health Coverage. The 2022 review of curriculum brought on board digital information literacy and innovation, digital learning, e-portfolio and introduced the practical aspect of mentorship. The curriculum has been aligned to the requirements of KNQA, whose Higher Diploma Qualification at Level 7 meets the Bachelor's Degree threshold.

On completion of the course, graduates of Medical Education become Lecturers/Tutors/Facilitators in health training institutions, research firms, teaching and learning consultancy firms, curriculum development, curriculum review and curriculum evaluation.

Department of Community Oral Health



The Department was started in 1985 through a Presidential decree since Community Oral Health component was missing in training yet it was one of the components of Primary Health Care. The few oral health professionals available in the hospitals then could not meet the dental needs of Kenyans. The main aim of the programme was to train health personnel who could provide both preventive and curative services at the community level. A robust mechanism was put in place in collaboration with the Ministry of Health and University of Nairobi Faculty of Dental Sciences to come up with a curriculum for training of this cadre. The College mounted the course at Nairobi Campus.

Community Oral Health Officers (COHOs) offer primary healthcare and deliver integrated health care to individuals and communities. COHOs' roles

and functions are primarily to undertake promotive, preventive, curative and rehabilitative oral activities within the communities. They play a critical role in improving oral (dental) health, particularly amongst school age children.

COHOs are based at the health facilities where they offer basic dental care to the community. Other job opportunities include training institutions, various health organizations and private practice.

After attaining a Diploma, graduates can progress by obtaining a Higher Diploma in Medical Education, which can enable one to undertake a Master's degree programme and beyond.

Department of Orthopaedic and Trauma Medicine



The programme, formerly known as Plaster Technology, was started in September 1990 at KMTC Nairobi Campus in the department of Clinical Medicine. The programme was initially offered at Certificate level but the training was shelved in 2000. In September 2012, the Certificate course was reintroduced and hosted in the Department of Orthopaedic Technology. In March 2016 the Department of Orthopaedic and Trauma Medicine was established to cater for the growing number of students and Diploma programme was introduced both for pre-service and upgrading programmes.

The graduates of this programme provide non operative healthcare services related to musculoskeletal disorders/injuries which include reduction of fractures/dislocations, managing soft tissue injuries, immobilization of musculoskeletal injuries using casts, splints/tractions and assisting orthopaedic surgeons during surgeries.

Orthopaedic job opportunities include Government health institutions, private hospitals/agencies, faith-based hospitals, Non-Governmental Organizations, sports and self-employment.

Academic advancements to Diploma for Certificate holders and Higher Diploma for the Diploma holders are available in the College. Opportunities for higher training are available in other learning institutions.

The programme is currently offered in 20 Campuses.

Department of Optometry



The concept to train Optometrists in Kenya was initiated by Sight by Wings, an NGO led by the late Mrs. Wairimu Nyoike. The NGO operated in Kenya in the field of eye screening and in collaboration with KMTC, started the course at the Occupational Therapy Department in 2003.

KMTC admitted the first batch of students in September 2006. When the training started, the curriculum adopted the cadre known as Optical Technologists. The title Optometry was adopted by the College Academic Council in March 2009 and the Department of Optometry became autonomous in 2013. The course that entails the training of Optometrists on how to perform comprehensive eye exams, vision tests, diagnosis and treatment, is offered in Nairobi Campus.

There is a ready market for qualified Optometrists whose job opportunities are in the Government hospitals, private optical establishments, private hospitals and NGOs.

Research Activities at the College

Research for health is critical in generating evidence for policy decisions. KMTC started conducting research in 1990 after the enactment of the KMTC Act of Parliament. The first research policy was developed in 2008 and since then, the College has been engaged in building the research capacity of its staff and students. An annual budget is allocated to support research activities.

In sync with the 2010 Constitution, KMTC has directed its efforts at advancing community-oriented programmes that respond positively to Kenya's social and economic development agenda. This aspiration is guided by the reviewed KMTC Research Policy, which provides an analysis of the internal and external environment and makes a strong statement on the role the College plays in supporting the Government to realize sustainable growth in the health sector.

The College has held several research trainings mainly for capacity building facilitated by renowned researchers. KMTC has further collaborated with like-minded institutions to conduct research through the grants by National Research Fund (NRF), undertake capacity building, offer technical support for conferences, webinars and symposia, among other activities.

The College has distinguished itself by the quality of its research, and by the way its teaching is informed by research. The goal is to develop a research culture that encourages and rewards excellence in research, innovation and training, builds research capacity, generates resources, and builds knowledge that enhances teaching. The research efforts have supported the College not only in the realization of its vision and mission, but also in the realization of the universal health coverage goals and the country's Vision 2030 aspirations.

As part of their training, KMTC students are taken through a research module to enable them conduct research projects as a requirement for partial fulfilment for the award of both basic and post basic qualifications. KMTC holds Biennial Scientific Conferences to enable internal and external presenters to discuss research findings and other topical health issues of national and international interest.

Other fora that the College organises for sharing research findings include symposia and Continuous Medical Education (CME) meetings. KMTC staff are supported to present research papers and make exhibitions in both local and international conferences.

The College has a scientific journal which is a platform for sharing emerging issues in health through its biennial publications.

There is a well-established research office with functional committees which include the College Research and Ethics Review Committee (CRERC), Journal Committee and the Scientific Conference Committee. The process of registering the College with the National Council for Science Technology and Innovation (NACOSTI) for accreditation as a Research Ethics Review body is at an advanced stage. To provide an avenue for the acquisition, transfer and diffusion of scientific knowledge within and beyond, the College formulated a Science Technology and Innovation Strategy in July 2022.

In the last few years, KMTC staff have participated in over 35 local and international scientific conferences and presented over 80 research papers. More than 70 publications have featured in peer reviewed journals.

The Kenya Health Policy 2013-2030 places a lot of emphasis on research. The KMTC Board of Directors has continued to allocate more funds to encourage members of staff to undertake research projects in line with the Policy.

Consultancy Services Offered

One of KMTC's mandates is to provide consultancy services in health-related areas.

The inadequate funding of tertiary institutions had adversely affected teaching, research and students' welfare since capital projects and salaries took a bulk of the total revenue allocated. To mitigate this, the Kenya Medical Training College explored other means of generating income to finance programmes and other activities through consultancy services. The College started offering consultancy services in 2009.

The College's Consultancy Policy establishes mechanisms of undertaking paid for consultancies for other government and private entities using KMTC's internal resource persons. The Policy stipulates the standard and quality of output that internal resource persons ought to deliver during external consultancy projects.

Under the Policy's guidance, the College has developed several training proposals for support and collaboration in improving curriculum for pre and in-service programmes as well as building capacity of staff. As a result of these proposals, the College has successfully conducted many projects.

In 2009, the College trained District Health Management Teams in a project sponsored by USAID. The consultancy project was jointly implemented with United States International University and Israel's Galilee College. In the same period, the College embarked on a USAID-sponsored project to build the capacity of Reproductive Healthcare service providers on Contraceptive Use Technology (CTU). Target group was Eastern, North Eastern and Nyanza provinces.

The College, through UNICEF's support, trained service providers on infant and young child feeding and management of severe malnutrition in North Eastern province and Nairobi slum areas.

KMTC conducted Third Country Training Programme for the Government of South Sudan between 2009 and 2013. The College trained Nurse/Midwifery Tutors to build the capacity of Nursing and Midwifery training at the various levels. The training supported by JICA enabled KMTC to set up a medical training college in South Sudan in March, 2012.

The College established Centres of Excellence in phlebotomy in nine of its Campuses in 2008 courtesy of CDC, in partnership with JHPEIGO, and Benckton,

Dickson. CDC also, through NASCOP, supported a project by the College to strengthen comprehensive HIV/AIDS management by improving training of pre-service and health service providers (Nurses, Clinical Officers, Pharmacists, Nutritionists and Environmental Health Science Officers) between 2009 and 2014.

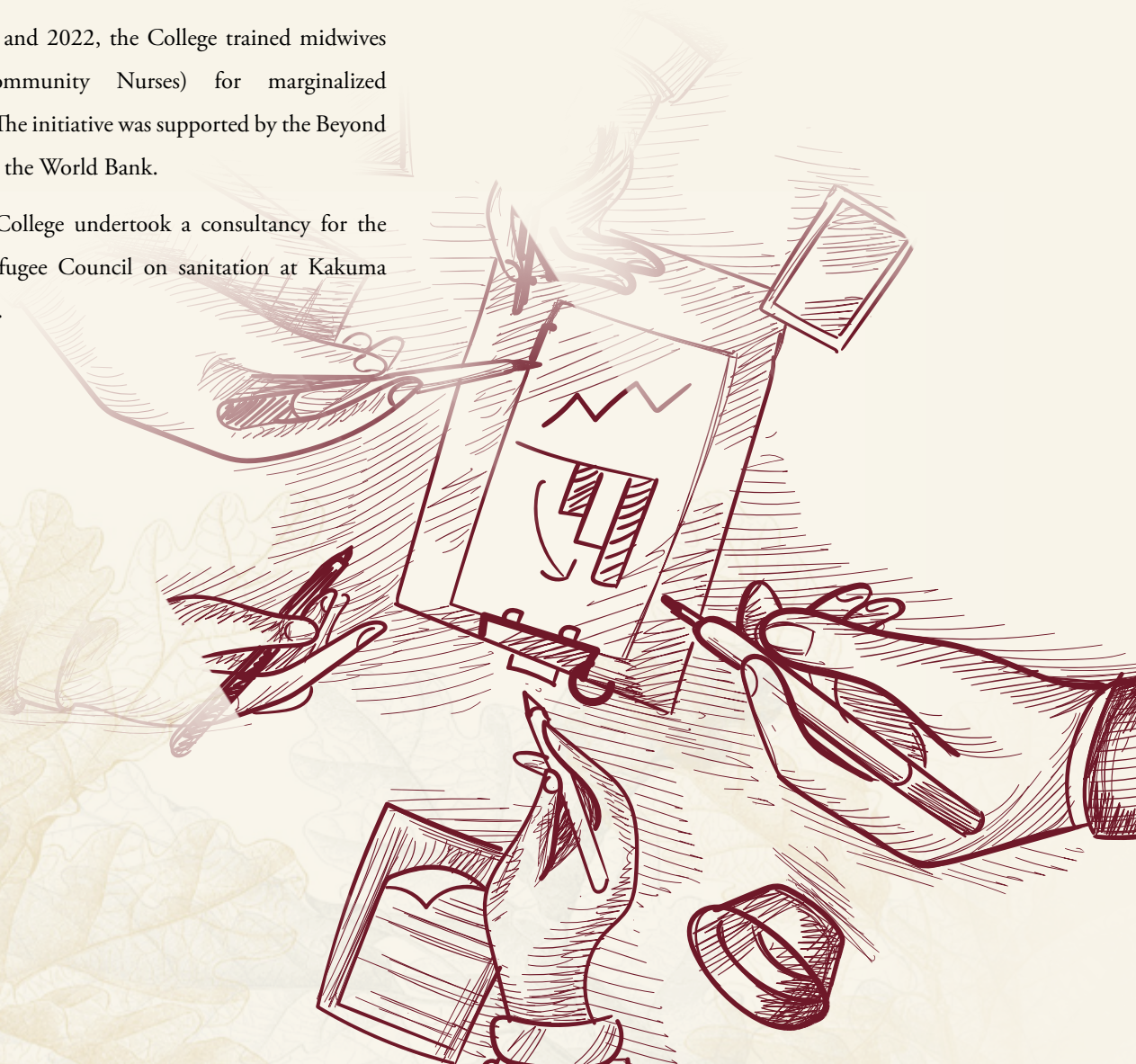
In 2012 and 2013, the College, in partnership with NASCOP, conducted TOWA project, on HIV mainstreaming. The project was sponsored by the World Bank. Within the period, 2012-2018, the College spearheaded the establishment of several centres of excellence, under the support of USAID through Intrahealth. Health Systems Strengthening (HSS) training for Managers was supported by UNICEF through MOPHS in 2012. Within the same period, KMTC had one of its major consultancies engagements with the Ministry of Health, which was sponsored by Management Science for Health (MSH).

USAID, through Management Sciences for Health, supported the Kenya Medical Training Centre on Leadership Development Programme between 2015 and 2018. Besides USAID, the World Health Organization, DANIDA, JICA, UNICEF, and the AfDB were key

supporters in enabling the College to build the capacity of over 2000 healthcare workers in Leadership, Management and Governance (LMG) between 2010 and 2018.

Between 2016 and 2022, the College trained midwives (Enrolled Community Nurses) for marginalized communities. The initiative was supported by the Beyond Zero Trust and the World Bank.

In 2022, the College undertook a consultancy for the Norwegian Refugee Council on sanitation at Kakuma Refugee Camp.



CHAPTER FOUR: ESTABLISHMENT OF CAMPUSES



A section of KMTc Campus Principals during the 2022 graduation ceremony.

The Kenya Medical Training College has 74 established and 12 satellite Campuses in 44 out of 47 counties in the country. Twenty-eight Campuses were established between 1927 and 2012 within the former provincial and district hospitals.

Through an ambitious and rapid expansion programme to meet the growing demand for skilled health personnel, the College established 46 other Campuses within eight years, between 2013 and 2022. The expansion was possible through the College's Board of Directors initiative and the tremendous support from communities, constituencies through the National Government Constituency Development Fund (NG-CDF), County Governments

and the National Government. The College has also been supported by local and international organizations in its expansion agenda.

The support includes land, funds, equipment, technical support, human resource and goodwill.

With the increasing demand to train healthcare professionals for the country, region and globally, the College, with support from partners, provides chances for quality training and has prospects to increase coverage of Campuses to 13 more proposed locations namely: Awendo (Migori), Mukurweini (Nyeri), Kangema (Muranga), Kinangop (Nyandarua), Mutomo (Kitui), Tigania/Miathene (Meru), Marimanti (Chuka), Narok (Narok),

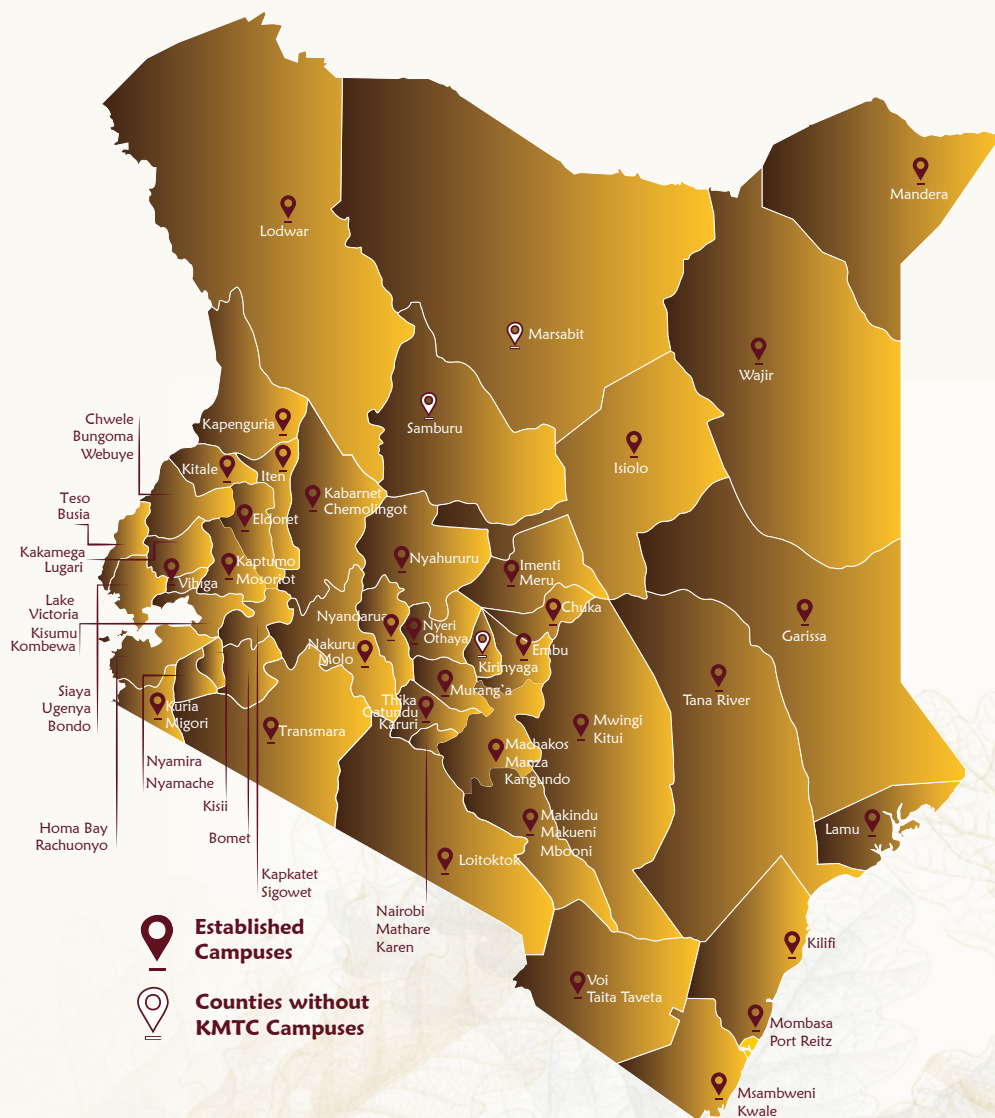
Navakholo (Kakamega), Ikolomani (Kakamega), Iduku (Vihiga), Kegondi/Sabatia (Vihiga) and Rarieda (Siaya).

On the other hand, Marsabit, Yatta /Matuu, Anabkoi, Tseikuru, Ndalutongaren, Ibeno, Ziwa-Soy, Kangeta, Ishiara, Kieni, Marigat, Kerio Valley, and Bomachoge Chache proposed Campus sites are under construction, funded by respective communities, County Governments and NG-CDF.

As guided by the College Academic Council, the Campuses offer a wide array of need based programmes at Certificate, Diploma and Higher Diploma levels. Short Courses are also offered across the Campuses.



A section of KMTc Campus Principals during the 2022 graduation ceremony.



Distribution of Campuses within the Counties 2023

S/No.	County	Campus
1.	Mombasa	1. Mombasa
2.	Kwale	2. Port Reitz
3.	Kilifi	3. Kwale,
4.	Tana River	4. Msambweni
5.	Lamu	5. Kilifi
6.	Taita/Taveta	6. Tana River
7.	Garissa	7. Lamu
8.	Wajir	8. Taveta
9.	Mandera	9. Voi
10.	Isiolo	10. Garissa
11.	Meru	11. Wajir
12.	Tharaka Nithi	12. Mandera
13.	Embu	13. Isiolo
14.	Kitui	14. Meru (Maua satellite)
15.	Machakos	15. Imenti
16.	Makueni	16. Chuka
17.	Nyandarua	17. Embu
18.	Nyeri	18. Kitui (Mutomo satellite)
19.	Murang'a	19. Mwingi
20.	Kiambu	20. Machakos
21.	Turkana	21. Manza
22.	West Pokot	22. Kangundo
23.	Trans Nzoia	23. Makueni (Mbuvo and Mutyambua satellites)
24.	Uasin Gishu	24. Makindu
		25. Mbooni
		26. Nyandarua (Kinangop satellite)
		27. Nyeri
		28. Othaya
		29. Murang'a
		30. Thika
		31. Karuri
		32. Gatundu (Mutunguru satellite)
		33. Lodwar
		34. Kapenguria
		35. Kitale
		36. Eldoret

S/No.	County	Campus
25.	Elgeyo/Marakwet	37. Iten
26.	Nandi	38. Kaptumo
27.	Baringo	39. Mosoriot
28.	Laikipia	40. Kabarnet
29.	Nakuru	41. Chemolingot
30.	Narok	42. Nyahururu
31.	Kajiado	43. Nakuru
32.	Kericho	44. Molo
33.	Bomet	45. Transmara
34.	Kakamega	46. Loitokitok
35.	Vihiga	47. Kapkatet
36.	Bungoma	48. Sigowet
37.	Busia	49. Bomet
38.	Siaya	50. Kakamega (Shianda Mumias & Navakholo satellites)
39.	Kisumu	51. Lugari
40.	Homa Bay	52. Vihiga
41.	Migori	53. Bungoma
42.	Kisii	54. Chwele
43.	Nyamira	55. Webuye
44.	Nairobi	56. Busia
		57. Teso
		58. Siaya (Ugunja satellite)
		59. Rera
		60. Bondo (Masita satellite)
		61. Ugenya
		62. Kisumu
		63. Lake Victoria
		64. Kombewa
		65. Homa Bay (Ndhiwa satellite)
		66. Rachuonyo
		67. Migori (Awendo satellite)
		68. Kuria
		69. Kisii
		70. Nyamache
		71. Nyamira
		72. Nairobi
		73. Karen
		74. Mathari

Campuses Established between 1927 and 2023

Nairobi Campus



Nairobi Campus is situated in Nairobi City County along old Mbagathi road, off Ngong road, opposite Kenyatta National Hospital. The Campus started in 1927 at Jeans School Kabete, formerly known as Kenya Institute of Administration and currently Kenya School of Government. It was later relocated to King George VI Hospital, which became Kenyatta National Hospital (KNH). It was relocated to KNH due to expansion and demand for skilled manpower.

The Campus used to operate as the central point for the other medical training centres until 2001 when it gained self-governing status. Today, KMTc Nairobi is a complex institution with a wide spectrum of departments and programmes that have expanded and diversified to offer training in Certificate, Diploma, and Higher Diploma programmes.

The Campus has had various partnerships including JICA, which supported the construction of classrooms

and departmental offices, purchase of buses, utility cars, construction of perimeter wall, capacity building, development of learning materials, skills laboratory project and payment of College fee.

Kakamega Campus



Kakamega Campus is situated in Kakamega town, next to the Kakamega County Referral Hospital. It was established as a centre for leprosy patients until after the First World War when the training was shifted to Alupe in Busia. In 1932, the Kakamega centre began training Dressers, and in 1952, it became a Government Training College for Nurses.

Nyeri Campus



The Campus is situated in Nyeri County next to the Nyeri County Referral Hospital in Nyeri town. It was started in 1947 within Nyeri County Referral Hospital, the then Provincial General Hospital. In 1975, it admitted the first students as an Enrolled Nursing school. Six programmes are offered in the Campus.

Mombasa Campus



Established in 1948, the Campus is located on Mombasa Island along Abdel Nasser Road, adjacent to the Coast General Teaching and Referral Hospital in Mvita Constituency, Mombasa County.

The Campus started as a School of Nursing offering training of Enrolled Nurses and Midwives at the Lady Griggy Maternity, Coast General Hospital. The Campus was the pioneer of integrated Kenya Registered Community Health Nursing Course at Diploma level.

Mombasa Campus has established many partnerships. The United Kingdom Government constructed hostels

while NG-CDF Mvita constructed a tuition block courtesy of the then area MP Hon. Abdulswamad Shariff.

Kisumu Campus



The Campus is located in Kondele, next to Jaramogi Oginga Odinga Teaching and Referral Hospital in Kisumu County. It is situated along Kisumu/ Kakamega Road, about two kilometres from Kisumu city.

Established in 1952, the Campus initially trained Enrolled Nurses/Midwives to improve human resource skills and competency-based learning. It became a formal training institution for Nurses in 1953, setting history as the first Campus to train Enrolled Nurses/Midwives in Kenya.

Machakos Campus



Machakos Campus was established in 1959. It is located near the Machakos County Teaching and Referral Hospital, overlooking the Yatta plateau. The Campus was established to serve as a training school for Enrolled Nurses (EN) under the then Machakos General Hospital. The EN course was scrapped in 1978, paving way for Kenya Enrolled Community Health Nursing (KECHN). The course was discontinued in 2000 to usher in the Kenya Registered Community Health Nursing (KRCHN) at Diploma level.

H.E. President Daniel Toroitich Arap Moi inaugurated its first building on 23rd July, 1979.

Murang'a Campus



Murang'a Campus is located in Murang'a town next to Murang'a County Referral Hospital. The Campus's roots trace back to 1950 as a training centre for Enrolled Midwives. Due to the growing demand for trained healthcare workers, the Ministry of Health established other medical training centres locally, including Fort Hall (Murang'a) in 1960s.

Around this time, the Campus offered Enrolled Nurses programme. The two programmes continued until 1977 when they were replaced by the Enrolled Community Health Nursing (ECHN) programme. The Campus offers a wide array of programmes.

Stakeholders who have contributed to the growth of the Campus include NG-CDF Kiharu and NG-CDF Kigumo.

Embu Campus



The Campus is situated in Embu town, next to Embu County Referral Hospital along the Embu/Meru Highway. It was started in 1975 by missionaries as a health training college. The institution remained under the missionaries until January 1987 when Kenya Medical Training College took over.

The training was relocated to the Campus's present site within the hospital and was officially inaugurated in September 1987 by former Cabinet Minister Hon. Kenneth Matiba.

Nakuru Campus



Nakuru Campus, established in 1968, is situated in Nakuru County along Crescent Road, Milimani Estate. It is adjacent to Nakuru County Teaching and Referral Hospital.

The Campus' administration block and the main tuition block were completed in 1972. The Campus was officially commissioned by the first President, Mzee Jomo Kenyatta, on 3rd March 1973. During this time, the training of Registered Clinical Officers (RCO) was introduced to replace the Certificate programme.

The Government of Kenya built most of the infrastructure through the Public Works Department. The County Government of Nakuru also constructed some additional classrooms and repaired classrooms and hostels.

Thika Campus



Thika Campus is adjacent to the Thika Level V Hospital in Thika Sub-County, Kiambu County.

The Campus was started in 1969 with support of the Norwegian Government. The first group of students undertaking a Certificate course in Enrolled Community Nursing was admitted in June 1969, and an official opening of the institution was presided over by President Mzee Jomo Kenyatta in November, 1969.

Between 1966 and 1971, an agreement was made between Kenya and Norway over the building, equipping, and staffing of Thika School of Community Nursing. The graduates were to serve in rural health facilities established after independence.

Up to 1980s, only female students were admitted, and were accommodated in the Director's house. In 1990, the Nursing Council introduced a competency-based curriculum and the intake was reduced to 35 students annually. In 1998, Kenya Registered Community Nursing (an upgrading course) was started. The Campus currently offers a wide selection of programmes.

Kisii Campus



Kisii Campus is situated in Kisii town, next to Kisii Teaching and Referral Hospital.

The Campus was started in 1958 as a colonial government training centre for Dressers /Nurse Aides and became a constituent of Medical Training Centre in 1972. The Campus was established and developed by the Kenya Government.

Kisii Campus offered training of Enrolled Nurses and later, in 1980, started a Certificate course for Enrolled Community Health Nurses. In 1999, the Campus upgraded to offer Diploma in Kenya Registered Community Health Nursing. Diploma in Clinical Medicine and Surgery was offered in 2002, followed by Diploma in Medical Laboratory Sciences in 2007, and currently offers a wide range of programmes.

The institution's laboratory was renovated by the Johns Hopkins Programme for International Education in Gynaecology and Obstetrics (JHPIEGO).

Eldoret Campus



Eldoret Campus is located in Moiben Constituency, Eldoret town, in Uasin-Gishu County. It is adjacent to Moi Teaching and Referral Hospital. The Campus was established in 1977 as a School of Nursing, offering Kenya Enrolled Community Health Nursing training.

In 1987, Hospital Maintenance School was established with the aid of Austrian and German governments, in collaboration with the Ministry of Health, to offer Certificate level training in Medical Engineering. In 1991, the School of Nursing started Kenya Registered Community Health Nursing course, admitting 30 students per class. The training of Certificate courses was stopped.

In 1996, Nursing and Hospital Maintenance Schools were merged to form the current KMTC Eldoret Campus, which offers a wide range of programmes.

Msambweni Campus



The Campus was established in 1977 and was formerly known as Medical Training College Matuga. It was located at the Matuga District Development Institute

(DDI) until August 2006 when training shifted to Msambweni, formerly a leprosy centre. The Campus was exclusively offering Certificate and In-Service training in Environment Health Sciences (Public Health), until 2005, when it started offering a three (3) year Pre-Service Diploma course in the same field.

In 2010, Diploma in Registered Community Health Nursing and Certificate in Health Records and Information Technology were introduced. In 2012, a satellite Campus was started in Kwale town, offering Diploma in Environmental Health Science as part of the expansion programme. The Campus has since grown and is offering several medical courses.

Meru Campus



Meru Campus is situated one kilometre off Meru town, next to Meru Teaching and Referral Hospital Road in Meru County.

The Campus started in 1979 as a School of Nursing to train Kenya Enrolled Community Health Nurses. The

Ministry of Health, in conjunction with the Swedish Government, played a key role in the institution's establishment.

In 1987, the need for expansion arose and the School of Medical Engineering was established to train technicians for maintenance of medical equipment. Initially the two schools operated independently and were drawing funds from the Ministry of Health. Following the enactment of the Act of Parliament for KMTC, the two schools were merged in 1993 to form KMTC Meru Campus.

Homa Bay Campus



Homa Bay Campus was established in 1979 to train Enrolled Community Health Nurses (ECN) who were pivotal in addressing health issues among the rural population. The Campus is in Homa Bay County, near the Homa Bay Level V Hospital.

In 1998, ECN was upgraded to Diploma in Community Health Nursing. The pre-service training for Enrolled Nurses was eventually phased out in 2002 and other programmes at Diploma level were introduced.

Garissa Campus



Garissa Campus was started in 1980 and is situated in Garissa town, Township Constituency, Garissa County.

The Campus has two sites. The Upper Campus is next to Garissa County Teaching and Referral Hospital and hosts mainly tuition and administration blocks, while the Lower Campus, which is used as hostels, is situated in Garissa town, next to GK Prison.

The Campus was started by the Government through the Ministry of Health in 1980. The first intake was for Kenya Enrolled Community Health Nursing and eventually other courses were introduced.

Port Reitz Campus



Established in 1985, the Port Reitz Campus is located in Changamwe Constituency in Mombasa County. It is next to Moi International Airport, Standard Gauge Railway Mombasa Terminal, and the Port Reitz Hospital.

The Campus was started as a School of Clinical Medicine and up to 2005 it was offering Clinical Medicine course, before other courses were introduced.

Kilifi Campus



The Kilifi Campus is located in Kilifi Town next to Kilifi County Referral and Teaching Hospital and KEMRI Wellcome Trust offices.

The Campus was established in 1987. The pioneer 18 students undertook a two-year Certificate course in Medical Engineering in a collaboration between the Government of Kenya, through the Ministry of Health, and the Swedish International Development Agency (SIDA). The Campus was established to train personnel and equip them with skills to maintain and repair hospital and medical equipment used for clinical, diagnostic, and therapeutic care in medical facilities in the country.

In 2006, Nursing Department was established with the first class of 40 students. From April 2019, Diploma in Clinical Medicine and Surgery as well as Higher Diploma in Critical Care Nursing were started.

Loitokitok Campus



The Campus is located in Kajiado South Constituency, Kajiado County. It is next to the Loitokitok Sub-County Hospital.

Loitokitok Campus was established in 1978 as Hospital Maintenance Training School by the Kenya Government in conjunction with the Austrian Government to train Hospital Maintenance Technicians at Certificate level. The trainees undertook course on basic routine repair of medical equipment in hospitals. The training school became a constituent college of KMTC in 1990.

The Austrian Government funded the construction of its buildings in 1991. Two classrooms were availed by the Loitokitok Sub-County Hospital. KMTC Management spearheaded the building of three classroom blocks while

the NG-CDF Kajiado South funded the construction of two classrooms in 2019.

In support of the Enrolled Community Nursing training, the World Bank provided a bus and funded the construction of a skills laboratory for the Campus.

Kabarnet Campus



Kabarnet Campus is located in Baringo County, adjacent to Baringo County Referral and Teaching Hospital. The Campus was established in 1991 as a medical training centre at the then Baringo District Development Institute (BDDI), now Kenya School of Government (KSG), Baringo.

In 1990, the Ministry of Health proposed the building of Kabarnet Medical Training Centre, the current KMTC Kabarnet Campus, on a piece of land next to Kabarnet District Hospital. Kabarnet MTC project commenced in 1991 when the Rift Valley Provincial Commissioner Mr. Yusuf Haji laid its foundation stone.

The County Government of Baringo funded the construction of three classrooms. CDF Baringo Central, through MP Hon. Sammy Mwaita, established the library block.

Lodwar Campus



Lodwar Campus is in Turkana County, next to Lodwar County and Referral Hospital.

The Campus's roots are traced back to 18th February 1984 when President Daniel Toroitich Arap Moi visited Turkana District. There were no local nurses in Lodwar District Hospital, currently known as the Lodwar County Teaching and Referral Hospital. The President declared that a medical training college should be constructed to address the medical needs of the local community.

The Norwegian Government laid the foundation for construction of the Campus on 20th May, 1988. The Government of Kenya took over in 1989. The Campus construction was completed in 2000 and officially opened in October 2000.

In 2007, the area MP Mr. Ekwee Ethuro funded the construction of a modern kitchen lab through Turkana Central CDF. This enabled the Campus to admit the first class of Nutrition and Dietetics students.

Kitui Campus



The Kitui Campus is in Kitui Town, along Mutomo Road, adjacent to Kitui County Referral Hospital in Kitui Central Constituency.

The Kitui Campus was started in 2004 through a community initiative supported by the Ministry of Health in conjunction with KMTC. Partners who contributed to the development of the Campus include former Minister for Health Hon. Charity Kaluki Ngilu, Capacity Kenya, Kitui Central NG-CDF and Kitui County Government.

The Campus has introduced various programmes and course over the years. KMTC Kitui Campus is a centre of excellence in Family Planning and Reproductive Health,

Siaya Campus



KMTC Siaya is situated in Siaya town's Central Business District, next to Siaya County Referral Hospital, within Siaya County. The Campus was started in September 2005 through community initiative and support by the Ugenya, Gem and Alego Usoga constituencies' leadership. The first class was admitted in March 2006 to pursue a Diploma in Community Health Nursing. In March 2008, students were admitted to pursue a Certificate course in Health Records and Information Technology and the campus now offers many other courses.

Webuye Campus



KMTC Webuye was established in October 2005. The Campus is situated in Webuye Town in Bungoma East Constituency, Bungoma County.

It started as a community initiative with support from Member of Parliament Hon. Musikari Kombo. The Campus was first established at the former Webuye Health Centre with a class of 82 Clinical Medicine and Surgery students. The first students were recruited from the local community and sponsored by NG-CDF.

Kapkatet Campus



The Campus is in Kericho County situated within Kapkatet Sub-County Hospital in Kapkatet trading centre. It was established in September 2007.

Community members and leaders collaborated with KMTC to establish Kaptaket Campus to serve the then Bomet, Kericho, Kipkelion, and Bureti districts.

The Kapkatet Hospital administration provided flats that housed the medical college staff. Later, these buildings were renovated and became hostels with a capacity of 200 students. NG-CDF-Bureti also sponsored the construction of three classrooms.

Nyamira Campus



Nyamira Campus is in West Mugirango Constituency, Nyamira County, next to Nyamira Level V Hospital. It was established in March 2012 to address the community's high morbidity and mortality due to highland malaria and reproductive health related conditions.

Former West Mugirango MP Dr. James Gesami collaborated with the College to establish the Campus. The NG-CDF renovated initial buildings, which became classrooms, while Nyamira Hospital Management Board donated a five-acre piece of land.

Bungoma Campus



Bungoma Campus is situated in Bungoma town, next to Bungoma County Referral Hospital.

The Campus was initiated in 2011 by community members led by Member of Parliament Hon. Wafula Wamunyinyi with the support of the College. It was inaugurated as an annex of Webuye Campus in 2012 and is currently a fully-fledged campus.

Bondo Campus



The Campus is in Bondo town, Bondo Constituency, Siaya County. It is adjacent to the Bondo Sub-County Hospital while its annex is situated in Masita, seven kilometres from the main Campus.

Community members initiated the establishment of the Campus in March 2012. This idea was supported by local leaders and spearheaded by the area MP Dr. Oburu Oginga.

KMTC Bondo started by offering Certificate in Health Records and Information Technology but due to demand for clinical courses, the Sub-County Health Committee allocated another site near Bondo Sub-County Hospital, where the main Campus was established. Diploma in

Kenya Registered Community Nursing was started in September 2012 while Diploma in Clinical Medicine began in September 2015.

Manza Campus



Manza Campus is near Machakos Town in Machakos County.

The Campus gained autonomy from KMTC Machakos in 2013 but its roots date back much earlier to 1955 – 1956, when there was a rural primary school for European children. After independence, the school population dropped. In 1963, the Israeli Government started a social workers course, hence the beginning of Kenya Israel School. This training continued until 1972 when the course was transferred to Kenya Institute of Administration (KIA) in Kabete, Nairobi.

On November 19, 1976, the building was handed over to the Ministry of Health for use by the University of Nairobi students studying Rural Medicine. Later, the institution began training Registered Medical Assistants (Clinical Medicine Officers).

In 1979, the first Certificate class of Environmental Health Sciences students (Public Health Technicians) was admitted into the Campus.

Because it was spacious enough, in September 1991 the KMTC Nairobi Campus identified it as an ideal place to train its third-year Clinical Medicine students while undertaking their practicals at Machakos General Hospital.

Bomet Campus



Bomet Campus is located in Bomet County, Bomet East Constituency, adjacent to Longisa Level IV Hospital. The Campus was established in March 2013.

It was established through a community initiative involving the County Government and the area Member of Parliament for Bomet East Hon. Beatrice Kones. At that time, Longisa Hospital had been earmarked for upgrading to a Level VI Hospital and there was a need to blend the health facility with a training institution.

Bomet East CDF supported construction of a 120-capacity hostel and later partnered with the Sotik CDF to build four classrooms. The County Government of Bomet acquired a title deed for the Campus, which has over the years supported teaching and learning, including a skills laboratory and computer equipment.

Migori Campus



Migori Campus was established in September 2013 in Migori town, adjacent to Migori County Referral Hospital. Establishment of the Campus was initiated by former Migori County Governor Zachary Okoth Obado, who provided necessary resources, including land.

Lake Victoria Campus



Lake Victoria Campus is situated along Kisumu-Busia Road next to Kisumu County Referral Hospital in Kisumu Town. The Campus was part of Kisumu Campus since 1952 and became autonomous in July 2013.

The Kisumu County Government rehabilitated the male hostels, classrooms, offices and an ablution block. The Kisumu East CDF rehabilitated female hostels and provided bursaries for students.

Vihiga Campus



The Campus is situated in Mbale town, Mbale Rural Training Demonstration Centre, Vihiga Constituency in Vihiga County. It was established in September 2013.

The County Government of Vihiga, led by Governor Moses Akaranga, established the Campus. At its inception, an MoU between the Rural Training Demonstration Centre and KMTC was signed to use the Institution for ten years. The County Government temporarily hosted the training at the Rural Training Centre and KMTC Vihiga has since been operating as a full-fledged Campus.

Makueni Campus



Makueni KMTC is located in Wote Town in Makueni County, next to Makueni County Teaching and Referral Hospital, which serves as the practical site for students.

The Campus was started in March 2014 in a collaboration between the KMTC Board of Directors and the Makueni County Government. The County Government allocated 10-acre land to the Campus and constructed four classrooms.

Chwele Campus



Chwele Campus is in Bungoma County, Kabuchai Constituency. The Campus was established in September 2014. Its construction was initiated by the then area MP

and Minister for Foreign Affairs Hon. Moses Wetangula. It was constructed with the support of the Iranian Government.

Kitale Campus



The Campus is located in Kitale Town, opposite Kitale County Referral Hospital in Kiminini Constituency, Trans Nzoia County. It is adjacent to St. Luke's Anglican Cathedral Church and Kitale show ground.

The Campus was established through collaborative efforts of Trans Nzoia County Government, KMTC, and Kitale County Hospital management. Structures at the former DC's office were renovated to establish the Campus, which was officially opened in January, 2014.

Kwale Campus

Kwale Campus is located in Tumbe in Msambweni Sub-County. It was started as an annex of Msambweni Campus.



Kwale Campus was formerly known as Matuga Medical Training College, which was established in 1977 to train Public Health Officers.

In 1998, the Campus was allocated land through the District Development Plot Allocation Committee.

In September 2012, the Campus admitted 41 Diploma students in Environmental Health Sciences programme while still under KMTC Msambweni Campus. In January 2014, the department of Environmental Health Sciences was moved from Msambweni Campus to Kwale Campus. The Campus was granted autonomy in 2015.

Kapenguria Campus

Kapenguria Campus is situated near West Pokot County Headquarters, adjacent to Kapenguria County Referral Hospital. It was established in 1980 through the District Development Committee.



The Campus's establishment was conceptualised by Hon. Francis Lotodo, who was the Member of Parliament for Kapenguria Constituency, and the Dutch Government representatives to address the shortage of healthcare personnel, rampant cases of malnutrition and communicable diseases.

In 2013, the West Pokot County Government supported the construction of modern tuition and administration blocks, skills laboratory, and library.

The Campus was officially opened by President Uhuru Kenyatta on 16th April 2015.

Kaptumo Campus



Kaptumo Campus is situated within Nandi County next to Kaptumo Sub-County Hospital. It is located in the North Rift, 55 kilometres South West of Eldoret town. It was established and officially opened by the then Deputy President Hon. William Ruto in August 2015. The infrastructural work was to a large extent funded by Aldai Constituency Development Fund and KMTC.

Iten Campus



KMTC Iten is situated in Iten Town in Elgeyo Marakwet County, next to Iten County Referral Hospital.

In 2010, the Elgeyo Marakwet County Government introduced Employment Economic Stimulus Package programme to increase healthcare workers' population. The Keiyo North NG-CDF, the County Government and KMTC collaborated to establish a medical Campus

in the constituency to address healthcare workforce shortages. The County Hospital management and the County Government allocated a piece of land for the Campus, which was establishment in 2015.

Mosoriot Campus



KMTC Mosoriot is located in Nandi County, Chesumei Constituency, adjacent to Mosoriot Sub-County Hospital.

The Campus was established in September 2015 following a community initiative involving the Nandi County Government and Chesumei Member of Parliament Hon. Elijah Lagat. Its main clinical training site is Kapsabet County Referral Hospital.

The County Government of Nandi donated land and buildings at the inception stages. The Campus also received support from NG-CDF. KMTC Management provided the necessary infrastructure.

Gatundu Campus



Gatundu Campus is in Kiambu County, Gatundu South Constituency. Establishment of the Campus was conceptualized in September 2015 and was officially inaugurated by President Uhuru Kenyatta in April, 2016. Its establishment was courtesy of the local community and Member of Parliament Hon. Moses Kuria.

The County government of Kiambu donated buildings for use as classrooms, offices, and administration block. Gatundu NG-CDF supported the construction of classrooms, ablution block and purchase of a Campus bus.

Kuria Campus



This Campus is located in Kehancha town, Kuria West Constituency, Migori County. It was established in 2015 following initiatives by the community supported by the NG-CDF through the area Member of Parliament, Hon. Mathias Robi. The Campus land was donated by the County Government of Migori.

It was officially launched by the then Deputy President William Ruto in November 2015.

Rera Campus



Established in September 2015, Rera Campus is situated in Gem Sub-County, in Siaya County. Its establishment was as a result of collaboration between the local community, KMTC, the Kenya Government and the Gem NG-CDF.

The Campus facility was initially used as a youth polytechnic and a chief's camp. Further, Gem NG-CDF renovated the existing Rera Health Centre offices into a library and computer laboratory. The NG-CDF funded the construction of a male and female hostel.

Chuka Campus



The Campus was established in September 2015 through collaboration with the Tharaka Nithi community, led by the then area Member of Parliament Hon. Muthomi Njuki and the Vice-Chancellor of Chuka University Prof. Erastus Njoka. The County Government of Tharaka Nithi constructed a tuition block while Chuka Igamba Ng'ombe CDF constructed an administration block at the proposed Campus site.

Since its establishment, KMTC Chuka Campus has been hosted by Chuka University but plans are underway to relocate the Campus next to Chuka Level IV Hospital.

Mwingi Campus

Mwingi Campus was started in September 2015 as a collaboration between KMTC, the County Government of Kitui, Mwingi Level IV Hospital and several stakeholders.



The Campus was officially opened by President Uhuru Kenyatta in June 2016. It is situated one kilometre off Mwingi, Garissa Road, next to Mwingi Sub-County Hospital.

The Campus was established to provide healthcare workforce for the health facilities in Mwingi Sub-County. The County Government of Kitui supported infrastructural development.

Makindu Campus



KMTC Makindu is situated next to Makindu Level IV Hospital in Makueni County. It was established in

September 2015 through an initiative of the County Government of Makueni and KMTC.

Initially, the Campus was housed at Makindu Sub-County Hospital Trauma Centre before relocating on a five-acre piece of land allocated by the County Government.

In June 2016, the students shifted to the classrooms constructed by the County Government and in December the same year, former President Uhuru Kenyatta officially commissioned the Campus.

Mathari Campus



Mathari Campus is within Mathari National Teaching and Referral Hospital along Thika Super Highway. It is four kilometres north of Nairobi, opposite Muthaiga Police Station.

It was established in 1961 by the colonial government to train Enrolled Psychiatric Nurses (EPN). The graduates were deployed at Mathari Mental Hospital on completion of training.

The training continued up to 1976 when a one-year Post-Basic Enrolled Psychiatric course started. In 2003, upgrading programme from Certificate in Enrolled Community Nursing to Diploma in Kenya Registered Nursing was introduced.

Mathari Campus became autonomous in 2016, after operating as an annex of KMTC Nairobi Campus.

Karen Campus



The Campus, which is a Centre of Excellence in training Nutrition and Dietetics courses, is situated in Karen, about 22 kilometres from Nairobi City centre.

Karen Campus was established in 1965 by the Danish Government in honour of world-renowned Danish author Karen Blixen (1885-1962). Karen taught African girls hygiene, food preparation, and basic first aid outside her house, which is now the Karen Blixen Museum.

It was officially inaugurated by the then Vice President of the Republic of Kenya Hon. Joseph Murumbi in September 1966. In 1970, the Danish Government

handed it over to the Ministry of Health, Division of Medical Training College (MTC). After operating as a satellite Campus of the Nairobi Campus, Karen Campus became autonomous in 2016.

Karuri Campus



Karuri Campus is situated within Karuri Level IV Hospital in Kiambaa Sub-County, Kiambu County. The Campus traces its roots to 1963 as a rural training facility offering courses in Nursing, Food Sciences and Inspection. It began offering courses in Environmental Health Science in 2009.

The Ministry of Health established the institution as a National Reference Health Centre. Its construction began in 1960 with funding from the World Health Organisation (WHO), UNICEF, Rockefeller Foundation, the Government of Kenya and the Kiambu County Council. The facility was officially opened in January 1963. Karuri Campus gained autonomy from KMTC Nairobi Campus in 2016.

Nyahururu Campus



Nyahururu Campus is located along Nakuru-Nyahururu Highway in Laikipia County. It is situated next to Nyahururu County Referral Hospital.

The Campus was started by KMTC, in partnership with the County Government of Laikipia and Nyahururu County Referral Hospital administration, to address staff shortage in the health facilities in the county.

Molo Campus



Located in Molo town adjacent to Molo Sub-County Hospital, Molo Campus was established in March 2016

to train health professionals to address the workforce gaps. The Campus's establishment was championed by area Member of Parliament Hon. Jacob Macharia and his successor Hon. Kuria Kimani. The Campus has been supported by Molo NG-CDF as well as the County Government of Nakuru through the Molo Sub-County Hospital.

The Campus pioneered a two-year Certificate programme in Health Promotion for the Deaf for post-secondary school students and a short course - Certificate in Sign Language for Health Workers and other stakeholders.

Ugenya Campus



The Ugenya Campus is located in East Ugenya Location, Ugenya Sub-County in Siaya County. Established in September 2016, the Campus is about 10 kilometres off Kisumu /Busia Road.

The local community played a key role in the establishment of the Campus, supported by Ugenya Constituency Member of Parliament Hon. David Ochieng through the Ugenya Constituency Development Fund.

Rachuonyo Campus



KMTC Rachuonyo is next to Rachuonyo Sub-County Hospital along Oyugis/Kendu Bay Road in Kasipul Kabondo Constituency, Homa Bay County.

The Campus was established through a community initiative spearheaded by Kasipul Kabondo Constituency Member of Parliament Hon. Oyugi Magwanga and Homa Bay County Government.

The Kasipul Kabondo NG-CDF supported infrastructural development while the County Government of Homa Bay provided land.

Othaya Campus



Othaya Campus is situated in Othaya Sub-County near the Othaya Level VI Referral Hospital in Nyeri County. It was established in 2016.

The Othaya NG-CDF established the Campus which was hosted at the District Centre for Early Childhood Education (DICECE) for six months and shifted to its current premises.

The then Othaya Member of Parliament Hon. Mary Wambui supported the Campus with a variety of facilities and renovation of classrooms at Gatuya-ini Primary School to host students temporarily. The Othaya community provided land for the Campus expansion.

Nyandarua Campus



Situated in Nyandarua County, the Campus is next to JM Kariuki County Hospital in Ol Kalou. It was established in 2014 as a community initiative through the support of the Nyandarua County Government and was officially opened by former President Uhuru Kenyatta in April 2016.

Lamu Campus



Lamu Campus is next to the Mokowe Hospital in Lamu West Constituency, Lamu County.

The Lamu County Government collaborated with KMTC to establish the Campus in September 2016. The County donated 10 acres of land and provided buildings which hosted lecture halls, computer and skills laboratory, administration block and library.

Tana River Campus



Tana River Campus is located in Hola Town, Tana River County. It was established in 2016 by the County Government of Tana River, under the leadership of Governor Hussein Dhadho. The County Government has supported several infrastructural development projects.

The Campus was the first higher education institution in the County and admitted its pioneer students in September 2016.

Voi Campus



The institution, established in 2016, is located in Voi Constituency, one kilometre from Voi town off Mombasa/Nairobi highway, Taita Taveta County.

The County Government of Taita Taveta and the local community, led by the then Voi Member of Parliament Hon. Jones Mlolwa, initiated the establishment of the institution.

The County Government donated land, the Voi CDF funded the construction of classrooms, staff offices, kitchen, skills and computer laboratories and an ablution block.

Busia Campus

The Campus is situated in Busia town, Matayos Sub-County, Busia County.

Establishment of the Campus was envisioned by the then



Vice President Moody Awori in 2003 and supported by the KMTC Board of Directors. The site for KMTC was officially commissioned by former President Mwai Kibaki in 2005. The foundation stone for construction of KMTC Busia was laid by Busia County Governor Sospeter Ojamong in October, 2014. The first phase of the construction was completed by July 2016.

The first enrolment was in 2016 for Diploma in Clinical Medicine programme

Lugari Campus



Lugari Campus, located in Lugari Constituency in Kakamega County, opened its doors to its first group of students in 2016.

The establishment of the Campus was conceptualised by the local community in 2014 with the support and

leadership of the then area Member of Parliament. Hon. Ayub Savula.

Lugari Campus operates in two sites: at the Mautuma Sub- County Hospital and the former County Commissioner's Headquarters.

Isiolo Campus



Isiolo Campus is located off the Isiolo-Moyale highway next to Isiolo County Referral Hospital grounds. The institution was established in 2016 following a collaboration between the Isiolo County Government former Governor Dr. Mohamed Kuti and KMTC.

The County Government provided 10 acres of land, a college bus, skills laboratory equipment, building blocks consisting of classrooms and offices, among other support. The Isiolo North and South NG-CDF supported further development of the Campus.

Wajir Campus

This Campus was established in 2016 and is located in Wajir town opposite Wajir County Referral Hospital



in Wajir East Constituency, Wajir County. The establishment of the Campus was conceptualized by the then Wajir East MP Hon. Abass Sheikh Mohamed.

The County Government has constructed hostels and a dining hall while the Wajir East NG-CDF constructed classrooms and an administration block.

Nyamache Campus



The Campus is located in Nyamache town, next to Nyamache Sub-County Hospital in Kisii County. It was established in September 2016 as a community initiative spearheaded by the former Bobasi Constituency Member of Parliament Hon. Stephen Manoti and Nyamache Sub- County Hospital Management Committee.

Kombewa Campus



This Campus is located along Kisumu/Bondo Road, adjacent to Kombewa level IV Hospital in Seme Constituency, Kisumu County.

The leadership of Seme Constituency spearheaded by the area Member of Parliament Dr. James Nyikal, the Kombewa Sub-County Hospital Management and Seme community professional leaders was instrumental in the establishment of the Campus in January 2015. The National Government–Constituency Development Fund purchased land for the Campus' development.

The Campus admitted its first students in September 2016.

Mbooni Campus



Mbooni KMTTC is located in Tawa Shopping Centre next to Tawa Sub-County Hospital, Mbooni Constituency in Makueni County. This Campus admitted its first cohort of students in September 2019, as a community initiative led by the former Member of Parliament, Hon. Michael Kisoi Munyao, in partnership with several stakeholders.

Growth of the Campus was further supported by the County Government of Makueni and Mbooni Constituency Fund under the leadership of Hon. Erastus Kivasu.

Mandera Campus



The Mandera Campus is located in Mandera town opposite Moi Stadium and Khadija Girls Secondary School, about 2km from Mandera County Referral Hospital, in Mandera East Constituency, Mandera County.

The Campus was established in 2018 by the County Government of Mandera, which donated land and constructed classrooms as well as hostels. The first group of students were admitted in April 2019.

Sigowet Campus



Sigowet Campus is situated along the Kapsoit/Sondu Road in Kericho County. It was established in 2016 as a community project and pioneer students were admitted in March 2019 to pursue a Certificate course in Orthopaedics Plaster.

The Campus's construction was funded through the Soin Constituency Development Fund with the support of area Member of Parliament Justice Kipsang Kemei. The County Government of Kericho supported the Campus in infrastructural development.

Kangundo Campus



Kangundo Campus is situated in Kangundo Constituency, Machakos County. Its construction commenced in 2014 and was completed in 2019.

KMTC Kangundo was established as a community initiative in partnership with Kangundo National Government Constituency Development Fund. The former Kangundo Constituency Member of Parliament Hon. Katatha Maweu played a key role in the establishment and funding of the Campus.

Taveta Campus



Taveta Campus is situated in Taveta Constituency, Taita Taveta County, near the Kenya/Tanzania border.

The Campus was started as a flagship project of NG-CDF Taveta, which immensely supported the development of its infrastructure. The pioneer students were admitted in September 2019 in the Department of Health Promotion and Community Health to undertake a six-month short course in Community Health and Development and a Certificate course for Community Health Assistants.

Imenti Campus



Imenti Campus is located in Kanyakine/Imenti and was established as a collaborative partnership between the Catholic Church, the area Member of Parliament Hon. Kathuri Murungi and Meru County Government under the leadership of Governor Hon. Kiraitu Murungi in 2018.

The Campus has upper and lower Campuses, about 500 metres apart. The upper Campus is on three-acre land at Kanyakine Level IV Hospital which hosts the administrative offices, a library, computer laboratory and some classrooms. The lower Campus, next to St. Elosias Primary school, hosts other classrooms, offices and laboratories.

The Campus admitted its first students in September 2019

Teso Campus



Teso Campus is situated in Teso North Constituency along Bungoma/Malaba Road, next to Kocholia Sub County Hospital in Busia County.

Established in March 2021, the Campus was the first tertiary institution in Kocholia. The Teso National Government Constituency Development Fund purchased the Campus land and funded construction of tuition block, dining hall and borehole.

The County Government of Busia seconded staff and donated skills laboratory equipment while the Kenya National Library and Moi University College of Health Sciences Services donated a library.

Transmara Campus



Transmara Campus is situated 50 kilometres from Kilgoris town in Emurua Dikirr Constituency in Narok County.

The Campus was established following a community initiative spearheaded by the former Member of Parliament Hon. Johana Ng'eno through NG-CDF sponsorship.

The construction of this Campus began in 2016 but the first class of students was admitted in September 2021.

Chemolingot Campus



The Campus is located next to Chemolingot Level IV Hospital (formerly Chemolingot Health Centre) along Marigat-Kolowa road, in Tiaty Constituency, Baringo County. The construction of the Campus began in 2019 and was initiated by the community, supported by Tiaty Constituency NG-CDF through the leadership of the Member of Parliament Hon. William Kamket.

The pioneer students reported in September 2021.



KMTC students in a group discussion session.

CHAPTER FIVE: CONTRIBUTION TO THE HEALTH SECTOR IN KENYA AND BEYOND



KMTC
students
in training
session.

Human resource for health is one of the core building blocks of a health system in any country. KMTC has continually contributed to this pillar through training of competent health professionals in diverse medical disciplines for the local, regional and international market.

Access to Quality Training

The Constitution of Kenya 2010 Article 43 states that every person has the right to the highest attainable standard of health. The Sustainable Development Goals (SDGs) provide inclusive and equitable quality education and promote lifelong learning opportunities for all, especially in adult and youth education. In order to achieve this goal, the College has made great efforts to ensure universal access to quality education for sustainable development.

The constitutional requirement is in tandem with Vision 2030, Kenya Health Policy 2014 - 2030 and the KMTC Strategic Plan. The Universal Health Coverage agenda has been embraced to increase access to healthcare. KMTC contributes more than 85% of healthcare workers in the public and private health sectors in Kenya through offering a wide range of training programmes.

The College has aligned its curricula to ensure graduates acquire the relevant competencies to respond to the ever-changing societal and policy needs.

Graduates of Specialized and Need Based Courses since 2013 - 2022

Programme	2013	2014	2015	2016	2017	2018	2019	2020	2021 April	2021 Dec	2022
Higher Diploma in Clinical Medicine and Surgery (Anaesthesia)	12	49	41	64	64	65	70	71	17	111	106
Higher Diploma in Clinical Medicine and Surgery (Family Health)	0	0	0	0	0	0	0	58	0	5	10
Higher Diploma in Clinical Medicine (Paediatric)	6	10	11	13	16	11	21	0	26	30	0
Diploma in Orthopaedic & Trauma Medicine	0	0	0	0	0	38	125	95	82	80	143
Certificate in Orthopaedic & Trauma Medicine	0	0	0	0	0	0	0	0	0	170	1434
Certificate in Orthopaedic Plaster Technology		18	30	54	106	115	171	63	109	0	0
Higher Diploma in Nursing (Critical Care)	24	20	25	28	31	24	48	58	17	78	80
Higher Diploma in Nursing (Paediatrics)		14	20	0	0	20	5	4	0	4	0
Higher Diploma in Nursing (Anaesthesia)	0		0	0	9	24	13	14	0	18	19
Higher Diploma in Nursing (Nephrology)	0	0	0	0	19	6	20	19	0	18	26
Higher Diploma in Nursing (Palliative Care)	0	0	25	20	17	13	9	12	0	12	11
Higher Diploma in Nursing (Peri-Operative Care)	0	25	35	39	33	14	15	0	19	20	16
Enrolled Community Health Nursing	239	207	268	248	245	613	801	156	455	225	1734

It has developed specialised courses, such as Nephrology and Critical Care Nursing, to address Human Resources for Health (HRH) gaps in the use of modern care and diagnostic medical acquired under the Managed Equipment Service (MES) Programme. This is a government initiative aimed at equipping hospitals countrywide with modern and specialised medical equipment to scale up care in chronic conditions such as cancer and kidney diseases. The College has established Deaf and Sign Language courses to prepare participants to communicate in sign language, enabling the deaf access healthcare in line with Universal Health Coverage.

Enrolled Community Health Nurses (ECHNs) have been trained in arid and semi-arid areas to increase access of healthcare. The ECHNs offer primary healthcare services such as maternal, child and adolescent health, to reduce infant and maternal mortality rate. KMTC trained 1,324 ECHNs between 2016 and 2020 through partnership with the World Bank and Beyond Zero Foundation.

The College trains National Youth Service personnel on community health to strengthen primary healthcare in support of Universal Health Coverage initiative. Other courses include Emergency Medical Technician, Family Medicine and Family Health Nursing.

The increase in the number of Campuses and development of demand driven courses has expanded training opportunities for the youth countrywide. Due to rising



KMTC students offering services during a free medical camp.

demand of health workers to work abroad, training in International English Language Testing System (IELTS) was established to build capacity for KMTC students and prepare them to take up international employment opportunities.

KMTC has also provided benchmarking opportunities to other institutions in skills laboratory methodology, simulation laboratory, phlebotomy and curriculum development.

Contribution Through Research and Consultancy

The College has produced competent health professionals through training, research and consultancy services.

A research office was established in the academic department to ensure adherence to the College Research Policy and make periodic recommendations to enhance research and innovation.

The College recognizes that research is the backbone of the health sector and firmly believes in the power of knowledge and continuous learning to shape the future of healthcare. In line with the KMTC mandate, the College has been at the forefront in conducting cutting-edge research that addresses key challenges and explores innovative solutions. Staff and students have been actively engaged in a wide range of research endeavours, focusing on diverse areas such as public health, medical technology, clinical practice, and healthcare management. The findings of these studies, which have been published in peer-reviewed journals, have the potential to revolutionize healthcare practices and contribute to the betterment of society.

In addition to research endeavours, the College has been proactive in organizing capacity building and information sharing webinars. These virtual platforms have provided a unique opportunity for experts, scholars, and healthcare professionals to share their knowledge,



A hand washing facility mounted by KMTC during the COVID-19 pandemic.

exchange ideas, and discuss the latest advancements in the field. From exploring emerging healthcare technologies to addressing critical healthcare issues, the webinars have fostered intellectual discourse and promoted a culture of lifelong learning among students and staff.

Additionally, KMTC has been involved in various consultancy services to establish several skills laboratories in Kenya through VVOB.

Emergency Response

The College staff and students provide medical response during emergencies and disasters such as disease outbreaks and terrorist attacks, including the August 1998 bomb blast, HIV/AIDS and Covid-19.

With the confirmation of the first Covid-19 case in Kenya

on March 12, 2020, KMTC was involved in supporting the Government's efforts in managing the pandemic by availing 44 of its Campuses for use as quarantine and isolation/treatment centres. The College hosted 4,366 clients in quarantine and 421 in isolation and also served as vaccination centre. The College disbursed resources to enable KMTC Campuses countrywide to conduct health education and promotion, donate hand washing facilities, provide mental health as well as psychosocial support, to mitigate the effects of the pandemic.

Over the years, the College has promptly responded to emergencies within and outside the country, including the Ebola outbreaks in Sierra Leone, Democratic Republic of Congo (DRC) and Liberia.

Health Service Delivery

The contribution of KMTC students and lecturers in improving access and coverage to Kenya Essential Package for Health (KEPH) is immense. During their clinical placements and rural experience, the students and faculty play a significant role in augmenting healthcare service delivery alongside other medical professionals.

KMTC students provided significant support in an expanded programme on immunisation and participated in the “Kick Polio out of Africa” programme in 1997. Furthermore, they support the front-line healthcare providers in the health facilities at all levels of the healthcare system, resulting to reduced waiting time for skilled health services and improved clinical outcomes.

Flagship Projects

Towards realisation of the Government Agenda on Vision 2030, the College has contributed to achievement of the flagship projects under the social pillar. To actualize Universal Health Coverage, in January 2014 KMTC joined hands with the former First Lady Her Excellency Margaret Kenyatta in the Beyond Zero project, whose aim was to improve maternal and child health in Kenya, and to reduce HIV infection among children.

On the Human Resources for Health flagship, the

introduction of the need-based courses, such as Higher Diploma in Critical Care Nursing, has enabled students gain specialized skills that are consistent with the global healthcare systems and filled the gaps in the market in the specified areas of concentration.

Besides establishing new Campuses, the College has provided necessary infrastructure including equipment to support the training of critical health cadres. It has installed an Enterprise Resource Planning (ERP) system which has enhanced efficiency in operations. In addition, the development of an e-learning platform has transformed the teaching and learning landscape in line with global technological advances.

Global Contribution

Kenya Medical Training College’s global contribution dates back to World War II when trainees took care of wounded soldiers. Overtime, KMTC students and graduates have offered manpower support during



KMTC Nursing students during a skills laboratory lesson.

disease outbreaks like Ebola. Countries such as Rwanda, Somalia, Tanzania, and South Sudan have benefitted from the College’s research, teaching and consultancy.

KMTC has continually been in the forefront in the production of competent health personnel. Its growing numbers of graduates produced annually create a workforce for other countries such as Canada, USA, and Britain, among others. The College’s 2,125 graduates travelled overseas between 2020 and 2022.

CHAPTER SIX: PARTNERSHIPS AND COLLABORATIONS



KMTC CEO Dr. Kelly Oluoch (3rd right) and HELB CEO Mr. Charles Ringera (2nd right) during signing of an MoU to support needy students, 2022.

The College has over the years been engaging the local communities, county and national governments to support and enhance the quality of training. Partnerships and collaborations started at a time when the institution was under the Ministry of Health. During that time, noticeable partnerships were in training of family planning within KMTC.

Training of staff and students on Kenya Expanded Programme for Immunisation was conducted from the College Medical Centres (MTC) to improve immunisation services. DANIDA provided transport for use by KMTC, and participants were accommodated in government facilities such as Kabete. The rural demonstration centres constructed by the government also housed training centres for the MTC. The Ministry of Health deployed staff to support training in these centres.

The College has extensively engaged development partners at both regional and international levels. Through these partnerships, KMTC has not only taken health training opportunities closer to the communities but also raised resources to support teaching and learning. Additionally, the College has taken an active role in giving back to society through numerous Corporate Social Responsibility initiatives.

As part of supporting institutional governance in the training of medical professionals, the Government established six rural health demonstration centres at various sites in the former provinces namely; Tiwi, Maragua (Central), Karurumo, Mosoriot (Rift Valley), Mbale (Western) and Chulaimbo (Nyanza). Staff were posted to train students during their practical training. Partnership being key to the development and achievement of the KMTC mandate, a Partnership and Collaboration Policy has been developed to enhance such engagements.

KMTC, the Ministry and the National Government

The Ministry of Health provides support to KMTC towards the achievement of its vision and mission, as well as deliver on its mandate. The College has partnered with the Ministry of Health in policy formulation, direction and students' sponsorship.

KMTC's graduates support the Government's efforts towards attainment of Universal Health Coverage. Healthcare providers are released into the health sector annually for both national and global markets.

The College supported the Government's efforts in managing the COVID-19 pandemic through membership in the National Multi-Agency Team on COVID-19, National Advisory Committee and the National Coordination Centre for Quarantine and Isolation Facilities (NCCQIF). The College availed both physical and human resources to complement Government efforts in managing the pandemic in the country.

The National Treasury has been instrumental in financing of training, funding of personal emoluments and grants to the College. Student transition rates are highly affected by lack of school fees and other financial support. The National Treasury in 2022/2023 financial year allocated Kshs 680 million towards student financing. The funding has improved student retention rates and consequently improved the number of healthcare workers in the country and beyond.



2022 A section of KMTC Isiolo Campus students



EU-IGAD Deputy Ambassador Hon. Katrine Hegeman hands over PPEs to former MoH CAS Dr. Rashid Aman at Karen Campus, 2020.

KMTc, Ministry of Health and Intergovernmental Authority on Development (IGAD)

In 2018, the Ministry of Health, KMTc and IGAD partnered in developing mechanisms and systems for strengthening regional nutrition training and capacity development to improve the health and well-being of people in the IGAD region. The project was hosted at KMTc Karen Campus.

Through this partnership the Campus has excelled in the training of nutrition studies and has since become a centre of excellence on nutrition to serve the region and foster initiatives in nutritional based public health. The centre is a collaborative entity for evidence-based nutritional interventional training, advocacy, coordination and strategic planning.

This collaboration has enabled the College improve its scientific and operational research capacity as well as innovations towards UHC, and contribute to global health research. It has led to improved graduate education for East African Community nutritionists and fostered leadership in nutrition services.

KMTc, Ministry of Health and World Bank

Between 2016 and 2022, following World Bank's Kshs. 1.2 billion financial support, the Ministry of Health in collaboration with KMTc started a Certificate course in Enrolled Community Health Nursing (ECHN). The project targeted needy students from Arid, Semi-Arid and other vulnerable and marginalized groups in the country. This cadre has been instrumental in improving the health and well-being of mothers and children in the



CEO, Dr. Kelly Oluoch during the Beyond Zero Summit, 2022.

hard to reach areas.

The first 400 students were sponsored under the World Bank Kenya Health Sector Support Project (KHSSP) and Beyond Zero. The students studied in Lodwar, Kapenguria, Kabarnet, Bomet, Loitokitok, Kitui, Kilifi and Msambweni Campuses. Through this partnership, the College received 12 buses which were distributed to the eight Campuses, in addition to one utility vehicle to support training at clinical sites. The second project by Word Bank under the Transforming Health Systems for Universal Care Project sponsored 800 students.

Further, the Beyond Zero programme with funding from Roche Pharmaceuticals company sponsored 124 KECHN students from the vulnerable, marginalised, arid and semi-arid areas who were trained in five Campuses, namely; Lodward, Kapenguria, Loitokitok,



Kilifi County residents queue to receive treatment services during a medical camp organized by the College, 2022.



KMTC Simulation Laboratory.

Kitui and Msambweni.

The Ministry has supported the training of Enrolled Community Health Nurses and a total of 5, 241 students have graduated from KMTC in the last 10 years.

KMTC, County Government and the National Government Constituency Development Fund

During the early years of the College's establishment, the National Government offered land adjacent to main hospitals to support training. The Government has been instrumental in deployment of training staff and equipment to support teaching and learning.

The health function was devolved to County governments following the promulgation of the 2010 Constitution. Consequently, County governments have

been key in the growth, expansion and development agenda of KMTC. Counties have deployed staff to KMTC to support training as well as provided facilities to Campuses. The relationship between KMTC and the County governments has been symbiotic. As students offer services in the health centres, they gain clinical experience. The County governments have collaborated with the College in student bursaries enabling those from needy background to complete their training as scheduled.

KMTC and the Local Communities

KMTC's partnerships with the local community dates back to when staff and students participated in caring for the wounded soldiers in the late 1930s to early 1940s during the Second World War. In the 1970s when the provincial and district medical training centres were established, then known as MTC, the College partnered

with the community in student training and health outreach services. In the early 80s the community in Kwale donated a parcel of land and raised funds through *harambees* to initiate the establishment of the medical training centre in the district.

Since then, communities have continued to partner with KMTC in the establishment and growth of the training centres through provision of various resources. After the devolved system of government, the community partnered with the College in its rapid expansion to meet the growing demand for health training opportunities in the country. As a result 46 Campuses were established between 2013 and 2022. The communities were mobilised through community leaders, notably Members of Parliament and County Governors.

Further, communities and individuals contributed to the continued growth of the College. In the year 2021, a member from Teso community supported 50 newly admitted students with meals for an entire semester. The Community in Ugunja, Kombewa and Kaptumo offered land for construction of the KMTC Campuses. KMTC Ugenya was constructed on a five-acre piece of land that was donated by Urenga Primary School. Likewise, Rera Campus was established on land that was for a polytechnic and a chief's camp through the initiative of the community. At the establishment of Makueni Campus, most of the students received accommodation within the houses of the business community in Wote. KMTC Kwale was developed through community *harambee*.

The Mombasa Cement Limited constructed a perimeter wall for KMTC Mombasa Campus and has financially sponsored students. Students have continued to work closely with the communities by offering services in the community health centres, through community visitations, studies and diagnoses.

Partnership towards Training and Research

Major achievements are usually not made by single entities on their own, but are made when people partner and collaborate. The College collaborates with various partners to provide training support, equipment and fees for students.



KMTC and British Columbia University students after a joint lecture, 2023.

Afya Elimu Fund funded a joint venture among IntraHealth International, through the USAID-FUNZO Kenya project (2012-2017). In collaboration with the Higher Education Loans Board, the fund supported students with loans amounting to Kshs. 37,747,845 million between 2013 and 2015.

Rattansi Education Trust, Toyota Kenya Foundation, Rahimtulla Trust, the Rattansi Foundation and the Kamili Organisation provide financial support to students from needy backgrounds through periodic grants to the College.

Since 2018 and in line with its Strategic Plan 2018-2023, the College enhanced collaboration with like-minded partners at both local and international levels in support of teaching and learning. KMTC has collaborated with international institutions in exchange programmes for students from Karolinska Institute in Sweden, Curtin University in Australia and the Jackson's Clinic in the United States of America. Visiting lecturers from various countries teach and share experiences with students and lecturers in the College. KMTC lecturers further their training and experiences through the exchange programme.



ECNs World Bank sponsored graduands, 2022.

USAID's Capacity Kenya Project supported KMTC to develop a Centre of Excellence (CoE) for innovative Family Planning and Reproductive Health Training at Kitui, Garissa, Mombasa, Kisumu, Murang'a and Nairobi Campuses between 2008 and 2012. This was aimed at strengthening family planning and reproductive health services in Kenya by enhancing the quality of training for Nursing and Clinical Medicine students.

In 1998 the College collaborated with the Centre for Medical Education at the University of Dundee, Scotland, through curriculum review.

Between 1995 and 2003, the College partnered with the Japanese Government through the Japan International Cooperation Agency (JICA) via a grant aid and a technical cooperation project phase. The project comprised development of infrastructure, provision of equipment and capacity building of lecturers, through dispatch of Japanese experts, training in Japan and third country training in Thailand. A two-year project follow-up period commenced in 2003 – 2005, during which JICA experts monitored and evaluated the performance of the project, which was rated 'very successful'.

The College, through support of the Belgium Government, introduced skills laboratory methodology

to enhance training. This methodology was implemented in 1999 by the Flemish Association for Development Cooperation and technical assistance agency known as Education for Development (VVOB). Skills laboratory methodology became very critical in medical teaching and was highly embraced. This is a methodology that centres on students to boost their innovative thinking. The skills laboratory's overall aim is to help medical students gain self-confidence before dealing with real patients in the clinical areas.

The Centre for Public Health and Development has supported students from far flung and remote areas to undertake courses in anaesthesia as well as donated teaching equipment and books. Book Aid International and Elsevier donate books to the College to improve access to information across all Campuses.

The World Health Organization (WHO) donated ICD books as reference materials for students in Health Records and Information speciality. Johns Hopkins Programme for International Education in Gynaecology and Obstetrics (JHPIEGO), CDC, Bencton and Dickinson of United States established Centres of Excellence in Phlebotomy training at Nairobi, Port Reitz, Kisii, Nakuru, Kisumu and Nyeri Campuses to train health workers to conduct safe specimen collection. JHPIEGO funded KMTC with Kshs. 8,395,212 million between 2013 and 2015.

The Fred Hollows Foundation has supported ophthalmology training through purchase of training equipment, capacity building and development of e-learning curriculum. Sight Savers International has supported training of eye healthcare workers, targeting Clinical Officers and Ophthalmic Nurses. The Jackson Clinics of USA and Sight Savers International funded KMTC to a tune of Kshs. 1,944,010 million between 2013 and 2021 to support teaching and learning.

The College partners with various organizations in undertaking co-curricular activities. The organizations include NACADA, Coca-Cola, Kenya Football Federation, Athletics Kenya, National Bank of Kenya, Kenya Commercial Bank and Safaricom PLC.

KMTC and Regulatory Bodies

The Coordination of training programmes was initially undertaken by the Ministry of Health through the respective service chiefs. With the establishment of regulatory bodies, KMTC continues to partner with them in curriculum development, approval of training programmes, accreditation of courses, provision of learning resources, and monitoring of training. The College is regularly involved in council/regulatory bodies' activities through representation in councils' boards.



KMTC Medical Camp in Mutomo, Kitui County.

Corporate Social Responsibility

Globally, Corporate Social Responsibility (CSR) is an important area of collaboration in giving back to the community. Since its establishment in 1927, the College has focused on its core mandate of providing quality healthcare training to support the Government in its endeavour to improve health services. According to its policies, KMTC embraces Corporate Social Responsibility (CSR) as an approach to sustainable development by positively impacting and transforming the lives and livelihoods of communities through social upliftment, environmental conservation, disaster response, health and medical services.

KMTC has undertaken various CSR activities to improve the health of the community. The activities include: environmental conservation and sustainability, medical camps, health promotion, community outreach services, social upliftment and disaster response. The College works in partnership with other organizations in its unwavering commitment to social responsibility, community engagement, and sustainable practices as well as fostering a culture of service, compassion, and sustainable development.

To ensure continued and sustenance of these activities, the College sets aside funds in its annual budget to support the CSR activities.

Partnership for Staff Development

Various partners have supported the training of KMTC staff. USAID's Management Sciences for Health (MSH) Project supported a five-year programme to train KMTC senior staff and principals on Leadership Development. It also worked with the College to build capacity in leadership, management and governance for health workers in Kenya. KMTC benefited in curricula development and review.

Kenya Hospitals Palliative Care Association, United Kingdom, supports training of trainers in palliative care through Princess Diana Foundation. The association supported KMTC in the development of a palliative care curriculum.

The Jackson Clinics of USA project supports the Physiotherapy Department in training of Higher Diploma specializations and has donated books, teaching models as well as mannequins.

General Electric has supported the training of Medical Engineering through provision of training equipment and built capacity of staff. Karolinska Institutet has not only supported staff and students through exchange programmes to Sweden but has also donated books.

USAID, World Health Organisation, DANIDA, Afya Jijini Project, UKAID, UNICEF, Management Science for Health and AMREF have supported the College in

capacity building and strengthening, donation of books and training equipment.

Many other partners have supported the College through; capacity building, equipping of Campuses with teaching and learning resources, exchange programmes and curriculum development.

CHAPTER SEVEN: MILESTONES AND KEY ACHIEVEMENTS



Students in
a training
session.

Training Advancement

KMTC, the largest trainer of middle-level health professionals in East Africa, has worked closely with the Government of Kenya and other development partners to train the human resource for health to provide accessible, equitable, and affordable healthcare. To adequately bridge the health sector human resource gaps, the College has gained milestones and achievements over the years as a leading trainer of health professionals in the region. Since inception, the College has trained thousands of healthcare professionals in various medical fields. Following the devolved system of governance and the review of the KMTC Strategic Plan (2013-2017), the College expanded training opportunities through establishment of new Campuses, increasing the number of programmes, providing opportunity for enrolment of more students from one course in 1927 to 94 in 2023.

In 2013, there were 28 Campuses distributed across 25 counties with a student population of 19,000. By December 2022, the number of Campuses had increased to 74 and 12 satellites, distributed across 44 of the 47 counties and a student population of 62,807. The College has increasingly improved in graduate numbers. From four students in 1927, the number of graduates has increased tremendously. In 2013 the College graduated 6,394 students, 10,869 in 2018 and 15,915 graduates in 2022.

The College has taken various affirmative action measures to ensure equity in access to the training opportunities in the country and beyond. In 2016, the institution, in collaboration with the Ministry of Health and World Bank, recorded a milestone by granting training opportunities to students from Arid and Semi-Arid Lands (ASALs) and minority/marginalised communities to undertake an Enrolled Community Health Nursing (ECHN) course. The training of these students addressed immediate capacity building needs in the provision of maternal and child healthcare services in their communities.

In 2016, the College, introduced an online application and processing of admission letters. This tremendously improved the ease and access of admission processes and facilitated a wide reach of prospective students. The system included provisions for application of students with disabilities, selection of preferred courses, and ensured regional balance. From September 2023, selection and placement of students to pre-service courses has been through KUCCPS. Application for upgrading, Higher Diploma and short courses is through the KMTC portal.

The College has invested heavily in upgrading its infrastructure to support modern teaching methods and provide students with the latest medical training

equipment. The outbreak of Covid-19 not only brought gloom, but also presented the College with immense opportunities to build reliable and robust systems for continuity of teaching and learning. The College invested in a robust e-learning infrastructure which blended face to face learning with virtual sessions, ensuring students cover their course content, take exams and graduate as scheduled.

In 1999, through the support of the Belgium Government, the College adopted the skills laboratory methodology. Later in 2021, the simulation laboratory technology was adopted. These initiatives have enhanced the quality of training, making the College one of the most technologically advanced middle-level medical training institution in the region.

Information Communication Technology



Server room.

The College has continuously automated its services through the implementation and rollout of the Enterprise Resource Planning (ERP) system, thus increasing efficiency, collaboration, and user productivity. To further leverage on automation, the College introduced and fully implemented the KMTC e-learning strategy to improve the service delivery in academics. Pedagogical experiences for KMTC students have been enhanced following the introduction of the College Institutional Digital Repository and e-library.

Kenya National Qualifications Authority Accreditation



In 2022, the College acquired the accreditation status as Qualification Awarding Institution (QAI) with the Kenya National Qualifications Authority (KNQA). The accreditation enhanced comparability, recognition and information sharing for the College globally. A notable advantage following the accreditation was the placement of KMTC's Higher Diploma Qualifications at KNQA Level 7, an equivalent to the Bachelor's degree, or CPA III, or CPS, or Master Craft Person I.

Advancement in Research



Ophthalmic Clinical Officer Cataract Surgeon from Garissa Hospital Eye Unit Mr. Hiram Mwangi operates on a patient assisted by Elvis Saitoti, HND Ophthalmology and Cataract student, during the free Ophthalmology Medical Camp held at Mutomo level 4 Hospital Kitui County. Mr. Mwangi is KMTC Alumna.

The College has held six scientific conferences since 2011, bringing together experts/senior scientists, policymakers and young scientists to discuss key issues affecting health delivery in Kenya and beyond. Recommendations made during paper presentations have been implemented across the country.

The College launched its first *Annual International Journal of Health Professionals (IJHP)*, Issue No. 82141,

Vol 1, issue 1 in 2013. It has established a database for research, whose findings are used to inform policy formulation and decision-making in the health sector.

Between 2015 and 2020, the College funded about 70 research studies carried out by staff and students, who have published numerous research studies over the years in various journals.

Human Resource Achievement

KMTC has made significant achievements in human resource management. The College recognizes the critical role of its employees in achieving its mission of providing quality health training and producing competent healthcare professionals.

Employee development and training programmes have been implemented to enhance the skills and knowledge of its staff. Regular workshops, seminars, and training sessions have been organised to update employees on the latest advancements in medical education and healthcare practices. By investing in continuous learning, KMTC ensures that its employees remain competent and up-to-date with industry standards and government regulations. Additionally, the College continues to support staff development and career progression by providing the necessary staff support to undertake long-term training.

An effective performance management system has been established to evaluate employee performance and provide feedback for improvement. Clear performance goals and expectations are set for each role and regular performance reviews conducted. This enables employees to understand their strengths, identify areas for improvement, and receive recognition for their accomplishments. The performance management system contributes to a culture of accountability and fosters employee growth.

KMTC has developed policies that ensure a fair and transparent recruitment process, providing equal opportunities to all candidates. Competitive compensation packages and opportunities for career advancement are offered to retain skilled professionals within the organization. Following the increase in numbers of Campuses and student population, the number of staff increased to 2,370 in 2020. This comprises 1,189 faculty members and 1,204 administrative staff. The workforce population continues growing.

The College recognizes the importance of employee engagement and welfare in maintaining a productive workforce. It promotes a positive work environment by fostering open communication, teamwork, and inclusivity. Employee engagement activities are organised on regular basis, including team-building, social events, and wellness programmes to enhance employee morale and work-life balance. By prioritizing the well-being of its employees, KMTC creates a supportive and motivated workforce. The College continues to effect salary increments in line with Salaries and Remuneration Commission (SRC) circulars and Collective Bargaining Agreements (CBA) awarded to staff. To enhance staff performance, annual staff recognition and awards were introduced.

To support staff seeking medical services, a medical insurance cover was introduced in 2007 covering all

inpatient charges in accredited hospitals. The cover was expanded to include outpatient services in 2019.

Digital technology has been embraced to streamline human resource processes. The College has implemented an integrated human resource management system that automates administrative tasks such as leave management, attendance tracking, and performance evaluations. This digital transformation has significantly improved efficiency, reduced paperwork, and enabled human resource personnel to focus more on strategic initiatives and employee support.

In line with the government policy on diversity and inclusion, the College promotes equal opportunities to individuals from different backgrounds, ethnicities, and genders. Various policies and practices that prevent discrimination and ensure a safe and respectful workplace for all employees have been implemented



KMTC Medical Engineering Lecturer and students during a practical lesson.

Recognition and Awards



Some of the trophies awarded to graduates in recognition of excellence, 2022

The College has received various accolades in recognition of outstanding service delivery. These include the first runners up in the Champions of Governance awards in 2018 and 2019, in the statutory body's category. In 2019, students from Nairobi Campus President Award Scheme were awarded the gold standard by former President Uhuru Kenyatta during the scheme's award ceremony held at State House Nairobi.

Strategic Plans

An effective strategic planning process provides a framework to make decisions on organisational resource allocation, address challenges and take advantage of opportunities that arise along the way.

To provide a framework and roadmap towards achievement of institutional goals and objectives, the College launched its first strategic plan in 2008, Strategic Plan 2008-2012. Since then, several Strategic Plans have been developed to provide a solid foundation in the implementation of the College's mandate.

The evolution of these Plans has taken cognizance of the emerging market demands and trends in the courses that KMTC offers, the environment in which the institution operates and the vision that the College has for progression and sustainability.



KMTC Strategic Plans

Infrastructure Development



KMTC Teso Campus

The College has progressively improved its infrastructural base from a single institution in 1927 to 74 Campuses and ten satellites by 2023. Rapid Infrastructural inputs came in the era of post-devolution when health services were devolved. During this period new Campuses were developed by county governments and by the NG-CDF. With the support of development partners, the College has acquired new infrastructure, and improved the existing ones, thus expanding training facilities and opportunities.

In line with the strategic plan, the College branded all Campuses across the country to improve its visibility, and foster a stronger and more unified corporate identity. It has strengthened transport systems to ease mobility of faculty and students to clinical placement sites and other extra-curricular activities.

Revenue Growth and Sustainability

Substantially, internally generated revenue is derived from tuition, boarding and application fees. This is further subsidized by the support of development partners, resource mobilization strategies and other income generating activities. Since inception, the College's internally generated revenues had grown to over Kshs. 4.8 billion by December 2022. The government of Kenya has continuously funded the College for development projects and payment of personnel related costs. This amounted to Kshs. 581 million and Kshs. 3.6 billion respectively by 2022. The foregoing demonstrates that the College is financially sound and its guaranteed to sustain operations for posterity.

Flagship Projects

The three main flagship projects addressed by the College include the Health Infrastructure Programme, which KMTC expanded by establishing new Campuses and providing equipment for training. In the Digital Health Programme, the College automated its systems through ERP while in the Human Resource for Health Programme, KMTC has been training mid-level health professionals to address the shortage of human resources.

KMTC is a key pillar in the achievement of one of the Universal Health Coverage (UHC) agenda. The College produces health professionals who take health services closer to the people through training of the Community Health Assistants and need based specialised courses. The College supplies more than 80% of the health workforce in Kenya and its graduates are highly sought after globally.



Tuition block under construction

CHAPTER EIGHT: ALUMNI GROWTH AND EXPERIENCES



A section
of KMTC
graduands,
2022.

Alumni are key stakeholders in the history of Kenya Medical Training Centre. From the four founding students in 1927, the College has expanded tremendously over the years to accommodate 51,000 students attending 95 different health profession courses ranging from Certificate, Diploma to Higher Diploma in 18 different disciplines distributed in 74 Campuses countrywide. About 12,000 students graduate annually, making the College one of the most formidable institutions for health workforce training.

The College boasts of a rich and diverse alumni community that has left an indelible mark on the healthcare landscape, not only in Kenya but also across the globe. Since its establishment in 1927, KMTC has been a cradle of competent health professionals who serve as the backbone of Kenya's healthcare sector.

The alumni are found at every level of health service provision, from the grassroots to the highest echelons of leadership in county and national governance institutions, as well as within the healthcare industry, both nationally and internationally. Their remarkable roles, achievements, and accomplishments continue to elevate the College's reputation, ensuring its ongoing growth and prosperity.

KMTC seeks to unite and empower alumni, fostering meaningful connections that enhance their professional, social, and institutional growth for the collective benefit of all. The College aspires to nurture a vibrant alumni

community that fosters a robust student-institution relationship, extending beyond graduation to build a global professional network.

Legal Background and Impact

The establishment of the KMTC Alumni Association (KMTC-AA) is enshrined in the KMTC Act Cap 261 (as amended), specifically in Section 12. This association comprises past and future graduates of the College, along with other individuals designated by the College's statutes. Officially registered in June 2011 by the Registrar of Societies, KMTC-AA operates under its constitution. In 2013, KMTC-AA exemplified its commitment to support the next generation of healthcare professionals by offering bursaries to one student in each of the College's Campuses. As the College embarks on this journey of connection and collaboration, KMTC alumni can play a critical role in preserving the institution's rich legacy and propelling it into an even brighter future.

Alumni Experiences at KMTC and After

In the expansive tapestry of life, the threads of experiences and connections interweave to shape the journey of individuals. Over time, memories are etched, achievements are celebrated, and a profound bond with one's alma mater is forged. Within the cherished halls of the Ken-

ya Medical Training College, countless individuals have embarked on transformative paths, laying the foundation for enduring friendships and the pursuit of excellence.

KMTC alumni experiences recount a nostalgic review of the days when the institution stood as a cradle of growth as well as learning, and continues to spread its wings as the leading training institution in its speciality nationally, regionally and globally. From the moment students set foot on its grounds, their lives are forever changed. Guided by dedicated mentors and fuelled by collective aspirations, they embraced the transformative power of education and ventured forth into the world, armed with the knowledge and skills gained at the College.

The passage of time has dispersed the alumni across diverse landscapes, carrying them far and wide on their personal journeys and experiences. Yet, the echoes of shared experiences persist, resonating through the years. It is this deep-rooted connection that beckons them to reunite, to establish the KMTC Alumni Association - an enduring beacon that defies physical distance and spans across time.

The next section provides alumni tales that are a testimony to the indomitable spirit nurtured within the walls of KMTC, which has propelled thousands of its graduates to greatness in career paths, academia and leadership in various facets that have created positive impact in Kenya and beyond. These are their stories at KMTC and beyond.

My Star Has Continued to Rise Courtesy of KMTC



Faleri Muthoni- (Occupational Therapy)

I thought I was destined to work in the agricultural sector but little did I know it was not meant to be. After high school I took up a course in Agriculture and completed it. Armed with my certificate, I knew it was time to embark on a job search.

Not until my uncle introduced me to an Occupational Therapist friend for a lengthy discussion on the profession. Since then, a new passion was born in me, and as a result, rekindled my desire to join KMTC to undertake an Occupational Therapy (OT) course in 2013. To crown my fortunes, I was elected the class representative, and

later, in 2015, the Secretary General of the Students' Representative Council.

My hard work, commitment and focus landed me an exchange programme at Karolinska Institutet in Sweden. This experience opened my eyes and expanded my thinking as I had a first-hand experience of how OT is practised outside Kenya. I also had an opportunity to meet and interact with student therapists from all over the world.

Immediately after my graduation in 2016, I embarked on a job search, this time with the certainty that I had found my calling and there would be no turning back. In 2017, I engaged in volunteerism where I offered my services to various centres before landing a job at Montessori School in Lavington – Hermitage Therapy Centre and School. A few months into the job, I decided to venture in private practice, specializing in home-based care.

My star continued to rise, and barely a year later, I got a chance to relocate to the United States of America, which has been my home since then. My insatiable thirst for knowledge led me to have my credits from KMTC transferred to a college in the US. However, I soon realized that in addition to practising Occupational Therapy, I could go a step further to sensitize people through films. Halfway into my studies, I changed my specialization to film.

Looking back, KMTC birthed the professional I am today. The knowledge and skills that I gained, the commitment of the Lecturers, and the hands-on experience ensured that I am the best at what I do. I remember the proud moment at KMTC. That experience inspired my first book (*From Grass to Grace*). My dream is to one day open a therapy clinic in Kenya (both Occupational and Physical Therapy) to increase access to such services in the country.

During a recent visit to Kenya, I had a chance to witness the strides the College has made in mounting need-based courses, in addition to leveraging technology in teaching. I was pleased to have an opportunity to give back to the OT students through knowledge sharing.

To anybody looking to join KMTC, I can confirm that the College is simply the best choice that you can ever make. When you discover who you are, the rest will fall into place. So, discover yourself!

The Sky Is the Limit in my Career



Mr. Sam Maundu, (Nursing)

The first day I reported to College, I was received by a former high school classmate and the first remark was, ‘have you decided to do this? This is a calling, not a profession.’ At the time, I did not understand what this meant but it would all become apparent in a short time. Nursing is a profession, but more importantly, it is a calling.

Once I got into the rhythm of my studies, I realized there was a lot of reading and clinicals/practical sessions to be done within a short time, which made it feel like

the studying was never ending. In terms of professional development, this is where my professional journey and growth began, and this is what KMTC prepared me for. I had thought my graduation in December 2011, with a Diploma in Kenya Registered Community Health Nursing, would precede the realization of a dearly held dream to work in one of the hospitals in the country, but I still had a lot to learn.

As soon as I joined the career world, I became fully aware that I was not through with learning. Nursing is a profession that requires lifelong learning since there is need to adapt to the changing environment as new technology is developed and with the emergence and re-emergence of diseases. I started with two months of volunteer work, which built on the knowledge and skills I had developed while in the College. Between 2011 and 2012, I undertook contractual work before eventually landing a lucrative job offer at Avenue Hospital in Nairobi in October 2012 where I worked until I relocated to the US on an employment-based visa.

Working abroad and especially in the US, Canada, UK, Australia is a golden opportunity and an experience full of bliss but at the same time challenging. Nurses who have successfully relocated can attest to the fact that there is a rigorous screening process to gauge one’s eligibility, intensive reading in preparation for licensing

examination, and some places require a bachelor’s degree as a minimum qualification.

After graduating from KMTC, my goal was to work for few years and save some money to pay for my Bachelor of Science in Nursing. Five years into my nursing career however, I had still not undertaken the degree programme. All this time, I had developed a passion for reading and knew that I wanted to engage in something that was going to challenge me academically.

My friend had talked me into relocating to the US but back in my mind I knew there was no way this was going to be a reality in my life but since I was not required to pay anything, I decided to join. In October 2016, I joined an international nursing recruiting agency but not with an intention of relocating from my home country but to gauge my capabilities and disguise the guilt that pervaded my mind for not being able to pay for my university education. The reality hit home when I went to India, did the US nurse licensing examination (NCLEX) and passed well.

No one is destined to fail. It is the choices we make that define our future. A dream for greatness needs to be awakened by a keen desire for change, come out of your comfort zone and challenge your capabilities. The sky is the limit.

Quality of Training Surpasses Many Institutions Globally



Dr. Mohammed Ibrahim (Nursing)

My remarkable journey began in Wajir County, Kenya. From a young age, I was inspired to join the Kenya Medical Training College after experiencing the incredible care provided by a KMTC trained nurse during my battle with malaria. Determined to make a difference in healthcare, I joined KMTC in 1994 and embarked on an unforgettable adventure.

The road to KMTC was not without its challenges. Due to the drought conditions in Kenya at that time, my fam-

ily and I had to move to Ethiopia in search of pasture for our livestock. But before then, I had attended interviews to join KMTC. I received my admission letter through Wajir Post Office but it was late. Admissions had taken place in September. Despite the delay, I made my way to KMTC headquarters and explained my situation to the then Director Mr. William Boit. He graciously allowed me to choose the Nursing programme and instructed me to report to KMTC Machakos in March the following year. And so, my incredible journey with the College began.

In 1997, I proudly graduated from KMTC Machakos as an Enrolled Community Nurse (ECN). I was then posted to Moyale, where I dedicated a year of service before returning to my hometown. Eager to expand my knowledge and skills, I enrolled in the Diploma in nursing programme at KMTC Nakuru Campus in 2003, completing it in 2004. Once again, I found myself working at the same health centre where I had been admitted years before.

Driven by my passion for mental health, I pursued a Higher Diploma in Mental Health at KMTC Mathari Campus. Subsequently, I was granted a scholarship to pursue Masters in Mental Health and Addiction at Washington University in St Louis, Missouri, in the United States, which I successfully completed in 2009.

During this time, I also pursued a Post Graduate Certificate in Global Mental Health at Harvard University in 2010.

My career took me to Missouri, where I worked in the mental health sector for three years. Inspired by the prospect of living and working in Canada, I applied for a job in British Columbia and was fortunate to be offered a position in 2010. I continued to enhance my education by pursuing a PhD in Public Health (mental health and addiction) at Simon Fraser University in Vancouver. During my doctoral studies, I won a year-long Clinical Addiction Fellowship at the prestigious British Columbia Center on Substance Use (BCCSU) at the University of British Columbia and St. Paul Hospital in Vancouver.

The training involved advanced clinical, research and leadership training on substance use and addiction. The BCCSU is one of the largest interdisciplinary centres of excellence in addiction in the US and Canada and our training was both in Canada and US. During my training, I did my rotations at Vancouver General Hospital, the Burnaby Center for Mental Health and Addiction, which is a provincial tertiary facility for complex mental health and addiction, and Boston Medical Center in Massachusetts, among others.

I had the privilege of becoming a Lecturer at Kwantlen Polytechnic University at the School of Nursing for five years before completing my PhD. Following this milestone, I joined the University of British Columbia as an assistant professor, where I currently contribute to shaping the future of healthcare through teaching and research. As a research professor, I have active research projects in Kenya, Canada, Somalia and Australia in the areas of mental health and addiction.

For the past 15 years, I have been deeply involved in mental healthcare services, teaching and research in North America, Kenya and Somalia focusing primarily on mental health and addiction. Reflecting on my journey, I can confidently say that the training I received at KMTC equipped me with the skills and knowledge to deliver healthcare effectively and efficiently. It also opened doors for me to work as a registered nurse in both the United States and Canada where my licences are issued based on KMTC qualifications. The comprehensive nurse training at KMTC surpasses that of many institutions globally, addressing both local and international health needs with its curriculum.

While my time at KMTC was not without its financial challenges, as I had to work as a vendor during weekends and holidays to raise fees, I can genuinely say that I enjoyed my experience at the College. I am immensely

proud of KMTC because it provided me with the passport to the life I have now.

To the current and prospective students of KMTC, I applaud your decision to pursue a career in healthcare. Embrace the journey and serve with humility, for it is in serving others that we find true fulfilment.

As the leading healthcare training institution in Kenya, I urge KMTC to continue placing a strong emphasis on research and knowledge production, ensuring that the curriculum is evidence-based, particularly in addressing the rise of non-communicable diseases. To find local solutions, we must invest in local research. Additionally, KMTC should strengthen its avenues for graduates to access the global market by integrating language studies and establishing support networks for those planning to work internationally.

My story is a testament to the transformative power of education and the opportunities that can arise from a humble beginning. I am forever grateful to KMTC for laying the foundation of my success and for instilling in me the values of service and compassion.

KMTC Has Evolved Significantly Since my Days



Dr. Lucy Waweru (Nursing)

I have been part of the Kenya Medical Training College for decades, since my journey from 7th May 1977. On reflection, it's evident how KMTC has evolved since my student days. When I joined KMTC, I was influenced by a relative who was studying Nursing at the College. Little did I know that this choice would shape my entire career and lead me through a remarkable journey of growth and challenges.

My initial years at KMTC were marked by the excitement of being in Nairobi for the first time, having my own

room, and receiving quality education in Nursing. After graduating in 1980, I was posted to various hospitals and gained practical experience and enhanced my skills. The pivotal moment came in 1989 when I pursued advanced Nursing at the University of Nairobi, which opened my doors to teaching and leadership roles.

One of the significant challenges I faced was admitting a student with Down syndrome, who graduated in 2022 despite various challenges. Additionally, dealing with issues related to admissions and the pressure of double intake stretched our capacities. However, amidst these challenges, there were moments of immense pride, such as conducting a delivery and assisting a child in critical condition. These moments highlighted the practical excellence and resilience instilled in us as KMTC students.

As a staff member, I've witnessed KMTC's growth and adaptation to changing times. Technological advancements have transformed our teaching methods, and the curriculum has evolved to meet modern healthcare needs. Despite these advancements, lecturers' shortage remains a major concern. To future staff and students, I emphasize the importance of teamwork, adherence to policies, embracing technology, and serving as exemplary college ambassadors. Additionally, I urge the institution to focus on time management, fair promotions, upgrading faculty skills, and enhancing confidentiality and consultancy services.

As I reflect on my journey through the College, I am filled with pride for the institution that shaped me. KMTC has evolved significantly since my early days as a student. The integration of technology, the enhancement of the curriculum, and a renewed focus on student-centric education have been transformative.

To the future staff and students of KMTC, I offer this advice: embrace the opportunities for learning, be resilient in the face of challenges, and never underestimate the power of education to transform lives.

As KMTC continues its academic journey, I implore the institution to prioritize not only academic excellence but also the holistic development of its students. Through a commitment to knowledge, empathy, and innovation, KMTC can continue to produce healthcare professionals who make a meaningful difference in the world.

The College is Springboard to my Greatness



Dr. Catherine Wambua (Physiotherapy)

I am a healthcare executive with extensive international experience in both the public and private sectors. My peers describe me as a gifted clinician, an effective administrator, and a tireless humanitarian. My path in the field of physiotherapy has been a remarkable journey of learning, growth, and a relentless commitment to making a positive impact on people's lives.

I was first introduced to the world of physiotherapy by

my uncle, who had personally experienced the transformative benefits of sports physiotherapy services while studying in the United States. Intrigued by the potential to help others through this field, I joined KMTC in 1983, where I embarked on a course in physiotherapy that would shape my future. From 1986 to 1988, I had the privilege of working for the Government of Kenya, contributing my skills and expertise to the healthcare sector. However, my thirst for knowledge and a burning desire to make a global impact led me to the United States in September 1988. I took the bold step of pursuing further studies, beginning with bridging from a Diploma to a Bachelor of Science in Physical Therapy. This journey eventually led me to attain a Bachelor's degree in Physiotherapy equivalent.

In 1990, I achieved a significant milestone when I qualified to sit for the physical therapist board examination. Passing the examination granted me a physical therapist licence, opening doors for me to practise as a qualified professional. But my thirst for knowledge and personal growth did not end there. I continued to pursue higher education, earning a Bachelor of Business Administration from Faulkner University, a Master of Exercise Physiology from the University of Alabama at Birmingham, and a Doctor of Physical Therapy from the University of South Alabama. Alongside these achievements, I obtained certifications as a Certified Ergonomic Assessment Specialist and a Certified Occupational Safety and Health Specialist. These additional qualifications ena-

bled me to broaden my scope of practice and become a well-rounded professional.

For nine years, I dedicated myself to practising physical therapy as a staff clinician in both acute and sub-acute settings. This hands-on experience allowed me to refine my skills, gain invaluable expertise, and witness the profound impact that quality rehabilitation can have on individuals' lives. Additionally, I served as clinical faculty for several universities, contributing to their Doctor of Physiotherapy programmes and shaping the future generation of healthcare professionals.

In 2015, I made the momentous decision to return to Kenya with a vision to bridge the knowledge and skills gap in our profession while establishing a neuro-rehabilitation hospital system. With unwavering determination, I founded Restore Physiotherapy and Rehabilitation Hospital in Karen, Kenya - a state-of-the-art centre dedicated to providing neuro-rehabilitation services to patients.

Beyond my work at Restore, I have had the privilege of serving as the Occupational Health and Safety Ergonomist for the World Bank, focusing on the Africa region. Additionally, I contribute as an adjunct faculty member for the AMREF International University School of Physical Therapy, where I have the opportunity to impart my knowledge and experiences to aspiring healthcare professionals.

I am immensely grateful for the solid foundation I received at KMTC, which served as my springboard to greatness. As a proud alumna, I acknowledge the profound impact the College had on shaping my career and instilling in me the values of compassion, leadership, and dedication. The journey has not been without its challenges, but I have embraced each obstacle as an opportunity for growth and learning.

Today, I continue my mission to empower lives through rehabilitation. With a steadfast focus on transforming neuro-rehabilitation in Africa and beyond, I strive to make a lasting impact and improve the quality of life.

KMTC Has Produced Skilled Professionals and Shaped National Leaders



Mr. Duncan Maina Mathenge
(Dental Technology)

I'm currently serving as the Member of Parliament for Nyeri Town Constituency. I am a proud alumnus of the Kenya Medical Training College.

My journey at KMTC began 39 years ago, right after completing my A-Levels at Nyandarua High School.

Back then, opportunities at KMTC were limited, and admission to the College was highly competitive. I applied with hopes of studying Pharmacy, but fate had

other plans for me. Although I did not initially make it into the Pharmacy programme, I enrolled in Dental Technology - a course that admitted only one student per province therefore a class had eight students per year. While it was not what I had expected, I embraced the opportunity wholeheartedly.

During my time at KMTC, I had the privilege of experiencing the unique "boom" system, where I did not have to pay any school fees. Additionally, we received a stipend of Kshs.320, fostering a supportive environment for students from all over the country. It was at KMTC that I honed my public speaking skills as a member of the drama club and developed my talent in volleyball, eventually representing both the College and national team.

After completing my studies at KMTC, I embarked on a journey of professional growth. I completed a three-month attachment at Machakos General Hospital and a one-year internship at Kenyatta National Hospital. I then served as a public servant at the hospital for three years before being transferred to Nakuru Provincial General Hospital. Following a six-month tenure there, I decided to transition into private practice.

Since leaving KMTC, I have continued to enhance my knowledge and skills in dentistry. I have pursued specialized courses in prestigious institutions like Debraum,

a renowned German company focused on orthodontics materials manufacturing. I have also attended training programmes offered by Ivoclar, a prominent European ceramics company. Additionally, I have actively participated in annual scientific conferences for both Dental Technology and Dentistry.

To further expand my expertise, I am currently enrolled in a Kenyan university, where I am on the verge of completing my Bachelor of Science in Health Systems Management. Alongside my private practice as the proprietor of Uno Dent Laboratory, I also provide practicum training and internship opportunities for Dental Technology students.

As a Member of Parliament, I am passionate about making a difference in the healthcare sector. I am currently championing a bill to amend the National Health Insurance Fund (NHIF) Act. My aim is to ensure that NHIF contributors who are up to date with their payments are exempt from out-of-pocket expenses, even during periods of medical supply shortages in the public health sector.

Throughout my career, I have had the privilege of crafting dental prosthesis and appliances for esteemed individuals in our country. I have also had the opportunity to travel to conferences abroad, visiting countries like Singapore, Germany, Dubai, and South Africa.

KMTC holds a special place in my heart. The College not only produces skilled healthcare professionals but has also played a significant role in shaping leaders in our nation. KMTC has been the backbone of health services in Kenya, with many graduates operating dispensaries throughout the country. I firmly believe that with a shift towards emphasizing health prevention and promotion, KMTC should develop a curriculum to train community health promoters.

To keep pace with technological advancements, KMTC must continually upgrade its infrastructure and acquire cutting-edge equipment so as to produce graduates who are competitive in the global market. Due to the growing demand for dental designers both locally and globally, KMTC has the potential of incorporating this training into its curriculum.

To any young Kenyan with an interest in the medical field, I encourage you to choose KMTC as your College of choice. Furthermore, I propose the consideration of introducing courses in the health sector to young students as early as junior secondary, so as to ignite their passion and nurture talents from a young age, ensuring a strong and capable healthcare workforce for the future.

I Owe Debt of Gratitude for a Solid Foundation



Dr. Moses N. Ikiugu (Occupational Therapy)

My journey in occupational therapy has been shaped by my educational foundation at KMTC, Nairobi. At this Campus, I received my Diploma in Occupational Therapy, which set the stage for the remarkable career I have had since then.

After completing my Diploma at KMTC, I continued my educational pursuits, obtaining a Diploma in Counselling Psychology from the Amani Counselling Centre and Training Institute. This was followed by a Bachelor of Arts degree in Psychology and a Master's degree in Counselling Psychology from the United States Interna-

tional University. Determined to deepen my knowledge and expertise, I pursued a PhD in Occupational Therapy from Texas Woman's University.

With over 38 years of experience as an Occupational Therapist, my clinical journey has taken me through various settings, including mental health, long-term care, and sub-acute rehabilitation. Additionally, I worked as a Psychological Counsellor for five years, providing support to individuals and families.

Throughout my career, I have remained passionate about research and advancing the field of Occupational Therapy. My research interests have covered diverse areas, from exploring the philosophical foundations of Occupational Therapy to investigating the construct of meaningfulness and evidence-based practice. Recently, my team and I conducted a ground-breaking interdisciplinary research study in collaboration with computer and materials scientists, focusing on occupation-based interventions to prepare astronauts for deep space exploration. Currently, we are embarking on a new study investigating the role of occupational therapy in enhancing the health and well-being of College students through meaningful occupations.

I am proud to have contributed to the field through various publications, including articles in esteemed journals and several books on Occupational Therapy and Occu-

pational Science. One notable accomplishment is co-authoring a textbook titled *Meaningful Living through Occupations: A Guide for Every-Day Life* with Nick Pollard of Sheffield Hallam University in England. Additionally, I have been involved in editing an Occupational Therapy theory book, featuring contributions from esteemed authors worldwide.

My academic journey has also led me to teaching Occupational Therapy courses, covering topics such as psychosocial rehabilitation, research, and therapeutic use of self and groups. As an active member of professional associations like the American Occupational Therapy Association (AOTA) and the Society for the Study of Occupation (SSO: USA), I have held various leadership roles and represented Occupational Therapy at national and international levels.

When I reflect on my accomplishments and the trajectory of my career, I owe a debt of gratitude to Kenya Medical Training College for providing me with a solid educational foundation. KMTC laid the groundwork for my success and instilled in me the passion for Occupational Therapy that has guided me throughout my journey.

I am proud to be an alumnus of KMTC, and I attribute many of my achievements to the education and experiences I gained during my time there.

I Gained Opportunities to Reputable Academic Institutions



Prof. Simon Kangethe (Clinical Medicine)

I am honoured to share my journey as an alumnus of the Kenya Medical Training College.

It was in 1970 when I embarked on my dream of becoming a medic by joining KMTC, the very institution where my father had trained as a Medical Assistant in the 1940s. Little did I know then that KMTC would lay the foundation for my remarkable academic and professional achievements.

At KMTC, I pursued my studies in Clinical Medicine and graduated in 1973 with a Diploma. It was an im-

mensely rewarding experience, as I was honoured with the Best Practicals Award in Clinical Medicine. Inspired by my father's work as a respected Medical Assistant, I was determined to follow in his footsteps and make a positive impact in my community.

After completing my Diploma, I began my professional career as a Registered Clinical Officer. I had the privilege of working in various hospitals, including Machakos General and Meru District Hospital, as well as Moyale Sub-district Hospital. In 1976, I was promoted and transferred to Kenyatta National Hospital. During this time, I also had the opportunity to lecture at KMTC in the department of Clinical Medicine.

KMTC provided exceptional training opportunities, allowing me to continuously expand my knowledge and skills. In 1980, I pursued further specialization in Clinical Medicine-Ophthalmology at Kenyatta National Hospital, where I received a Diploma and was honoured with the Best Academic Award in Clinical Medicine-Ophthalmology.

What truly sets KMTC apart is the dedicated faculty and the comprehensive resources available to students. As the College grew, new Campuses were established, such as Nakuru Campus, where I was transferred in the early 1970s. This new location provided state-of-the-art facilities, including well-equipped teaching and labora-

tory resources, lecture theatres, and comfortable accommodation for each student.

Driven by my passion for education, I continued to advance my academic journey. I pursued additional Diploma courses in Medical Education and took elective courses at the Kenya Institute of Education, focusing on Curriculum Development and Instructional Media in Education.

In 1986, I received a Bachelor of Vocational Education Degree from the University of Alberta in Canada, majoring in Curriculum Development. This was followed by a Master's degree in Education, majoring in Curriculum Development, from Boston University in the United States. Determined to further expand my expertise, I obtained my Doctor of Education Degree from Boston University, specializing in Curriculum Development.

Throughout my career, I have been actively involved in Curriculum Development and Medical Education. I played a pivotal role in developing the innovative medical curriculum at Moi University's School of Medicine and contributed to the establishment of the first Master's Degree programme in Medical Education. I also collaborated in the development of various degree programmes, including Environmental Health and Nursing.

The solid foundation I received at KMTC prepared me for further academic pursuits and opened doors to renowned institutions like Harvard University. I was awarded scholarships to study Curriculum Development and make valuable contributions in dealing with healthcare challenges, particularly related to HIV/AIDS. My time at Harvard University culminated in the acquisition of a Certificate of Advanced Graduate Studies and the publication of a book on effective healthcare in Kenya.

Becoming a Professor in Moi University School of Medicine and delivering my inaugural address in 2013 was a testament to the impact of KMTC's education on my journey. The knowledge, skills, and opportunities provided by KMTC allowed me to excel academically, reaching the prestigious halls of Harvard University and returning to contribute to curriculum development in Kenya.

Today, I am proud to witness the growth and progress of KMTC. The opportunities for Diploma holders have expanded significantly, with degree programmes offered in multiple universities. This development, combined with the advancement of technology and resources, opens new avenues for students to further their education and professional growth. I encourage all students, especially women who were historically excluded, to seize these opportunities and embrace the changing landscape of medical education.

As a KMTC alumnus, I am grateful for the solid foundation that shaped my career and enabled me to achieve my goals. I am confident that the future will bring intense competition for aspiring medical professionals to ascend to higher medical qualifications. KMTC has been instrumental in my personal and professional development. The education and experiences I received at KMTC provided the bedrock for my subsequent successes. I will forever cherish my time as a KMTC student and remain proud to be an alumnus of this esteemed institution.

From a Remote Village to Principal Secretary Courtesy of KMTC



Mr. Mohamed Liban (Clinical Medicine)

My journey from a remote village of Merti in Isiolo North Constituency to a top leadership role in the Government has been nothing short of remarkable. I currently hold the position of Principal Secretary at the State Department of Petroleum in the Ministry of Energy and Petroleum. I was born and raised in a small village called Merti, where resources were scarce, and opportunities seemed distant. Despite the challenges, I had a burning desire to pursue medicine, inspired by

the compassion and care shown by healthcare workers to their patients, which I observed in my formative years. My educational journey began at Merti Primary School, where I was the youngest in my class. In 1976, I enrolled at Isiolo Boys for my Secondary education, and in 1979, I emerged as the best student in the East African Certificate of Education (EACE) exams in my school, despite the lack of resources and challenges I went through. In 1980, I was admitted to Murang'a High School for my A-levels. However, due to financial constraints as a result of my father's early passing on, I was unable to continue. That year, a severe drought claimed our livestock, which was our sole source of income. It was a challenging time, but I refused to let circumstances define my future.

In 1981, as I was browsing through a borrowed newspaper, I came across an advertisement from Kenya Medical Training College and applied for Clinical Medicine and Public Health courses. I was thrilled to find out that I had been accepted. I attended interviews in Nyeri at the Provincial General Hospital and was admitted to KMTC Nakuru in July 1981. The supportive lecturers and conducive learning environment fueled my determination to excel. The monthly stipend of Kshs. 320 also served as a motivating factor. The stipend was adequate for my personal needs and it also supported my mother with Kshs. 100 monthly.

In 1984, armed with my Diploma in Clinical Medicine, I was posted to Garissa General Hospital, where I put into practice what I had learned. This marked the beginning of my health care service provision and journey

to my managerial skills. In 1988, I returned to KMTC for a Higher Diploma in Ophthalmology, driven by a life-changing experience during an outreach programme by AMREF where I witnessed a blind woman who regained her sight after cataract surgery. Having emerged as the best practical student in Ophthalmology in 1989, I was posted to Isiolo to establish eye care services at the District Hospital.

In 1992, I was awarded a scholarship by the British Council to pursue a Diploma in Community Eye health at the London University College. Armed with this diploma, I became a sought-after health practitioner, being one of the few Kenyans with such qualifications in the health fraternity. Throughout my career, I embraced opportunities for further growth and development. I upgraded my skills in Cataract Surgery and took part in various national and International projects. I played a pivotal role in lobbying for the inclusion of ophthalmic services in the Ministry of Health and the establishment of the Mbagathi Eye Unit, Isiolo Eye Unit, among others.

In 2002, I pursued a Master's Degree in Public Health and Epidemiology at the Kenyatta University, deepening my understanding of the healthcare landscape. I took on leadership roles in various capacities in the health sector including heading the International Health Relations Office, National Primary Eye Care Office and at the Office of the Chief Clinical Officer in the Ministry of Health headquarters. I also served at the Kenya Red Cross Society as a Regional Health Officer and later as

the Regional Manager for Upper Eastern Region. Before being appointed as the Chairman of Ewaso Ng'iro North Development Authority in Upper Eastern Region, I worked with the Independent Electoral and Boundaries Commission as the Regional Election Coordinator in Upper and North Eastern Regions.

In 2022, I was appointed as the Principal Secretary in the State Department of Petroleum in the Ministry of Energy and Petroleum, a position that allows me to contribute to the development of the petroleum sector in Kenya.

I firmly believe that the solutions to our challenges lie within ourselves, and I am committed to making a positive impact on the lives of Kenyans and provide leadership.

My advice to aspiring professionals is to never underestimate the power of focus, determination, and a thirst for achievements. As KMTC leverages mentors for motivational talks and continually mentor students to ensure there are no gaps in their training, let us join hands in addressing the issue of drug abuse, which has become rampant in our society.

My journey is a testament to the fact that with perseverance and a strong drive for success, we can overcome any obstacles that come our way. I am proud to be part of KMTC's alumni and grateful for the education and opportunities it provided me. Together, we can build a brighter future for Kenya.

"The only impossible journey is the one you never begin."
-Tony Robbins

KMTC Fills Me With Sense of Belonging



Mr. Fredrick Situma (Dental Technology)

I am proud to be a Dental Technologist with over 52 years of experience in the profession. I hail from Bungoma County, and my journey in this field began in 1971 when I joined KMTC as part of the third intake of Dental Technology students. Our department was established in 1968, and during my intake, we were only five students, which was considered quite a crowd. Interestingly, in 1970, there were plans to scrap off the course, but thanks to the intervention of Dr. Chris Walter Obura, who defended its usefulness, we were able to continue with our studies.

When I enrolled at KMTC, I envisioned becoming a dentist, as I believed it to be a noble profession. Our Lecturer, Brian Dickenson, hailed from England and we used to joke that he came from the land where knowledge originated. He taught us using the British curriculum for Dental Technology from mid-1971 to the end of 1972. We shared the same supply store with Kenyatta, at then the Kabete Dental Unit. The African Dental Association was a strong force and provided significant support for Dental Technology training.

In 1974, I graduated from KMTC and began working at Kenyatta National Hospital's Dental Unit in Kabete, where I gained three years of practical experience. In 1977, I returned to KMTC as a Lecturer. At the age of 25, I joined the KMTC Board, which at the time had only four positions occupied by Africans, while the rest were held by expatriates. In 1989, I was appointed the Head of the Dental Technology Department.

During my time as HoD, I formulated guidelines that facilitated the transition to local examinations after the exit of City and Guilds. I collaborated with renowned scholars to establish a local examining body, and the guidelines were endorsed by the organisation. In 1991, I crafted the first-ever curriculum for the Faculty of Dental Technology, which aimed to equip officers with the necessary skills to excel in their roles. This curriculum introduced field attachments and internships to enhance practical training.

I left KMTC in 1996 due to early retirement under the 40-year rule, and at the time, I was the Chief Trainer.

Subsequently, I joined the Dental School at the University of Nairobi, where I trained Dental Technologists and dental students. During my 18 years at the university, I not only taught students but also mentored younger colleagues. I retired from the University of Nairobi in 2014.

Even after leaving the university, I continued to practise Dental Technology by establishing my private dental lab, which is still operational. While I initially thought that the university was just a temporary stop, I stayed there for a long period. Throughout my career, I have emphasized the importance of continuous learning and dedicated myself to intensive reading and keeping up with the advancements in my field.

Being an alumnus of KMTC fills me with a sense of belonging, and I always feel at home whenever I visit the College. It is worth mentioning that my son is also an alumnus of KMTC. To the younger generation, I would like to impart the advice of doing good work or not doing it at all. Upholding ethics and maintaining integrity in your dealings with clients are essential aspects of the profession. To this day, many of my clients come from people I have worked with and through referrals.

I wholeheartedly endorse everything that KMTC is doing now. Dental Technology has spread across the country, thanks to the foundation provided by KMTC. The College has played a significant role in shaping the profession and producing competent Dental Technologists who contribute to the healthcare system nationwide.

From Health Records to Academic Heights



Dr. Ronald Omenge Obwage
(Health Records and Information Technology)

In the small town of Nyamira, a young man embarked on a remarkable journey that would shape his life and the healthcare landscape. Little did he know that his brother's playful nickname, "Doc," would foreshadow a future filled with leadership, education, and transformation.

I was born into a family with a strong medical background. My sister's Nursing profession and my brother's unwavering belief in my potential paved the way for my own career in the health profession. Recognizing my tal-

ents, my brother guided me towards the prestigious Kenya Medical Training College and arranged an interview that would change my life forever.

In 1992, armed with an impressive 'A' grade in mathematics, I stood out among peers and was selected as the sole candidate from Nyamira and Kisii districts to join KMTC. While I did not possess much knowledge about the available courses, fate led me to the department of Health Records and Information (HRI) Technology, where my skills found a perfect fit.

During my time at KMTC, my natural leadership qualities emerged. I became a class representative and later a member of the Student Representative Council (SRC), igniting a passion for guiding and inspiring others.

In 1995, I graduated with my Diploma and was immediately posted to Lodwar District Hospital, where my star continued to shine. With determination and expertise, I was appointed as the Health Records and Information In-Charge at the Hospital and the District Head of Health Information System, leaving a lasting impact in the then Lodwar District.

In 1998, my thirst for academic growth led me to Egerton University, which provided the ideal environment for pursuing further studies. Driven by an insatiable desire for knowledge, I returned to KMTC in 2002 to under-

take a Higher Diploma course in Medical Education. As luck would have it, my qualifications from KMTC opened the doors to Maastricht University in the Netherlands. In 2004, I embarked on a Master's degree, and two years later, in 2006, I proudly graduated, armed with an advanced understanding of the HRI field.

Upon my return to the country, I resumed work at Egerton University, where I transitioned from health services to teaching. Having witnessed first-hand the revolutionary skills lab methodology that was transforming health course training at KMTC, I was part of the team that initiated the same at the university, leaving an indelible mark on the institution and was subsequently charged with heading the skill lab.

In 2014, I joined Moi University to pursue my Ph.D in Medical Education. Four years later, in 2018, I triumphantly completed my studies, emerging as a respected scholar and expert in my field.

Today, I serve as a Senior Lecturer and the Chairperson of the Department of Community Health at Egerton University's Faculty of Health Sciences. With the dream of achieving professorship within the next few years, I credit my educational and professional growth to the strong foundation laid by KMTC. The College not only instilled in me a seed of leadership but also equipped me for my profession through dedicated mentorship from lecturers in the Health Records and Information department.

Witnessing the success of many of my classmates, who have become prominent figures in various leadership positions across the private, public, and non-governmental sectors, I can confidently say that I am a proud KMTC alumnus. I firmly believe that the College has fulfilled its mission of transforming the healthcare landscape, leaving an indelible mark on countless lives.

My advice to prospective students is to consider Health Records and Information as it is one of the best courses, offering diverse opportunities for specialization and educational advancement. I urge KMTC to remain proactive and continually engage its stakeholders in revising its curriculum to ensure the relevance of HRI training, to prepare graduates for a global healthcare environment.

My journey from a Health Records trainee to the academic heights stands as a testament to the power of determination, mentorship, and a thirst for knowledge. May my story inspire countless others to strive for excellence and make a lasting impact in their chosen fields, just as I have done in the healthcare arena.

Against All Odds, KMTC Propelled Me to Top Nursing Leadership



Ms. Elizabeth Muthoki Kivuva (Nursing)

I was born in 1964 in Makueni County. At the young age of five, I began my schooling journey, driven by a deep-seated belief that if I did not fight for what I wanted, no one else would. Watching my brother go to school every day ignited my curiosity, and I made a firm decision to follow him wherever he spent his days.

In 1977, I sat for my Certificate of Primary Education (CPE), and to my delight, I emerged as the top female candidate with an aggregate score of 21 points out of 36 points. Until then, I had not encountered major challenges in pursuing my education, but that was about to change.

Despite my good performance, my father was uninterested in my academic advancement and instead insisted that I should get married, as was the norm in those days. However, I was undeterred. I decided to repeat class seven, hoping that by the time I retook my exams, my father's stance would have softened. And luckily, it did.

Eventually, my father enrolled me in a secondary school, thanks to my mother's relentless determination and the realization that even less enlightened individuals had sent their daughters to secondary schools. Overcoming numerous obstacles, I successfully sat for the Kenya Junior Secondary Education (KJSE) exams in 1977, emerging as one of the top female students.

By this time, my father's perspective had shifted and he became eager to see me progress. In 1983, I received admission to KMTC Mombasa, where I embarked on a Certificate course in Enrolled Community Nursing (ECN). My father was incredibly supportive, ensuring I had everything I needed to succeed. Although I faced a setback in 1984, I managed to resume my studies in 1985, which was no small feat. Finally, in December 1988, I proudly graduated from the College as an ECN and became a Registered Nurse in 1989, marking the beginning of my career at Coast General Hospital in January 1989.

However, my ambitions did not end there. I was determined to upgrade to a Kenya Registered Nurse (KRN) by pursuing a Diploma course. But due to the high de-

mand and limited opportunities for Nursing training, I was not successful for ten consecutive years. However, in 2001, luck was finally on my side. After years of relentless effort, I received admission to KMTC Thika, and in 2002, I graduated with a Diploma in Kenya Registered Community Health Nursing (KRCHN).

Deep in my heart, I knew I wanted to reach the highest level of education possible. My thirst for knowledge led me to enroll at Kenya Methodist University (KEMU) in 2009, pursuing a bachelor's degree. And in 2014, after successfully completing my studies, I proudly graduated.

But my educational journey did not stop there. In 2018, I returned to KEMU and, in 2021, I accomplished a significant milestone by graduating with a Master of Science in Health Systems Management.

Throughout my journey, the flame of my passion for Nursing was ignited when I tended to my father's small wound as a child. From there, my unwavering determination and hard work propelled me to the pinnacle of my career. Currently, I serve as the Director of Nursing Services at the Coast Teaching and Referral Hospital, overseeing the Nursing care for patients from the larger Coast region.

My Certificate and Diploma from KMTC, along with my subsequent qualifications, have propelled me through the ranks from the position of Enrolled Nurse III to my

current level of job group, equivalent to Senior Assistant Director. I am proud to be associated with KMTC and deeply grateful to the College for moulding me into the Nurse I am today. The foundation I received at the College opened doors to a fulfilling career.

During my tenure as the head of the Hospital's Nursing Services, I have not only opened up doors of promotion for my colleagues but also successfully lobbied for the employment of 200 Nurses who are now part of the hospital's workforce.

I am a direct consumer of KMTC's training, both through the students who pass through my hands on a daily basis during their clinical placement and the fresh graduates who join our hospital. I urge KMTC to enhance the training facilities to ensure quality in training is upheld. Lastly, at the high school level, I would like to encourage the uptake of Sciences, especially Biology, as it provides a strong foundation for anyone wishing to pursue a career in the medical field.

My journey from a determined young girl to a Nursing leader has been filled with challenges, perseverance, and triumphs. I hope my story inspires others to never give up on their dreams, regardless of their obstacles.

I Was Mentored Well, Now I Mentor The Next Generation of Pharmacists



Mr. Newton Siele (Pharmacy)

I have had the privilege of serving as the CEO of Philips Therapeutics Limited, Pharma Division, for the past seven years. Throughout my career, I have been driven by a passion for Pharmacy and a desire to leverage scientific knowledge to make a positive difference in people's lives. Today, I reflect on my journey, from my early days at Kenya Medical Training College to my current role as a leader in the Pharmaceutical industry.

In August 1996, I embarked on my educational journey at KMTC's Faculty of Pharmacy, following my com-

pletion of Form Four in 1995. The Pharmacy course was challenging, and I soon realized that no amount of preparation could fully prepare me for the scientific rigour ahead. Nevertheless, I found great fulfilment in studying Clinical Pharmacy under the guidance of exceptional lecturers in Medicinal Chemistry, who inspired and nurtured my passion for the field. During my time at KMTC, my primary concern was how I could utilize the scientific knowledge I gained to positively impact lives.

In 1999, armed with my Pharmacy Diploma, I began my career as a Pharmacist in charge of a retail pharmacy. However, destiny had more in store for me, and a few months later, I seized an opportunity to join Lords Healthcare as a medical representative. Over the years, I rapidly progressed within the pharmaceutical industry, assuming roles such as Sales Manager in 2003 and Product Manager in 2004. In 2005, I took a leap into the multinational realm by joining AstraZeneca as a Professional Service Representative, primarily focusing on Oncology portfolios. Subsequently, my journey led me to Hoffman Laroche, where I further honed my expertise in Oncology and eventually ascended to the position of Head of Marketing in this specialized field.

To complement my Pharmaceutical knowledge with marketing acumen, I pursued an undergraduate degree in marketing in 2009. This educational endeavour enhanced my skills in sales and marketing within the Pharmaceutical sector. The culmination of my academic was in 2015 when I graduated with an MBA in entre-

preneurship from the esteemed South African School of Business, known as Mancosa. Fuelled by an insatiable appetite for knowledge, I embarked on a new chapter in February 2023 by enrolling in a PhD programme in Marketing. This undertaking aims to further refine my expertise in Pharmaceutical marketing, propelling me towards new horizons of innovation and leadership.

In my pursuit of professional growth and the opportunity to make a significant impact, I transitioned to various roles and organizations. Departing from Hoffman Laroche in 2012, I joined Novartis as a Regional Access Manager before assuming the role of Regional Manager at Novo Nordisk. Eventually, I found my place at Philips in 2016, where I embarked on an exhilarating journey as the CEO. Leading Philips Therapeutics Limited, Pharma Division, has allowed me to merge my extensive pharmaceutical knowledge with strategic vision, propelling our company towards pioneering advancements in healthcare.

Throughout my career, I have found immense satisfaction in serving as a mentor to aspiring professionals, particularly those pursuing Pharmacy education. As an alumnus of KMTC, I have had the privilege of guiding and supporting the next generation of youth, emphasizing the pivotal role they will play in making informed decisions regarding healthcare. I advocate for an early connection between educational programmes and the health industry, encouraging institutions like KMTC to foster meaningful collaborations and mentorship.

Alumni Roles in KMTC's Further Greatness

The testimonies reveal a rich array of KMTC's alumni in different facets of life, both locally and internationally, and are a microcosm of thousands of the College's graduates who have determinedly walked out of its gates to serve humanity with distinction.

Beyond sponsoring students, a robust KMTC Alumni Association is vital in ensuring the success and growth of their alma mater with giant strides towards the journey to more greatness. These roles include networking and career support, fundraising and financial support, student engagement and support, brand building and reputation, continuing education and lifelong learning, social and emotional support, institutional development and feedback. Networking and career support entail providing a valuable network of contacts and connections for graduates by offering opportunities for networking, mentorship, and professional development.

With the ever increasing challenge of funds shortage, the alumni are critical in fundraising by organizing events, campaigns, and initiatives to generate financial resources for scholarships, research grants, infrastructure development, and other educational programmes. This will significantly impact the College's ability to offer quality education and maintain its reputation.

A strong Alumni Association support contributes to the reputation and brand value of the College. Successful alumni who have achieved recognition in their fields reflect positively on KMTC. Their accomplishments and contributions add credibility to the institution's training programmes and enhance its reputation among prospective students, employers, and the general public.

The alumni may offer mentorship programmes by serving as guest speakers or panellists during workshops and seminars to share their expertise and experiences with students. Such interactions foster a sense of community and inspire students to excel academically and professionally. Such interactions will also allow alumni to stay updated on advancements in their fields and acquire new skills.

The Alumni Association also acts as a bridge between the alma mater and graduates by providing valuable feedback and suggestions to improve the curriculum, teaching methods, and overall training experiences.

In a nutshell, the alumni are an institution's most loyal supporters and ambassadors. Their positive roles in supporting their alma mater are inexhaustible and KMTC will continue leveraging on its wide range of alumni in a mutually symbiotic relationship in the journey to greatness.



KMTC Students during the graduation ceremony, 2022.

CHAPTER NINE: STRATEGIC DIRECTION



Students walk
past a section
of KMTC.

Since its inception in 1927 with four students in a single programme, the Kenya Medical Training College has grown and expanded tremendously to become one of the largest medical training institutions in East and Central Africa, and beyond.

The first KMTC Strategic Plan of 2008-2013 presented the College's five-year strategies for training of middle level healthcare professionals in Kenya. It set the strategic direction for the College in ensuring that graduands released to the job market are ready to utilize their skills and knowledge to strengthen primary healthcare which is the cornerstone for the realization of the Government's Universal Health Coverage agenda. Aware that the world is constantly evolving, the plan set out a roadmap to guide the College's research and consultancy efforts towards addressing the emerging trends, challenges, and opportunities in the healthcare industry. The plan was developed in line with the provisions of the KMTC Act of 1990 and its objectives were based on the public sector reforms guiding the College towards more effective management systems.

During the Strategic Planning period of 2013 - 2017, the College's efforts were geared towards expansion. During this period there was double increase in the number of students, courses and revenue. The College embarked on a plan to enhance its infrastructural development to accommodate the increased student population and reviewed its existing policies to strengthen its governance structures.

With over 12,000 students graduating annually during the 2018 - 2023 Strategic Plan period, KMTC continued to cement its position as a formidable institution for health workforce training. The College continued to record momentous growth, enhanced its governance practices, strategic management of operations and prudent utilisation of resources. The College adopted strategic focus of leadership in the training of competent health professionals for sustainable development.

Towards achieving this goal, the strategic direction focused on the following three objectives: -

- i. To ensure KMTC retains the quality of its training
- ii. To maintain KMTC as the institution of choice for the training of health professionals
- iii. To increase KMTC's internally generated revenue base

The eight key strategic issues addressed by the three objectives are: -

- i. Quality of training
- ii. Staff development
- iii. Research, innovation and consultancy
- iv. Linkages, collaboration and partnerships
- v. Development of infrastructure and other facilities
- vi. Information and Communications Technology (ICT)
- vii. Income generation and resource mobilisation
- viii. Marketing, communications and brand recognition

The latest initiative towards achieving KMTC's strategic direction is guided by the following four strategic goals in Strategic Plan for 2023-2028 period: -

- i. To enhance the quality of training
- ii. To enhance research, innovation and consultancy
- iii. To drive digital transformation of College processes
- iv. To promote institutional sustainability

Quality Training

As part of its key mandate, KMTC will make deliberate efforts in improving the quality of medical education and training to assure excellence and greater brand recognition. This will ultimately lead to an overall improvement in service delivery within the health sector.

The College will adopt various strategies to achieve this goal, including expanding transformative opportunities for students and graduates; enhancing innovation in teaching and learning; maintaining accreditation; skilling, reskilling and retooling faculty; establishment of Centres of Excellence; and modernisation of infrastructure for teaching and learning.

KMTC aspires to maintain the programmed quality of its programmes through accreditation with Kenya National Qualification Authority, licensing by regulatory bodies and continually seek ISO certification on Quality Management Systems (QMS). The QMS focuses on standardisation and maintenance of the quality of College procedures and processes.

Research, Innovation and Consultancy

Research is key for the College to maintain its leadership position in the provision of training for health professionals. As a leading medical training college in Kenya, KMTC will be at the forefront in providing health-related research. The College will advocate for increase in the annual number of publications in peer reviewed journals, organization and hosting of biennial scientific conferences as well as research symposia on a quarterly basis, where scientific results will be shared and database established.

Furthermore, this strategic goal will support the innovation and commercialization of patentable innovations created by both students and staff during their course of work or study. For KMTC to achieve this, the focus will be on improving the institutional research culture, execution of the Science Technology and Innovation (STI) strategy, promoting innovation, entrepreneurship, and commercialization, supporting collaboration and partnership, strengthening monitoring and evaluation as well as conducting cost of training study (cost of academic programme).

Digital Transformation

With demand for innovation, creativity and the changing global ICT standards, a lot of transformation has taken place in the College's teaching, learning and service delivery. As a training institution, the College has built a strong community of staff and students who use ICT to attain set goals and develop skilful professionals.

The integration of technology in all core processes of the College, including teaching, learning and administration, is envisioned in the latest strategic plan. It provides great opportunities to improve the quality, effectiveness, and flexibility of teaching, training, research, and other services associated with training.

This strategic goal will be achieved by focusing on the development and review of digital transformation instruments, reduction of paper-based processes, embracing emerging technologies, ensuring implementation, management and utilization of ICT systems and services in KMTC strengthening the ICT infrastructure in Campuses. Further the College will establish a digital school, strengthen e-learning, operationalize e-library and integrate data analytics for improving decision making.

Institutional Sustainability

The ability of the College to achieve its mission in the long term requires focus on financial sustainability, human resources, corporate governance as well as institutional reputation and branding. By focusing on these key result areas and developing strategies to achieve institutional sustainability, KMTC will be better positioned to achieve long term goals, provide high quality education and services to its stakeholders and produce highly qualified health professionals able to meet the current and future needs of the healthcare sector.

This is the great history of KMTC. The institution that began humbly in a grass-thatched house with only four students in 1927 at Jeans School to become a giant

healthcare training institution not only nationally but also regionally, continentally and globally. The journey to greatness continues.



KMTC Strategic Plan 2023-2028.



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